C. COOKING "HITS" FRANCE JUST RIGHT

ert Dietitians Devise Palatamenus for Soldiers in Hospitals and Canteens.

which is truly a gratify- there. of model kitchens in French Honolulu in August.
From the other side it arrived in

Red Cross.

Red Cross Model Farms.

fresh milk and vegetables for cases. soldlers in hospitals and well solin canteens and providing healthsiries in connection with ginia, outside of Richmond, however. Besides their great practi- worst, 27,327 cases being reported.

als to everybody.

i civilian refugees.

n terms of huge figures, mar-ington, 160, and in in St. Louis, 20. Christmas Roll Call.

MANY LIVES SAVED

The First Aid Department of irsing Service had physicians rses ready to meet all the intrains, and the Motor Corps all the roads leading out of bringing in hundreds of peowere exposed to extreme peril. orked for 24 hours without pause for rest.

DRIVERSAL MEMBERSHIP.

purpose of the Red Cross Christfoll Call, expressed in the fewest le words, is to see that every and woman in every city and comthroughout the United States, herever Americans may be, has portunity to join the Red Cross Thou, France, hast heard the voices renew his or her membership. short of universal membership goal. A 1919 Red Cross memb button is to be given to each enrolling, as well as a Red Service Flag, with a cross for ember of the family enrolled. some in America and every busiffice should have on display a e Flag' the week before Christwhen the Roll Call will take Turns sweet to soul's surrender.



Mapping the March of Influenza.

(Alfred B. Williams in Richmond Times-Dispatch.)

Charts of the influenza epidemic, now being prepared from official reports by the bureau of public health, will be ready in a few days for study by the doctors. They seem to prove that neither climate nor climatic conditions affect the spread of the virutically disappeared. Now it is in suggestions: Puerto Rico, and is paralyzing indusis much interested in Ameri- try and causing general distress

The first report of it in this country apparently being merely a local epi- gium and France, but Germany will committee of the Philadelphia Cham- us but they didn't get us, our gunners tend to be? The two hundred and more demic. About the same time it be- lose Alsace and Lorraine and possibly ber of Commerce. Red Cross canteens dotting came prevalent in southern Russia. some additional territory. Moreover, From there it spread westward they will have to pay an indemnity of through Austria and Germany and cation have been a success eastward into India. It first touched the Poils as well as the Yank, ed the Philippine Islands, where it spread with startling rapidity and made havoc. Then it aroused attention and anxiety at Washington, and "The Hohenzollern and Hapsburg sire to rebuild, the French governe du Blesse, has opened a was closely watched. It appeared at

osually in charge of ama- Spain late in April or early in May. A case was reported at an American imprisoned for life, and per some of them may be executed.

The strain provided by the Amer month later, August 26, cases were "Many of the officials respond Philippines and Honolulu, in the Pae hundred trained dietitians are cific, and from France, on the Atlanservice in hospitals, canteens tic, it reached our eastern and westthe France. The American Exognized as epidemic at Boston the
in the campaign to conquer Europe
in the campaign to conquer Europe
asked to supply some materials and
in the campaign to conquer Europe
asked to supply some materials and Force took with it a train- second week in September and reachfor each base hospital ed its peak of destructiveness there omen are civilian employees the week ending October 5, in which Army, recruited through the ing week the deaths were 1,127, and of Dietitian Service of the four weeks later the number had fal- and its humanity and seek to atone lated. len to 76. In New York City the peak was reached October 26, three weeks behind Boston, with 5,156 double purpose of providing deaths, nearly 17 per cent. of the The peak was reached in Philadelphia a week ahead of New York, with 4,218 deahs. Richmond's delphia, with 4,717 cases in that week hence we may be able to see how they can not be as savage as he worst week was the same as Philanote in their convalescence the and 197 deaths, comparatively a has established a number of small percentage of fatality. In Vir-

they have given an enormous Philadelphia suffered more than entertainment to the men. any other large city in the country in proportion to population. This is 'attributed to the number of large has loaned some thousands camps in the neighborhood and to the and altogether it is a scheme hosts of shipyard workers. St. Louis was the most fortunate of the cities. Red Cross does some of its The Worst week there was that ending November 5, with 257 deaths.

The States south of Virginia were at in terms of cooking and food- their worst stage when she was. Il-The Bureau of Dietitian Serv- lustrating the difference in the morped to solve the food prob- tality rates, the reports show that lief. while the epidemic was raging most violently it caused in Philadelphia merican Red Cross in France 260 deaths to the 100,000, in Wash-

the week ending October 26 was the

one single boy. That is why now. Always its spread has been rapeople have affiliated them pid and the decline has been sudden. the American Red Cross In 1892 it was known to have started at Constantinople, and reached San Christmas this year in the Francisco in six weeks. In 1847 States is marked by the Red was more violent and fatal in this life or executed. country that at any other time, the records show.

Scientists in this country and England are sure they have found and identified the bacillus, and are equal-IN MINNESOTA FIRE ly sure they know the means of com-cunication; the dispersal of "droplets" from the infected. The experi c devotion to duty on the part ments with inoculation as a preven Cross workers in northeastern tive have not been successful thus ta saved hundreds of lives, far. Therefore the fighting of the disease must be left to the public, in d unfold pain and fed, housed cooperation with local health authomforted tens of thousands of rities. We are warned of the possis refugees in the awful forest bility, if not the probability, of an hich devastated a district of 160 early return,, perhaps next spring.

The best preparation for it will be to have all in readiness at the very Duluth Red Cross immediately first notice to take to the masks and a committee, opened the armo- to accept and enforce the rules Lo churches and the courthouse thoroughly taught us. One fact very definitely learned is that influenza aporary refuge for the victims. does not follow lines of direction, but iteen service in Duluth and also spreads all ways at once and more erior, Wisconsin, served hot swiftly than any other epidemic disease. It was in its fiercest malignant force simultanenously in Arizona and the District of Columbia.

France Found Her Soul.

You have become a forge of snowwhite fire.

A crucible of molten steel, O France. Your sons are stars who cluster to a

dawn And fade in light for you, O glorious

France! * * * As Joan of Arc amid the apple trees With sacred joy first heard the voices,

Obeying plunged at Orleans in a field

Of spears and lived her dream and died in fire-

and hast lived The dream and known the meaning of

the dream. And read its riddle: How the soul of

man greatest purpose make May to one

itself A lens of clearness, how it loves the

cup

Of deepest truth, and how its bitterest gall

-Edgar Lee Masters.

Understanding.

Now when I stand in some great crowded place,

I see the souls of other women stare Out of their eyes-and I can glimpse

the care worry that has banished light

I see the mark of tears, the hint of praver

That, one short year ago, had not been there-I see what time will never quite

Before you left, I did not notice eyes;

Because I knew that I might touch your hand,

swept our land. very wise-

I did not dream the dread that

Now, one with every throng, I understand, And heart meets heart, and I can sympathize!

-Margaret E. Sangster in Good Housekeeping.

A Prophecy-When and How Will The RECONSTRUCTION IN FRANCE. War End?

(From Manufacturers Record, Aug.

· 3, 1916.) "Shortly after the war began the Manufacturers Record editorially predicted that it would last at least three to four years, and gave the reasons justification for changing that view.

lence of the disease. It swept over the American Chamber of Commerce so at once I was transferred and was and his works and finally we sum evseemed to burn itself out and prac- would offer the following speculative at Paris.

vears longer

"Constantinople will fall to Russia,

dynasties will be blotted out, and the ment will issue indemnity bonds up men of these families who at the close to 80 per cent of the former value of of the war are living will probably be his property. While the external apimprisoned for life, and perhaps pearance of the buildings rebuilt will

then be too late to appeal for mercy, rangements to purchase materials for They showed no mercy, ...d we reconstruction by pooling or combinwill themselves perish by the sword. | that they promote the formation of

a republic and the good people of huge orders for construction materials that country will rebuild its prosperity from France could be rapidly assimifor the horrors which have been ism and Prussian militarism, and (By E. F. Harriman of the Vigilantes) brought upon the world by Kaiserthen friendship of European people

speculative predictions. Two years annihilate him. For their own sakes nearly we forecasted the future."

Cantelou Brothers, Montgomery, Ala., send us the foregoing clipping from the editorial columns of the 1916, and express their deep interest world? How will they prosper, in the fulfillment of the prophecy made more than two years ago.

that the war would last two years, active prepartions for the after the followed a prediction made in the war campaign. latter part of 1914, in which we took the ground that the war would last will find herself handicapped with a at least three to four years, and in double load. The debts she has inwhich we gave our reasons for the be- curred through the financing of the

known, but the war did last "two kets and supply them. years longer," and Germany and Austria will have to pay a vast sum to been traced back to the 15th century. When it was epidemic, and with the same characteristics that mark it lose Alsace and Lorraine. The Hohenyears longer," and Germany and Auszollern and Hapsburg dynasties will the rival salesmen, the rival manufac-

At the time that editorial was writthat there are some few Germans liv- national activities. ing who have some goodness in we are yet a little uncertain.

It would seem just now that there to the proportion found in Sodom, lead to the barring of intercourse and that proportion was not sufficient with her definitely. to keep the Almighty from utterly she can first gain a foothold. With destroying Sodom and Gomorrah.

cities of wickedness?

Shall we undertake to prove that with her. Almighty God knew not what He was doing; knew not the punishment sober, calm study of which should be inflicted upon sinners?

ishment of Germany.

Monk's Cowi.

from the inclemency of the weather, until the Hun will be wanting to emand was worn by all classes without distinction. Its ready adaptation to must not be allowed to shirk his task. tion at a very early age by m ks and ascetics. As these multiplied and formed themselves into various distinct orders, their hoods assumed a been harnessed in the effort to hamdifferent fashion in cut, color and material. From the monks it passed to come the prodigious effort to hold the cathedral and collegiate churches, him to his work and force him and from them to the universities.

No One to Copy.

Charley had twin cousins of his own said to him, "Why, Charley, look how I look right."

Earliest Form of Shoes.

The earliest shoes known were sane died. dals of hide, leather or wood. When later, that we may enjoy life with no

The French Government Plans to Dear Editor: Finance the Work.

Philadelphia, Dec. 12.-To reconstruct the destroyed portions of France architecturally as they were before they were ruined by the Germans is the purpose of the French government as outlined by Bernard our return 1917 I decided the navy "Without pretending to any gift of J. Shoninger, formerly president of was the best place for a young man,

The French government plans to ships and was soon serving in foreign "The European war will last two accomplish this by reimbursing individuals for their shattered homes, "Germany and Austria will not only mills and factories according to their one I will mention: We were patrollhave to pay, as far as money can re- value before their destruction, Mr. ing the North Sea and the "tin fish" as a means of extorting bloated profits was at Lawrence, main, in little war has cost Bel- Shoninger recently told the executive subs were playing hide and seek with from those whose brothers they pre-

Ultimately, he said, Germany will pay the bill for restoration.

Throughout the war, he added, French boards of appraisers have and Turkey will be dismembered and been estimating the values of prop- that and even more, but when I would it. be retained, Mr. Shoninger said, the "Many of the officials responsible interiors will be constructed in mod-

"In the end Germany will become selling combinations so that possible

The Future of the Hun.

There must be a future for the German. He can not stop and resolve will take the place of present hatred. into a mere memory. It is out of the "These are suggested merely as question for the civilized nations to planned to be. However many may be killed in this war, there will still be many millions left to propagate.

What manner of future awaits those millions? What will they do? Manufacturers Record of August 3, What will be their status in the Already many thinking people are considering the matter of German

The prediction made August 3, 1916, trade, German industry, German debt When the war is ended Germany

tated countries. In order to pay What may be the indemnities which either bill she must be able to manu-Germany will have to pay is not yet facture and sell. She must have mar- L back to America soon, as I still have the army-on the very men who are In order to secure markets she

ose Alsace and Lorraine. The Hohen-cided, amount of friendly regard or be blotted out, and we believe and turer, will hold too great an advantrust that the men of these families tage. She can only hope to be a will, as predicted, be imprisoned for scavenger otherwise, for the other nations will leave her only that which they do not wish to handle.

How is she going to acquire the ten we believed that there were some necessary standing, the confidence of "good people in Germany," and that buying nations, to give her these they would come to the front and or- markets? Once she would have sent ganize a republic and seek to atone her thousands of emigrants to colonfor the horrors which have been German goods and thereby create a wrought upon the world by Kaiser- condition that would force importa-ism, but we have, as yet, seen no in- tions. That day is past, if the nadication whatever as to the fulfili- tions are wise, for in all such cases ment of the thought we then had that German's colonial idea carried with some "good people" might still be in it the control of politics through colony ballots. It is inconceivable Germany. We have seen no evidence that any nation should ever again of any desire to atone for the hor-cater to the German vote or allow it rors committed. It is barely possible to be in control of even a fraction of

With all nations on guard against them, but as to that part of our edi- Germanising influence, that plan torial prediction of August 3, 1916, must be abandoned. If Germany, in the are yet a little uncertain prejudices, should attempt to again get control of any part of the nationis no evidence in Germany that the al affairs of America or Canada or proportion of "good people" is equal Brazil, for instance, it will probably

It is difficult to ascertain where her reputation blackened by her own Shall we undertake to say that God acts, her rotten methods, thoroughly was wrong when he destroyed those exposed, it will be a hazardous thing for any nation to attempt to deal

It is a matter that calls for the master minds, posed to Germanic ideas and the autocratic demination of Germany. Unless we are ready to take that It must be made a matter of the most position then we have no right to say careful consideration, for upon the that God shall not use America and policy adopted by the nations will dethe allies, for He uses human agen- pend much of their own welfare. cies for His work-for the full pun- There must be a limit set for Teutonic activity, a bound beyond which they dare not go or it will be only a question of time until the world will again have to take up the task of beating

Hun devilishness. It is time for the nations and their The cowl, or hood, was originally 2 deepest thinkers to begin to plan and covering for the head to protect it consider, for it will not be long now We have no mind to make a bargain igrate from Hunland to escape the burdens he has helped to create. He conceal the features led to its adop- He must be the one to pick up the burden and stagger along under it. He must not be allowed to shift it to other shoulders.

The forces of many nations have mer some reasonable degree of sense into the Hunnish head. walk the straight and narrow path. It is to be almost as hard a task as fighting; him into submission, if the way he is preparing for a commercial campaign is any criterion.

Unless he is so hedged about by age. The twins looked much alike and rigid, inflexible guards that he can do were neat and clean. Charley's mother only the right thing, he will soon be doing the wrong one. It is folly to think that getting a whipping will nice your cousins look and how dirty change the Hun nature. A cracked Our dearest treasure in the scale is From every life. Upon each woman- you are!" Whereupon he answered: crown will not ensure a rejuvenation "Well, mother, they just need to look or any degree of reformation. He will be no more spiritually redeemed at each other to see how they look than he will be physically restored by and I have no one to look at to see if the war. The living Hun will need a process of refining that will require more than one generaion. The dead thank God. will help thinning out of evil blood when he sider me for a minute?"

So let us plan now for what comes one encounters the word "shoe" in the fear of despotic oppression in the fu-Bible he may be sure that it is the ture years. We must weld a steel Ah, dear, the months have made me sandal that is commonly meant. In ring, such as Kaiser Wilhelm loved to Egypt the sandal was woven of palm leaves and papyrus. As a symbol of two thousand years. In that length pay now is for the year 1919. the subjection of their enemies the of time, the world of decency may Egyptians often painted the figures of their opponents on the lining of their sandals.

The subjection of their enemies the of the world of decenty had been progress toward the elimination of the savage part in his nature, and so bring him to where he is a safe neighbor for decent people.

Have you joined the Red Cross for 1919? All you need is a heart and a dollar.

The Navy Heard From.

Allow me just a little space in your paper. I have never written to your paper before but censorship is releas-

Brother send me the Item quite often so I always have home news. I left with the S. L. I. in 1916 and on the dictionary, and exhaust the vosafe aboard one of Uncle Sam's best erything up in the descriptive wordwaters. I cannot explain some of the exciting things that happened, but to apply to the men-who are among were too good for them. One of them ran into our propeller and dis- enemy. He warned us, for forty years, abled one engine. We made port all that he would do what he has doneright and he made bottom. Have ex- he has never tried to conceal his besperienced several incidens equal to tiality, in fact seems rather proud of feel disheartened I would just think of the poor boys on the western front, and know that I was blessed to be so

well protected. Today we were in the greatest concorted them to their place of internment. This day will be remembered Sixth Battle Squadron.

Now about the work of the navy Nobody seems to give them any credit, home to their parents, friends and

weeks ago and was talking to a chap trying to do our best, to help, trying in London who had been over about to bring the colossal disaster to an two months. He was almost crying to end; some of us "Treating 'em go home. I gently reminded him of Rough," most of us skinning the layour French and English comrades ers off the old bank roll for Liberty who hadn't seen home since 1914. He bonds; boosting the Red Cross-plugthen piped down but still insisted ging for the Y. M. C. A .- and what that we had nothing to fight for.

Talk about sports, we have everything from playing checkers to football. We have baseball, football, boxing, wrestling, boat racing and swimming, when the weather permits. Speak about eats in the navy, they are sheep were made to make clothes in- -is low enough, in all conscience, but stead of filling them up. I have eaten he may only be a creature without a paying. The nation itself is making so much mutton in the last year that I almost bleat sometimes.

Have just finished supper, which consisted of cold roast lamb, bread, butter, tea and sliced fruit. I still confiscation and banishment. think that I am one of Sumter's boys and am proud of my home.

Hope it will be my luck to convoy feeling towards the company. Sincerely your sailor friend,

H. E. Hatfield, U. S. N.

About Time, Too.

An officer inspecting sentries guarding the line in Flander's came across a raw-looking yeoman.

"What are you here for?" he ask-

"To report anything unusual, sir." "What would you call unusual?"

"I dunno exactly, sir." "What would you do if you saw five battle ships steaming across that field

'Sign the pledge, sir."—Tit-Bits.

This is Made in Boston.

Street?" said Major X. as he strolled profiteer. Kill every man who gives with his friend along past the State such a bribe-kill every man who House. ! "Frankly, I'm surprised. I takes such a bribe. Do it legally and had always heard that it was a very in the proper way. Before an angry exclusive street, you know."

"Well, so it is," said the other rible way. "Eh! old chap, how can you say so? Why, it positively verges on the Common."-Boston Transcript.

A Bad Beginning, Etc.

She-"When we go anywhere now we have to take the street-car. Before our marriage you always called a taxi."

He-"Exactly. And that's the reason we have to go in the street car now."-Boston Transcript.

Concerning Peace.

(By Theodosia Garrison of the Vigilantes.)

That we have purchased with tre- mony: mendous price,-That we will take.

No larger gain to make, But this we buy across the sword's

red blade We swear shall justify the price we Not with small counters did we seek

this thing, But with the blood Of youth, men's might and human

suffering And stricken womanhood,-These to the market of your wrath we brought And we shall have in full the Peace we bought.

Tricksters and swindlers in the wide world's mart,

Not yours to say, Nor, cringing, still withhold one little

For which we pay. cast. Think you we shall be cheated at the last?

Secondary Consideration. Widower-"I suppose that when you recall what a handsome man your hold him where he belongs by the first husband was, you wouldn't con-

wouldn't consider you for a second."-

The Red Cross year has been chang-

(By Mark Swan of The Vigilantes.) From the lowest, to the super lowest, we loathe the obscene Beast who drowns women and children on unwarned vessels-who burns villages, destroys orchards-outrages womenand bombs hospitals. We ransack cabulary, endeavoring to select adjectives which will fitly describe him,

Wipe Out the Profiteer.

Now what shameful word is left us us yet are not of us-who use the war

The Prussian, at least, is an open

The spy, the propagandist-the dynamiter who blows up munitions works-for all of these there can be found some shred of excuse; being Prussian, it is their business to do voy that has ever been in history. We what frightful thing they can-and met the defeaed German fleet and es- ours to hang them, if we can catch them doing it.

But for the profiteer, the briber, by all of the British grand fleet and the apostle of the filthy creed, "Get also by the boys of the American it-no matter how-just get it"-the men of our own nation, of our own blood-pretending to be our own kind -hypocritically calling us fellow citbut take a tip from a friend they have izens, while they pick our pockets. done their bit and will continue to do there is no excuse—and there is no so when the soldiers are returning appropriate adjective-to call them "Huns" would be complimentary.

Here we are, a hundred million of I had an advanced leave a few us-drawn into a world nightmare, is he-the profiteer doing?

Why just lining his greedy pockets -wallowing in illegitimate profitswhich in the last analysis resolve themselves into the blood of brave men and the lives of little children.

And even in this deviltry there are very good. I am still alive and grades. The man who extorts for healthy. I always thought that his hoarded food-or his hoarded coal soul, so that the vast agony has not touched him. Not being a victim, he cannot realize there is such a thing as war. His penalty should be merely

But for the debased scoundrel, who bribes some other loathsome creature to help him foist counterfeit clothing Captain Brown and his good old Co. or ammunition-or poisonous food, on fighting for him-there is no punishment outside the ultimate depths of the Seventh Hell.

We could stand them up against a wall and shoot them-but it would be a shame to desecrate a decent wallwe have a myriad lamp-posts, but why shame honest rope? Just as we lack words to describe them-we lack punishment to inflict. We can only recall with regret the passing of the

rack and the wheel. What would happen to a cook who

fed his company poisonous food? What would happen to an officer who sent his men forward to meet the enemy-equipped with blank cartridges, or to a quartermaster who for his own profit dealt out shoes with paper soles? Is the crime less, because it is committed 3,000 miles

We owe our boys protection. We "So this is your famous Beacon owe ourselves protection. Punish the people do it-illegally-and in a hor-

WEAK, WEARY WOMEN

Learn the Cause of Daily Woes and End Them.

When the back aches and throbs, When housework is torture, When night brings no rest nor

When urinary disorders set in. Women's lot is a weary one. Doan's Kidney Pills are for weak

Have proved their worth in Sum-

This is one Sumter woman's testi-

Mrs. E. B. Elam, 316 W. Liberty St., Sumter, says: "About six years ago I had quite a bit of kidney trouble and I felt pretty bad. Headaches bohered me so that I could hardly stand up and dizzy spells annoyed me so, I thought I would fall over many times. My nerves were all unstrung and I would jump from the least fright. My kidneys acted very irreguarly and I knew they were in bad shape. Finally, I heard about Doan's Kidney Pills and started taking them. I must say, Doan's positively cured me of all kidney trouble and I

haven't been bothered since." Price 60c at all dealers. Don't simply ask for a kidney remedy-get Doan's Kidney Pills-the same that Mrs. Elam had. Foster-Milburn Co., Mfgrs., Buffalo, N. Y.-Advt.

Widow—"Oh. yes, I would. But I Geo. H. Hurst,

Prompt Attentin to Dr and Night Calls

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