

Watch Carefully the Child's Diet.

Start Them Off Right With a Good Laxative and Then Watch Their Food.

Mothers are often unconsciously very careless about the diet of their children, forcing all to eat the same foods. The fact is that all foods do not agree alike with different persons. Hence, avoid what seems to constipate the child or to give it indigestion, and urge it to take more of what is quickly digested.

If the child shows a tendency to constipation it should immediately be given a mild laxative to help the bowels. By this is not meant a physic or purgative, for these should never be given to children, nor anything like salts, pills, etc. What the child requires is simply a small dose of the gentlest of medicines, such as Dr Caldwell's Syrup Pepsin, which, in the opinion of thousands of watchful mothers, is the ideal remedy for any child showing a tendency to constipation. So many things can happen to a constipated child that care is necessary. Colds, piles, headaches, sleeplessness, and many other annoyances that children should not have can usually be traced to constipation.

Many of America's foremost families are never without Syrup Pepsin, because no one can tell when some member of the family may need it, and all can use it. Thousands endorse it, among them Mrs M E Patten, Valley Junction, Iowa, who is



RALPH M. PATTEN.

never without it in the house. Mrs Patten says that Syrup Pepsin has done wonders for her boy Ralph, who was constipated from birth but is now doing fine. Naturally she is enthusiastic about it and wants other mothers to use it. Dr Caldwell's Syrup Pepsin is sold by druggists at fifty cents and one dollar a bottle, the latter size being bought by those who already know its value, and it contains proportionately more.

Everybody likes Syrup Pepsin, as it is very pleasant to the taste. It is also mild and non-gripping and free from injurious ingredients.

Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr W B Caldwell, 419 Washington St., Monticello, Ill. A postal card with your name and address on it will do.

IS THERE A SANTA CLAUS?

There comes a time in the life of all children when they begin to suspect that Santa Claus does not come to their home in a handsome sleigh drawn by a dozen reindeer decorated with holly and mistletoe and sleighbells. Before he is very old the youngster begins to suspect that this story is not literally true and he asks his parents if they don't know something about the matter. Soon he guesses that mother and father have more to do with the things he finds in his stockings than the mythical Santa and he is apt to suspect that other things they have told him of will eventually prove to be similar myths. Can anyone answer the question—Is there a Santa Claus?

After full investigation this department of The Constitution feels that it can safely tell the children that there really is a Santa Claus. We have studied this question to the best of our ability and the matter seems to be something like this:

The original Santa Claus was not exactly a man like the men we see every day. He was more like a fairy spirit, who came to this earth to see that the children should have the one day of Christmas devoted to them. Like all fairies, he couldn't handle the everyday things of life, such as wood, paper, sugar, wool and the other things that toys are made out of, himself, so he had to find some human beings to act as his deputies in the matter. Looking around to see what kind of people would be the best and most likely to give these presents to the children as he wanted them to be given, he was seized with the happy idea that nobody understood little boys and girls quite so well as their own mothers and fathers did. So he paid a visit to the hearts (the heart, you know, is the part of a person which is easiest reached by the fairies), of all the parents in the world and organized them into a great big company to act as his agents every Christmas time. You see, he had to have a very big crowd of agents, for there are lots of children when you begin to count up all there are in the world. Now every year he starts out some time before Christmas and again visits the hearts of all the parents in the world and whispers to them what he thinks would be a suitable present for the children under their care, and then they go where he has told them to and they get the presents and fix them up in the children's stockings just as Santa told them he wanted it done.

Some children are unfortunate enough not to have any parents, and in their case Santa Claus goes and finds someone else to do this little job for him and see that these children get what he wants them to have. It is a thing which shouldn't

be true, but nevertheless it sometimes is, that Santa is unable to find anybody who has the right kind of heart for a few of his children, but that is not his fault, and he does his best every year to provide for every one of them. And there is one present that he can give himself without any help from the parents or other humans and he gives this present to every one of the children, rich or poor, good and bad alike. It is the present of a Christmas heart for the children themselves and he gives every one of them the opportunity to let this heart grow bigger and bigger every year, until it is big enough to act as an agent itself and go and take his presents to some other little children. And then the boy or girl who has this heart will find that it is more fun to give the presents than it is to receive them, for it is a trick of Santa's to make every bit of work anyone does for him a great big happiness. The parents who are acting as his agents this Christmas time will understand how this is, but of course they know all about Santa and it is unnecessary to tell them a simple little thing like that. —Atlanta Constitution.

MONTHLY AVERAGE REPORT

Of Pupils Attending the Belsor School.

MONTH BEGINNING NOVEMBER 10, 1913, ENDING DECEMBER 5, 1913.

Belsor's X Roads, December 5:—

Hodge, Ethel.....	87 1-7
Hodge, Mable.....	86 4-7
Covington, Annie.....	87 3
Covington, Ruth.....	85 1-5
Covington, Euclid.....	87 1-16
Spivey, Archie.....	87 1-16
Spivey, Beulah.....	87 5-14
Spivey, Minnie.....	85 4
Baker, Mae.....	85 1/2
Baker, Louise.....	87
Pearce, John.....	79 4-7

Following pupils received attendance buttons:

First month — Hodge, Ethel; Hodge, Mable.

Second month — Hodge, Ethel; Hodge, Mable; Covington, Annie; Covington, Euclid; Covington, Ruth; Spivey, Archie; Spivey, Beulah; Spivey, Minnie; Baker, Mae; Baker, Louise.

Stomach Troubles Disappear.

Stomach, liver and kidney troubles, weak nerves, lame back and female ills disappear when Electric Bitters are used. Thousands of women would not be without a bottle in their home. Eliza Pool of Dewey, Okla., writes: "Electric Bitters raised me from a bed of sickness and suffering and has done me a world of good. I wish every suffering woman could use this excellent remedy and find out, as I did, just how good it is." As it has helped thousands, it surely will do the same for you. Every bottle guaranteed, 50c and \$1.00. At all druggists'.

H E BUCKLEN & Co., Philadelphia or St. Louis.

THE ORIGIN OF CHRISTMAS.

The Birth of Our Lord and How It Was Celebrated.

Dear Children:—

I want you to read and pay close attention to what I am going to write to you. You know Christmas will soon be here, and you will be hanging up your stockings and looking for Santa Claus to come down the chimney to fill them up and then you will have all kinds of nice things to eat—candy, cakes, nuts and the like—and will be giving and receiving presents. Now I want to talk to you about what caused us to keep Christmas and to give presents. Don't you remember that our dear Savior was given to us at that time, and then when He lay a little babe in the manger that the wise men came from a long distance to worship Him and bring Him presents?

One beautiful night as some shepherds were out in the fields taking care of their sheep and goats, for in that country the cattle were driven a long distance to graze on the best grass, all of a sudden a bright light shone in the skies and the shepherds were very much afraid. Then the angel told them not to be afraid, for he was bringing them joyful news, for that very night there was born the Saviour in the little town of Bethlehem and they would find Him wrapped in swaddling clothes. That means that His mother did not have any nice things to dress Him in, but just put on Him whatever she could get, for they were very poor. Is it not wonderful that the Lord of glory should choose to come among us so poor and humble? That must have been to teach us to be kind to the poor, and not to look down on people because they are poor.

Then directly a great many angels came and sang, "Glory to God in the highest and on earth peace, good will towards men." Shortly after these things the wise men came to bring Him presents and kneel down and pray to Him.

Now, how did these wise men know about that little baby? They were guided to His birthplace by a star which went before them until it stood still over the stable, and when they got there they went in and knelt down and gave Him the presents they had brought for Him: gold, frankincense and myrrh. Now, the things they brought were very costly and the very best they had to give. Don't you think those wise men took a great deal of trouble to come from such a long distance just to see a humble little baby? These men were very learned, and they knew that the birth of the Saviour was foretold by the holy prophets from the most ancient times, and they knew that He was to be born in the little town of Bethlehem, and they knew that He was coming just that way and at just that time. I want you to get your Bible and turn to Isaiah, chapter 9, verses 6 and 7, and then to Micah, chapter 5 and verse 2. The wise men stopped at Jerusalem, which is very near Bethlehem, and made inquiries as to where the baby was. They called him the King of the Jews, and that made King Herod very uneasy, for he was afraid that this little child would grow up and take his power from him. He did not know that Christ's kingdom was a spiritual, not an earthly one. Was not that a wicked deed King Herod did? He sent out soldiers to kill all the little babies around, hoping to kill Christ among them, but Joseph, his stepfather, and Mary, his mother, carried Him away into Egypt until King Herod died.

Now, if you want to do something to please Christ, give to some child that can't buy presents and has no one to give it anything. Be sure to keep in mind when Christmas comes that our Saviour was born 1913 years ago, and just think how the skies were bright with angels praising God. M C M.

Fit His Case Exactly.

"When father was sick about six years ago he read an advertisement of Chamberlain's Tablets in the papers that fit his case exactly," writes Miss Margaret Campbell of Ft Smith, Ark. "He purchased a box of them and he has not been sick since. My sister had stomach trouble and was also benefited by them." For sale by all dealers.

Greetings! Greetings!

We wish each and every one of you a very merry

Xmas and a happy New Year

May you all live long and prosper

WE wish to thank you for the liberal patronage given us in the past and respectfully solicit your business in the future. Our sales for this year, 1913, have been the largest that we have ever had in our business history, a sign of "having the goods." The year of 1913 has been our banner year. We place this to the credit of our friends, customers and ourselves. Remember, we are forever and eternally "on the job" with the goods. Safety first.

WHEN you buy goods here you must be satisfied or we would like to know the reason why. Then what it takes to satisfy you we have it, or will get it if it's made. Our business is no sham; it requires no skill, no pains, and you have no "morning after the night before" feeling if you will only trade here. You will never put your umbrella to bed and stand in the kitchen sink all night. Trade here and it will be a move never to be regretted by anyone. We will make two grins grow where only one frown grew before. The greatest thing in the world is joy. We bring joy; try us.

Remember, "The Store that you will eventually patronize," if not now

Kingstree Hardware Company
We lead; Others follow. Wholesale and Retail. Coffins and Caskets.

HERE IS HELP FOR YOU!

Some Indisputable Facts Read, and See How They Sound!

- 1st. Christmas is coming, and there is no doubt about that.
- 2nd. The people are here, and there is no doubt about that.
- 3rd. And regardless of sex, tribe or color they must have something to eat—This also is true.
- 4th. They must have some Groceries, some Fruits and some Candies, and there is no doubt about that.
- 5th. Now, the saddest fact of all is that money is scarce with everybody—That's no joke.
- 6th. And still all the people must have some small presents, fireworks, etc., because they must all have some fun and a fairly good time.
- 7th. Now, hear, friends. Last year we helped hundreds of people out for Christmas, because money was scarce, by putting on a special sale for just a few days and selling goods cheap for the Holidays. Hear, since it is a fact that money is scarce, you want all that your dollar will buy, don't you? Hear, the date, and don't forget that on

THURSDAY, DECEMBER 18, WE WILL START A SPECIAL SALE for your Christmas trade. Don't miss the place. We admit that goods are higher everywhere, but we mean to sell you goods that can't be duplicated at anything like our prices.

Apples from 12 1-2c per dozen up.
Oranges from 18c per dozen up.
Cocoanuts for 4c each.
Rice at 8c the pound.
Ten pounds Granulated Sugar 57c

Come and see our line of Cups and Saucers.

Glassware, Etc.

Pendergrass Brothers Co.

No goods charged or taken back at these prices.