

GOL. BECKWITH SAYS:

Take Pleasure in Commending Pe-ru-na For Coughs and Colds.



COL. PAUL E. BECKWITH.

Colonel Paul E. Beckwith, Lt. Col., retired, 1st Reg. Minute Men, in a letter from 1503 Vermont Avenue, N. W., Washington, D. C., writes: "From the unqualified endorsement of many of my friends, I take pleasure in commending your remedies for coughs and colds." Paul E. Beckwith.

IN FIELD OR BARRACKS PE-RU-NA IS EFFICACIOUS.

The constant exposure to the elements experienced in an outdoor life is not so apt to cause coughs and colds as sedentary habits. Those who are brought face to face with the weather every day in active life are much less liable to catarrhal diseases than those who are housed up in ill ventilated rooms. And yet both of these classes are more or less subject to catarrh and catarrhal diseases. The soldier as well as the civilian finds it frequently necessary to use *Peruna* on account of coughs and colds. No one is exempt. The strong and healthy are less liable than the weak and ill, but none entirely escape.

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Railroad Fare Paid. 500 FREE Courses Offered. Board at Cost. Write Outfit Georgia-Alabama Business College, Macon, Ga.

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For Specific Ophthalmia, Moon Blindness and other SORE EYES. BARKY CO., Iowa City, Ia. HAVE A SURE CURE.

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Crab Orchard WATER

Nature's Great Remedy

DYSPEPSIA SICK HEADACHE CONSTIPATION

Stimulates the Liver, regulates the Bowels and keeps the entire system in a healthy condition.

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Greatest oat of the century. Sold in Ohio 25¢, in Mich. 30¢, in Mo. 35¢, and in N. Dak. 40¢ per bushel. Write today. JOHN A. SALZER SEED CO., La Crosse, Wis.

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Country merchants and farmers can save 10 to 25 per cent by writing the Nashville Produce Co., Nashville, Tenn., for special cash prices. The only strictly cash field seed house in the South. Write today.

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Removes all swelling in 10 to 20 days; effects a permanent cure in 30 to 60 days. Trial treatment given free. Nothing can be faster. Write Dr. H. H. Green's Sons, Specialists, Box 10 Atlanta, Ga.

THE SUNDAY SCHOOL

INTERNATIONAL LESSON COMMENTS FOR FEBRUARY 5.

Subject: Jesus at Jacob's Well, John 4: 5-14—Golden Text, Rev. xxii, 17—Memory Verses, 13, 14—Commentary on the Day's Lesson.

I. Jesus at the well (vs. 5-8). 5. "Then cometh He." Our Lord's route lay through historic ground. He, doubtless, passed through Gibeath, the ancient capital of the kingdom of Saul; through Bethel, where Jacob had his dream of the ladder and the angels; near Shiloh, the first dwelling place of the tabernacle, and the ark in Canaan, and the scene of the downfall of the house of Eli. At the end of that journey three objects of special interest occur in succession: Jacob's well, Shechem, and the ancient city of Gerizim and Ebal. "Sychar." Formerly Shechem, at the foot of Mount Gerizim, between Gerizim and Ebal. It is noted in the Scriptures as the place where Abraham first stopped on his coming from Haran to Canaan; where God appeared to him and promised to give the land to his seed, and where he first built an altar to the Lord. In the fourth century, about B. C. 332, Sanballat erected a temple on Gerizim in opposition to the Jewish temple. "Parcel of ground." Purchased of the children of Hamor (Gen. 33:19), and given to Joseph (Gen. 48:22).

6. "Jacob's well." The well Jacob dug. The word for well in the Greek means fountain. The well has been filled with rubbish until it is only about seventy-five feet deep. Formerly it was thirty feet deeper. It is about eight or nine feet in diameter, and is well lined with masonry. "Jesus—being wearied." He was a man, as well as God, and became weary and hungry. He journeyed on foot, sharing with His disciples the fatigues and hardships of the way. "Sixth hour." There is a difference of opinion here. According to the Jewish reckoning this would be noon, but many learned men think John used a Roman method of reckoning and that it was 6 p. m.

7. "Of Samaria." She was not from the land of Samaria, seven miles away, but from the country of Samaria; one of Samaritan race and religion. "To draw water." She probably brought her line and bucket (leathern or crockery), for Orient wells are not provided with these. Note how our Lord's choice of a hearer breaks down rabbinic prejudice all around. "Give Me to drink." Jesus used His thirst as a means of approach to the woman's heart, and turned the conversation from the living waters of Jacob's well to the living waters of salvation. Let us follow our Saviour's example by doing good in our hours of relaxation. 8. "Disciples—gone." The story throughout reads so much like the words of an eyewitness that some have thought John remained with the Saviour while the rest went to the village. "Meat." Food, not necessarily fish.

9. "How is it, etc." In Oriental manners there were many strict regulations against women conversing with men, especially strangers. But these restrictions were less regarded at the wells and fountains than in other public places (Gen. 24:13-24; Exod. 21:16, 17). Jesus rejected all restraints of caste. His disciples were themselves surprised that He should converse with the woman, but they did not feel at liberty to object to it (v. 27). How did she know He was a Jew? By His dress and by His dialect. The word "Jew" is here used liberally to describe the race which filled both Judea and Galilee. She probably recognized Him as a Galilean also. "No dealings." A remark thrown in by the writer to give the reason for her surprise. They have no dealings of friendly intercourse. This ill will, however, did not extend beyond familiar intercourse, for in such matters as buying and selling intercourse was allowed. They were excluded by the Jews from the temple at Jerusalem. "The Samaritans." The Samaritans were the descendants of the Assyrian and Babylonian captives upon whom the Assyrian conqueror of the ten tribes bestowed the lands of the captive Israelites (see 2 Kings 17:24-33). Although of purely heathen origin, they united the worship of Jehovah with their own idolatries. They built a temple on Mount Gerizim.

10. "The gift of God." See John 3:16. The Messiah, and the salvation He is bringing to man. "Thou wouldst have asked." "Spiritually our positions are reversed. It is thou who art weary and footsore and parched, close to the well, yet unable to drink; it is I who can give thee the water from the well and quench thy thirst forever." "Living water." The gift of the Holy Spirit (John 7:37-39); also called "the water of life" (Rev. 21:6; 22:1, 17); "clean water" (Ezek. 36:25, 27). See also Isa. 55:1; 58:11. It is received by faith (John 6:35), abides eternally (v. 14), is offered freely (Rev. 22:4, 17). Note 1. Its source (John 7:37). 2. Its supply (Rev. 21:6). 3. Its freshness. 4. Its satisfaction (v. 10).

11. "Sir." This might be read "My Lord." It was a title of respect, and shows that the woman was reverent and serious. "Nothing to draw with." The well had, probably, no apparatus for drawing water. This woman no doubt carried her own line. "From whence," etc. The woman was quick in her comprehension, and saw there was some truth which she did not understand, to which Jesus was referring. "Art thou greater?" The question proceeds from a feeling that Jesus assumed some extraordinary character, that He claimed a spiritual power; perhaps claimed to be a prophet like Moses, who could make a fountain of water by miracle. "Our father Jacob." The Samaritans were living in the territory of Ephraim and Manasseh, sons of Joseph, and grandsons of Jacob, and although they were not the descendants of Jacob, yet no doubt some of the ancient blood ran in their veins.

12. "Art thou greater?" Jesus does not discuss the question of greatness, but turns her thought toward spiritual truth, as He did Nicodemus. 14. "Shall never thirst." He does not mean that one draught shall satisfy us, but that we shall have in the soul a well of living water. "Shall be in Him." The religion of Jesus has to do with the inner life. Christ puts new principles and affections within us. "A well of water." A fountain of water. The supply is exhausted. Here is an un-failing fullness of love, joy, peace and spiritual strength—a full salvation. "Springing up." Whoever has this living water in the soul already has eternal life. The water of life. 1. Is given by Jesus. 2. It is pure. 3. It satisfies the soul. 4. It is free. 5. It is a never failing supply. 6. It is free. 6. It is for all who thirst. Into everlasting life. He that receives the living water has a fountain opened in his soul of spiritual satisfaction which shall neither be dried up in this life nor the life to come, but shall flow on to all eternity.

RICH LEMON PIE.

Mix the grated yellow rind and the juice of two lemons with two cups of sugar, one cup of milk, four level tablespoons of cornstarch and the beaten yolks of six eggs. Cook until the mixture thickens, pour into two paste-lined plates and bake. Make a meringue of the whites of six eggs beaten stiff with one-half cup of powdered sugar, and cover the two pies. Set in a very slow oven to brown slightly.

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by restoring the mucous membrane of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition hearing will be destroyed forever. Nine cases out of ten are cured by our method, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free. F. J. CURETT & Co., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

15 YEARS OF TORTURE

Itching and Painful Sores Covered Head and Body—Cured in Week by Cuticura. "For fifteen years my scalp and forehead was one mass of sores, and my body was covered with sores. Words cannot express how I suffered from the itching and pain. I had given up hope when a friend told me to get Cuticura. After bathing with Cuticura Soap and applying Cuticura Ointment for three days, my head was as clear as ever, and to my surprise and joy, one cake of soap and one box of ointment made a complete cure in one week. (Signed) H. B. Franklin, 717 Washington St., Allegheny, Pa."

Taylor's Cherokee Remedy of Sweet Gum and Mullen is Nature's great remedy—Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 25c., 50c. and \$1.00 per bottle.

H. T. GAZEN'S SOXS, of Atlanta, Ga., are the only successful Dropsy Specialists in the world. See their liberal offer in advertisement in another column of this paper.

Fifty-two billion dollars passed through the London Clearing House last year.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

Single eyeglasses are prohibited in the German Army.

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. E. W. Grove's signature is on box. 25c.

APE-LIKE GIANTS OF AFRICA.

Strange Race Met on Southern Shore of Great Lake. Mr. Edward Grogan—who traversed Africa along its whole length, from the Cape to Cairo—met with a strange race on the southern shores of Albert Edward Nyanza. These fearful, ape-like creatures, hiding behind banana palms, are tall men, with long arms and pendant paunches.

Such is the stamp of the brute on them that they may be placed lower in the scale than any other African native hitherto seen. Their face, body and limbs are covered with wiry hair, while the hang of the long, powerful arms, the slight stoop of the trunk, and the hunted, vacant expression of the face make them appear more like apes than human beings. Northwards, near Lado, the same party came across the Dinkas, a race of giants, standing six feet six inches to seven feet in height, and magnificently developed; and in the adjoining Toroland which swarmed with elephants of gigantic size, the natives were simply stark-naked savages of inexpressible degradation of character.

Births and Deaths Decrease.

Fewer persons died and a smaller number were born throughout England and Wales last year than in 1902, while in London itself both birth and deaths were the fewest recorded for many years.

A FELLOW FEELING.

Why She Felt Lenient Towards the Drunkard. A great deal depends on the point of view. A good temperance woman was led, in a very peculiar way, to revise her somewhat harsh judgment of the poor devil who cannot resist his cups, and she is now the more charitable. She writes: "For many years I was a great sufferer from asthma. Finally my health got so poor that I found I could not lie down, but walked the floor whilst others slept. I got so nervous I could not rest anywhere. "Specialists told me I must give up the use of coffee—the main thing that I always thought gave me some relief. I consulted our family physician, and he, being a coffee fiend himself, told me to pay no attention to their advice. Coffee had such a charm for me that in passing a restaurant and getting a whiff of the fragrance I could not resist a cup. I felt very lenient toward the drunkard who could not pass the saloon. Friends often urged me to try Postum, but I turned a deaf ear, saying 'That may do for people to whom coffee is harmful, but not for me—coffee and I will never part. "At last, however, I bought a package of Postum, although I was sure I could not drink it. I prepared it as directed, and served it for breakfast. Well, bitter as I was against it, I must say that never before had I tasted a more delicious cup of coffee! From that day to this (more than 2 years) I have never had a desire for the old coffee. My health soon returned; the asthma disappeared, I began to sleep well, and in a short time I gained 30 pounds in weight. "One day I handed my physician the tablets he had prescribed for me, telling him I had no coffee for them, stayed for dinner. When he saw my coffee cup he remarked, 'You seem to see you were sensible enough to let yourself be persuaded to try Postum. This is the best of coffee I ever drank.' He continued, 'The trouble is so few people know how to make good coffee.' When he got his second cup I told him he was drinking Postum. He was incredulous, but I convinced him, and now he uses nothing but Postum in his home, and has greatly improved in health." Name given by Postum Co., Battle Creek, Mich.

Look in each package for the famous little book, "The Road to Wellville."

PROFESSOR OF SOMETHING.

"Speaking of the resourcefulness of women in the matter of meeting and overcoming obstacles," said the Street Corner Philosopher, "I just saw an illustration of it, when two girls, wearing those tremendous wide brimmed straw hats, met and kissed right in the public street—aye, and hugged each other, too, without disturbing a feather of their headgear. If two men had tried to get their heads that close together for any purpose, wearing such a rig, there would have been straw and profanity scattered all the way from here to the corner. But with the girls there was a premonitory exclamation of joy at meeting, a sudden rush, a convulsive embrace, a sideways peck at each other's lips, a giggle and a squeal, and out of the mix-up emerged the two maidens as trim as you please. How they ducked under those brims is more than I can tell. It was done too quick for me to see. It reminded me some of kissing a girl in the days when they used to wear those old fashioned sunbonnets."

"How was that?" asked the newspaper man, expecting a story. "Young man," said the philosopher, "with much dignity, 'It was all right.'—Springfield (Ill.) News.

Novel Action to Inure Marriage.

In the harbor of the little village of Ploumanach, in the Cote-du-Nord, is an islet of rock which can be reached at low tide. It is surmounted by a shrine of St. Gulrec, who is said to have landed here from Britain in the sixth century. There are two rude statues of the saint, one of which is of wood. To this statue on St. Catherine's day, come the young women of the neighborhood, who, following an old tradition, stick pins into the statue, in order that they may be married before the end of the year.—London Graphic.

What is in a man is more potent than what is about him. No. 5.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer, \$2.00 per bottle and treatise free. Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa. James Price's Cure for Constipation saves my life three years ago.—Mrs. Thomas Ross, Maple St., Norwich, N.Y., Feb. 17, 1913

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CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP

GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow skin and dizziness. When your bowels don't move regularly you are sick. Constipation kills more people than all other diseases together. It starts chronic ailments and long years of suffering. No matter what ails you, start taking CASCARETS today, for you will never get well and stay well until you get your bowels right. Take our advice, start with Cascarets today under absolute guarantee to cure or money refunded. The genuine tablet stamped C. C. C. Never sold in bulk. Sample each booklet free. Address Sterling Remedy Company, Chicago or New York.

A WOMAN'S MISERY.

Mrs. John LaRue, of 115 Paterson Avenue, Paterson, N. J., says: "I was troubled for about nine years, and what I suffered no one will ever know. I used about every known remedy that is sold to be good for kidney complaint, but without deriving permanent relief. Often when alone in the house the backache has been so bad that it brought tears to my eyes. The pain at times was so intense that I was compelled to give up my household duties and lie down. There were headaches, dizziness and blood rushing to my head to cause bleeding at the nose. The first box of Doan's Kidney Pills benefited me so much that I continued the treatment. The stinging pain in the small of my back, the rushes of blood to the head and other symptoms disappeared." Doan's Kidney Pills for sale by all dealers. 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

Barrie has received more than \$20,000 from his plays.

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10,000 Plants for 10c. This is a remarkable offer the John A. Salzer Seed Co., La Crosse, Wis., makes.

Salzer Seeds have a national reputation as the earliest, finest, choicest the earth produces. They will send you their big plant and seed catalog, together with enough seed to grow:

- 1,000 fine, solid Cabbages,
- 2,000 rich, juicy Turnips,
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- 2,000 rich, buttery Lettuce,
- 1,000 splendid Onions,
- 1,000 rare, luscious Radishes,
- 1,000 gloriously brilliant Flowers.

Special offer is made in order to induce you to try their warranted seeds for one year. Once plant them you will grow no more.

AL. 16c POSTAGE. providing you return this notice, and if you will send 16c in postage, they will add to the package of the earliest Sweet Corn. Fourth of July—fully ripen earlier than Cory, Peep o' Day, etc., etc. (A. C. L.)



COMMODORE SOMERVILLE NICHOLSON, of the United States Navy, in a letter from 1837 R Street, Northwest, Washington, D. C., says:

"Your *Peruna* has been used and is now used by so many of my friends and acquaintances as a sure cure for catarrh that I am convinced of its curative qualities and I unhesitatingly recommend it to all persons suffering from that complaint." Our army and our navy are the natural protection of our country. *Peruna* is the natural protection of the army and navy in the vicinities of climate and exposure. We have on file thousands of testimonials from prominent people in the army and navy. We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is constantly receiving for his widely known and efficient remedy, *Peruna*. If you do not derive prompt and satisfactory results from the use of *Peruna*, write at once to Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio, and he will be pleased to give you his valuable advice. Only one man in 700 pays an income tax in India.

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No crop is so easily spoiled as tobacco. The fertilizer must be right, and to be right it must contain at least 10% actual Potash.

Test it! Supply one patch with fertilizer with 10% potash, another with little or no potash, and note the results. Every tobacco grower should have our little book, "Tobacco Culture"—it will be sent free—write to: GERMAN KALI WORKS, 92 Nassau St., N. Y., or Atlanta, Ga.—214 South Broad St.

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