night.

Catarrh of Head.

Bronchial Trouble.

for the throat and lungs.

Pneumonia.

Mr. Frank Cobb, 175 Summit Street,

Deering, Me., writes:
"I was troubled with catarrh in my head. I wrote to Dr. Hartman for advice

nd he prescribed Peruna.
"I took it and am happy to say it helped

me at once. I feel better than I have for years."

Nashville, Tenn., writes: "Peruna has cured me of chronic bron-

"It is the grandest discovery of the age

Mr. A. C. Danforth, St. Joseph, Mich.,

"I contracted a severe cold, which settled

on my lungs. I was threatened with pneu-

"Peruna gave me relief within a couple of days. Three bottles saved me a large doctor bill and a great deal of suffering."

We have on file thousands of testi-movials like the above. We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr.

Thousands of Testimonials.

February is a month of severe storms Even in the South where the prevail-

ing temperature is much above wintry latitudes, February brings sudden changes of temperature. Mercury sometimes drops 20 degrees in

a single night Therefore, the following health hints are applicable to the whole of North Ventilation.

The sleeping rooms should be well ventilated, but so as to avoid direct currents of air.

Bathing.
Those in vigorous health should take a cold water towel bath every morning before breakfast. Those in feeble health should take a brisk dry-towel-rub every

Bronchtal Trouble.

Mr. J. Ed. O'Brien, Pres. American Pilot Ass'n. Pensacola, Fla., writes:

"I heartily give my endorsement to Peruna as an effective cure for catarrh and bronchial trouble."

Throat and Lungs.

Frank Battle, Jr., III N. Market St., Nashville, Tenn., writes:

The diet should be a generous one, including meat, and oc asionally fresh vege-Sunshine.

The nights being long and the days short, as much sunshine as possible should be let into the house during the Chathing.

The head should be kept cool at all times. The feet should be kept warm and dry, day and night. Pe-ru-na.

When unavoidably exposed to cold or wet, a few doses of Peruna will avert bad consequences. Precaution.

When sezzed with a chill, or even slight Hartman is constantly receiving. The Hartman Sanitarium, Columbus, O.

THE SUNDAY SCHOOL INTERNATIONAL LESSON COMMENTS

Subject: Jesus at the Pool of Bethesds, John v., 1-15-Golden Text, John vi., 2-Memory Verses, S, 9-Commentary

FOR FEBRUARY 19.

on the Day's Lesson. I. Jesus at the feast (vs. 1-4). 1. "After this." "After these things." R. V. Some think that when John is telling some event which follows immediately after the last thing narrated, he uses the expression "after this thing" (chap. 2:12), but that when there has been an interval of time he uses the expression "after these things." A feast." There has been much diffe There has been much difference of opinion as to what feast this was, ence of opinion as to what feast this was, but it is the opinion now of the best writers that it was the Passover. 2. "By the sheep gate" (R. V.) We know from Neh. 3:1, 32; 12:39 that there was a sheep gate; so called probably from sheep for sacrifice being sold there. It was near the temple. "The Hebrew tongue." Hebrew here means Aramaic, the language spoken at the time, not the old Hebrew of the Scriptures "Patheada". This name does not the time, not the old Hebrew of the Scriptures. "Bethesda." This name does not occur elsewhere. It means "house of mercy." The site is not identified with certainty. The traditional spot is near Castle Antonia. But Dr. Robinson thinks "the fountain of the Virgin." an intermittent spring in the southeast of the city, near the pool of Silaom, was Bethesda. "Five porches." These porches were probably covered areades, colonades or verands. covered arcades, colonades or verandas, open at one side to the air, but protected open at one safe to the air, but plot against the sun or rain overhead. In a country like Palestine such buildings very necessary. 3. "Multitude." The congregated here in great numbers. The sick

congregated here in great numbers.

II. Jesus heals an impotent man (vs. 5-9). 5. "An infirmity." The original implies rather a loss of power than a positive disease: probably it was a nervous disease of paralytic type. "Thirty and eight years." The duration of the illness is mentioned, either to show how inveterate and difficult it was to heal, or rather, according to verse 6, to explain the deep compassion with which Jesus was affected on beholding the unhappy man. From verse 14 we may infer that his disease was the result of the sins of his youth.
6. "Knew." The word "knew" in the

original indicates one of those instantan-eous perceptions by which the truth became known to Jesus according as the task of the moment demanded. Verse 14 will show that the whole life of the sufferer is show that the whole life of the suffecer is present to the eye of Jesus, as that of the Samaritan woman was in chapter 4. "Saith unto him." Usually Christ waited until He was asked before He relieved the suffering, but in this and a few other cases He healed without being asked. He read' the man's past life and present condition of mird, and saw that he was in a state to receive spiritual good from the healing. to receive spiritual good from the healing. "Wilt thou?" Why does He ask a question to which the answer was so obvious?

Probably in order to rouse the sick man out of his lethargy and despondency.
7. "No man." He was friendless as well as sick. "Is troubled." This spring, probably the fountain of the Virgin, is intermittent to this day and remains the street to this day and remains the street. mittent to this day, and various travelers have seen it suddenly rise from five inches to a foot in five minutes. Whedon thinks that the moving of the waters arose from an underground connection of the pool with the city water works. The occasional and intermittent disturbance of the water is not to be understood as a regular occurrence, but as something sudden and quickly pasing away. Hence the man's waiting and complaint: "Put me into the pool." Literally. "in order to throw" me into the Literally. "in order to throw he pool; perhaps impiving that the gush of water did not last long, and there was no water did not last long, and there was no water did not last long and there was no water did not lost in quiet carrying." "While time to be lost in quiet carrying. "While I am coming." Thus picturing the extreme haste and rapidity with which the favor-able opportunity was seized. There was a rush and scramble for the one chance.

8. "Rise." etc. Commands like these would test the man's faith and obedience. As in the case of the paralytic (Mark 2:9). Christ made no enquiry as to the man's faith. Christ knew that he had faith, and the man's attempting to rise and carry his bed after thirty-eight years of impotency was an open confession of faith. "Bed." Probab's only a mat or rug, still common in the East. 9. "And walked." With the command was given the power of obedience. So the sinner who is bidden to commit himself to Christ need not wait for any compulsion. As he makes the effort he will find divine power within him-self. "Sabbath." The seventh day of the The seventh day of the

week, the Jewish Sabbath.

III. Persecution of the Jews (vs. 10-13). "Not lawful." Jeremiah had commanded, "Take heed to yourselves, and bear no burden on the Sabbath day" (16: 21), and the Jews interpreted this as forbidding the carrying of the lightest weight. But Jeremiah's meaning is made clear by Neh. 13:15: "Treading wine presses on the Sabbath, and bringing in sheaves, and lading asses." etc. "To forbid this man from carrying his bed was like forbidding a modern man to move a camp stool or a chair.'

11. "He—said." Unquestionably th

words seem to say that one who could do such a wonder as healing me must certain ly have the right to tell me what to do. He had been authorized by one endorsed He had been authorized by one endorsed as sent from God. And this was indeed the very ground which Christ Himself took. 12. "Who is the man" (R. V.) They ignore the miracle, and attack the command. They ask not, "Who cured thee, and therefore must have divine authority?" but, "Who told thee to break the Sabbath, and therefore could not have it?" 13. "Knew not" (R. V.) Jesus had been in Jerusalem but little, and the man who was healed had probably never seen Him. "Conveyed himself away." Better, withdrew. Literally, "sipped aside." be-Him. "Conveyed himself away." Better, withdrew. Literally, "slipped aside." became suddenly lost to sight. "A multitude." etc. This may be understood as explaining either why he withdrew-to avoid the crowd. or the manner in which he withdrew-by disappearing in the he withdrew-by disappearing in the crowd. Either explanation makes good

Jesus gives advice and warning (v. 14). 14. "Afterward." Probably soon afterward; in a day or so. "Findeth him." Jesus had His eye on the man; His work with him was not yet finished: this meetwith him was not yet hinshed: this meeting was not accidental. "In the temple." A good place for the man to be. "Sin no more." God asks this of every sinner. And yet there are those who insist that it is impossible to live without sin in this life, but if such is the case then Jesus asked this man to do the impossible. "A worse thing." A paralysis from which no yeal ear vectors and no Saviour will do. pool can restore and no Saviour will liver; the most terrible catastrophe of the

v. The man bears testimony (v. 15).

15. "Told the Jews," etc. In reply to the inquiry they had made of him a short time before, partly in obedience to the authorities and partly to complete his apology for himself. He expected, probably, in the simplicity of his heart, that the name of Him whom so many counted as a prophet, if not as the Messiah Himself, would have been sufficient to stop the mouths of gain-

American Flag High in Air. The coast artillery station at Fort Hunt, Va., on the Potomac, opposite Fort Washington, is to have a flagpole from the top of which the garrison flag can be seen for many miles. The new pole is about 125 feet long. It is in five sections, and is built up of piping held together by steel bands. The pole will stand on a high eminence at the fort, and the flag at its top will wave to the breeze about 300

feet above the level of the river.

Dogs are slaughtered for culinary purposes in Munich.

NO SLEEP FOR MOTHER

Baby Covered With Sores and Scales-Could Not Tell What She Looked Like-

Marvelous Cure by Cuticura.

body were so covered with sores and large

scales you could not tell what she looked

like. No child ever had a worse case.

Her face was being eaten away, and even

her finger nails fell off. It itched so she could not sleep, and for many weary nights we could get no rest. At last we got Cu-

ticura Soap and Ointment. The sores be-

gan to heal at once, and she could sleep at night, and in one month she had not one

sore on her face or body. - Mrs. Mary

The Azure.

The Azure.

'Tis only in the depths of blue
Man finds his dealest dreams fulfilled,
Where careful sorrows pass from view,
And every heart-cry's hushed and
stilled.

50 would I wing my joyous flight
To azure realms where rapture lies,
But not to yonder mystic height—
I find my heaven in your eyes!
—Ralph E. Fassett in New Orleans
Times-Darecrat.

Earliest Green Onlong.

Wis., always have something new, something valuable. This year they offer

among their new money making vege-tables, an Earliest Green Eating Onion. It is a winner, Mr. Farmer and Grdener!

JUST SEND THIS NOTICE AND 16c.

and they will send you their big plant and

seed catalog, together with enough seed

1,000 line, solid Cabbages, 2,000 rich, juicy Turnips, 2,000 blanching, nutty Celery, 2,000 rich, buttery Lettuce, 1,000 splendid Onions, 1,000 rare, 'uscious Radishes, 1,000 gloriously brilliant Flowers.

In all over 10,000 plants—this great offer is made to get you to test their warranted vegetable seeds and

ALL FOR BUT 16C POSTAGE,

providing you will return this notice, and

if you will send them 26c in postage, they will add to the above a big package of Salzer's Fourth of July Sweet Corn—the earliest on earth—10 days earlier than Cory, Peepo' Day, First of All, etc. [A.C.L.]

Women Physicians for Lunatics.

physicians for the treatment of mental

liseases, Prof. Ludwig, is earnestly

advocating the employment of women

physicians in lunatic asylums. After

years of investigation he has come to

the conclusion that the insane are pe-

culiarly susceptible to a woman's pres-

ence and influence, not only the wo-

men, but the men as well. He says

he has been instrumental in obtaining

the admission of one woman physi-

cian to an asylum for women in South

Germany, and the results are simply

phenomenal. The women are more

tractable. Ludwig is certain that in a

short time no men physicians will be

employed in female lunatic asylums.

His opinion is supported in large meas-

are by another eminent authority, Dr.

Raising Geese by Thousands.

On a goose farm in the middle west

there is an incubator with a capacity

for 10,000 eggs. These eggs are not.

however, placed in the incubator at

one time, but are so arranged that one

section will hatch each day, being re-

filled as soon as the goslings are taken

farm for their feathers alone, which

are used in the upholstering business.

Some people think the road to Heav-

en is a switch-back where they need

the descent into sin to give the im-

READS THE BOOK.

The Road to Wellville" Pointed the Way

Down at Hot Springs, Ark., the vistors have all sorts of complaints, but

it is a subject of remark that the great

majority of them have some trouble

with stomach and bowels. This may be partly attributed to the heavy medi-

Naturally, under the conditions, the

A young man states that he had suf-

fered for nine years from stomach and

bowel trouble, had two operations

which did not cure, and was at last

He went to Hot Springs for rheuma-

tism and his stomach trouble got

worse. One day at breakfast the wait-

er, knowing his condition, suggested

he try Grape-Nuts and cream, which

he did, and found the food agreed with

Road to Wellville,' and started follow-

"I have met with such results that

in the last five weeks I have rained eight pounds in spite of h which take away the flesh f

"A friend of mine has been

cured of a bad case of indigestic

stomach trouble by using Gray .

Food and cream alone for breal of "There is one thing in partico"

have noticed a great change

mental condition. Formerly I

Postum Co., Battle Creek, Mich.

hardly remember anything, and

the mind seems unusually acute ,

retentive. I can memorize practical.

anything I desire." Name given by

ing the simple directions.

system and made sleep possible.

threatened with appendicitis.

him perfectly.

question of food is very prominent.

petus for the rise into glory.

The geese are raised on this

Krapelin.-New York World.

out.

One of the most famous of German

1,000 fine, solid Cabbages,

to grow

The John A. Salzer Seed Co., La Crosse,

Sanders, 709 Spring St., Camden, N. J."

"At four months old my baby's face and

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. Sold by all druggists; \$1. Mai orders promptly filled by Dr. E. Detchon Crawfordsville, Ind. 250., 50c. and \$1.00 per bottle. The rice paper tree is one of the most interesting of the flora of China.

Runaway horses are unknown in Russia. False teeth have been used by the people who lived in 1000 B. C. FITS permanently cured. No fits or nervous-

Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa According to the census of 1900, the population of Spain was 18,891,574.

Mrs. Winslow's Soothing Syrup for children teething, soften the gums, reduces inflamma-tion, allays pain, cure; wind colic, 25c. a bottle

Porto Rico is the most lightly taxed

Fiso's Cure is the best medicine we ever used for all affections of throat and lungs.—Wm. O. Exdsler, Vanburen, Ind., Feb. 10, 1900.

The man who takes life as a dose, always finds it a bitter one.

A Guaranteed Cure For Piles. Itching, Blind, Bleeding or Protruding Piles. Druggists will refund money it Pazo Uintment tails to cure in 6 to 14 days. 50c.

You could never make a woman believe all angels don't have nice, crinkly hair.

The United States is the largest consumer of tin in the world, but derives its supplies from the Straits Settlements, from Banka, and other European sources. Only a few hundred pounds of tin are mined in this coun-

\$100 Reward. \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in at itsstages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's CatarrhCure is taken internally, acting directly upon the blood and muconsentaces of the system thereby destroyingthe foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for dist of testimonials. Address
F. J. Chener & Co., Toledo, O.

Sold by Druggists, 75c.
Take Hall's Family Pills for constipation

Just before he left the Pension Office, Commissioner Ware was asked for a recommendation by a watchman. This is what Ware wrote: "Dear Jackson-If you are not in Heaven when I get there. I'll fix it to have you transferred."

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. All druggists refund money if it tails to cure. E. W. Grove's signature is on box. 25c.

Great souls can neither be starved by poverty nor choked by riches.

ACHE IN EVERY BONE.

Chicago Society Woman, Who Was So Sick She Could Not Sleep or Eat, Cured by Doan's Kidney Pills. Marion Knight, of 33 N. Ashland

Ave., Chicago, Orator of the West Side. Wednesday Club, says: "This winter when I started

to use Doan's Kidney Pills 1 ached in every bone and had intense pains in the kiduevs and pelvic orgens. The uring was thick and cloudy, and 1 could barely est enough to live. I feit a

chauge for the

MARION KNIGHT. better within a week. The second week I began eating heartily. I began to improve generally, and before seven weeks had passed I was well. I had spent hundreds of dollars for medicine that did not help me, but \$6 worth of Doan's Kidney Pills restored me to perfect health."

A TRIAL FREE-Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cts.

A Grimly Suggestive Group. The minister and the doctor were

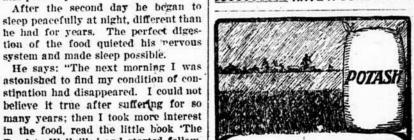
riding down town in a Lexington aveenue car, and had arrived at Madison square when their friend the undertaken joined them. After riding with him two blocks

the minister and doctor put the undertaker off the car, saying their appearance in trio looked too suggestive and would cause talk among their friends.



No Blind HOISES! For Specific Ophthal-mia, Moon Blindness and other SORE EYES,

BARRY CO., Dept. C. HAVE A SURE CURE.



Potash as Necessary as Rain The quality and quantity of the crops depend on a sufficiency of

Potash

in the soil. Fertilizers which are

in the soil. Fertilizers which are low in Potash will never produce satisfactory results.

Every farmer should be familiar with the proper proportions of ingredients that go to take the best fertilizers for every kind of p. We have published a series of books, aining the latest researches on this all manusubject, which we will send free Write now while you think of

N KALI WORKS

HEALTH STATE OF THE STATE OF TH It Helps Women to Win and Hold

Men's Admiration, Respect and Love ness after first day's use of Dr. Kline's Great NerveRestorer, \$2trial bottleand treatise free Woman's greatest gift s the power to inspire admiration, respect, and love. There is a beauty in health which is more attractive to men than mere regu-



To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study. At the first indication of ill-health, painful or irregular menstruation, headache or backache, secure Lydia E. Pinkham's Vegetable Compound and begin its use. Mrs. Chas. F. Brown. Vice-President

Mrs. Chas. F. Block at Terrace, Hot others' Club, 21 Cedar Terrace, Hot prings, Ark., writes:

Springs, Ark., writes:

Dear Mrs. Pinkham:—

"For nine years I dragged through a miserable existence, suffering with inflammation and falling of the womb, and worn out with pain and weariness. I one day noticed a statement by a woman suffering as I was, but who had been cured by Lydia E. Pinkham's Vegetable Compound, and I determined to try it. At the end of three months I was a different woman. Every one remarked about it, and my husband fell in love with me all over again. Lydia E. Pinkham's Vegetable Commy nusband fell in love with me air over again. Lydia E. Pinkham's Vegetable Com-pound built up my entire system, cured the womb trouble, and I felt like a new woman. I am sure it will make every suffering woman strong, well and happy, as it has me."

Women who are troubled with painful or irregular menstruation, backache. bloating (or flatulence), leucor-rhea, failing, inflammation or ulcera-tion of the uterus, ovarian troubles, that "bearing-down" feeling, dizziness, faintness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound,





WATER

IS A CERTAIN CURE FOR

Dyspepsia 3 Sick Headache 3 Constipation..

Stimulates the Liver, cures Biliousness, Sour Stomach, irregularities of the Bowels. A NATURAL product, prepared by con-centration; a genuine natural water.

Crab Orchard Water Co., Louisville, Ky.

You Want the Best

COTTON GIN MACHINERY

Ask Any Experienced Ginner About

PRATT MUNGER EAGLE WINSHIP SMITH

We would like to show you

What Thousands of Life Lone Customers Say.

Write for catalogue and testimonial booklet.

Continental Gin Co.

Charlotte, N. C., Atlanta, Ga.,

. Birmingham, Ala., Memphis, Tenn., Dallas, Texas.

Field **S**eeds

Country merchants and farmers can save 10 to 25 per cent by writing the Nashville Produce Co., Nashville, Tenn., for special cash prices. The only strictly cash field seed house in the South. Write today.

NASHVILLE PRODUCE CO., J. J. ODIL, Manager.

80. 7.

John White & Co. LOUISVILLE, KY, FURS and Hides.

Truths that Strike Home

Your grocer is honest and-if he cares to do so-can tell you that he knows very little about the bulk coffee he sells you. How can be know, where it originally came from,

how it was blended-or with what -or when roasted? If you buy your coffee loose by the pound, how can you-expect purity and uniform quality?

LION COFFEE, the LEADER OF ALL PACKAGE COFFEES, is of necessity uniform in quality, strength and flavor. For OVER A QUARTER OF A CENTURY, LION COFFEE has been the standard coffee in

millions of homes. LION COFFEE is carefully packed et our dactories, and until opened in ated, or of coming in contact with dust,

In each package of LION COFFEE you get one full pound of Pure Coffee. Insist upon getting the genuine. (Lion head on every package.)

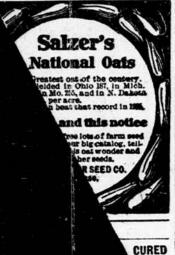
(Save the Lion-heads for valuable premiums.)

SOLD BY GROCERS EVERYWHERE WOOLSON SPICE CO., Toledo, Chio.

BEST FOR THE BOWELS

outh, headache, indigestion, pimp inces. When your bowels don't m

Bives ulck Elief.



WEATHER WISDOM! THE ORIGINAL 122 TOWER'S VILL KEEP YOU DRY NOTHING ELSE WILL TAKE NO SUBSTITUTES CATALOGUES FREE ULL LINE OF GARMENTS AND HATS.

