

Young women may avoid much sickness and pain, says Miss Alma Pratt, if they will only have faith in the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM: — I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable Compound has done for me. I was completely run down, unable to attend school, and did not care for any kind of society, but now I feel like a new person, and have gained seven pounds of flesh in three months. "I recommend it to all young women who suffer from female weak-ness." — MISS ALMA PRATT, Holly, Mich.

#### FREE MEDICAL ADVICE TO YOUNG GIRLS.

All young girls at this period of life are earnestly invited to write Mrs. Pinkham for advice; she has guided in a motherly way hundreds of young women; her advice is freely and cheerfully given, and her address is Lynn, Mass.

Judging from the letters she is receiving from so many young girls Mrs. Pinkham believes that our girls are often pushed altogether too near the limit of their endurance nowadays in our public schools and seminaries. Nothing is allowed to interfere with studies, the girl must be pushed to the front and graduated with honor; often physical collapse follows, and it takes years to recover the lost vitality,—often it is never recovered.

#### A Young Chicago Girl Saved from Despair.

"DEAR MRS. PINKHAM: - I wish to thank you for the help and ben-



"DEAR MRS. PINKHAM: -- I wish to thank you for the help and ben-efit I have received through the use of Lydia E. Pinkham's Vege-table Compound and Liver Pills. When I was about seventeen years old I suddenly seemed to lose my usual good health and vitality. Father said I studied too hard, but the doctor thought different and prescribed tonics, which I took by the quart without relief. Reading one day in the paper of Mrs. Pinkham's great cures, and finding the symptoms described anand finding the symptoms described an-swered mine, I decided I would give Lydia E. Pinkham's Vegetable Compound a trial. I did not say a word to the doctor; I bought it myself, and took it according to directions regularly for two months, and I found that I gradually improved, and that all pains left me, and I was my old self once more. — LILLIE E. SINCLAIR, 17 E. 22d St., Chicago Ill."

Lydia E. Pinkham's Vegetable Compound is the one sure rem-edy to be relied upon at this important period in a young girl's life; with it she can go through with courage and safety the work she must accomplish, and fortify her physical well being so that her future life may be insured against sickness and suffering.

## THE INTERNATIONAL LESSON COMMENTS

FOR JUNE 5.

Subject: Christ's Trial Before Pilate, Mark xv., 1-15-Golden Text, Luke xxili., 4 -Memory Verses, 12, 13-Commentary on the Day's Lesson.

I. Jesus before the Jewish Council (v. I. Jesus before the Jewish Council (v. 1). 1. "In the morning." Jesus had two trials. The first was before the Jewish authorities, who brought in a charge against Him, the punishment of which was death. The second trial was before the Roman procurator, Pilate, who had power to inflict the death penalty. "Chief priests." The heads of the courses and the ex-high priests. "Elders." Men chosen from among the most influential laymen. "Scribes." Teachers of the law. They were educated in the literature of the church. "The whole council." The San-hedrin, the highest Jewish council, com-posed of seventy-one members. It could condemn to death, but the execution of condemn to death, but the execution of the sentence rested with the Roman procurator.

II. Pilate questioning Jesus (vs. 2-5). 2. "And Pilate." Jesus was taken from the regular meeting of the Sanhedrin to the judgment hall of Pilate (John 18:28; the regular meeting of the Sanhedrin to the judgment hall of Pilate (John 18:28; Luke 23:1), which was "probably in the tower of Antonia, just outside the north-west corner of the temple area." Verses 24 and Matt. 27:11-14 are an account of the first trial before the Roman procura-tor. "Art Thou," etc. This question pre-supposes that Jesus had treasonably claimed, to be a king. The Jews made three principal charges against Jesus: 1. Sedition-perverting the people. 2. For-bidding to pay tribute to Caesar. 3. Claiming to be a king. John shows (John 18:33-38) how Jesus so explained His roy-alty and His kingdom as to cause Pilate to say, "I find in Him no fault at all." "Thou sayest it." An affirmative answer which means, "It is as thou sayest." 3. The Jews refused to enter the judg-ment hall "because their Jewish traditions (not the law of God) declared them cere-monially unclean if they entered the house of a Gentile during or just before the Pass-over feast;" Pilate, therefore, went out and had a conference with them (Luke 23:2) John 18:28-32). Pilate then entered the judgment hall and held a private con-ference with Jesus (Luke 23:3; John 18: 23-38), after which he again went out to the Jews and publicly declared to them his belief that Jesus was innocent. Jesus was then brought out to the Jews to hear their accusations. "Many things." All

the Jews and publicly declared to them his belief that Jesus was innocent. Jesus was then brought out to the Jews to hear their accusations. "Many things." All were mere technicalities and quibblings; they either wholly falsified or perverted His statements so as to make it appear that He was a confessed criminal. "An-swered nothing." He was conscious of His innocence. He knew that they could not prove their charges. They offered no testimony and therefore He was silent; there was no need of His replying. 4. "Asked Him again." Pilate was convinced that Jesus was innocent, and yet he was not ready to face the Jews and give his prisoner His liberty. 5. "Marvelled." Pilate was probably more surprised that He bore this so meekly and did not returu railing for railing, than that He did not set up a defense. III. The Jews choose Barabbas (vs. 6-11). In verses 6-15 we have an account of the second trial before Pilate. This was the third act in the proceedings against Christ. 6. "Released," etc. This custom was in harmony with the nature of the feast and, however it originated, was so completely established that Pilate was

was in harmony with the nature of the feast and, however it originated, was so completely established that Pilate was obliged to attend to it. See verse 8. 7. "Barabbas." An insurrectionist, a robber and a murderer. He was actually guilty of much worse crimes than they had charged against Jesus. He had a short time before this evidently been a ringleader in an out-break in Jerusalem against the Roman Government. "With them." The asso-ciates of Barabbas were also, like himself, under arrest and in prison. 9. "Will ye," etc. Pilate is laboring hard to release Jesus, and yet he does not assert his au-thority, but constantly yields to the clam-

Jesus, and yet he does not assert his au-thority, but constantly yields to the clam-oring of the wicked Jews. 10. "He knew-for envy." He could not doubt who were the ringleaders in the tu-multons scene now being enacted, or what was the indive that had prompted them the being the accurate his tribunalwas the indive that had prompted them to bring the accused before his tribunal— nothing more or less than envy of the in-fluence he had gained and the favor he had won throughout the land. He hoped, therefore, by appealing directly to the peo-ple, to procure our Lord's release. 11.

## SUNDAY SCHOOL DOCTOR ADVOCATED OPERATION .... PE-RU-NA MADE KNIFE UNNECESSARY.

M RS. EVA BARTHO, 133 East 12th St. New York City, N. Y., writes: "I suffered for three years with leucor-rhea and ulceration of the womb. The doctor advocated an operation which I dreaded very much, nd strongly objected to go ...nder it. Now I am a changed woman. "eruna cured me; it took nine bottles, but I felt so much improved I kept taking it, as I dreaded an operation so ...nuch. I am to-day in perfect health and have not felt so well for fifteen years."-Mrs. Eve Bartho.

Mrs. Senator Roach, of Larimore, N. Dak.; Mrs. Senator Warren, of Cheyenne, Wyo.; Belva Lockwood and Mrs. General Longstreet, of Washington, D. C., are among the prominent ladies who indorse Peruna.

Miss Helen Rolot, Kaukauna, Wis., writes:

"Several times during the past two years o rmore my system has been greatly in need of a tonic, and t those imes Pe-runa has been of great help in building up the system, restoring my appetite and se-curing restful sleep."—Helen Rolof.

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Temperance, writes as follows:

writes as follows: "I suffered for five years with uterinc irregular lies, which brought on hysteria and made me a physical wreck. I 'tried doctors from the different schor of med-icine, but without any perceptible change in my condition. In my despair 1 called on an ld aurse, who advised me to try Peruna, and promised good results if I would persist and take it regularly. I kept this up for six months, and steadily gained strength and health, and when I had used fifteen bottles I considered myself entirely cured. I am a grateful, happy entirely cured. I am a grateful, happy woman to-day."-Miss Muriel Armitage.

Miss Lucy M. Riley, 33 Davenport St., Cleveland, Ohio, writes:

"I wish to add my indorsement to thou-sands ci other women who have been cured through the use of Peruna. I suf-fered for five gears with severe backache, and when wearied or worried in the least I had prolonged headache. I am now in Ohio.



ELIXIR

RAPAR SPILL

Write for testimonials

So. 23.

CONSUMPTION



perfect health, enjoy life and nave neither an ache or in, thanks to Peruna."-Lucy M. Riley. It is no longer a question as to whether Peruna can be relied o to cure all such cases. During the many years in which Peru.a has been pu' to test in all forms and stages of acute and chronic catarrh no one year has put this remedy to greater test than the 'vst year. If all the women who are suffering with any form of female weakness would write to Dr. Hartman, Columbus, Ohio, and give him a complete description of their symp-toms and the peculiarities of their troubles, he will immediately reply with 'complete directions for treatment, free of charge Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.



Ointment, the great Skin Cure, and purest and sweetest of emollients. It means instant relief and refreshing sleep for tortured, disfigured, itching, and burning babies, and rest for tired, fretted mothers, when all else

Sold throughout the world. Cutterns Sont, ISC. One ment, Soc., Resolvent, Soc. (In form of Chocolaste Content Pills, Soc., per vial of 60). Depute London, 27 Chartee house So, t Parns, 5 lue de la Falx; Beston, 137 Columbu Ave. Poite: Drug & Chen. Corp., Sole Proprietars. Send for " How to Cure Baby Hum



A Large Trial Box and book of in structions absolutely Free and Poupaid, enough to prove the value Paxtine Toilet Antiseptic



Paxtine is in per and far superior to lice antiseptics contain alcohol which irrita inflamed surfaces, a have no cleansing pr erties. The coaster of every box mai more Antiseptic So tion – lasts longer goes further—has m uses in the family a des smore good than a doesmoregood you can buy.

\$50000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydis E. Pinkham Medicine Co., Lynn, Mass.

### John W. Atkinson & Co.,

RICHMOND, VA. Paints, Oils, Varnishes, &c. Try Their "Standard" Ready Mixed House Paints.

#### Having a Pic-nic.

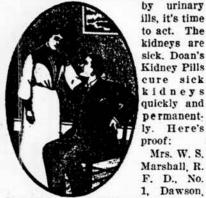
There is something particularly enjoyable about going to a Pic-Nic. The very word Pic-Nic brings pleasant anticipations of a good time. The idea of going out to the woods and fields or down by some brook or lake, with luncheon to be served on the grass and under the trees, has a peculiar fascination. The fresh air and exercise contribute to give a hearty appeilte to all and everything at luncheon seems far better than the finest course dinner that a French chef ever served. Wooden dishes

supplant Dresden china, and paper boxes silver trays, when the "good things to eat" are spread upon the ground. Pic-Nics are never complete without the andwiches, sweet white bread with a gen-erous layer of meat between. Libby's erous layer of meat between. Libby's canned meats are ideal for Pic-Nics and outings. The cans are so easily opened and the contents so fresh and palatable that no Pic-Nic is a success withou Libby's "Natural Flavor" Food Products. without

it takes a fast man to beat a board bill. So. 23.

#### TIME TO ACT.

When the back aches and you are always tired out, depressed and nervous -when sleep is disturbed by pain and



Ga., says: "My husband's back and "hips were so stiff and sore that he could not get up from a chair without help. I got him a box of Doan's Kidney Pills. He felt relief in three days. One box cured him."

A FREE TRIAL of this great kidney medicine which cured Mr. Marshall will be mailed on application to any part of the United States. Address Foster-Milburn Co., Buffalo, N. Y. Sold by all dealers; price 50 cents per box.

#### Advertising a Town. The marvelous growth of Seattle, Wash, is credited mainly to newspaper publicity. The business men of that

community raised a considerable sum to be expended for space in Eastern newspapers, and the returns were prompt and generous.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to and until the last lew years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address F. J. CHENEY & Co., Toledo, O.

Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

#### People Must Be Told.

A writer on advertising says it is the aim of nearly every business concern to have a special and original feature. "But when such a specialty shall be found it must be advertised. No article can sell itself without the aid of advertising."

# FITSpermanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great NerveRestorer. \$2trial bottleand treatisefree Dr. R. H. KLINZ, Ltd., 931 Arch St., Phila., Pa

The man who manages to keep out of debt, out of jail and out of politics is a lit-tle above the average.

#### Use Allen's Foot-Ease.

It is the only cure for Swollen, Smarting, Tired, Aching, Hot, Sweating Feet, Corns and bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. Cures while you walk. At all Druggists and Shoe Stores, 250. Don't accept any substitute. Sample sent FREE. Address, Allen S. Olmsted, LeRoy, N.Y sent

During courtship a girl is often unable to express her thoughts, but she makes up for lost time after marriage.

Mrs. Winslow's Soothing Syrup forchildren teething, soften the gums, reduces inflamma-tion allays pain, cures wind colic. 25c. abottle

Give a hungry man something to cat be-fore handing him advice.

I amsurePiso'sCure forConsumption saved my life three years ago.—Mas. THOMAS ROB-FINS, Maple St., Norwich, N.Y., Feb. 17, 1900.

A chauffeur is a man who runs down pedestrians and runs up repair bills.

ple, to procure our Lord's release. 11. "Moved the people." The word trans-lated moved only occurs here and in the parallel, Luke 23:5. It denotes (1) to shake to and fro, to brandish; (2) to make threating movements (2). threatening gestures; (3) to stir up, or in-stigate. Their efforts were successful, and stigate. Their efforts were successful, and when Pilate put the question the cry went up, Away with this man—the holy and un-defiled whom they had lately welcomed with hosannas into their city-and release unto us Barabbas. This was the deepest human degradation—to have the vilest of mankind preferred to Him! IV. Jesus delivered up to death (vs.

12-15). 12. "Pilate answered." It was probably 12. "Pilate answered." It was probably at this time, while the people were clamor-ing for His death so loudly, that the mes-senger came from Pilate's wife (Matt. 27: 19), urging the release of Jesus, and stat-ing that she had just suffered many things in a dream because of Him. How many 19), urging the release of Jesus, and stating that she had just suffered many things in a dream because of Him. How many and what various persons bear testimony to the innocence of the Holy One-Pilate, Herod, Pilate's wife, Judas Iscariot, the thief on the cross and the centurion at the crucifixion. "What will ye," etc. According to Matthew Pilate asked what he should do with Jesus, who was called Christ? This is a question every person must answer. 1. Every one must accept or reject Him. 2. Rejecting Christ is the great sin of the world. 3. If we reject Him here we will be rejected by Him here after. 13. "Crucify Him." Let Him die the most ignominious death possible.
14. "Why." Pilate makes another direct appeal. "Cried out the more." There were no questions to be considered by them; they were resolved to have His life. Nothing else would satisfy them.
15. "Wishing to content" (R.V.) What a weak man Pilate was; a slave to the opinions of the people. Before Pilate pronounced the sentence he took water and washed his hands publicly, thus expressing in acts what he uttered in words, "I am innocent of the blood of this just person; see ye to it." (Matt. 27:24). Then answered

in acts what he dittered in words, 'I am innocent of the blood of this just person; see ye to it'' (Matt. 27:24). Then answered all the people and said: "His blood be on us and on our children." In less than forty years from this excla-

mation the Romans came. They crucified such numbers of Jews that, according to Josephus, there was no more room to set the crosses. No doubt some of these very persons, and certainly their children, died this very death. "Scourged Him." scourge of leather thongs was loaded by The with lead, or armed with spikes and bones, which lacerated the back, chest and face. Pilate hoped the scourging would satisfy the Jews.

Human Head Grown in Wood. Posing as an altar in the Grant's Pass (Oregon) lodgeroom is an odd looking fir stump, its top shaped like a human head. Even the features grew there naturally, and except for a little carving to improve one eye, no alteration was necessary after a woodman discovered the curio in the midst of the forest. A right ear is the only lacking feature. There is even a beard-represented by a white fungus growth

ing machine at any price, if any kind of an offer would interest you, don't fail to write us at ouce (be sure to cut out and return this special notice) and get our intest book, our latest offers, our new and most surprising proposition. Address

SEARS, ROEBUCK & Co., Chicago.

If the average man had his life to live over again he would probably make more mistakes then ever.

The power that comes down is the only one that will lift up.

#### Dr. Biggers' Huckleberry Cordial

The Great Southern Remedy. Cures all Stomach and Bowel Troubles, such as Chronic Dysentery, Cholera Mor-bus Blodoy Flux, and also children bus, Bloody Flux, and also children teething. It seldom fails to make quick and permanent cures of all stomach and bowel diseases. See testimonial of the late

HENRY W. GRADY. Dr. Walter A. Taylor, Atlanta, Ga. Dear Sir: This is the first certificate that I have ever given as to the merits of any medicine, but I take pleasure in recommending Dr. Biggers' Huckleberry Corolal. I consider it the best remedy that I have ever used in my family for Stomach and Bowei Troubles. Soc in-vested in a bottle of this medicine to be used in the beginning of any stomach trouble will often save life as well as a large doctor's bill. I have a friend whose life was. In my opinion, saved by the prompt use of Dr. Biggers' Huckleberry Cordial. For sale by all Druggists, 25 and 50c per bottle. (Signed) HENRY W. GRADY. Atlanta, Ga.

The formula of a noted Boston physician, and used with great success as a Vaginal Wash, for Leucorrhoea, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore 'Eyes, Cuts, and all soreness of mucus membrane.

In local treatment of female ills Paxtine in invaluable. Used as a Vaginal Wash we challenge the world to produce its equal for thoroughness. It is a revelation in cleansing and healing power; it kills all germs which cause inflagmation and discharges.

All leading druggists keep Partine; price, 50c. abox; if yours does not, send to us for it. Don't take a substitute - there is nothing like Partine. Write for the Free Box of Paxtine to-day. R. PAXTON CO., 7 Pope Bldg., Besten, Mass.



HENRY W. GRADY.

within twenty m for an ordinary

Atlanta, Ga.

Taylor's Cherokee Remedy of Sweet Gum and Mullein will cure Coughs, Croup and Consumption. Price 25cand \$1 a bottle.