

Ask Your Dealer for Allen's Foot-Ease. A powder to shake into your shoes; rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and In-growing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all druggists and shoe stores, 25 cts. Sample mailed FREE. Address Allen S. Olmsted, LeRoy, N. Y.

The difference between a comedy and a tragedy is merely in the way it is acted.

If You Have Rheumatism
Send no money, but write Dr. Shoop, Racine, Wis., Box 148, for six bottles of Dr. Shoop's Rheumatic Cure, exp. paid. If cured pay \$5.50. If not, it is free.

WHY MRS. PINKHAM

Is Able to Help Sick Women When Doctors Fail.

How gladly would men fly to woman's aid did they but understand a woman's feelings, trials, sensibilities, and peculiar organic disturbances.

Those things are known only to women, and the aid a man would give is not at his command.

To treat a case properly it is necessary to know all about it, and full information, many times, cannot be given by a woman to her family physician.



MRS. G. H. CHAPPELL

She cannot bring herself to tell everything, and the physician is at a constant disadvantage. This is why, for the past twenty-five years, thousands of women have been confiding their troubles to Mrs. Pinkham, and whose advice has brought happiness and health to countless women in the United States.

Mrs. Chappell, of Grant Park, Ill., whose portrait we publish, advises all suffering women to seek Mrs. Pinkham's advice and use Lydia E. Pinkham's Vegetable Compound, as they cured her of inflammation of the ovaries and womb; she, therefore, speaks from knowledge, and her experience ought to give others confidence. Mrs. Pinkham's address is Lynn, Mass., and her advice is absolutely free.

Where His Reformation Began.
A certain teacher who had studied a particular bad boy from every conceivable standpoint finally found the cause of his apparent wickedness. He had been especially annoying all day, and at the close of the school the teacher sat down by him and said:
"John, what is the trouble, anyway? Why is it you find it so hard to behave in school?"
Poor John, in a burst of confidence, blurted out:
"It's cos I'm awful hungry."
Then the teacher knew that John's reformation must begin in his stomach.

Cures Cancer and Blood Poison.
Contagious blood poison, old eating ulcers, scrofula, bone pains, falling hair, necrotic patches, and deadly cancer, running, festering sores, persistent pimples, cured by B. B. B. (Botanic Blood Balm), which kills the poison. Heals every sore, especially recommended for old, obstinate cases. Druggists, \$1. Describe troubles and trial treatment sent free by writing Dr. Gilliam, 12 Mitchell St., Atlanta, Ga.

It's the early worm that gets on the fish hook.
Several dentists were included in the medical corps which followed the German army to China.

Once Tried, Never Forsaken.
This has been the history of Crab Orchard Water. It makes friends; it keeps them. It does all that is claimed for it.

There is enough carbon in your own body to make millions of dollars' worth of diamonds.

EXCURSION RATES TO BUFFALO.

Via Seaboard Air Line.

On account of the Pan-American Exposition, the Seaboard Air Line Railway is selling tickets from stations on its lines to Buffalo at very low excursion rates. This Company offers the choice of two routes, with the fastest and most convenient schedules ever enjoyed to Buffalo, either via all rail route through Richmond and Norfolk, or through Portsmouth and Washington, thence a delightful sea trip to the east where connections are made with the great Trunk Lines direct to the Rainbow City. These routes are positively the most convenient and attractive to Buffalo, and it will interest and benefit you to call on Seaboard Air Line Railway Agents before completing arrangements for your trip.

Dyeing is as simple as washing when you use **PUTNAM PAPERLESS DYES**. Sold by all druggists.

It's easier for a man to make friends of his creditors than to make creditors of his friends.

Five and one-half pounds is the average weight of the wool from a sheep's fleece.

Heaven will involve much hardship to those who have not learned to worship without a book.

Richmond, Fredericksburg and Potomac Railroad

The line connecting the Pennsylvania Railroad, Atlantic Coast Line and Seaboard Air Line between all points North and South. The Direct All Rail Route between Richmond and Washington, Baltimore, Philadelphia, New York, Boston and all points North and East. Fast Time. Unexcelled Service. E. T. D. Myers, President; W. P. Taylor, Traffic Manager, Richmond, Va.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

The umbrella manufacturer is one man who believes in the weather profits.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1900.

When a fellow is thrown on his own resources he is usually broke.

If you want "good digestion to wait upon your appetite" you should always chew a bar of Adams' Pepsin Tutti Frutti.

A fellow has to be sick once in a while to really enjoy good health.

A clear conscience cannot be gained by filtration.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

English people drink yearly, on an average, eight ounces of cocoa a head.

A. M. Priest, Druggist, Shelbyville, Ind., says: "Hall's Catarrh Cure gives the best of satisfaction. Can get plenty of testimonials, as it cures every one who takes it." Druggists sell it, 75c.

The common hen lays about 500 or 600 eggs in ten years.

TO MOUNTAIN AND SEA SHORE RESORTS.

Via Seaboard Air Line Railway.

Before completing arrangements for your summer trips or deciding upon places at which to spend the summer, you should call on Ticket Agents and Passenger Representatives of the Seaboard Air Line Railway. They are specially prepared to furnish information as to lowest rates, quickest schedules and most attractive routes to the Mountain Resorts in Western North Carolina and Southwest Virginia, also to the Sea-shore Resorts of Ocean View, Virginia Beach, Old Point Comfort, the great Eastern Resorts along the Jersey Coast and other popular places reached by the Seaboard Air Line Railway. This Company is offering lower rates than ever with perfect train service and fast through-schedules. It will interest and benefit you to call on Seaboard Air Line Railway Agents.

FISO'S CURE FOR CONSUMPTION
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

WINCHESTER
"NEW RIVAL" FACTORY LOADED SHOTGUN SHELLS
outshoot all other black powder shells, because they are made better and loaded by exact machinery with the standard brands of powder, shot and wadding. Try them and you will be convinced.
ALL + REPUTABLE DEALERS + KEEP + THEM

SOZODONT Tooth Powder 25c "The Sauce that made West Point famous." McILHENNY'S TABASCO.

CAPUDINE
RELIEVES immediately
Headaches, Neuralgia, Indigestion, Pains, Sciatic and Rheumatic Pains. NO BAD EFFECTS. 15, 25 and 50c. a bottle. At Drug Stores.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment free. Dr. H. H. GREEN'S ROOM, Box B, Atlanta, Ga.

USE CERTAIN CURE.
No. 22.

LION COFFEE

A LUXURY WITHIN THE REACH OF ALL!

In our Roasting Establishments we positively do not allow the use of Eggs, Egg Mixtures, Glue, Chemicals, or similar substances. **LION COFFEE** is an absolutely Pure Coffee.



"THE NEW KING COLE."
Old King Cole was a merry old soul,
And a merry old soul was he;
He called for his pipe—but instead of a glass—
He called for LION COFFEE.
For Old King Cole was a shrewd old soul
And he couldn't be fooled on brands,
"LION" got his vote, for it has no coat—
On its merits alone it stands.
Old King Cole had a wise old poll,
And a wise old poll had he.
He ate and he drank foods of highest rank—
So he favored LION COFFEE.
And he knew 'twas best, by a varied test—
That millions of homes it pleased.
LION COFFEE grand was the only brand
That his appetite appeased.
If Old King Cole could have control
Today of the public mind,
No Coffee brand but the "LION" grand
On the market we could find.
And the LION heads whose value spreads
Satisfaction through the land,
Would be bringing grist from the Premium List
Given with the LION brand!

Watch our next advertisement.
Just try a package of **LION COFFEE** and you will understand the reason of its popularity.
LION COFFEE is now used in millions of homes.

In every package of **LION COFFEE** you will find a fully illustrated and descriptive list. No housekeeper, in fact, no woman, man, boy or girl will fail to find in the list some article which will contribute to their happiness, comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads from the wrappers of our one pound sealed packages (which is the only form in which this excellent coffee is sold).
WOOLSON SPICE CO., TOLEDO, OHIO.

BEST SAW MILLS
Engines, Wood Planers, R. H. Cross-tie Machines and Other Machinery.
Manufactured by the Salem Iron Works, Salem, N. C.

SICK HEADACHE
succumbs readily to the easy remedy to take

CRAB ORCHARD WATER

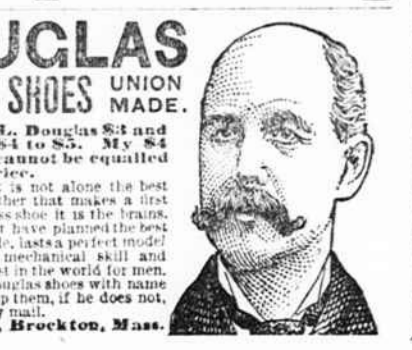
A natural medicinal water—concentrated. Aperient, laxative, tonic. A specific for all liver, kidney, stomach and bowel disorders. It cures—Torpid Liver, Biliousness, Jaundice, Chronic Diseases of the Kidneys, Dyspepsia, Heartburn, Sick Headache, Dysentery, Constipation, Piles. Crab Orchard Water is the most efficacious of the natural mineral waters; most convenient to take, most economical to buy.
The genuine is sold by all druggists with Crab Apple trade mark on every bottle.
CRAB ORCHARD WATER CO., Louisville, Ky.

TATE SPRING, East Tennessee.
The "Paradise of America."
Hotel Open and Water Shipped Throughout Year. The most delightful health and pleasure resort in the Union. Electric Lights, Steam Heat, Water Works. Water Cures indigestion, dyspepsia, and all troubles of the Liver, Stomach, Bladder, Bowels and Kidneys. Rheumatism and Blood Diseases. Write for Pamphlet.
THOS. TOMLINSON, Owner & Propr. TATE SPRING, TENNESSEE.

HALL'S KIDNEY PLASTERS
Are the greatest boon to women. Apply a plaster two days previous to expected menses, and no pain is experienced. Mailed anywhere upon receipt of 25 cents.
THE ALLIGATOR LINIMENT CO., Charleston, S. C.

\$4 A DAY SURE We pay \$4 a day salary for a man with \$1000 to introduce our goods in the country. Kansas Food Co., Dept. 40, Kansas City, Mo.

W. L. DOUGLAS
WE USE FAST COLOR EYELETS
Real worth of W. L. Douglas \$3 and \$3.50 shoes is \$4 to \$5. My \$4 Gilt Edge Line cannot be equalled at any price.
It is not alone the best leather that makes a first class shoe it is the brains that have planned the best style, lasts a perfect model of the foot, and the construction of the shoe. It is mechanical skill and knowledge that have made W. L. Douglas shoes the best in the world for men.
Take no substitute. Insist on having W. L. Douglas shoes with name and price stamped on bottom. Your dealer should keep them, if he does not, send for catalogue giving full instructions how to order by mail.
W. L. DOUGLAS, Brockton, Mass.



WINTER BILE



Causes bilious head-ache, back-ache and all kinds of body aches. Spring is here and you want to get this bile poison out of your system, easily, naturally and gently. **CASCARETS** are just what you want; they never grip or gripe, but will work gently while you sleep. Some people think the more violent the griping the better the cure. Be careful—take care of your bowels—salts and pill poisons leave them weak, and even less able to keep up regular movements than before. The only safe, gentle cleaner for the bowels are sweet, fragrant **CASCARETS**. They don't force out the fecal matter with violence, but act as a tonic on the whole 30 feet of bowel wall, strengthen the muscles and restore healthy, natural action—buy them and try them. You will find in an entirely natural way your bowels will be promptly and permanently put in good order for the Spring and Summer work.

CURED BY
Cascarets
LIVER TONIC
BEST FOR THE BOWELS
NEVER SOLD IN BULK.

10c. 25c. 50c.
ALL DRUGGISTS.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking **CASCARETS** to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with **CASCARETS** to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE: Five years ago the first box of **CASCARETS** was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and money refunded. Go buy today, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start to-day. Health will quickly follow and you will bless the day you first started the use of **CASCARETS**. Book free by mail. Address: **STERLING REMEDY CO., NEW YORK OR CHICAGO.**