

Mr. Arp Gices From Bartiow to the Land of Flowers

ANG - Then he returis homp
Changes That Latitude Makes on Veg
etation, Are Observed by the Phi tosopher.

I had a plessant call to Florida, an
have just returned. The ralhoars,
make it so easy for you now that even a veteran can travel if he his th
money. 1 left home oce mo nirg a't early breakfoat, and was in Jack -0
ville that night to supper with my b ville that night to sapper with my b
and his family, 415 miles in thirte hours, and traveled over parts of $f$,
roads. It was a daynight trip and
had hat litude makes in vegetat,
This new route to Florida is a si line from Atlantay and the west. It
cludes the Nashyille, Chattanocga St. Louis, the Wesaern and Atlan
the Central to Macon, the Georgia a Fio-ida Southern to Valdosta and t:
Atlantic, Valloota and Western ackzonville, the preatiest, cleane All of they firs-class roads, wit
parior cars and dining cars and slee ers that run an way throug but keep on and on to the jumping of place, it you wish to go there. Th omfort posssible for it has tione away cosh the elbequs great:Plint system has no lbows after you get on it, bui it sis
ong ways from Atlanta and the west, The new road was just what our pe ple wantecd it is aits 110 miles in le s than three hours. I like these siraiz
Florida tailroads; tiey don't reel $y$ about like our toads among the moun-
tains, and they just glide along like a nake in the $\cdots$ g.ass. These mounta
oads swing an old man around and diaphragm and epigam ant
 eans and okra ard work among the cook has quit, and I have got to gec
up by suncie' and fite up the tove and put on the coffee and hominy an rest of the breakfast I used to ma
the biscuits, but I have siruek on tha I don't believe that a man's tough
horny hands were intended to m'x flour and milk and lard in biscua
dough. sty old fiemd Judge Hillye and Judge Noderwood were. ouce walk
ing along a side street in New Yor
and as they paisel a bakery they sa the bakers through the bindss an
they were treating dough in the to
to
 have been trearag. a gool win
But I don't care a cent aoot the quitting. I believe in salf-maintenan
-1 believe that every house.ald shon s necessary-and I am rrout to s
ond
that my wife and my children ha
 $t$ suits me pretty well.-for the croo
beite and the things irs clean ass victuals and can dine out with o
hildren every day or two. We e use bakers' bread and make toast a $\mathrm{g} \dot{\mathrm{c}}$ along fine without a cook. But 1 was thinking a out Flor:da
air Florida that Ponce de Leon foun fity years before the pllgrixs found own. Fair Florida-the Eldorado his continent. It has been bidden never saw the like of northern tourist it takes several columns in their papers o give their names. These tourists ary
anl rich, and spend their money freely all rich, and spend their monet men are fairly good-looking. but the women look tired and prematureare with southern wom nom nor com nd refinement of manner, I ba
known tbis for fity years: They ha to work too hard; poor things. I azh
sorry for them. They have got not og but money. I walked round t beautiful woman; tiey are mascuine hem, New England or New York priduce fairies or sylphs or ang ilic
a:eatures. You have to come as far outh as Philadelphia and Baltimor are searce even there. You don't find them in plenty until, you get down 10 here I live they are nearly all goor ooking and graceful and. as David Harum said, are - caupled .well an and step like a deer. This is thei nd climate, but becausè ofur mene a! more chivalric to laetr- :rives and hard. A recent number of a New Yor paper says our long-haired philanthe southern negroes. but you never

 ropists will skitip orer them all and
ke Ofden and $c \rho$.. make a tour dow ou:h to see how the negro is getting
on-the beet contented race upin the

Frcm Jocksonville I drop-et down Wiph Spinzs, whese the good ladife o
he New Centurx Cluy were callins
he. I hat a delightifil time-an ovane. I hat a delightitul time-an ov
ifn of joung maids and matrons a care-worn faces reminded me of t
passing years and the passing of $t$
old solders of the confederacy. The "Tine cats down all, Excent a a pens'
They do not dte. But multiply ghey grow older. We have but 70 oon left ncw, all told
but they have nearly a million up nor: but they have nearly a million up nor:
on the pension rolls. High Springs is on a boom o! im
provement. The Plant system has it provement. The plant,*ystem has
arge $t$ hosital there, and its mo xten ive shops except these in S ody seems con'eated and heppy. was the guest 'if' Mr. and Mrs. Gra
whose beauliful home stra lovely lit whose beanifur heme atr lovely lit ever I find litite chlircn I have
fear, and I do as I please and eat w. ear. and do as please. and eat w.th mayor was selecied torintrojuce me $t$
the audinnc bit net binz performances, forgot his Hittie speech and bagan with "Now 1 lay me dow
to sieop." and so they had to get th soon ferget the kintness of tho pectally the crarial greeting I receive that the time will come, when seve I wisc captured by three times seven
and maintained myself well consider RAMS' HORN BLASTS
 monized in the taw of love. When a church becomes a play-
hows: its ste?ple wil not aye it When a man turns the light on oth-
ers he must not expect to stay in the shade himself.
We need to fear lest knowing much
of the life of Christ we know nothing of the living Christ.
If men were as anx:ous to do right
they are to get their rights the wor: would be righte
benero
Ease ensues only from carnest
Vegetarian Devotees.
〒egetarianism is not yet dead; far
rom it. For some time now it tas rom it. For some time now it was aken a new and prodigious vitality,
especially in the United States, where nearly every week, we find its clubs
restaurants springing up and flour restaurants springing up and flour
ishing in a wonderful manner: More than this, we leira that. under the Newlin. of Ohio, two thonsand vege-
arians have em arked at San Francisco for the Island of Tagula. with malof making couverts. Tugnla is
solated in the midule of the Dutch Archipelayo-in the Pacific-about
2,000 miles northeast of Australia Its 250 inhabitants a-e for the mosit these meat-loving people will in time become bigoted vegetarians. Ont of the 2,000 referred to above, 700 are Germans, 400 Russians, 350 Portuguese, and The Rev. James Newlin, before starting, wrote to the Emperor of. Germany, the Emperor of
Russia, the King of Portugal, Presilent Mckinlés,and dast, but not least, he Pfince of Wales, asking for their undertáking. In every case, as might be expected, replies have been reveived; but they are not entirely
encouraging, however.-Mainly About
$\qquad$



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DEATH
begins in the bowels. It's the unclean places that breed infectious epidemics, and 't's the unclean body-unclean in side-that "catches" the disease. A proson whoses stomach and boweds Arekert deana nand whose liveris tive ly , and blood pure, is safe against yellow fever, or any other of the dread Iud dieasesthat desosintour bautiful land. Someo of the clanest poople outside are filthiest inside, and they are the ones who not only "catch" the infections, but endanger the lives of all their friends and relatives. There's only one certain way of keeping clean inside so as to prevent disease and that is to take CASCARETS. Perfect disisifectant and bowel strengtheners. All diseases are

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