

Summer Heat and Public Health

Dr. Henry D. Chapin, of New York, published in the Medical Record a paper upon the Public Health...

Why Women Have the "Blues."

Why do so many women have melancholia? repeated the doctor, who has a large practice among the "depressed" and "nervous" female population...

Ran Away From Home.

Three little chickens that I know were discontented with their home; they determined to run away...

"My Dearest of Mothers."

My dearest of mothers, I heard the words repeated in soft tones by my next door neighbor at an island farm-house...

How to Be Happy.

Think a good thought, and others will have it. And bring their companions to meet in your mind...

Only a Child.

People hear a voice in the street and say, "It is only a child! Only a child!" My soul stands abashed and overwhelmed in the presence of these young princes of God...

SEABOARD AIR LINE RAILWAY. VESTIBULED TRAINS. DOUBLE DAILY SERVICE. "Capital City Route"

Table with columns for Stations, Daily, and Local Atlanta to Clinton.

Of all the sections of America's future which have come before the American public, none is more satisfactory than the simple personal services which Lieut. Burton Mitchell...

SOUTHERN RAILWAY.

Condensed Schedule in Effect June 26th, 1901. Table with columns for Stations, Daily, and Local.

Following round trip rates will be in effect from points named: Anderson, S. C., \$21.55; Atlanta, Ga., \$20.50; Athens, Ga., \$21.55; Brunswick, Ga., \$24.00...

Charleston and Western Carolina RR Co.

Table with columns for Stations, Daily, and Local.

Columbia, Newberry & Laurens RR Co.

Table with columns for Stations, Daily, and Local.

What a Girl Should Learn.

- To sew. To cook. To mend. To be gentle. To value time. To dress neatly. To keep a secret. To be self-reliant. To respect old age. To avoid idleness. To darn stockings. To take care of the baby. To make good bread. To keep a house tidy. To make a home happy. To be above gossiping. To control her temper. To take care of the sick. To sweep down cobwebs. To humor a cross old man. To marry a man for his worth. To read the very best of books. To keep clear of trashy literature. To take plenty of active exercise. To be a helpmate to her husband. To be light-hearted and feet-footed. To wear shoes that wont cramp the feet. To be a womanly woman under all circumstances.

Corn Never Grows Wild.

It is a striking fact that corn is never found wild. It seems to have been created for the use of man in its perfect state, and if once allowed to run wild, can never be brought back again.

About Our Flags.

The familiar "union jack" is a rectangular flag with a blue field and forty-five white stars, arranged in five rows. Dispatch boats have a special flag, the field of it white with five blue figures resembling double acorns...

Best Things.

- The best law—the golden rule. The best philosophy—a contented mind. The best statesmanship—self-government. The best theology—a pure and beneficent life. The best war—to war against one's weakness. The best medicine—cheerfulness and temperance. The best music—the laughter of an innocent child. The best science—extracting sunshine from a cloudy way. The best art—painting a smile upon the brow of childhood. The best biography—the life which writes charity in the largest letters. The best telegraphing—flashing a ray of sunshine into a gloomy heart. The best engineering—building a bridge of faith over the river of death. The best diplomacy—effecting a treaty of peace with one's own conscience. The best journalism—printing the true and the beautiful only, on memory's tablet. The best navigation—steering clear of the lacerating rocks of personal contention. The best mathematics—that which doubles the most joys and divides the most sorrows.—Annals of Phrenology and Physiognomy.

A Short and Decisive Alcoholic Summary.

- 1. That alcohol, habitually used, can of itself produce disease from which the abstainer is exempt. 2. That it will aggravate disease to which all are liable. 3. That it renders those who habitually use it more open to attacks of various forms of illness. 4. That the alcoholic has a worse chance of recovery from a fever or any injury than the abstainer.

Nothing But Leaves.

Nothing but leaves, the Spirit grieves Over a wasted life; O'er sins committed while conscience slept, Repining from years of strife— Nothing but leaves! Nothing but leaves, sad memory weaves No veil to hide the past, And as we trace our weary way, Counting each lost and misspent day, Sadly we find at last— Nothing but leaves! Ah! who shall thus the Master meet, Bearing but withered leaves? Ah! who shall at the Savior's feet, Before the awful judgment seat, Lay down for golden sheaves Nothing but leaves!

Nothing But Leaves.

What most people want is something mild and gentle, when in need of a physic Chamberlain's Stomach and Liver Tablets fill the bill to a dot. They are easy to take and pleasant in effect. For sale by W. E. Polham.

ATLANTIC COAST LINE FAST LINE

Table with columns for Stations, Daily, and Local.

Glenn Springs Railroad.

Table with columns for Stations, Daily, and Local.

BLUE RIDGE RAILROAD

Table with columns for Stations, Daily, and Local.

Glenn Springs Railroad.

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Glenn Springs Railroad.

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