

IT'S NOT YOUR HEART IT'S YOUR KIDNEYS

Kidney disease is no respecter of persons. A majority of the ill-suffering people today can be traced back to kidney trouble.

The kidneys are the most important organs of the body. They are the filters, the purifiers, of your blood.

Kidney disease is usually indicated by weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, pain in loins and lower abdomen, gall stones, gravel, rheumatism, sciatica and lumbago.

All these derangements are nature's signals to warn you that the kidneys need help. You should use GOLD MEDAL Haarlem Oil Capsules immediately.

The soothing, healing oil stimulates the kidneys, relieves inflammation and destroys the germs which have caused it. Do not wait until tomorrow. Go to your druggist today and insist on GOLD MEDAL Haarlem Oil Capsules. In twenty-four hours you should feel health and vigor returning and will bless the day you first heard of GOLD MEDAL Haarlem Oil.

After you feel that you have cured yourself, continue to take one or two capsules each day, so as to keep in first-class condition and ward off the danger of other attacks.

Ask for the original imported GOLD MEDAL brand. Three glasses, money refunded if they do not help you.

COTTON SEED FOUR BALES PER ACRE

The record for Vandiver's HEAVY FRUITER Cotton Forty bolls make pound; 46 per cent lint; 11-8 inch staple; no boll weevils. Free from all disease. Resist droughts and winds. Earliest big boll. A cotton that beats the boll weevil. All seed ginned and culled on our private machinery. We originated this wonderful cotton. Write for facts and proofs from your own state. Special price on seed for early delivery.

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For Stomach, Kidney and Blood.
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ALWAYS

U. S. ARMY GOODS FOR SALE

- U. S. Army raucos, 22 inches high, 23 inches wide, 52 inches deep, asbestos tile lining, nickel trimmed with fire box, water back ready to connect with hot water tank. Large oven, with shelf, warming closet. Has soot box and ornamental shell. Also five joints of pipe, 2 large boilers with lids. Worth \$200. Cost government \$167.50, special price \$87.50
 - U. S. Army galvanized hot water tanks, 82 gallon capacity, 85 lb. pressure, almost new. \$24.95
 - U. S. Army heaters, Radiant home, Hot Blast, large size, nickel trimmed. A very beautiful stove, slightly used, good as new, wood or coal, a regular gas heater for \$37.50
 - U. S. Army heaters "Big Seven", suitable for home, store, factory, etc., in splendid condition. Will burn wood or coal \$19.95
 - U. S. Army regulation double wheel harness, good condition. This harness is complete, worth \$125 per set, our price \$67.50
 - U. S. Army McClellan Saddles, best leather, good condition \$29.95
 - U. S. Army McClellan Saddles, new, or \$29.95
 - U. S. Army heavy leather, a splendid halter \$1.25
 - U. S. Army leather bag, made of best leather, used but serviceable, 15 inches deep, 13 inches wide, with strap, worth \$5 \$2.50
 - U. S. Army olive drab, all wool blankets, renovated and repaired \$5.95
 - U. S. Army Overalls, dyed dark blue, good, serviceable condition \$15.95
 - U. S. Navy Hammocks, made of extra heavy canvas, about 20 oz. duck, 40 inches wide, 71 inches long, waterproof, excellent condition \$2.95
 - U. S. Army leather sleeveless jackets, with wool lining, will last you for years, and give you much comfort, special \$8.50
 - U. S. Army heavy galvanized fire and water buckets, 95¢ each. U. S. Army rubber shoes \$2.95; U. S. Army hats, good, 81¢ each; pocket knives, brand new, Simmons, high grade \$1.55; U. S. Army valises \$1.95
- \$6.50. Terms: cash with order. Reference any bank in Greenville. YOUR MONEY BACK IF NOT SATISFIED. Prices F. O. B. Greenville. Please include postage when ordering goods sent by parcel post.
- Railroad fare refunded customers within 300 mile radius, visiting our store and purchasing \$200 or more.

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PHYSICAL FITNESS URGED UPON BOYS

State Board of Health Presents Physical Fitness Campaign in High School.

Monday morning November 22, the State Board of Health with the cooperation of the State Y. M. C. A., presented to the boys of the high school the physical fitness campaign promoted by the U. S. Public Health Service. Mr. James H. Grauel, the State Boys Work Secretary, had charge of the exhibit which consisted of 48 charts showing methods and means to attain physical fitness. This campaign is a part of the regular program of the State Y. M. C. A. in its work among the boys and young men of the towns and cities not served by local associations.

The exhibit has the approval and endorsement of the State Board of Education, said Mr. Grauel, and has made many friends where it has been shown. It is the plan of the State Board of Health to show this exhibit in all high schools of the state. The State Y. M. C. A., by reason of its organization, is undertaking the work in South Carolina.

Mr. Grauel also spoke of the First Older Boys Conference to be held at Spartanburg December 5, 6, and 7, at which an attendance of 150 picked older boys of the upper section of the State is expected. This is the first conference of the kind ever held in South Carolina, although practically all of the other states have held such gatherings for a number of years. It is under the auspices of the State Y. M. C. A. Boys Department and has the backing of the Rotary Club of Spartanburg. The conference will provide a number of fine speakers to boys, among whom will be Governor Cooper, speaking at the opening banquet, and Mr. Blake W. Godfrey, State Secretary of the Mississippi "Y". The balance of the program will be handled by the boys and a lively and inspirational time is expected.

While in Spartanburg the boys will be entertained in the homes of Spartanburg people and aside from the registration fee of \$1.00 and the railroad fare no other expense is anticipated. Only the leading older boys, 15 years and over, from each high school and community are eligible. Laurens is expected to have a delegation present as will Clinton, Newberry and practically every high school in the upper section of the State. This first gathering of representative older boys under the auspices of the State "Y" is expected to be a remarkable inspirational feature. Mr. George E. Simmons of the Y. M. C. A. at Spartanburg, is in charge of registration which closes December 3rd.

SCHOOL NOTES.

Mr. James H. Grauel, State Boys Work Secretary, addressed the high school boys in the chapel on Tuesday morning on "Keeping Fit". The address was illustrated with a series of pictures showing the needs of observing health rules and a great deal of interest was taken in studying the same. It is sent out by the State Board of Health and is visiting the larger high schools of the state in the interest of "Better Boys—Better Men."

The following boys have been appointed as delegates to the First State Older Boys Conference to be held in Spartanburg, December 5, 6, 7, 1919: Monteith Caine, John Wilkes, George Albright, Ambrose Kasterly, Harry Woodside, Raymond Gaston, Houston Roper, John R. Ellis, William Dundas, Martin Feague, William Knight, William Albright, James Terry, Charles Blakey, Edmund Lake and J. J. Adams.

The purpose of the conference is to bring together the older boys in the state in the interest of clean speech, clean sports and clean habits. The delegates will be entertained in the homes of the people of Spartanburg and an interesting program has been arranged beginning with a banquet on Friday evening. Among the speakers are Governor Cooper, Dr. H. N. Snyder, and Mr. J. E. Johnson, State Student Work Secretary.

War Savings Societies have been organized in all the grades below the high school and meetings are held twice a week when thrift programs are presented. The sale of thrift stamps in the school averages more than ten dollars every day.

The Laurens high school football team and the Anderson high school team played to a scoreless tie in Anderson last Friday. From reports, the local boys played a splendid game and kept the ball in Anderson's territory throughout the game. On several occasions, when in sight of the goal the Laurens team was penalized and this prevented them returning home victorious.

DEATH OF MRS. TOM THUMB DRAWS TRIBUTE

Middleboro, Mass., Nov. 28.—Floral tributes from persons prominent in stage life as well as from neighbors here surrounded the tiny casket containing the body of the Countess Lavinia Magri (Mrs. Tom Thumb) at the funeral service in Warrentown village this noon.

The body will be taken to Bridgeport, Conn., tomorrow, for burial beside that of Countess Magri's first husband, Charles Statler, known to the world as "General Tom Thumb."

Publishers to Reduce Size of Papers. Richmond, Va., Nov. 28.—Newspaper publishers of Virginia met here today and adopted resolutions calling for reduction in size of newspapers, due to the present shortage of newsprint paper.

The publishers announced that the situation had become so acute that many were on the verge of suspending publication. Publishers were present from nearly every city in the state.

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BREAKS MY COLD!"**

"That's Dr. King's New Discovery for fifty years a cold-breaker"

NOTHING but sustained quality and unflinching effectiveness can arouse such enthusiasm. Nothing but sure relief from stubborn colds and onrushing new ones, grippes, throat-tearing coughs, and croup could have made Dr. King's New Discovery the nationally popular and standard remedy it is today.

Fifty years old and always reliable. Good for the whole family. A bottle in the medicine cabinet means a short-lived cold or cough, 60c. and \$1.20. All druggists. Give it a trial.

Regular Bowels Is Health

Bowels that move spasmodically—free one day and stubborn the next—should be healthfully regulated by Dr. King's New Life Pills. In this way you keep the impurities of waste matter from circulating through the system by cleansing the bowels thoroughly and promoting the proper flow of bile.

Mild, comfortable, yet always reliable, Dr. King's New Life Pills work with precision without the constipation results of violent purgatives. 25c. as usual at all druggists.



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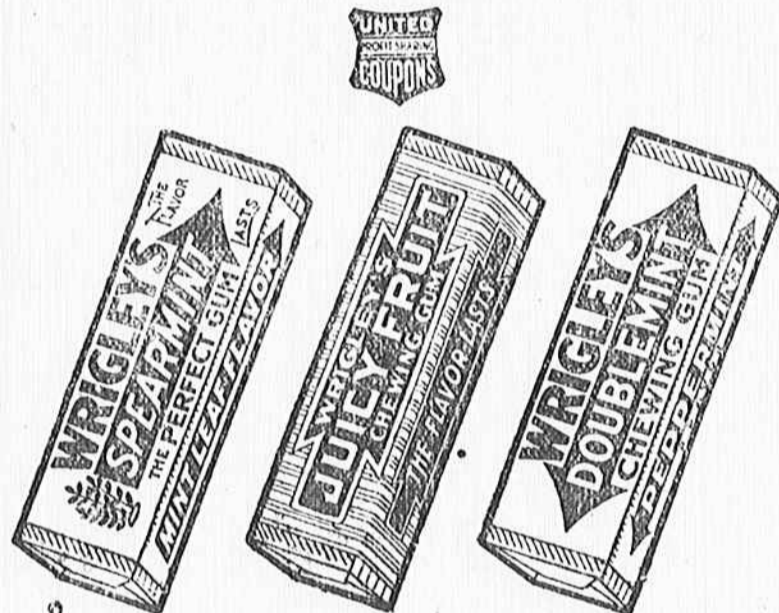
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