

CHANGE OF LIFE WOMAN'S TRIAL

Proof That Lydia E. Pinkham's Vegetable Compound is of Great Help at This Period

Metropolis, Illinois.—"I have taken Lydia E. Pinkham's Vegetable Compound and it is all it claims to be and, has benefited me wonderfully. I had been sick for eight months with a trouble which confined me to my bed and was only able to be up part of the time, when I was advised by a friend, Mrs. Smith, to try Lydia E. Pinkham's Vegetable Compound and Liver Pills. I was so much benefited by the use of these medicines that I was able to be up and about in two weeks. I was at the Change of Life when I began taking the medicine and I passed over that time without any trouble. Now I am hale and hearty, do all my housework, washing, ironing, scrubbing, and cooking, all there is to do about a house, and can walk two or three miles without getting tired. I know of several of my neighbors who have been helped by your medicines."—Mrs. EMMA CULVER, 705 E. 7th St., Metropolis, Illinois.

Depend upon Lydia E. Pinkham's Vegetable Compound. Nervousness, irritability, heat flashes, headache and dizziness, are relieved by this splendid medicine.



"Cutting teeth is made easy" MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator At all drugists Non-Narcotic, Non-Alcoholic

Oakland, Neb., Feb. 28, 1920 Anglo-American Drug Co., Gentlemen: I am more than glad to tell you of the experience and result obtained from your wonderful Baby Medicine. Our second baby is now seven months old and has never given us a moment's trouble. The first and only thing she has ever taken was Mrs. Winslow's Syrup. She has four teeth and is all teeth is made easy by the use of Mrs. Winslow's Syrup. Most sincerely (Name on request)

ANGLO-AMERICAN DRUG CO. 215-217 Fulton Street, New York Gen. Selling Agents: Harold F. Ritchie & Co., Inc. New York, Toronto, London, Sydney



Put HANCOCK SULPHUR COMPOUND in your BATH

For Eczema, Rheumatism, Gout or Hives

Expensive health resorts, sought by thousands, have grown around springs containing sulphur. Hancock Sulphur Compound, utilizing the secret of the famous healing waters, makes it possible for you to enjoy Sulphur Baths in your own home, and at a nominal cost.

Sulphur, Nature's best blood purifier, is prepared to make its use most efficacious in Hancock Sulphur Compound. Use it in the bath, as a lotion applied to affected parts, and take it internally.

60c and \$1.20 the bottle. If your druggist can't supply it, send his name and address and the price in stamps and we will send you a bottle direct.

16799 DIED

In New York City alone from kidney trouble last year. Don't allow yourself to become a victim by neglecting pains and aches. Guard against this trouble by taking

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Holland's National Remedy since 1896. All druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

Your Hair Safe Remedy MITCHELL'S EYE SALVE

For granulated lids, eyes, pink eye, Avoid powerful dangerous drugs—safe—25c all sizes. For druggists. Sore Eyes

Cuticura Soap Imparts The Velvet Touch

BRIEF NEWS NOTES

WHAT HAS OCCURRED DURING WEEK THROUGHOUT COUNTR Y AND ABROAD

EVENTS OF IMPORTANCE

Gathered From All Parts Of The Globe And Told In Short Paragraphs

Foreign—

French troops replacing the American army of occupation on the Rhine are under the orders of Major General Henry T. Allen, the American commanding officer, according to an official announcement from the headquarters at Coblenz received at Paris.

The non-aggression truce pact was unanimously adopted at a plenary meeting of the political sub-commission of the Geneva conference. The pact was not signed, but was adopted in the form of a resolution, each state pledging itself to respect it. The pact contains six clauses.

Mlle. Suzanne Siveronyus, daughter of Judge Siveronyus, of the Belgian court of cassation, was recently married to Henry W. Alcott Farnam, Jr., son of Prof. Henry Walcott Farnam of Yale university, at Brussels. The groom's witnesses were Ambassador Fletcher and President Emeritus Arthur Twining Hadley of Yale, while the witnesses for the bride were Paul Van Iseghem, president of the court of cassation, and former Premier Carton de Wiart. King Albert sent his congratulations.

A disastrous fire swept the historic hospital of Santo Spirito, one of the most ancient and picturesque charitable institutions of Rome, Italy, the other day. Collapse of the pavement isolated the chronic ward. Sixteen bodies have been extricated from the burned ruins.

A wall of water many feet high swept through Nicola, B. C., the other morning when the dam holding back water for the Nicola lake stock farm gave way under the pressure of flood waters. The Nicola river rose thirty feet in less than twenty minutes, according to estimates. It is not known whether any lives were lost.

King Constantine of Greece has requested Premier Cournarist to form a new cabinet to succeed the Stratos ministry which will quit. The political crisis has arisen over the near east situation and the great need of Greece for money.

London reports that the duke of Marlborough is reported seriously ill of sciatica at Blenheim castle.

Enologo Guillo, archbishop of Oaxaca, who was expected to be appointed the first Mexican cardinal, died recently from bronchitis at Ejutla, Oaxaca.

Domestic—

The new bishops elected at the 19th quadrennial conference of the Methodist Episcopal church, South, in session at Dallas, Texas, are Dr. J. E. Dickey of Griffin, Ga.; Dr. W. H. Beauchamp of Nashville, Tenn.; Dr. Sam R. Hay of Houston, Texas; Dr. H. M. Dobbs of Anniston, Ala., and Dr. Hiram A. Boaz of Dallas, Texas.

A warrant from Oklahoma, charging Ludie E. Kinney with bigamy, was served by former Sheriff Buck Garrett of Carter county, Oklahoma, at Houston, Texas. His wife, Mrs. Opal Delana Kinney—nee, Opal Roxroat, heiress—was mysteriously disappeared last January, was unable to stand when the warrant was served. She was suffering from injuries received in an automobile wreck about two weeks ago.

Returns received recently on the vote cast at recent primary for the republican nomination for governor, gave Gifford Pinchot a lead of 9,456, with 284 districts missing. Alter carried Philadelphia and Allegheny counties, Pa.

The general conference of the Methodist Episcopal church, south, in session at Hot Springs, Ark., voted, after sharp debate, to "go all the way" in the matter of proposed unification with the Methodist Episcopal church, and authorized appointment of a commission, with liberty of action, to negotiate with a similar commission of the northern branch.

Every husband is entitled to his breakfast, and it is his wife's duty to get it. "We were married in 1917," Harry Shringler told Supreme Court Justice Benedict, "and she has not got breakfast for me more than twenty times since then." Shringler was given separation.

Mrs. Jane Bowly, who served the confederacy during the civil war as a dispatch bearer, died at her summer home at Asbury Park, N. J., in her 93d year.

Those who hate to get out of bed in the morning needn't do it. The latest thing in beds, described at Atlantic City, N. J., at the National Electric Light association convention, has attachments for heat pads, lights, a fan and for a grill to cook breakfast or heat baby's bottle.

After taking five ballots which resulted in the election of four of the five bishops to be named at this time, the nineteenth quadrennial conference of the Methodist Episcopal Church, South, at Hot Springs, Ark., recessed. The next ballot of the episcopal elections will take place at a later time. The men elected bishops are Dr. J. E. Dickey of Griffin, Ga.; Dr. W. B. Beauchamp of Nashville, Tenn.; Dr. Sam R. Hay of Houston, Texas, and Dr. H. M. Dobbs of Anniston, Ala.

Four persons are known to have been drowned and four others reported missing following the collapse of the Marlin-Belton (Texas) bridge, five miles west of Marlin over the Brazos river.

The new high prices of cotton show an advance of more than \$8 a bale over the close of a week ago and from \$21 to \$25 a bale over the low levels of last March.

An even dozen pretty models—live ones—are to be star attractions at the annual convention of the Tri-State Funeral Directors' Association at Memphis.

Director Forbes of the veterans' bureau announces that President Harding has approved bureau plans for former service men.

It is announced at Memphis, Tenn., that plans for purchase by the government of the Methodist hospital have been approved by President Harding.

Two painters were seriously burned and a property loss of \$75,000 resulted at Birmingham, Ala., when explosion of a gasoline tank set fire to the plant of the Birmingham Buggy company.

Charges of accepting a bribe during his term of office against Gov. Sidney Catts of Florida, returned more than a year ago, were dismissed when Circuit Judge Long, sitting at Lake Butler, Fla., sustained a defense motion that the indictment be quashed.

Lady Astor caused the ears of some Chicago society women to burn when she had her say in that city about women who attend prize fights and keep their husbands working overtime to keep up "social overhead."

The Durham Coal and Iron company announced that the mines at Graysville, Tenn., which had been idle for the past year, would be placed in operation at once in order to meet demands for coal from northern and eastern points.

Probably 5,000 homeless refugees will be added to the 60,000 already made homeless, or otherwise seriously affected by the floods, as a result of the breaks in the levee on Bayou Des Glaises, near Hamburg, La., according to estimates by Red Cross refugee workers.

Charles Adamson, of Cedartown; Clark Greer, of Augusta, and Doctor Kirkland, of Savannah, Georgia Republicans, are in Washington meeting with State Chairman Phillips and national Republican leaders, including Attorney General Daugherty, urging appointment of A. L. Franklin, solicitor general of the Augusta circuit, to the vacancy on the bench recently caused by the death of Judge Beverly Evans.

The "Brown Mountain Lights," so weird for years they were believed to be supernatural, have been proved by government investigation to be of mundane origin. Brown Mountain is in Burke and Caldwell counties, North Carolina. About ten years ago the more superstitious folk within sight of the mountain were startled by the appearance of eerie lights on a plateau.

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The Kitchen Cabinet

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"Life, let us cherish while yet the taper glows And the fresh flow'et pluck ere it close; Why are we fond of toil and care? Why choose the rankling thorn to wear?"

MORE GOOD THINGS

A most appetizing salad and one very appropriate for picnic occasions is: Herring and Potato Salad.—Take one cupful of herring cut in dice, three cupfuls of cooked diced potatoes, one teaspoonful of onion juice, two tablespoonfuls of minced green peppers, four tablespoonfuls of olive oil, three tablespoonfuls of vinegar, a dash of paprika and a few grains of salt. Make a French dressing of oil and vinegar and let the fish and potato stand in it for an hour. Then combine the fish, potato and pile the mixture upon the platter, surrounded with shredded cabbage mixed with a salad dressing. Sprinkle with chopped green peppers and garnish with whole herring.

Turban of Smoked Salmon.—Take one and one-fourth cupfuls of minced smoked salmon, three-fourths of a cupful of soft bread crumbs, four tablespoonfuls of butter, pepper, two eggs, one tablespoonful of minced parsley and a few drops of onion juice. Soak the salmon to remove the excess of salt, then mince fine. Cook the crumbs and milk together to a smooth paste, add butter, parsley and a few drops of onion juice and turn over the fish. Beat the egg yolks, add to the mixture and fold in the stiffly beaten whites. Turn into a ring mold, surround by boiling water and bake until firm, about twenty-five minutes. Unfold and fill the center with well-seasoned string beans and serve with a cream or egg sauce.

Fish Batter Cakes.—Take one-half cupful of shredded codfish, one cupful of pastry flour, two-thirds of a cupful of water, two egg yolks, one-half tablespoonful of melted butter and two egg whites. Freshen the fish. Put the flour into a bowl, add the water, gradually beating well, then the codfish. Beat the yolks, add, then add the stiffly beaten whites. Add the melted butter and drop by tablespoonfuls into hot fat. Have the fat hot enough to brown a cube of bread in sixty seconds.

The best portion of a good man's life—his little, nameless, unremembered acts of kindness."

SOMETHING GOOD TO EAT

A tasty dish, if well cooked, is broiled or pan-broiled calf's heart. Cut it in thin slices, and if to be pan-broiled, add a little butter; cook well on both sides, spread generously with butter, season with salt and pepper, and serve hot. If broiled, cover with butter as it is placed on the hot platter.

Brown Fricassee of Sheep's Tongues.—Take four sheep's tongues, wash and cover with boiling water, then simmer for two hours. Cool and remove the skin, cut in halves lengthwise, sprinkle with salt and pepper and put away in a cold place until the next day. Boil the tongues in flour, fry in butter with a little onion until a rich brown. Add flour to the pan, after removing the meat (with some of the stock in which the tongue was cooked) to prepare the gravy; season well with salt, pepper and a little lemon juice. Serve with boiled rice, all piping hot.

Oatmeal Date Cakes.—Take one cupful of sugar, two-thirds of a cupful of shortening, two eggs, one-half cupful of sour milk, one cupful of chopped dates, one teaspoonful each of cinnamon and soda, one-fourth of a teaspoonful of nutmeg, one-fourth of a teaspoonful of lemon rind, one and one-half teaspoonfuls of salt, one-fourth teaspoonful of cloves, one cupful of walnut meats, two cupfuls of rolled oats and two and one-half cupfuls of flour. Mix and drop by teaspoonfuls on a buttered sheet. If the rolled oats are browned slightly in the oven, then ground, the cakes will be more tasty and wholesome.

Fruit and Nut Filling for Cake.—Take one cupful of raisins and one-half cupful of nuts chopped and mixed, one-half cupful of shredded coconut, and one egg white. Mix well and add to the egg white. Spread over the cake a layer of jelly, then put on the filling. Frost and decorate with halves of walnuts.

Pineapple Delight.—Take one small can of pineapple and one-half pound of marshmallows; soak the marshmallows in the pineapple juice until soft. Just before serving add one-half pint of whipped cream and the pineapple cut in bits. Chill and serve.

Honey Angel Cake.—Sift one and one-half cupfuls of flour four times, add one teaspoonful of cream of tartar and sift again. Beat the whites of eleven eggs until stiff, add one and one-half cupfuls of honey, beat lightly, add flour and beat until it is put into the pan. Bake in a moderate oven.

Nellie Maxwell



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WINTERSMITH'S CHILL TONIC

Not Only For Chills and Fever But a Fine General Tonic Wards Off Malaria and Restores Strength. Try It

Lizard Skin Leather. The island of Ceylon, which sent peacocks, monkeys and baby elephants to King Solomon, for that monarch's zoo, is remarkable for a varied and interesting fauna. One of the oddest of its animals is a huge lizard, called the cabrogoya, which attains a length of four and one-half feet.

The cabrogoya is a very handsome reptile, beautifully marked, and its skin when tanned affords a tough leather of excellent wearing quality and waterproof. It is used for making women's shoes and, with the idea of introducing it in this country for that purpose, specimen hides have recently been sent to our Department of Commerce by the American consul at Colombo.—Philadelphia Ledger.

He Was Two of a Kind. The marine was six feet five inches in height, and the quartermaster sergeant at Paris Island was a bit worried for fear he would be unable to find a uniform to fit him.

"You sure are a whopping big marine," he said at last. "I'll bet your father and mother were giants."

"Nope," said the husky. "Father was a little guy, only five feet four, and mother only came up to father's shoulder."

"That's odd—very odd!" commented the Q. M. How do you account for your huge size?"

"Well, sarge," explained the husky, "just between you and me I think I'm twins."—The Leatherneck.

Thackeray. He faces posterity as a great figure of rich genius and honest purpose, a purpose occasionally obscured by the force of imagination and the irresistible promptings of humor; weighing mankind in a gloomy balance, but not without hope; and bequeathing to us rich and various treasures of literature, which may well survive, if anything survives.—Lord Rosebery.

They Knew. "Eggs are cheaper than they have been in years."

"Yes, I know it; my hens are laying."

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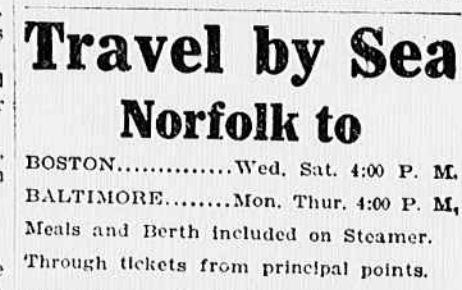
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Beauty in Every Jar Freckles Positively Removed by Dr. Berry's Freckle Ointment, giving beautiful complexion. Your druggist or by mail 65c; send for free booklet. Dr. C. H. Berry Co., 2915 Michigan Ave., Chicago



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All ages, best blood lines. Our show herd won all the Grand Championships last state fairs of North Carolina, South Carolina and Georgia. Sanford & Rich, Mocksville, N. C.

Clean All Hand Soap cleans anything. Excellent for home, laundry or manufacturer. Made for only 15c per gal. Complete manufacturing 25c. Address W.M. RODGERS, 191 E. McDew Ave., GREENVILLE, S. C.

PARKER'S HAIR BALM Removes Dandruff, Stops Hair Falling, Restores Color and Beauty to Gray and Faded Hair. 6c and \$1.00 at Druggists. H. W. PARKER, 110 N. Duane St., Philadelphia, Pa.

HINDERCORNS Removes Corns, Calluses, etc., stops all pain, makes comfort to the foot, makes walking easy. 15c. by mail or at Drug Store. Hixco Chemical Works, Patagonia, N. Y.