

DOES LAUNDRY WORK AND HOUSEWORK TOO

Surprised to Find Herself Feeling So Well

Taunton, Mass.—"I used to have pains in my back and legs so badly, with other troubles that women sometimes have, that my doctor ordered me to stay in bed a week in every month. It didn't do me much good, so one day after talking with a friend who took Lydia E. Pinkham's Vegetable Compound for about the same troubles I had, I thought I would try it also. I find that I can work in the laundry all through the time and do my housework, too. Last month I was so surprised at myself to be up and around and feeling so good while before I used to feel completely lifeless. I have told some of the girls who work with me and have such troubles to try Lydia E. Pinkham's Vegetable Compound, and I tell them how it has helped me. You can use my testimonial for the good of others.—Mrs. BLANCHETTE SILVERA, 59 Grant St., Taunton, Mass.

It's the same story—one friend telling another of the value of Lydia E. Pinkham's Vegetable Compound.

SLOAN'S RELIEVES NEURALGIC ACHEs

FOR forty years Sloan's Liniment has been the quickest relief for neuralgia, sciatica and rheumatism, tired muscles, lame backs, sprains and strains, aches and pains. Keep Sloan's handy and apply freely, without rubbing, at the first twinge. It eases and brings comfort surely and readily. You'll find it clean and non-skin-staining.

Sloan's Liniment is pain's enemy. Ask your neighbor.

At all druggists—35c, 70c, \$1.40.

Sloan's Liniment (Pain's Enemy)

Stops Itching Skin Troubles. The torture of skin itch will quickly be relieved by applying before retiring.

Dr. Hobson's Eczema Ointment

CURES COLDS — LA GRIPPE

CASCARA & QUININE

You'll Smile Too

After you know the Comfort and Easy Stretch of **EXCELLO SUSPENSORS** Guaranteed One Year—Price 75¢. Ask Your Dealer if he hasn't them, send direct for the name on back.

Making Sure. "Druggist, can you sell me some ointment to rub a horse with?" "I'll ask the law clerk."

WOTHER, QUICK! GIVE

CALIFORNIA FIG SYRUP

FOR CHILD'S BOWELS

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, a teaspoonful will never fail to open the bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste from the tender, little bowels and gives you a well, playful child again. Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

Sure Relief FOR INDIGESTION

BELLANS FOR INDIGESTION 25 CENTS. 6 BELLANS Hot water Sure Relief. BELLANS 25c and 75c Packages, Everywhere.

To Wear Cottons

Material in New Form Is Supplied by Manufacturers. CHIC HAT FOR SPRING WEAR

Fabric Closely Resembles Georgette Crepe and Crepe de Chine; Woven Embroidered Patterns.

The cotton dress is to renew its popularity, writes a Paris fashion correspondent. Its re-entry as a really fashionable costume has been prepared for by manufacturers of cotton fabrics who have brought out cotton crepes and other sheer materials so beautifully woven that they closely resemble georgette crepe and crepe de chine. White cottons have woven embroidered patterns. Rodier, the well-known French manufacturer of cotton and wool materials, is featuring for 1922 cotton crepes, voiles, piques, batistes and linen embroidered either in matching or contrasting colors. A white material may carry an embroidered pattern in several colors. An example is one of his most interesting fabrics, white organdie—a fine cotton crepe which has a floral design worked out in three different threads. The flowers are embroidered in colors, the stems in black and the leaves in gold thread. The use of black threads intermingled in colored designs is one of Rodier's most frequent combinations.

Swiss muslin, with its shower of dots, is always a favorite with the American woman, although made little of by the Parisienne. It has lost none of its prestige in this country, and we see it in myriads of wonderful shades ranging from pale grays and mauves

LATEST IN EVENING GOWNS



This new evening gown of white lace over white crepe shows the modern interpretation of the hoop skirt as it will be worn the coming season. The bodice is of white baronette, with brocade in pastel shades.

RIBBON USED AS DRESS FABRIC

With Edges All Finished, Supplying Own Lining, Really Timesaver for Home Dressmaker.

Women are beginning to realize the varied and attractive possibilities of ribbon as a dress fabric or dress trimming, and this season sees some lovely evening gowns in which gorgeous ribbons play an important part. One of the advantages of using ribbon for panels or trains is that its edges are all finished, it supplies its own lining, usually, and is really a time saver for the home dressmaker. Then, too, ribbons come in such lovely and unusual colorings and designs that unusual gowns may be made from them.

Fur and fabric coat manufacturers find ribbon desirable in dressing up the linings of garments. Sometimes a coat will be lined with plain satin, crepe de chine or other silk fabric, with a deep border of gorgeous brocade ribbon finishing the bottom, front edges, and if flared sleeves are used, the edges of the sleeve lining.

Handsome brocaded ribbons are effective in the development of vests, waistcoats and other dress accessories. A graceful dinner gown recently seen, in which ribbon played a part, was of American Beauty chiffon cut with round neck, short sleeves and a straight skirt with cascade drapery at one side. Gold and black brocaded ribbon was used to form two front panels reaching from the skirt hem to the bust line, and a girde of ribbon was caught about the waist and fastened at one side, two loops of the rib-

THE KITCHEN CABINET

Copyright, 1922, Western Newspaper Union. A creature not too bright or good For human nature's daily food; For transient sorrows, simple wiles, Praise, blame, love, kisses, tears and smiles. —Wordsworth.



Large petals of braid form the crown of this hat and, with the taffeta facing and long straight feathers drooping far below the shoulder, it becomes a creation suitable for either the tailored suit or the formal gown.

to the brightest greens, blues and reds. There are dots of all sizes, but the medium and small-sized dots promise to find greatest favor.

The colors introduced into organdies were taken from the silk color card. The shades are so wonderfully produced that it is difficult to imagine them in a cotton material—rather do they give the appearance of thin silks. This is especially true of the stamped organdies, which may be procured in floral, geometrical and block designs. Those in floral patterns are reminiscent of old-fashioned silk damasks.

CRAVATS FOR STREET SUITS

Separate Collar of Soft Material Crosses in Back and Is Knotted in Center Front.

Jenny shows in her new collection a most original cravat made to be worn with her street suits. This separate collar is of soft material, goes around the neck, crosses in the back and is knotted in the center front with streamers which fall to the knees. Their embroidered ends hang down beneath the coat. In color the cravat harmonizes with the tone of the suit, though in many instances it is of black velvet or beige satin. One can imagine how much the bare and unbecoming neck line of a coat, worn over the prevailing bateau blouse, is relieved by this separate high collar.

Jenny emphasizes the draped gown, achieving the unusual by placing a pocket at the side of every skirt where the drapery fastens. In this pocket is a chic linen handkerchief matching in color the touch of embroidery on the dress.

OF INTEREST TO WOMEN

Smart new blouses are of dimity, trimmed with gingham. The favorite house dresses are made of percales and plain or checked gingham.

Trimming on the new spring coats and wraps is decidedly varied, braids and embroideries being much used, with applique work also favored.

The skirt that is seven to nine inches from the ground is short enough for comfort, and that seems to be the generally approved length.

Hats with medium-sized crowns, fashioned to fit the head snugly, and brims of medium width are two of the style recommendations for spring, and the brim that is narrower in the back than in the front promises to be very popular.

USE FOR THE SILK SCRAPS

Remnants May Be Worked Into New Crazy Quilt; Old Cover May Be Utilized.

Most of us have bureau drawers full of gayly colored silk scraps that we hate to throw away, but that are hardly large enough for real use. Why not make a crazy quilt? The old-fashioned ones are complicated in design, but a most effective result is obtained by merely using square blocks of color, with occasionally two scraps sewed together for stripes. These blocks should be about five inches in diameter. Easier than making a separate cover and then lining it, is to take an old quilt and merely featherstitch the patches in heavy black silk right onto the quilt. Use plain black for the reverse side and add a black border of the same width as the block of color.

For Home Milliner.

The home milliner has a varied assortment of materials to select from, and with the aid of the crowns, brims and bandings she has little difficulty in producing a smart chapeau. Handsome headed or spangled effects are being shown. The jet and cut steel bead combinations are especially effective. Then there is the cellophane fabric—something new. This fabric by the yard makes up into smart hats,



WINTER PRESERVES

Some of the nicest marmalades, fruit butters and preserves may be made in winter, a glass or two at a time, from fruits which are inexpensive at this season.



Apple Butter With Raisins.

Pare and slice six tart apples and wash and seed one-half pound of fine raisins; chop them, add one-quarter of a pound of nutmeats, chopped not too fine. Mix all the ingredients and place over the fire with just enough water to keep from burning and cook slowly for three-quarters of an hour, then add one pound of brown sugar and cook until thick. Put into glasses and seal.

Spiced Prune Marmalade.

Take one pound of prunes, soak and simmer for an hour in the water in which they were soaked over night. Remove the pits and cut the prunes into small pieces. Return to the heat with the liquid. Add one cupful of vinegar, one and one-half cupfuls of sugar and one-half teaspoonful each of cinnamon and cloves. Simmer until thick. This is a delicious accompaniment to roast pork.

Polychrome Conserve.

Take one-half pound each of dried prunes, evaporated peaches and apricots; soak and simmer until very tender, then put through a sieve. Grate the peel from an orange, add the juice and one-half pound of seeded raisins, one-quarter of a cupful of nutmeats and one and one-quarter pounds of sugar. Chop or cut fine the nutmeats and simmer altogether until rich and thick. The mixture may be cooked for ten minutes before adding the sugar; unless it is carefully watched it will burn easily after the sugar is added.

Harlequin Marmalade.

Take one medium-sized pineapple, three oranges, one and one-half pints of water, four cupfuls of sugar, three tablespoonfuls of blanched almonds. Wash the oranges and cut into small pieces, removing the seeds; let stand with the water overnight, cook until tender, then add the pineapple; simmer for twenty minutes, add the sugar and cook for half an hour, adding the nuts ten minutes before it has cooked the required time. A few cherries added make a very charming color.

Does the way seem far to go? Chery-O. Longest lane to turn is tending, Roughest road repays your mending, Darkest path has brightest ending; Sing a bit as you are wending, Chery-O.

EVERYDAY GOOD THINGS

Those who find the ordinary baked beans hard to digest will enjoy these:

Baked Lima Beans.—Soak a cupful of dried lima beans in water over night. In the morning drain and cover with boiling water and when cool repeat the process once more. Slip off the skins and place the beans in a baking dish, adding salt, pepper, and cover with scalding milk. Cover the dish and bake slowly for two hours. When the milk is all absorbed, remove the cover and dot with bits of butter and leave uncovered until a delicate brown. Serve in the baking dish.

Fig Marmalade.—After washing one pound of pulled figs, soak them overnight, then cut fine and put over the fire, with the water in which they were soaked; cook until very tender, adding the rind of a lemon and two ounces of candied or preserved ginger, then stir in the lemon juice from one lemon, and two cupfuls of sugar; simmer again until thick. Pour into small glasses.

Prune Souffle.—Put two cupfuls of prunes cooked and stoned through a colander. Beat the whites of three eggs to a stiff froth, add four tablespoonfuls of sugar and the prunes. Pour into a well-greased pudding dish and set in a dish of hot water in a moderate oven. Bake until the pudding sets. Serve sprinkled with chopped nuts.

Oysters With Rice.—Line buttered ramekins with boiled seasoned rice; cook a pint of oysters until their edges curl, chop rather coarsely, season with salt and pepper and moisten with the oyster liquor. Brush with melted butter and set in a hot oven to brown.

Raisin Drop Cakes.—Take three-fourths of a cupful of butter, one cupful of sugar, one egg, one teaspoonful of soda, one-half cupful of hot coffee, three cupfuls of flour, three teaspoonfuls of baking powder, a little salt, one teaspoonful of vanilla, one cupful of citron, raisins and walnuts mixed. Prepare as usual and drop by spoonfuls on buttered sheet. Bake in a moderate oven.

Cottage Pineapple Salad.—Take equal parts of cottage cheese and drained shredded pineapple. Add cream to the cheese to season, as well as salt, and a bit of sugar, if needed. Mold into balls and pile on lettuce. Garnish with red cherries.

Nellie Maxwell

STANDS OFF A LOT OF DOCTOR BILLS
Recommends Pe-ru-na for Catarrh of the Stomach, Colds and Grip.
"I have used Pe-ru-na for several years and can heartily recommend for catarrh of the stomach or entire system. I always get benefit from it for colds and grip. It stands off a lot of doctor bills and makes one feel like a new person."
R. F. SUTTLER,
R. F. D. No. 3, Box 51, Wayneburg, Kentucky.
It is wise to keep a bottle of Pe-ru-na in the house for emergencies. Coughs and colds may usually be relieved by a few doses of Pe-ru-na taken in time. Nasal catarrh, indigestion, constipation, diarrhoea, rheumatism or other troubles due to a catarrhal condition of the mucous membranes all call for Pe-ru-na as the successful treatment. The health building, strength restoring qualities of this well known remedy are especially marked after a protracted sickness, the grip or Spanish Flu. PE-RU-NA is justly proud of its record of fifty years as health protector for the whole family.
TABLETS OR LIQUID
SOLD EVERYWHERE

"Good to the Last Drop"
MAXWELL HOUSE COFFEE
Also Maxwell House Tea
CHEEK-NEAL COFFEE CO.

How many town men would like to go "back to the soil" if sure of \$10 a day?

SHE LOOKS SO WELL AND HAPPY

See the rich, red blood, the sign of health, showing in her lovely cheeks.

Some women have naturally beautiful complexions that tell you there is plenty of richness in their blood. Their figures become well formed, supple, rounded, and graceful. Those are the results of rich, red blood, and plenty of it. There is no need of being thin and scrawny from poor blood. Get a few bottles of Gude's Pepto-Mangan—take it with your meals for a few weeks. It will give you plenty of red blood. By building up the blood, you give the entire system a chance to restore itself naturally, and that brings natural bloom and beauty and all the effects and joys of good health. Get Gude's Pepto-Mangan at your druggist's in liquid or tablet form. Advertisement.

Falling in love doesn't lower an egotist's opinion of himself.

Cuticura Soothes Baby Rashes—That itch and burn, by hot baths of Cuticura Soap followed by gentle anointments of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each.—Advertisement.

No girl appreciates a lover who is unable to hold his own.

Genuine BAYER ASPIRIN
WARNING! Say "Bayer" when you buy Aspirin.
Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for
Colds Headache Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain
Accept only "Bayer" package which contains proper directions.
Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monocetocacidester of Salicylic Acid

ABSORBINE
will reduce inflamed, swollen Joints, Sprains, Bruises, Soft Bunches; Heals Bolls, Poll Evil, Quittor, Fistula and infected Sores quickly as it is a positive antiseptic and germicide. Pleasant to use; does not blister or remove the hair, and you can work the horse. \$2.50 per bottle delivered.
Book 7 A free.
W. F. YOUNG, Inc., 310 Temple St., Springfield, Mass.

For CROUP, COLDS, INFLUENZA & PNEUMONIA
Mothers should keep a jar of Braine's Vagomenta Salve convenient. When Croup, Influenza or Pneumonia threatens this delightful salve rubbed well into the throat, chest and under the arms, will relieve the choking, break congestions and promote restful sleep.
BRAME'S VAGOMENTA SALVE
WILL NOT STAIN THE CLOTHES
30c, 60c, and \$1.20 at all drug stores or sent prepaid by Braine Drug Co., N. Wilkesboro, N. C.
For Sale—90 Day Runner Velvet Beans \$1.10; Bunche and Osceola \$1.25; C. o. l. here; cash with order. C. P. Daniel's Sons, Waynesboro, Ga.
W. N. U., CHARLOTTE, NO. 8-1922.

A face that cannot smile is seldom worth while.

DYED HER SKIRT, DRESS, SWEATER AND DRAPERIES WITH "DIAMOND DYES"
Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything, even if she has never dyed before. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.—advertisement.

Lawsuits are apt to wear out at the pockets first.