

"CARDUI IS A SPLENDID TONIC"

Says Boyd Lady in Telling of Her Experience With Cardui. Recommends It to Others.

Boyd, Ala.—"About six years ago," writes Mrs. Emma McBride, of this place, "I got run down in health. My weight went down to less than 140, and I am a large woman, and have large bones. My usual weight is much more. I got a very bad complexion and was dark under my eyes."

"I kept getting worse all the time, would be so very nervous, that, at times, I'd have nervous chills. Couldn't rest well at night, for some time. I suffered great pain in stomach or lower abdomen, hips, left side, and back, also had a dull headache. I could hardly do my work at all, could only drag around all the time, and finally for 3 weeks I was confined to my bed and suffered great agony all the time."

"Mrs. _____, of Boyd, recommended that I take Cardui. I began using it and when I started on the second bottle, I could see that I was getting a whole lot better. After using the third bottle, I felt I didn't need any more medicine whatever. I never had another nervous spell after taking the Cardui. It's a splendid tonic. I do hope women suffering as I did will use it."

If you suffer as this lady did, try Cardui, the woman's tonic. For sale by all druggists.

A Successful Failure.
Ryder—Was Jones' airship a success?

Walker—That depends on the point of view.

Walker—Well, as a success it was a failure, but as a failure, it was a success.

IF BACK HURTS CLEAN KIDNEYS WITH SALTS

Drink Lots of Water and Stop Eating Meat for a While if the Bladder Bothers You.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Adv.

Couldn't Forget Him.
Uncle George—Come here, Willie! Don't you know who I am?

Willie—You bet I do! You are ma's brother who stayed here two months one time and never offered to pay a cent for board. Oh, yes; I've heard pa speak of you often.

FRUIT LAXATIVE FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on its wrapper.—Adv.

Although _____ man may not know much, he has to be very careful of what little he does know.

FAIR OFFICIALS DISCUSS PLANS

SIXTEEN COUNTY ASSOCIATIONS ARE REPRESENTED AT MEETING IN COLUMBIA.

J. M. HUGHES IS PRESIDENT

New Officers Are Elected.—Charles R. Weeks, Retiring President, Sends Message.

Columbia.—A most successful conference of the South Carolina Federation of Fairs was held at Columbia. Sixteen fair associations in the state were represented.

J. M. Hughes, secretary of the Orangeburg Fair association and vice president of the state association, presided.

Charles R. Weeks, retiring president of the federation, was absent but sent his address, which was read at the meeting by William R. Timmons of Rock Hill, secretary of the York county fair. He said in part:

"I do not believe that circuits arranged on geographic location will be successful for three reasons: Each fair spends a different amount of money for free attractions; different towns in a geographically arranged circuit are apt to give very different support to the fair and to the shows; and amusement companies rate the fairs differently.

"As you all know, I am for an educational fair, but I am now ready to confess that we must be careful not to depend on educational features at the expense of loss in paid admissions, which after all is the life blood of a fair. Here is the principle we must recognize. Our race came up from savagery through barbarism, chivalry, to civilization. No doubt our race spent more time in the barbaric stage than we have in the civilized. The European war shows how easy it is to drop back. Science tells us that every individual repeats the race history. The barbarian likes excitement, show, glamor, noise, rings in his nose and bracelets on his ankles. If we get the people to the fair, that we may educate them after they get there, we must appeal to them through amusements that satisfy their racial inheritance, of which we all have our share. Of course it is the duty of the fair officers to see that the amusements meet these requirements and is clean and elevating. This certainly is a problem for your discussion."

The following subjects were discussed: "Arrangement of Circuits on Basis of Size of Fairs Rather Than Location," J. M. Hughes, Orangeburg; "How to Secure Attractions With Least Expense and Secure Maximum Percentages," Paul V. Moore, Spartanburg; "Pass and Ticket Troubles," J. W. Hicks, Florence; "Judicious Advertising," Luther Ellison, Lancaster. The secretary's annual report was read and approved.

The following officers were elected for the ensuing year: President, J. M. Hughes, Orangeburg; vice president, C. L. Hunley, Chesterfield; secretary-treasurer, Luther Ellison, Lancaster; executive committee, T. J. Kinard, Ninety-Six, and W. W. Smoak, Walterboro; circuit committee, J. M. Hughes, Orangeburg; Luther Ellison, Lancaster; T. J. Kinard, Ninety-Six; W. W. Smoak, Walterboro; Charles R. Scarborough, Conway.

Leaps From High Bridge.

Spartanburg.—Samuel Linder, 60 years of age, and a resident of the Enoree section of the country, being caught on the C. & W. C. trestle over the Enoree river jumped from the structure, more than 45 feet above the stream, and escaped with no greater injury than a dislocated thigh. He was near the center of the long bridge when the train came upon him and realizing it was certain death to stay on the trestle he took the only chance and jumped. His body is said to have turned over twice in the descent, but he landed feet foremost and was almost buried in mud bottom of the stream. Friends ran to his assistance and he was brought to the bank.

Laurens Must Renew Charter.

Laurens.—The city of Laurens as a municipality, it has been discovered, is without a charter. An investigation of the matter reveals the fact that the charter granted by special act of the legislature December 23, 1890, incorporating the city of Laurens for a period of 25 years, has expired, and so far no general act has been found in the statutes that would automatically continue and keep in force the charter of 1890. It is most likely that the citizens must petition the secretary for a new charter.

Attacks Wife and Kills Self.

Camden.—Following an attack upon his wife with an axe, R. Leo Johnson, 45 years of age, killed himself at Behtune by shooting himself in the head with a shotgun. The injured woman has been unconscious since the attack and may not recover. She has been carried to a hospital in Columbia. Johnson has been suffering from cancer and was in a despondent mood. He had carefully made his plans for suicide. One grown son and three small children survive.

DRINK HOT WATER BEFORE BREAKFAST

Says you really feel clean, sweet and fresh inside, and are seldom ill.

If you are accustomed to wake up with a coated tongue, foul breath or a dull, dizzy headache; or, if your meals sour and turn into gas and acids, you have a real surprise awaiting you.

Tomorrow morning, immediately upon arising, drink a glass of hot water with a teaspoonful of limestone phosphate in it. This is intended to first neutralize and then wash out of your stomach, liver, kidneys and thirty feet of intestines all the indigestible waste, poisons, sour bile and toxins, thus cleansing, sweetening and purifying the entire alimentary canal.

Those subject to sick headaches, backache, bilious attacks, constipation or any form of stomach trouble, are urged to get a quarter pound of limestone phosphate from your druggist or at the store and begin enjoying this morning inside-bath. It is said that men and women who try this become enthusiastic and keep it up daily. It is a splendid health measure for it is more important to keep clean and pure on the inside than on the outside, because the skin pores do not absorb impurities into the blood, causing disease, while the bowel pores do.

The principle of bathing inside is not new, as millions of people practice it. Just as hot water and soap cleanse, purify and freshen the skin, so hot water and a teaspoonful of limestone phosphate act on the stomach, liver, kidneys and bowels. Limestone phosphate is an inexpensive white powder and almost tasteless.—Adv.

Fair Warning.

"How did you happen to be late this morning, Jobson?"

"Why—er, Mr. Waddy, I got interested in reading the war news in the morning paper, and was carried past my station."

"Hum."

"I trust it won't happen again, sir."

"If it does you will be at liberty to devote all of your time and attention to becoming a war expert."

IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair.

A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant.—Adv.

Modern Superiority.

"Of course you admire Abraham Lincoln's speeches."

"Yes," replied the orator; "he talked well, but he had his limitations. A man of his compact and thoughtful style could never have held his own in a filibustering campaign."

ENDS DYSPEPSIA, INDIGESTION, GAS

"Pape's Diapepsin" cures sick, sour stomachs in five minutes—Time It!

"Really does" put bad stomachs in order—"really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that—just that—makes Pape's Diapepsin the largest selling stomach regulator in the world. If what you eat ferments into stubborn lumps, you belch gas and eructate sour, undigested food and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction.

It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach doctor in the world.—Adv.

Bliss comes with the honeymoon, after that comes the blister.

R.F.D. MEN SELECT COLUMBIA

Next Annual Convention Will Be Held There July 4-5.—Executive Committee Meets.

Columbia.—The Rural Letter Carriers' Association of South Carolina has chosen Columbia as its next convention city, the annual meeting to be held here July 4 and 5. This action was taken a few days ago by the executive committee which met in the rooms of the Columbia Chamber of Commerce. The members of the executive committee are: O. G. Nunamaker of Irmo, B. Y. Young of Prosperity and T. E. Wicker of Newberry.

In addition to the meeting of the state executive committee, the Lexington county association met here in the court house and invited the Richland rural carriers to meet with them. About six Richland carriers were present and they joined the Lexington association.

T. E. Wicker, of Newberry, of the state executive committee, and a former member of the executive committee of the national association, was present and made a few appropriate remarks. Mr. Wicker's talk was heard with interest by the association.

The Lexington association elected the following officers for this year: J. E. B. McCarthy, president; E. E. Martin, vice president; W. H. Hare, secretary; and E. E. Wingard, treasurer. The following were named as delegates to the meeting of the state convention in Columbia next summer: S. C. Youngler, W. H. Hare, J. E. B. McCarthy and L. B. Addy, and the alternates, Levi Poole, H. D. Crosson, R. W. M. Eleazer and J. O. Chapman.

Storage Plant for Greenville.

Greenville.—The farm demonstration department or the co-operative extension department in agriculture and home economics of Clemson College will soon take up with the business men of Greenville, through the chamber of commerce, the advisability of establishing in this city a packing house. W. W. Long, state agent, made this statement recently while he was in Greenville.

The matter will be approached from two viewpoints. The department of farm work of which Mr. Long is the chief will make an investigation to determine whether or not a sufficient number of hogs are raised in the state to justify a packing house, and the chamber of commerce, acting for the business men of Greenville will determine whether or not the packing house would be economically justified after the cost, the probable volume of business and the future effects of the proposed packing house are considered fully.

Night School for Cordova.

Orangeburg.—It has been announced that C. G. Rast, principal of the Cordova school, will conduct a night school for the benefit of the people of Cordova and that vicinity. Mr. Rast is a member of the Orangeburg county board of education and is thoroughly interested in educational matters. No doubt the people of Cordova will strongly support Mr. Rast in his attempt to provide a night school for that section.

Receivership For Chick Springs.

Spartanburg.—Judge Frank B. Gary at Pickens signed an order appointing J. W. Alexander of Spartanburg receiver, under the terms of the mortgage, for the Chicks Springs company. The action for a receiver for the well known resort property was brought by C. Brewster Chapman of Asheville, as trustee for the bond holders.

Cotton House Burns.

Newberry.—The cotton house of Bluford M. Buzhardt, five miles west of Newberry, was set on fire and burned to the ground with its contents, consisting of 75 bushels of cotton seed, 55 bushels of peas, 1,200 pounds of pork, 15 gallons of lard and one barrel of flour, and other articles of less value. There was no insurance on the property.

Organize New Bank.

Orangeburg.—The 22nd bank for Orangeburg county is now being organized and will be known as the People's bank of Bowman. The capital stock of the proposed banking corporation will be \$15,000, divided into 600 shares of the par value of \$25 each.

SOUTH CAROLINA NEWS ITEMS.

Capt. John P. Gray, aged 78, a Confederate veteran, died at his home in Allendale recently.

John T. Duncan has announced that he will again be a candidate for governor.

In the recent West Point competitive examination held at York, W. W. Dixon, Jr., of Winnsboro was the successful contestant receiving the appointment, according to advices conveyed in a telegram from Congressman D. E. Finley of the Fifth district.

The impending strike of bricklayers and plasterers in Columbia has been averted, at least for the next six months.

The Hampton Herald is the name of a new paper published every Friday at Hampton.

Gov. Manning has appointed the following county commissioners for Orangeburg: W. E. Atkinson of Orangeburg; T. L. Connor of Ferguson; A. A. Dantzer of Ellmore; L. K. Etheredge of North, George H. Whitson of Cope, Thomas L. Gleaton of Springfield and D. L. Hhead of Branchville.

YOUR GRAY, FADED OR GRAY-STREAKED HAIR EVENLY DARKENED WITHOUT DYE

Do this: Apply like a shampoo Q-Ban Hair Color Restorer to your hair and scalp, and dry hair in sunlight. A few applications like this turn all your gray, faded, dry or gray-streaked hair to an even, beautiful dark shade. Q-Ban also makes scalp and entire head of hair healthy, so all your hair (whether gray or not) is left soft, fluffy, lustrous, wavy, thick, evenly dark, charming and fascinating, without even a trace of gray hair showing. Insist on having Q-Ban, as it is harmless—no dye—but guaranteed to darken gray hair or money returned. Big bottle 50c at druggists' or sent prepaid. Address Q-Ban, Front St., Memphis, Tenn.—Advertisement.

"Tommies" May Cheer Up.

"Sunshine," said Ruskin, "is delicious, rain is refreshing, wind braces up, snow is exhilarating; there is really no such thing as bad weather—only different kinds of good weather;" all of which should prove interesting to the soldiers now suffering from bad attacks of trench foot from standing knee deep in icy water.

POTASH FERTILIZER FROM BLASTING.

One of the surprising things of the last few years has been the way in which farmers have taken to the use of explosives. Blasting for the tillage of the soil and for the prevention of erosion has been done to an enormous extent, according to local newspapers in different sections of the country.

In the western states alone more than ten millions of pounds of farm powder were used in soil work last year. For the whole of the United States the figures stand much higher than ten times this amount. The breaking of hardpan is one of the big reasons for blasting soil, but in almost any case necessary to get free the locked-up potash of the soil. The whole subject of the securing of potash and other plant foods by intensive farming is covered in a book called "Better Farming," published by the Atlas Powder Company, Wilmington, Del. This book is the highest authority and the most complete statement of the subject in print. Write for it. You can get a copy free by just giving the acreage of your farm on a postcard or in a letter accompanying your name and address. Adv.

CAUSE FOR REAL REGRET

Mistreated Father Thought He Saw How the Situation Might Have Been Different.

They were traveling peacefully home in their lumbering market cart, when from the shadowy hedge there leapt two unkempt forms. No time was wasted in useless talking. In a businesslike manner they rifled the pockets of Farmer Jones and his daughter, turned them out of the cart, and drove off in it themselves.

"Dear, oh, dear!" wailed the poor old man, "here's a nice today! Horse and cart and money all gone!"

"Not the money, father," broke in the daughter. "I had the purse in my mouth."

"In your mouth, lass?" replied the old man, feebly. "Good for you! But what a pity your mother wasn't there, then we might have saved the horse and cart!"

Safety First.

A missionary in a slum district presented a ragged little urchin with a new suit of clothes. More than a week passed away, and the missionary met his little friend again.

Being well acquainted with the condition of the boy's home, and the drunken father, who pawned everything he could lay his hands on, he was surprised and pleased to find that the lad still wore the suit.

"Still wearing your suit?" he asked, and there was a word of pathos in the lad's reply.

"Yes, sir; I've slept in it."

HUSBAND SAVED HIS WIFE

Stopped Most Terrible Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.



Denison, Texas.—"After my little girl was born two years ago I began suffering with female trouble and could hardly do my work. I was very nervous but just kept dragging on until last summer when I got where I could not do my work. I would have a chill every day and hot flashes and dizzy spells and my head would almost burst. I got where I was almost a walking skeleton and life was a burden to me until one day my husband's step-sister told my husband if he did not do something for me I would not last long and told him to get your medicine. So he got Lydia E. Pinkham's Vegetable Compound for me, and after taking the first three doses I began to improve. I continued its use, and I have never had any female trouble since. I feel that I owe my life to you and your remedies. They did for me what doctors could not do and I will always praise it wherever I go."—Mrs. G. O. LOWERY, 419 W. Monterey Street, Denison, Texas.

If you are suffering from any form of female ills, get a bottle of Lydia E. Pinkham's Vegetable Compound, and commence the treatment without delay.

HIS SHARE OF THE HORSE

Interfering Individual Evidently Was Not as Important as He Thought He Was.

A newly admitted member of a big co-operative society boasting sixteen thousand members met one of the society's vans laden with coal, with the driver sitting on the shafts.

The new member, full of the importance of belonging to such a big society, considered it his duty to remonstrate with the driver on his want of consideration toward his horse by adding his own weight to the load instead of walking. The fault-finder wound up by saying: "I'm a shareholder in the society, and therefore part owner of your horse and van."

"Shareholder, are you?" responded the coachman, pulling a hair out of the horse's tail and handing it to the astonished member, with the remark: "Here's your share of the animal, mister."

He then drove on.

Habitual With Him.

"Loogy yuh, Brudder Tump!" severely said good old Parson Bagster.

"What makes yo' beat yo' wife?"

"Uh-well, sah," replied the wretch, "dis lady am muh fourth wife. I fawmed de habit years ago o' beatin' muh fust wife uh-kase she needed it, and I've sawtuh been beatin muh wives in rotation ever since, out o' custom. Yo' knows yo'seif' how hard it is to break off a habit when it's done got its claws socked on to yo'."

—Kansas City Star.

Blocked by Her Think.

"I once thought seriously of marrying for money."

"Why don't you, then?"

"The girl in the case did some thinking, too."



Three Words To Your Grocer— "New Post Toasties"

will bring a package of breakfast flakes with a delicious new corn flavour—flakes that don't mush down when milk or cream is added, nor are they "chaffy" in the package like the ordinary kind.

These New Post Toasties are manufactured by a new process using quick, intense heat which raises tiny bubbles over each flake, the distinguishing characteristic. And the new process also brings out a new corn flavour, never tasted in corn flakes of the past.

Try a handful dry—they're good this way and the test will reveal their superior flavour. But they're usually served with milk or cream.

New Post Toasties

—for tomorrow's breakfast.

Sold by Grocers everywhere.