

# INFLUNZA A ROBBER OF HEALTH AND STRENGTH.

Leaves Victims of Recent Epidemic in a Weakened Rundown Condition from Which Most are Slow to Recover.

SAYS GOOD NOURISHING FOOD IS BEST STRENGTH MAKER, BUT MUST BE ASSIMILATED, NOT WASTED.

If you like thousands of others, have just come through an attack of Influenza, you know how greatly it has weakened and undermined your whole system. You are back at work but "weak on your pins" and unable to stand the strain of hard daily effort without quickly tiring.

You are weak, listless, run down and lack strength and reserve force at the very season of the year when you should be at your physical best to withstand the rigors and hardships of the hard Winter season just before you.

Strength and health come back very slowly after Influenza or Pneumonia unless you adopt a systematic plan of body building. It is folly to let Nature take its course without help and equally foolish to dose the stomach with strong stimulants or so-called tonics when whip or lash the jaded nerves into spasmodic temporary action.

The best way to quickly regain lost strength, flesh and health, says a well known authority, is through the original source of all strength your daily food. Food however, produces flesh, strength and normal health only in the proportion in which its nourishing elements are absorbed by the blood.

To nourish your body passing right through you as waste—undigested and unassimilated, such as unburned coal through an open furnace grate.

This merely means that the assimilative functions of your stomach and intestines need something to get them working right again. There is nothing better for this purpose than the famous assimilative agent known as Dreco—which has been called the missing link between food eating and strength making.

Dreco is not a tonic in the ordinarily accepted sense. It does not of itself build strength and flesh but a spoonful, taken with your meals for a few days acts upon every mouth full you eat, first separating all the fats, oils, sugars, starches and other ingredients that make flesh and strength, from the useless waste matter all the fatmaking nourishing elements into a form which your blood can readily absorb and distribute throughout your body.

The effect is quickly felt. Strength energy and lost weight are quickly restored in a natural way without the need of false tonics or stimulants. In just a few days you should look, act, feel and be your old true self again. Dreco is perfectly harmless and strongly endorsed by the physicians who use it. It is dispensed here in Lexington by Geiger Drug Co. If you have had Influenza and are still feeling weak and run down, you should by all means give Dreco a trial.

## FOR A SOUR STOMACH.

Eat sparingly, particularly of meats masticate your food thoroughly and take one of Chamberlain's Tablets immediately after supper.

### Chronic Constipation.

This disease is nearly always brought on by bad habits. To effect a permanent cure you must correct your habits. In the meantime take Chamberlain's Tablets. They are easy to take and most agreeable in effect. They only cost a quarter.

Learned the Real Value of Chamberlain's Cough Remedy.

"We first learned of the true value of Chamberlain's Cough Remedy several years ago when we lived near Clifton Hill, this State," writes Mrs. James Malone, Moberly Mo. "At that time I had a severe cold and an annoying cough. I got a bottle of Chamberlain's Cough Remedy, and after taking a few doses of it my cough loosened up and my lungs felt better. I used one bottle of it and by then my cold had entirely disappeared."

### FOR SALE.

1 tract of land containing 28 and 8-10 acres; about 15 acres open, balance in woods. Good stream of water runs through the place, 1 good 4 room house all out buildings good. 1 good well of water in yard. Good orchard on the place. Near Saxo-Gotha Mills. Also 1 mule and wagon and farming implements. Will sell all for cash. Price reasonable.

J. H. Warren, Lexington R. F. D. 3.

Timber on 100 acres of land, pine, oak, ash and other valuable hardwood some cedar. Supposed to cut 1,000,000 feet 7 miles from shipping. Reason for selling want the land cleared.

S. J. Leaphart.

WANTED—Several loads of wood on subscription. Oak and pine cut in stove lengths.

## Pure Food Bakery

Where you always find BREAD, CAKES, PIES, Etc.

Made of pure food ingredients. Everything sanitary, fresh, clean and inviting. Call and you will be pleased.

John Udell,

1200 Block Taylor St., Columbia, S. C.

## Sanitary Meat Market and Restaurant



Fresh native meats always on hand. Ice sold in any quantity from 5c up. Our restaurant is prepared to furnish meals at all hours. First class meals prepared by experienced cooks.

## CAUGHMAN & SOX MEAT MARKET

Next Door to Postoffice. LEXINGTON, S. C.

# Parts For Ford Cars and Auto. Supplies

We have a Complete and Full Line of Wrenches, Pliers, Screw Plates, Chisels Spring Cutters Also All Kinds of Automobile Oils and Greases

MAIL ORDERS SOLICITED. We Prepay Delivery Charges and Guarantee Satisfaction

## Lorick & Lowrance Inc.

COLUMBIA, S. C. RETAIL DEPARTMENT Wholesale Prices Furnished to Merchants on Request

## LORICK BROTHERS

JOBBER AND DEALERS IN

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| Mantels                    | Sewer Pipe   | J—M Asbestos and          |
| Grates and Tiles           | Flue Pipe    | Asphalt Roofings          |
| Stoves and Ranges          | Tin Plate    | Asphalt Shingles          |
| Stove Pipe                 | Pig Lead     | Metal Shingles            |
| Hollow-Ware                | Sheet Metals | Tinware                   |
| "Kohler" Plumbing Fixtures | Iron Pipe    | Enamel Ware               |
|                            |              | "Yale" Locks and Hardware |

## LORICK BROTHERS

COLUMBIA S. C. PHONE 4255

## ARE YOU WORKING WITH A PURPOSE

Work of any sort is pure drudgery if it means merely earning your existence. But with a purpose back of it you are working for a reward and it lightens your tasks and makes work a real pleasure.

Have a purpose in life! Make your life a success! Start by building up a savings account in this institution. It will furnish you with the means to attain your object. A comfortable home, independence, wealth—they all come within your reach if you persistently save.

Same rate of interest (4 per cent.) paid on both large and small accounts.

THE OLD RELIABLE

## The Carolina National Bank of Columbia

W. A. Clark, President. Jas. M. Bell, Cashier. T. S. Bryan, V. President. Jas. D. Bell, Asst. Cashier.

# SAFETY STRENGTH SERVICE

IT IS OUR DUTY as well as our PLEASURE to promote in every way consistent with the principles of SOUND banking, the financial strength and growth of the business interest of this community. Come in and let us get together—we are something more than Bankers—we are a very human lot of individuals, and it is a matter of pride with us, that aside from the responsibilities we have developed in our business, we have cultivated the friendship of those whom we serve.

Prosperity is reflected to this Bank from the increased prosperity of our patrons.

## The Bank of Columbia

Columbia, S. C.

## TRY THE SCALES

The scales seldom fail to reveal the truth, they are a fair gauge of health. If you are losing weight and are not feeling up to the mark, it is high time to replace the loss and build up the powers of resistance.

# SCOTT'S EMULSION

a unique combination of tonic and nourishment, having definite reconstructive properties, enriches the blood, restores weight and imparts vigor and tone to the whole system. If you feel yourself losing ground, try Scott's Emulsion—the Strength-Builder.



Scott & Bowne, Bloomfield, N. J.

## EVERY ONE LIKES TO BE REMEMBERED

Do not forget to remember the children with a bank account with us. It does not depreciate like many other gifts but increases in value, aided by the liberal interest which we add to the deposits.

Accounts are invited.

## The Palmetto National Bank COLUMBIA, S. C.

RESOURCES \$10,000,000.00 4% Per Cent Interest Paid on Savings Accounts

# ATTENTION Auto Owners!

We want you to know we are still doing business at the same place. We want your business and offer in return Good Service.

Auto Parts and Accessories, Stewart Speedometer and Electric Horns, Pennsylvania Castings and Tubes.

We have installed a Battery Charging Outfit complete in every particular. Free air

LEARN THE WAY to the Service Station. Good Service guaranteed.

## AUTO SERVICE STATION Claude D. Thompson, Manager.

Day Phone 127; Night 114 Next Door to Meetze & Son LEXINGTON, S. C.

### MISS NOLA MAE BUSH.

In remembrance of Miss Nola Mae Bush, daughter of Mr. and Mrs. E. D. Bush died Sept. 30, 1918, age 20 years. She leaves to mourn her loss dear father and loving mother, brother and sister, Clarence Alvin Bush and Annie Lee Bush, beside a host of relatives and friends, who will be glad to hear of her death. Gone but not forgotten. Sleep on dear Nola Mae. And take thy rest. God calleth you home. He thought it best.

We miss thy kind and willing hand. Thy fond and earnest care. Our home is dark without you. We miss you everywhere.

In the cemetery quietly resting. In a lone and silent grave. Lies the one we love so dear. Our dear Nola Mae we could not save.

A loved one from us has gone. A voice we loved is stilled. A place is vacant in our home Which never can be filled.

Nola Mae dear, thou has left us. For a bright and happy home above. Where precious ones have met thee. And with a savior's love.

Like a flower you passed away. Destroyed in all your bloom. You left this world and all your friends. To moulder in the tomb.

But God alone can comfort us. The heart that mourns here. And our only consolation is to try. And meet you there.

You have gone from us forever. Longer here you could not stay. You have reached a fairer region. Far away, far away.

Sleep dear Nola Mae thy peaceful sleep. In the dead beneath the soil. I will for thee ever pray.

That thy soul may be with God. Always faithful loving and true. We will gather round your silent tomb. And breathe an humble prayer.

We have missed loving Nola Mae from our homes. Who now lies mouldering there. Thou no more sorrows shalt know. Yet again I hope to meet thee.

When the day of life is fled. Then in Heaven with joy to greet thee. Where no farewell tears are shed.

Now we miss her gentle footsteps. Miss each kind and gentle word. Now in the lonely household. Will her tender voice be heard.

The golden gates opened wide. A gentle voice said come. And angels from the other side. Welcomed our loved one home.

Go take thy rest dearest Nola Mae. Go to thy dreamless bed. While yet so gentle undefiled. With blessings on thy head.

God in his wisdom has recalled. The boon his love had given. And though the body slumber here. Her soul is safe in heaven.

Dear loved one we have laid thee in the peaceful grave embrace. But thy memory shall be cherished. Till we see your heavenly face.

Heaven now retains our treasure. Earth the lonely casket keeps. And the sunbeams love to linger. Where our dear Nola Mae sleeps.

Again we hope to meet you. When the day of life is fled. Far away, far away. Dear Nola Mae

No longer here you could not stay. On this green earth. And in heaven with joy to greet you. Where no farewell tears are shed.

Written by one of her loving friends. Iziline.

Catarrhal Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Medicine acts thru the blood on the mucous surfaces of the system.

We will give One Hundred Dollars for any case of Catarrhal Deafness that cannot be cured by Hall's Catarrh Medicine. Circulars free. All Druggists, 75c.

F. J. CHENEY & CO., Toledo, O.

### TRESPASS NOTICE.

All persons are hereby forbidden to trespass upon our premises by hunting, fishing, hauling wood, straw, lightwood or in any manner whatsoever. The law will be strictly enforced against all persons violating this notice.

J. W. Sighler, A. T. Guignard.

## A FAMILY MEDICINE

In Her Mother's Home, Says This Georgia Lady, Regarding Black-Draught. Relief From Headache, Malaria, Chills, Etc.

Ringgold, Ga.—Mrs. Chas. Gaston, of this place, writes: "I am a user of Theford's Black-Draught; in fact, it was one of our family medicines. Also in my mother's home, when I was a child. When any of us children complained of headache, usually caused by constipation, she gave us a dose of Black-Draught, which would rectify the trouble. Often in the Spring, we would have malaria and chills, or troubles of this kind, we would take Black-Draught pretty regular until the liver acted well, and we would soon be up and around again. We would not be without it, for it certainly has saved us lots of doctor bills. Just a dose of Black-Draught when not so well saves a lot of days in bed."

Theford's Black-Draught has been in use for many years in the treatment of stomach, liver and bowel troubles, and the popularity which it now enjoys is proof of its merit.

If your liver is not doing its duty, you will suffer from such disagreeable symptoms as headache, biliousness, constipation, indigestion, etc., and unless something is done, serious trouble may result.

Theford's Black-Draught has been found a valuable remedy for these troubles. It is purely vegetable, and acts in a prompt and natural way, regulating the liver to its proper functions and cleansing the bowels of impurities. Try it. Insist on Theford's, the original and genuine. E 79