

Tuberculosis: What Should We Do About it and With it?

Few diseases there are which to the average person cause greater fear or despair than tuberculosis, and to be told that one is a victim of tuberculosis usually means that this individual at once becomes extremely sensitive of his condition and considers himself doomed to a shortened, uncertain and torturing existence, ostracized by society, a burden to his family and a menace to his friends, with but one and inevitable outcome, death; to look forward to.

Such thoughts however should never exist for tuberculosis encountered in its earlier stages can in a large majority of cases be arrested and even many of the far advanced cases, particularly if one lung only be involved, can be sufficiently arrested as to allow the individual to live a useful and happy life, limited only to common sense, healthful routine and restricted from doing heavy labor.

There has been no new discovery to prompt these statements, nor are we offering anything original, great or startling. It is simply the sanatorium treatment, fresh air, good food, sunlight, graduated exercise when indicated, and artificial pneumothorax intelligently applied by a physician trained in tuberculosis work, supported always by the heartiest cooperation of the patient himself.

The importance of diagnosing tuberculosis very early in its course cannot be overestimated, for an early knowledge of the condition not only materially increases the patient's chances for a permanent arrest of the disease, but if he be properly instructed he will live without spreading the disease to those with whom he may come in contact and need not be horrified.

It is now generally believed by the tuberculosis specialists that approximately 95 per cent of all persons are at some age in life infected with tubercle bacillus, and by far the most of these infections take place before adult life is reached. Not all of this large percentage develop active tuberculosis, it being necessary for some additional weakening influence to bring out the activity. However, should this added influence bring about activity during childhood, the tuberculosis would run a more rapid and more fatal course.

There are many diseases and conditions which may be cleansed as assistants to the germ of tuberculosis in its deadly work, but the more important of these are colds, influenza, measles, scarlet fever and whooping cough, and such conditions that favor the development and spread of these diseases as insufficient and improper clothing and food, poor hygienic surroundings, poor ventilation and lack of proper quarantine.

When one notices a lack of the usual "pep" and vigor, feels more or less tired rather often, develops a slight cough or regular clearing of the throat in the mornings, colds that persist, appetite below par, and perhaps a sleeplessness, with or without

loss of weight, it is sufficient cause to be alarmed and a visit to the doctor for a thorough examination is in order. Children who fail to romp and play as they normally do should or who are in any way below par had best be given special chest examination on a clinic day set apart as a part of the work connected with the medical inspection of school children as now required by state law.

It would be well if each county could provide a sanatorium for tuberculosis cases, a visiting nurse for those curating at home, and an open-air school for pre-tuberculosis children, but until such is established certainly a number of counties could form a league, be given state and county appropriations and thus provide for the operation of an institution for such individuals who could not afford the higher rate of a private sanatorium, located perhaps in some distant state. What would your county do if asked to take part in such a league?

Summary.

If you feel that you have a fair number of the early symptoms of tuberculosis lose no time but consult a physician at once.

If told you have the disease by any of its pet names, "Spot on your lungs," "The Old Dog," "Consumption" or any other, buck up, smile and put up a game fight. You can win if you try and try hard enough.

If you have no county health department, no visiting nurse and no tuberculosis organizations, urge your legislators to make efforts to get them.

If you have these organizations or any others that strive to improve your county, lend them your support.

WEAK; RUN-DOWN

Carolina Lady Got So She Could Just Drag—“Cardui Built Me Up,” She Declares.

Kernersville, N. C.—In an interesting statement regarding Cardui, the Woman's Toile, Mrs. Wesley Mabe, of near here, recently said: "I have known Cardui for years, but never knew its worth until a year or so ago. I was in a weakened, run-down condition. I became draggy—didn't eat or sleep to do any good; couldn't do any thing without a great effort. I tried different remedies and medicines, yet I continued to drag."

"I decided to give Cardui a trial and found it was just what I really needed. It made me feel much strong or soon after I began to use it. I began to eat more, and the nervous weak feeling began to leave. Soon was sleeping good."

"Cardui built me up as no other tonic ever did."

"I used Cardui with one daughter who was puny, felt bad and tired out all the time. It brought her right out and soon she was as well as a girl could be. We think there is nothing like Cardui."

"Do not allow yourself to become weak and run-down from womanly trouble. Take Cardui. You may find it just what you really need. For more than 40 years it has been used by thousands and thousands, and found just as Mrs. Mabe describes."

At your druggist's.

NO-14

Tales of Prehistoric Past of Animals

Los Angeles, Feb. 1.—The prehistoric past of the fox, deer and antelope offer a field for fertile research as a result of finds in the famous La Brea pits, a tomb of half a million years, Dr. E. E. Hadley, local paleontologist told members of the Southern California Academy of Sciences. He reviewed the past of a million or more years in which the movements of the elephant or mastodon, the three-toed horse or Miohippus, the camel or camels, the sabre-toothed tiger or smilodon, and the sloth family were traced beyond the pleistocene age into the pliocene, miocene, oligocene and eocene periods of the tertiary era.

While the horse, camel and elephant of today remain they are very small compared to their ancestors who were apparently wiped out by the last glacial period when the great ice fields of the north swept down over a California that was not so sunny, and these prehistoric giant mammals with the giant ground sloth became extinct in this freezing spell of 250,000 years ago, said Dr. Hadley.

But, back in the eocene period a million or more years before, just after the conclusion of the mesozoic age, there were no giant animals, and the great ground sloth of the pleistocene age was just a little armadillo such as now exists in South America, he said. The Imperial elephant more than twice the size of any existing today, also came from a little animal that probably was no larger than our horse or pony of today.

The sabre-toothed tiger, several specimens of which were found in La Brea, was the most ferocious animal in the world about a half a million years ago, Dr. Hadley said.

While these facts have been ascertained by paleontologists there is yet much to be discovered about the prehistoric life and peregrinations of the American fox, antelope, deer and bear. It is doubtful whether the La Brea pits will contribute any more, or reveal anything beyond the pleistocene age, Dr. Hadley said, although they have revealed more and preserved for the world a larger variety of pre-glacial period remains of mammals than any other spot in the world yet uncovered.

There has been much discussion of the human skull found in the La Brea pits, Dr. Hadley said, but noted authorities have contended that it is only ten thousand years of age, and does not date back with the sloth and sabre-toothed tiger, but a tree has been found in the pits, a cypress, which is believed to have grown more than a quarter of a million years ago.

Dr. Hadley said that none of these animals had been traced beyond the eocene age of the tertiary era, but geologists have gone back through the mesozoic, carbonic, devonian, silurian eras to the ancient cambrian era which some say is a billion and

a half years ago, and have provided a geological fund for paleontological research that does not promise to become exhausted.

Less Than Half of Swedish Women Vote

Stockholm, Jan. 31.—Less than half of the women of Sweden entitled to vote exercised their newly-won franchise rights at the polls in the elections of 1921, the first year of full suffrage for women, according to a report of the Swedish Central Bureau of Statistics just made public. However, the official report of the 1921 elections give the suffragist leaders at least two causes for rejoicing.

The men did not show a much better record than the women, and the number of women voters exceeded the male voters in the capital of Stockholm by more than 5,000 voters.

The official report shows that 47.1 percent of the Swedish women voters cast their ballot while 61.9 percent of the men voted. The total women's vote in the city of Stockholm was 76,566, while the vote cast by men was 71,198.

The general impression throughout the country seems to be that the Swedish women have not fully realized the importance and significance of their new privilege. It is believed that in the future they will make a better showing at the polls.

The heavy women's vote in Stockholm, which is to a large extent an industrial city, may indicate that the working women, especially women trade union members, grasped the opportunity to register their votes. However, other women cannot be said to have neglected the ballot as a whole.

Bulgaria Needs Railroad Shops

Sofia, Jan. 31.—Christo Manoloff, Bulgarian Minister of Railways, is anxious to have American locomotive manufacturers and railroad supply houses look into the possibilities of business in Bulgaria.

He says that one of the greatest present needs in Bulgaria is a plant for the construction and repair of locomotives and freight cars. He has on hand nearly 100 locomotives and several thousand freight cars awaiting repairs and the country has no facilities for this purpose.

"Although our country is going through a period of great financial and economic stress," said M. Manoloff, "we are preparing actively for the extension and reconstruction of our railways. We would like to have the help of your resourceful and experienced American railway men and contractors in this direction.

"We are planning the construction of more than 500 miles of new railroads in which we will need foreign technical skill and capital. Americans will have the preference because I think they lead the world in these two requirements."

Many Miles of Highway Built

A total of 782 miles of the state highway system was constructed during 1921, at a total cost of \$4,976,883, according to the annual report of the State Highway Commission and its chief engineer, Chas. H. Moorefield, which is to be made to the legislature this week. These totals include 290 miles of road constructed by the counties, independent of the state highway department, at a cost of \$1,510,000. A total of 508 miles was graded by the state highway department, at a cost of \$3,466,833, 492 miles being completed. Sixty-five bridges of more than 20 feet in span each were completed during the year.

The report shows that the program already in sight for 1922 totals \$5,429,906, under the state department, and \$2,250,000 by the counties.

On the last day of the year the department had approximately five billion dollars worth of road work under way, providing for the construction of approximately 450 miles of road, and eight bridges.

The report shows also that 411 miles of road were maintained by the department throughout the state, at an average cost of \$251 a mile.

The cost of operating the state highway department was only \$213,712. It spent for road work in the state \$3,738,797. Of the funds used \$1,359,453 was federal aid; \$698,132 was motor vehicle license receipts; \$1,681,212 was furnished by the counties. Included in the cost of operation was the cost of handling \$56,830 worth of war material, furnished gratis by the federal government, and also the cost of issuing automobile licenses.

During 1921 the state highway department licensed 91,361 motor vehicles, as compared with 94,751 in 1920. The receipts were \$733,820, as compared with \$527,868 the year before.

Counter Charges Against Stevens and Col. Springs

Lancaster, Jan. 30.—That Leroy Springs and John Stevens wilfully sold goods below their market value and in other ways destroyed assets in order to injure the Lancaster Mercantile company, and other serious charges are made by Chas. D. Jones, of Lancaster, in his answer to the suit of the Catawba Fertilizer Co., against the mercantile company, in which Mr. Jones is a party defendant. Mr. Jones was arrested some weeks ago and charges made against him, alleging shortages in the affairs of the mercantile company, of which he was manager. In his reply Mr. Jones charges the failure of Messrs. Springs and Stevens to account for various moneys of the mercantile company.

The fuss between Mr. Jones and Messrs. Springs and Stevens has the town of Lancaster split into two factions. Mr. Jones was manager of the big store from 1917 to last July, at which time, Mr. Jones alleges in his reply, he was deposed.

Among the charges made by Mr. Jones in retaliation of the charges made against him are the following:

That the suit against the mercantile company was instituted through "spite" and "fraud" to wreck the Lancaster Mercantile Co.

That the books of the company were fraudulently audited, its solvency being concealed.

That the suit is a "wilful and deliberate proceeding under the guise and protection of this court, to obtain the valuable assets of defendant Lancaster Mercantile Co., for less than they are really worth" and to eliminate Mr. Jones "as a business competitor."

That the two defendants, Messrs. Springs and Stevens, sold goods below market value, honored illegal claims, refused to pay just obligations against the company, and in other ways wasted the assets of the company.

Failure to pay for cotton sold to a Chester mill largely controlled by Mr. Springs.

That Mr. Springs sold to the mill in Lancaster in which he has an interest cotton belonging to the Mercantile company at 12 1-2 cents a pound, causing the company to sustain a heavy loss.

That Mr. Springs "did illegally and wrongfully keep and convert to his own personal use," the sum of \$60,000 profits on the sale of 2,000 bales of cotton bought for the Mercantile Company in New York and sold at a profit.

That certain other property of the mercantile company has been converted to Mr. Springs' personal use.

Death Rate of Babies Throughout the World

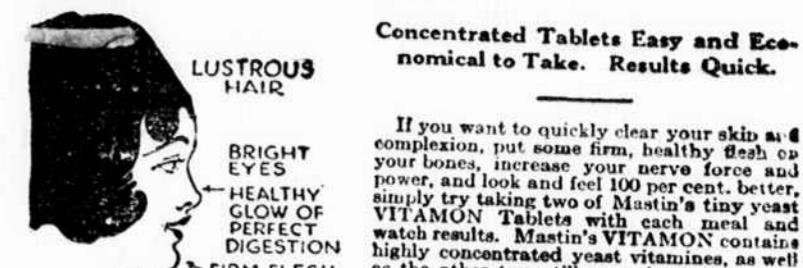
London, Jan. 31.—A surprising disparity in the death rate of babies throughout the world is shown in the latest figures issued by the registrar-general.

During the third quarter of the year just ended, Christians, the capital of Norway, was the healthiest city, reported the infant death rate per 1,000 being only 33, while Amsterdam, Holland, had a rate of 42; Stockholm, Sweden, 47; and Copenhagen, Denmark, 48.

Compared with these, London's rate of 93 appears high; but Wigan, an important industrial town in Lancashire, has a rate of 125, and Berlin 146. No town in Europe has such a record as Bombay, India, where, according to official figures, 630 babies out of every 1,000 die before they reach the age of 12 months.

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