

HOME DEMONSTRATION DEPT.

Miss Emma Jane Varn, Home Demonstration Agent.

Girls' Programme for July.

Call to order by the president.
Roll call, reports of club members.
Minutes.
Business.
Club song.
Demonstration—Canning of tomatoes and tomato products.
Reading—Land of the South (by one of the club members.)
Questions.
Record Books.
Talk on fall gardening (stressing the importance of starting fall gardens).

Close with club creed:

"We believe in training the head to give us power to think, plan and reason; in training the heart to make us kind, sympathetic, and true; in training our hands to be helpful, skillful and useful; and in caring for our health to give us strength to enjoy life, to resist disease and to make us more efficient."

Winning Letters.

While at the state short course held at Winthrop college June 3-12 all club girls were asked to write letters home telling what they had learned and done. The best ones were selected up there from each county and sent to the agent to publish in the county papers. The two winning this honor from Bamberg county were Tallie Smoak, of the Duncenville club, and Ruth Sanders, of the Olar club.

"Winthrop College, June 11, 1920.
"Dear Home Folks:—Today is our last day at this lovely place, Winthrop, where I have been for the past ten days attending the state short course. I just want to tell you some of the things I've learned, seen and done while up here. We have learned lots of new games at the gymnasium taught by Miss Lydy. She also taught us songs and many other interesting things.

"One of the most interesting things I want to tell you about is the trip to the poultry and dairy farm. We saw them making the butter which we used at the college and the huge incubators that held twenty-three hundred eggs. The chickens are beautiful.

"Mrs. Dora Dee Walker gave us some very useful information about canning in the steam pressure cooker and in the open canner. This morning we had a very interesting talk on good food and good health by Misses Fordey and Snyder. We also had lessons in stenciling and I did a pretty chair cover. Last night we went to the movies in the auditorium and saw "Winthrop Day By Day" and afterwards to a reception given by Dr. and Mrs. Johnson. We went in swimming Monday evening and certainly did enjoy it.

"You all can never imagine what a fine place Winthrop is until you have had the opportunity of seeing it as I have had and I wish every club girl could have that privilege. I have attended every meeting and have enjoyed every one; I am determined to do my club work well and get the most out of it for I realize it is quite a privilege to be a club member.
"TALLIE SMOAK."

"Winthrop College, June 11, 1920.
"Dear Home Folks:—I am up at Winthrop at the state short course having the best time I have ever had in my life. We have learned and seen so many interesting things here. We have learned how to make salad dressing, how to can beans, tomatoes, and all kinds of vegetables. I am going to can some when I get home. Miss Varn gave us a demonstration and showed us how to set out the tomato plants properly and prune them.

"We have had so much fun at the gymnasium. Miss Lydy has taught us lots of songs, yells, and games and gave us exercises to make us strong and healthy. We are going to have field day exercises tonight at 7:30 and I know we shall have a good time.

"Georgia Fogle, Mary Hayne Walker, Mildred Eaves and I had a little party in our room and invited Miss Varn and some of our friends and we did have the best time.

"We have had a wonderful time up here and sure do thank Dr. Johnson for letting us have the short course at Winthrop and thank all the agents for giving us such a nice time and teaching us so much. I wish every club member could attend it.
"RUTH SANDERS."

Notice.

The members of the home demonstration clubs of South Carolina who attended the state short course at Winthrop this year started the Johnson-Walker home demonstration loan fund. This fund provides for a scholarship worth \$100.00. This scholarship is to be given by competitive examination to a girl from the home demonstration clubs of South Carolina. At the end of her course this girl is to return this fund without interest, at the rate of \$100.00 per year, which amount in turn educates another girl. It is hoped by the founders of this fund that all home demonstration club members who attend the state short course at Winthrop will provide a similar fund each year so that a new girl will be able to enter Winthrop each year on this scholarship.

Resolutions of Thanks.

Whereas, we the club members of the various clubs in Bamberg county having enjoyed the hospitality shown and having been greatly benefited by the instructions received at the county short course held in Bamberg June

Grove's Tasteless chill Tonic restores vitality and energy by purifying and enriching the blood. You can soon feel its strengthening, invigorating effect. Price 60c.

666 quickly relieves Constipation, Biliousness, Loss of Appetite and Headaches, due to Torpid Liver.

NOTICE.

All persons having claims against the estate of Mrs. J. A. Byrd, deceased, will please present the same, duly attested, to the undersigned.
MRS. ANNIE LOU HENDERSON,
Administratrix of the Estate of Mrs. J. A. Byrd, Deceased. 6-17

Piles Cured in 6 to 14 Days

Druggists refund money if PAZO OINTMENT fails to cure itching, blind, bleeding or protruding Piles. Instantly relieves Itching Piles, and you can get restful sleep after the first application. Price 60c.

Rub-My-Tism is a powerful antiseptic; it kills the poison caused from infected cuts, cures old sores, tetter, etc.

No Worms in a Healthy Child

All children troubled with worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. GROVE'S TASTELESS chill TONIC given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a General Strengthening Tonic to the whole system. Nature will then throw off or dispel the worms, and the Child will be in perfect health. Pleasant to take. 60c per bottle.

Winthrop College SCHOLARSHIP AND ENTRANCE EXAMINATION.

The examination for the award of vacant Scholarships in Winthrop College and for the admission of new students will be held at the County Court House on Friday, July 2, at 9 a. m. Applicants must not be less than sixteen years of age. When Scholarships are vacant after July 2 they will be awarded to those making the highest average at this examination, provided they meet the conditions governing the award. Applicants for Scholarships should write to President Johnson before the examination for Scholarship examination blanks.

Scholarships are worth \$100 and free tuition. The next session will open September 15th, 1920. For further information and catalogue, address Pres. D. B. Johnson, Rock Hill, S. C. 7-1-p

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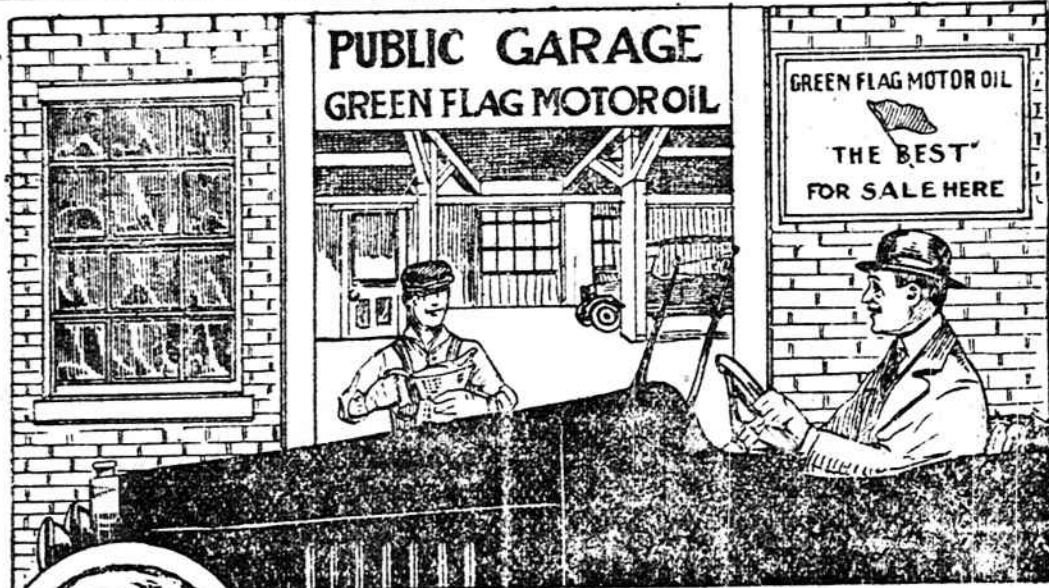
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Mrs. N. E. Varner, of Hixson, Tenn., writes: "I was passing through the ... My back and sides were terrible, and my suffering indescribable. I can't tell just how and where I hurt, about all over, I think ... I began Cardui, and my pains grew less and less, until I was cured. I am remarkably strong for a woman 64 years of age. I do all my housework." Try Cardui, today. E-76



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