

Mother's Cook Book.

We cannot fail if we live always in the brave and cheerful attitude of mind. He alone fails who gives up and lies down.

Food For the Family Meal.

A good nourishing drink which you need not fear to give to the little people is barley coffee. Prepare it by roasting until a deep nut brown, then grind it and boll one tablespoonful in a cupful or more of water for five minutes, strain and add sugar and cream. This is a nourishing drink to give invalids recovering from a fever.

French Fruit Salad.

Remove the skin and seeds from a cupful of white grapes. Cut three bananas into small cubes and cover with lemon juice. Cut six oranges into bits and mix the salad with mayonnaise dressing. Arrange in nests of lettuce and garnish with mayonnaise dressing. The salad may be served in orange cups if preferred.

Fruit Cake.

Take one cupful of bread sponge, one cupful of currants, one cupful of dates, one and one-half cupfuls of sugar, one cupful of figs, one cupful of raisins, one cupful of citron, one cupful of flour, one-half cupful of shortening. Mix all together with the bread sponge. Dissolve one teaspoonful of soda in a tablespoonful of hot water, then add one teaspoonful each of cloves and cinnamon. Let rise for three hours or until light. Bake one hour in moderate oven.

Steamed Chocolate Pudding.

Mix the following ingredients: one beaten egg, half a cupful of sugar, one half cupful of milk, two tablespoonfuls of melted butter, one cupful of flour, two teaspoonfuls of baking powder and one square of chocolate melted in one tablespoonful of water. Steam 20 minutes. This makes eight small puddings.

Sauce For Chocolate Pudding.

Separate the yolks and whites of two eggs, and beat well, add one-fourth of a cupful of sugar, a teaspoonful of vanilla and a pinch of salt to the beaten yolks; then fold in the beaten whites, cook over water until steaming hot. The vanilla should be added when pudding is taken from the heat.

A simple dessert especially good for children is this: Steam as many slices of stale bread as needed, butter and pour over them a hot sauce of canned fruit, such as raspberries, blueberries or any kind well liked. Serve hot, with or without cream.

Neenie Maxwell

IF THE EPISCOPAL CHURCH EVER WAKES UP, LOOK OUT SATAN!—"BILLY" SUNDAY

And Now "The Episcopal Church is Awake" Says Dr. Stires, Eminent New York Divine.



Photo by Paul Thompson
DR. ERNEST M. STIRES
Famous New York Rector

"If the Episcopal Church ever wakes up—look out!!!"

Crouching grotesquely, his face close to the platform, shaking his fist in the direction of the nether regions, "Billy" Sunday, the Baseball evangelist, once hurled this warning to the Evil One, while thousands, crowded into a great tabernacle, watched.

"That moment is near—is here!" This is the answer to "Billy" Sunday's implied challenge. It comes from the Rev. Dr. Ernest M. Stires, rector of St. Thomas' Church, Fifth Avenue, New York; and one of New York's most noted preachers. He is a member of the Joint Commission directing the Episcopal Nation-Wide Campaign, and director of the Every Name Campaign, in New York.

A campaign to raise \$62,000,000 in the Episcopal Church in one day—December 7; to recruit 1,500 new workers; to rouse every member to help the Church play its great part, greatly, in this age of reconstruction by expanding every phase of its activity in the next three years—upon this, which is the purpose of the Nation-Wide Campaign, Dr. Stires bases his answer to the evangelist.

In effect, Dr. Stires says to the world:

"The Episcopal Church is awake."

"The Nation-Wide Campaign is urgent," says Dr. Stires, "because of the greatness of the need of this hour. I speak not of the missionary needs of the Church, but of the needs of all the world. The Church holds a position of power and influence. It must use its power to meet these needs. For the suffering, injustice and wrong of the past is still here today, crying out to us. Children are still being slain by cruel Herods."

"Roger W. Babson states that the labor problems of our time can only

solved by the teachings and the spirit of Christ; that the need for America is not for more machinery in the organization of capital and industry, but for the spirit of true religion in the hearts of the people.

"The zero hour is here for us of the Church, the hour of the Nation-Wide Campaign"

Since the signing of the armistice the number of female employes in France has diminished more than 55 per cent.

Women property owners in Italy now number in excess of 1,000,000.

The Quinine That Does Not Affect the Head
Because of its tonic and laxative effect, LAXATIVE BROMO QUININE is better than ordinary Quinine and does not cause nervousness nor ringing in head. Remember the full name and look for the signature of E. W. GROVE, 30c.

MAXTONE—The guaranteed tonic for chills, fever and malaria. 25c and 50c bottle.

No Worms in a Healthy Child
All children troubled with worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. GROVE'S TASTELESS chill TONIC given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a General Strengthening Tonic to the whole system. Nature will then throw off or dispel the worms, and the Child will be in perfect health. Pleasant to take. 60c per bottle.

With the boll weevil looking you in the face and the merchants shutting down on the credit business it will be a good idea to have a few acres of wheat next June

Plant Wheat!

PLANT PEANUTS

FIGHT THE BOLL WEEVIL

The Cotton Oil Company

Bamberg, South Carolina

The Cotton Boll Weevil will revolutionize farming practices in this section, There is no other crop that promises better returns, with less expense, than Peanuts, as a substitute in part for cotton.

We have installed machinery for handling Peanuts, and will be in the market to purchase every ton offered us next fall. Farmers may plant either the Little White Spanish or the Little North Carolina Runner varieties with full assurance that there will be a market for their Peanuts.

Phospho Land Plaster (Sulphate of Lime) will make the largest yield, free of "pops," and is the best form of lime to use. Sold by Carolina Fertilizer and Contracting Co., Charleston, S. C.

The oldest and best peanut picking machine on the market is the "Benthall," made by Benthall Machine Co., Suffolk, Va.

We will use this space giving information about peanuts from time to time.

Your Demonstration Agent will give you directions for peanut growing.

J. A. WYMAN, President

FIGHT THE BOLL WEEVIL

PLANT PEANUTS