



MISS JULIE FLORENCE WALSH

### WOMEN SUFFER

Many women suffer in silence and drift along from bad to worse, knowing well that they ought to have immediate assistance. How many women do you know who are perfectly well and strong? These may be easily traced to some feminine derangement which manifests itself in depression of spirits, reluctance to go anywhere or do anything, backache, dragging sensations, flatulency, nervousness, and sleeplessness. These symptoms are but warnings that there is danger ahead, and unless heeded, a life of suffering or a serious operation is the inevitable result. The best remedy for all these symptoms is

### Lydia E. Pinkham's Vegetable Compound

made from native roots and herbs. No other medicine in the country has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female ills. Miss J. F. Walsh, of 328 W. 36th St., New York City, writes: "Lydia E. Pinkham's Vegetable Compound has been of inestimable value in restoring my health. I suffered from female illness which caused dreadful headaches, dizziness, and dull pains in my back, but your medicine soon brought about a change in my general condition, built me up and made me perfectly well." Lydia E. Pinkham's Vegetable Compound cures Female Complaints, such as Backache, Falling and Displacements, Inflammation and Ulceration, and organic diseases. It is invaluable in preparing for child-birth and during the Change of Life. It cures Nervous Prostration, Headache, General Debility, and invigorates the whole system.

### Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. Her advice is free.

### Thirty Things to Remember

By JOHN TRAINOR.

- 1. Remember that work is only a means, character is the end.
2. That sincerity is the foundation of all honest work.
3. That sorrow is the price most men pay for lasting attainments.
4. That you label your own work.
5. That no one can hold you down if you are determined to succeed.
6. That every man is destined to do something worth while.
7. That seven roads lead to Rome.
8. That most people judge you by first impression.
9. That few men succeed until they try.
10. That hard work is no small part of genius.
11. That it takes no longer to say kind words than those that cut.
12. That the only way to keep your credit good is by paying your debts.
13. That it is easier to do good work than poor, if you once learn how.
14. That the more difficult things are to accomplish, the more worth while.
15. That a sensible employer is more anxious to push you ahead than to hold you down.
16. That you are one link in a great chain.
17. That ambition develops, selfishness thwarts, body and mind.
18. That rules are necessary to a business as laws are for right government.
19. That you can't learn anything in a day.
20. That the fact that you are being employed is a promise of good work.
21. That your boss often appreciates your work, but does not find time to tell you so.
22. That time progresses and methods change.
23. That it is legitimate to talk about your goods as long as you tell the truth.
24. That there is only one way to sell goods; place them in the market to advantage.
25. That many a man might seek you as a customer if he could find you out.
26. That only cowards are afraid to venture.
27. That even angels are impatient once in a while.
28. That it is foolish to bear a grudge. Unkind feelings are not marketable.
29. That it pays to dress well, even in business.
30. That every workman thinks that if he were the boss he would act differently.—Chicago Tribune.

### Saved the Situation.

She raised her head from his shoulder for a moment. "Do you believe that exercise and lotions and toilet preparations will improve a woman's looks?" she asked. He pressed her blond curls back upon his chest. "They couldn't improve the looks of some women," he said. "Whose?" she asked. "Well, yours and Violet Cochrane's, for instance," he replied, thoughtlessly. "I don't understand..." she said, raising her head for the second time and chilling him with a look. "We are not at all alike." "I mean," he replied, turning her head for the second time and thinking quickly, "that your looks couldn't be improved because they are perfect as they are, and that hers couldn't be improved because no amount of work could make her pretty." And the freight flickered knowingly as she sighed a great sigh of contentment and relief, while he drew a deep breath.—Penny Pictorial.

### Will Makers' Whims.

The late T. Bevan, one time M. P. for Gravesend, who directed in his will that his body should be cremated and "the ash residue ground to powder and again burned and dissipated in the air," is one of many men (and women) who have made equally remarkable arrangements for the disposal of their mortal remains. An angler who died recently directed that his ashes should be carried in a bait can and scattered from a boat over the surface of his favorite stream; Mrs. Ernie-Erie-Drax directed that her body should be embalmed and placed in a glass paneled coffin, for the reception of which a circular mausoleum with stained glass dome was to be built; while, at his own wish, the body of one of the Lords Newborough, after twelve months' interment, was exhumed and reburied in Bardsey Island, the reputed resting place of 20,000 saints.—Westminster Gazette.

### Platform and Policy For All.

Fellow Pilgrims! Now that the Sun has started out on the fifth tow-path of its existence our motto hereafter will be: To tell the truth though the heavens take a tumble. To have a newsy paper—taken and paid for by the people. We will be orthodox in our religion—with a firm belief in purgatory for delinquent subscribers—and paradise for those who pay up. Our policy will be to love our friends and brimstone for our enemies. We will advocate—one country, one flag, one wife—at a time—and if you want us to live in pomp and oriental splendor—you had better come in now and subscribe. In fact, now is the propitious time.—Stanley (N. D.) Sun.

In 1906 two cats inherited \$20,000 each from B. F. Dilly, an eccentric millionaire.

## The Farm

### Lime For Egg Eaters.

Professor J. E. Rice, of Cornell University, Ithaca, N. Y., in the course of an address at the poultry institute at Guelph, Can., said one of the results of withholding lime from pullets was that they ate all their eggs. When lime was supplied they quit the habit. This may account for not a little of the egg-eating about which so many farmers are now complaining.

### Egg-Eating Birds Cured.

There are several ways of handling egg-eating birds. They usually behave all right as soon as they get out where they have more room and fresh air, and the shells grow harder, so that all works together to effect a cure. Pending this, darkened nests, raised so that the birds cannot stand and look into them all the time, are helpful. A cloth bottom is sometimes placed above the real bottom of the nest, having a slit for one egg to pass through. In extreme cases an egg has been smeared or mixed with bitter aloes as a lesson of let-alone, which is said to be effective. We have this difficulty occasionally toward spring, but seldom do more than to provide abundant exercise, good food and dark nests. If the sinners can be spotted it is well to coop them by themselves for a time, as such a vice spreads rapidly, especially in an idle flock. Nests may be effectively darkened by tacking a bur-lap curtain at the top edge, to hang four-fifths of the way down, just so the hens can push them aside easily.—C. S. Valentine, in the Tribune Farmer.

### Humus in the Soil.

Professor Whitney, of the Bureau of Soils, says humus acts as a sponge in the soil and absorbs toxic poisons which are given off by the plant roots. However this may be, the farmer must add humus to his soils to make them produce good crops. There are several ways in which humus is increased in the soil. To make the matter clear to those who do not understand what humus it might be well to state that humus is the dark-colored mold left after organic matter or vegetable matter has decayed. Then in the light of this explanation farmers will understand that any organic matter turned under and allowed to decay will form humus. Barnyard manure, straw, stalks, etc., the plowing under of green growing crops, such as clover, cowpeas, rye or any other crop used generally for green manuring will add humus to the soil. The lack of organic matter is usually noticed by the soils becoming out of condition. They run together and cake after heavy rains. When such a condition occurs the farmer should spare no pains to add this highly essential part.—Weekly Witness.

### Surgery For Trees.

The successful treatment of trees by surgery is the subject of a report made recently by a botanist named Eberhardt to the Academy of Sciences, in Paris. M. Eberhardt has practiced it, he says, with entire success in Indo-China. He has often performed operations on tea plants, mulberry trees, orange trees and other tropical plants. Experiments in cold climates have not met with much success so far, but it is believed the system can be used with advantage in the southern regions of Europe. The operations are not amputations, neither are they mere subcutaneous injections, such as have been made successfully in Europe for the cure of some parasitic disease of plants; they are surgical in the strictly modern sense. The method is adopted when the trees are attacked by insects which penetrate the bark and deposit their eggs in the wood. The long-horned beetle is a serious plague in Indo-China. The larvae hollow out galleries in the tissue of the trunk and branches; these interrupt the circulation of the sap, and the tree speedily withers and dies. Eberhardt's method consists of opening up the gallery with a scalpel, removing the larvae with a forceps or curetting instrument and then flushing out the cavity with an antiseptic fluid, consisting of forty parts of glycerine, 110 of formaline and 850 of water. Three or four washings are given at intervals extending over about fifteen days, and at the end of that time cushions of vegetable tissue begin to appear along the edge of the scar, which heals completely in from six to eight months. It is essential during the first two or three months to protect the wound from light, which seems to stop the formation of new tissue. When the trunk is so seriously attacked as to render so radical an operation undesirable, M. Eberhardt pricks the cavity in the tree with a trocar, to which he affixes a syringe and injects a solution of 180 parts of formaline, sixty of glycerine and 750 of water. This he forces in until the cavity is filled to overflowing. Either the larvae come to the surface, when they are extracted with the forceps, or else they are poisoned. Two injections are usually made at eight days' interval. The formaline hardly seems to penetrate the woody fiber beyond the surface broken down by the parasites. The wound heals in time, and the tree seems to suffer no damage from the treatment, while its inevitable destruction by the parasite is prevented.—New York Sun.

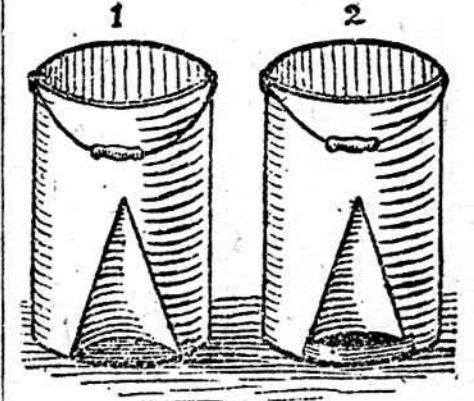
### Convenient Fountain.

Once in a while we see among the mass of inventions and contrivances presented by our farm and fruit and poultry papers one that needs no second look to tell that it is an ideal fixture for the intended purpose. A glance shows that it will do its work and do it better than any other arrangement can.

And now I come with my little contribution. It is a poultry water fountain, and my excuse for describing it to your readers is that it, too, fills the bill better than anything else of the kind. Fill it in the morning, and your chickens, little or big, have a convenient supply of clean water for the day.

Get your tinner to make a straight-sided gallon bucket, of tin or galvanized iron, with a cover soldered on airtight. Cut one side loose from the bottom for a length of four or five inches and hammer the loosened side back toward the centre of the bottom. As it goes back the edge rises, and when you have an inch to an inch and a half of the bottom exposed the edge will be about three-eighths of an inch above it.

To make the water seal, a strip of galvanized iron or tin, three-fourths



(1) Before Strip is Soldered On. (2) Finished.

of an inch wide and as long as the cut in the side, is soldered around the edge of the bottom and at the ends. The cone-shaped dent or depression in the side of the bucket should extend two-thirds of its height.

There are many poultry fountains made on the same principle, but none that I have seen or heard of that so completely protects the water from filth. As there is no extension from the original circumference of the bucket nothing can drop in the water from above. The drinking place seems small, and it would be small for a cow, but is not for a chicken. Often I have seen five and six grown hens drinking from it at once.

To fill it, hold the opening under a faucet or use an old kettle with a spout, or submerge it in a larger bucket. To empty, lay on the ground, opening down.

For little chicks, set it on the floor or ground; for those of larger growth, in a winter pen or scratching shed, set it on a block eight or ten inches high and turn the opening away from the most active scratching operations. Try it. It will save you lots of work and your chickens many a thirsty hour when you are absent, or when they have your pans or open fountains scratched full of chaff and dirt. It is not patented, and any tinner can make one for a little more than the cost of a gallon bucket.—E. J. Baird in New York Tribune Farmer.

### Farm Notes.

In a clover country a farmer who owns a reed huller can make from \$5 to \$10 with it, net, by hulling for his neighbors.

A good tool to cut turf around trees and along borders of walks can be made from an old hoe. Bend the shank out straight and sharpen from both sides.

In calculating the size of the silo which you will need, the Cornell University bulletin says that it is advisable to estimate that an average 1000-pound cow will consume about forty pounds of silage per day.

If you do not know how handy they are, attach chains to your mangers, the hitching post, and wherever you want to fasten a horse. Have a good snap in the end of the chain which can be quickly attached to the bit rein.

When ventilating poultry houses or hog houses, let the ventilator take in air about twelve inches from the bottom and carry it up to within twelve inches of the top before the next opening is made. The ventilator should run diagonally through the house.

A good hog fence can be made by setting posts three feet high sixteen feet apart. Run a barbed wire three inches from the ground and another on the top. Then nail on good strong wire netting thirty inches wide. Draw all tight, and this fence will last a long time.

An Iowa farmer suggests that a good way to prevent the dirt from getting to the oil bowls of the old-style disc harrows is to attach pieces of one-quarter inch gas pipe so they extend up from the oil pipes through the box, keeping them closed with wooden plugs. A blacksmith will do this work at small cost.

One quart of mash to twelve grown hens once a day is the proper allowance—if you insist upon feeding a mash. If you will conform to modern methods, however, and feed your mixed meals and clover in a dry state, you need not fret over how much to feed. Put in the hopper and let each hen choke down all she will. It's the natural way.

A NATURAL MISUNDERSTANDING "I really believe," said Miss Mattie May, "that I'm not capable of criticising anything I see on the stage except the gowns. I saw an actress, the other night who had rather a pretty gown, but the yoke spoiled it."

"Jove! you don't say!" exclaimed Knight Stanz, the tragedian. "Who threw it?"

"Threw what?"

"The yolk."—Philadelphia Press.

### SULPHUR BRINGS HEALTH.

Purifies the Blood and Clears Up the Complexion.

Everybody needs to take Sulphur at this season. Nothing like it to purify the blood, clear up the complexion and remove "that tired feeling." But the only way to take it is in liquid form. Hancock's Liquid Sulphur taken internally is the best Spring tonic. Applied externally Hancock's Liquid Sulphur quickly cures Eczema, Tetter, and all Skin Diseases. Hancock's, the only Liquid Sulphur Ointment, removes Pimples, Blackheads and Sores, and gives a beautiful soft, velvety skin. Your druggist sells it. It cured Edward D. Herring, of Frederick, Md., of a bad case of Eczema, and he writes: "My face is as smooth as an infant's."

All-about-Sulphur Booklet free, if you write Hancock Liquid Sulphur Co., Baltimore.

### IRISH HOPEFULNESS.

Sure, Things Are Never So Bad but They Might Be Worse.

The Irishman sees everything through rose colored glasses, says a writer in the Guidon. He is supported, too, by a simple, sturdy faith, a spirit of resignation and unworldliness worthy of the saints of old.

The dread blight had fallen on the fields in most of the district where we were visiting in Ireland, and the potato vines hung limp and brown. No word of complaint was spoken, and when the likelihood of famine was mentioned the answer came:

"Danger, ma'am? Yes, there is, indeed, but God is good. He'll find a way."

"So, too, about the hay. The summer had been terribly wet, and for days the new mown hay had laid on the ground. It was an anxious time. "What will you do," I said to Mike, "if this weather keeps up? Your hay will surely be ruined."

"Oh, please God, it won't keep up," he answered. "He'll send us a bright day soon, just to see how well we'll use it."

"What a glorious night, Mikey," I said to the boy, as he and I and the donkey drove home under the August moon.

"A fine night, indeed, ma'am. Thanks be to God for giving it to us!"

They showed us, on the road to town, a gentleman's place where, in a stretch of what not long since had evidently been thickly wooded land, stood stump after stump of giant trees. Four or five years ago, when the winter was exceptionally long and cold, the peasants suffered from scarcity of peat. They begged this landed proprietor to sell them wood; offering not only to pay his price but to fell the trees and carry them off. He refused.

Again and again they begged, for the suffering grew intense, but he would not let his hand be marred. One night there came a wind so frightful that it seemed for a time as if the "big wind" were blowing again. In the morning the highway along this proprietor's domain was impassable. Huge trees, blown to the ground, lay across the road for a distance of two miles, and the forest beauty was a thing of the past. The town authorities ordered the obstruction cleared away, and the peasants got for nothing more than they had been refused for pay.

"'Twas the hand of God was in that, ma'am," I was told, "for, with all the wind, not a poor man's cot was harmed, nor another tree on the countryside only those. God always looks after His poor."

### A BAD RECOMMENDATION.

Lady (in draper's shop)—And is this color also genuine?

Assistant—As genuine as the roses on your cheeks, miss.

Lady—H'm! Show me another one. Tit-Bits.

### DR. TALKS OF FOOD

Pres. of Board of Health.

"What shall I eat?" is the daily inquiry the physician is met with. I do not hesitate to say that in my judgment, a large percentage of disease is caused by poorly selected and improperly prepared food. My personal experience with the fully-cooked food, known as Grape-Nuts, enables me to speak freely of its merits.

"From overwork, I suffered several years with malnutrition, palpitation of the heart, and loss of sleep. Last summer I was led to experiment personally with the new food, which I used in conjunction with good rich cow's milk. In a short time after I commenced its use, the disagreeable symptoms disappeared, my heart's action became steady and normal, the functions of the stomach were properly carried out and I again slept as soundly and as well as in my youth.

"I look upon Grape-Nuts as a perfect food, and no one can gainsay but that it has a most prominent place in a rational, scientific system of feeding. Any one who uses this food will soon be convinced of the soundness of the principle upon which it is manufactured and may thereby know the facts as to its true worth." Read, "The Road to Wellville," in pkgs. "There's a Reason."



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NOT BAD, EITHER. "You are beneath my contempt, sir."

"So are you beneath mine, and I'm piling on more every minute."—Philadelphia Ledger.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. B. Kline, Ld., 381 Arch St., Phila., Pa.

NOT MARKED DOWN. "I'd give a good deal for a fine touring car."

"You'd have to."—Cleveland Plain Dealer.

To improve the general health, take Garfield Tea daily for a time; it purifies the blood, eradicates rheumatism and many chronic ailments, and keeps the health good! Garfield Tea is made of herbs; it is guaranteed under the Pure Food and Drugs Law. Garfield Tea Co., Brooklyn, N. Y.

COULD IT BE POSSIBLE? She—"Don't you feel well, dear?"

He—"My head feels heavy. Do you suppose those biscuits you made could have gone to my head?"—Yonkers Statesman.

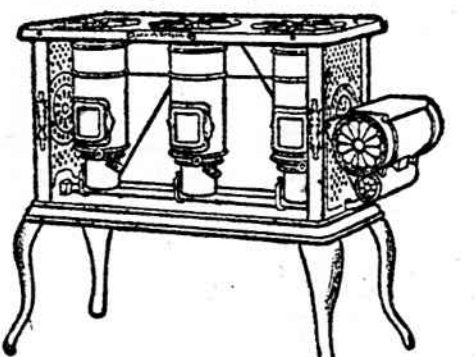
If you watch for the items on Argo. Red Salmon you will find some very interesting things about Alaska and the Salmon industry, of which very little is known in this country. "Argo" is a household word wherever this Salmon has been introduced.

Genius is the ability to sell what you have done for a good price.

HICKS' CAPUDINE IMMEDIATELY CURES HEADACHES Breaks up COLDS IN 6 TO 12 HOURS. Trial Bottle 10c. At Druggists.

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### THE SWISS SCYTHE

Fortune knocks once at a man's door. Misfortune knocks often. Argo Argo Argo Argo Argo Argo Argo Argo Argo Argo. A little learning is a dangerous thing, but a lot of ignorance is still more dangerous.

EASILY THE KING OF ALL MOWING MACHINES IF INTERESTED WRITE TO THE MAUGG CO., Tracy, City Tenn.