

WOMAN WEAK DIZZY, FAINT

Found Relief in Taking Lydia E. Pinkham's Vegetable Compound. Always Recommends It

Bridgeport, Connecticut. — "I was completely run-down, had headaches, dizzy, faint feelings and other troubles women often have. As I had taken Lydia E. Pinkham's Vegetable Compound before, my husband said to take it again. I have now taken Lydia E. Pinkham's Blood Medicine, the Liver Pills, and six boxes of Lydia E. Pinkham's Vegetable Compound Tablets. I am feeling very good now and shall continue taking them for a while. I have been telling my cousin about the medicine and she wants to take it, too. I always recommend it." — Mrs. HENRY C. SMITH, R.F.D. No. 3, Box 6, Bridgeport, Conn.

Lydia E. Pinkham's Vegetable Compound is a splendid medicine for such conditions. It has in many cases relieved those symptoms by removing the cause of them. Mrs. Smith's experience is but one of many.

In a recent country-wide canvass of purchasers of Lydia E. Pinkham's Vegetable Compound, over 121,000 replies were received, and 98 per cent. reported they were benefited by its use. For sale by druggists everywhere.

Conduct has the loudest tongue.

Important to All Women Readers of This Paper

Swamp-Root a Fine Medicine

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be despondent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by parcel post. You can purchase medium and large size bottles at all drug stores.—Advertisement.

Debt is a bottomless sea.—Carlyle.

Build Up Your Blood!

Gastonia, N. C.—"After an attack of the 'flu' my blood was so poor that the least scratch or cut would not heal. My stomach was all out of order and I could not retain what I had eaten. I felt mean and all rundown. My wife suggested that I try Dr. Pierce's Golden Medical Discovery, and I want to give it credit for entirely changing my physical condition. As a tonic and blood medicine, I believe it has no equal."—G. D. Small, 405 South Dalton St., All dealers. Liquid or tablet form.

Send 10c to Dr. Pierce, Buffalo, N. Y., for trial package tablets.

The hair may be thin, but she dies game.

Sure Relief FOR INDIGESTION

BELLANS FOR INDIGESTION 25 CENTS

6 BELLANS Hot water Sure Relief

BELLANS

25¢ AND 75¢ PACKAGES EVERYWHERE

DON'T TRY THE DO THIS WATCH TEST

Can You Hear?

Place watch to ear then draw away. You should hear tick at 36 inches. Does a ringing in your ears prevent your proper hearing?

LEONARD EAR OIL relieves both Head Noises and Deafness. Just rub it back of ears and insert in nostrils.

For Sale Everywhere.

Interesting descriptive folder sent upon request.

A. O. LEONARD, Inc. 79 6th Ave. New York

Teach Children To Use **Cuticura** Soothers and Heals Rash and Irritations Cuticura Soap Keeps the Skin Clear

The AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

FLORIDA CHOOSES MORRIS COMMANDER

James Ward Morris, Jr., is the new commander of the Florida department of the American Legion. Florida is regarded as one of the outstanding departments in the Legion, as a result of its membership activities and of its program of civic endeavor. To Florida went the honor of leading the Legion in the parade at the recent national convention in St. Paul. This honor is awarded to the department attaining the highest percentage of its membership of the preceding year.

Entering the first officers' training camp at Fort McPherson, Ga., on May



James Ward Morris, Jr.

15, 1917, Mr. Morris won a first lieutenant's commission. He was with the Three Hundred and Twenty-sixth Infantry of the Eighty-second division at Camp Gordon, Ga., from the organization of the division. He went overseas with that unit in April, 1918.

Promoted to captain, he was assigned as regimental adjutant of the Three Hundred and Twenty-sixth Infantry. He was in the Toul and Marbach sectors. He took part in the St. Mihiel and Meuse-Argonne offensives. He was captain of his company and then operations officer of his regiment until its demobilization. After his discharge, he received a certificate of citation from General Pershing for meritorious service.

After training at Staunton Military Academy and Horner Military school, Mr. Morris graduated from the University of North Carolina in 1912. He completed his law course in 1913 and began the practice at Tampa in June of that year. He was born at Smithfield, N. C., on November 14, 1890.

Col. Cephas C. Bateman Becomes Legion Member

The San Diego (Cal.) post of the American Legion is proud of the distinction that has recently come to it in the enrollment as a member of Col. Cephas C. Bateman, chaplain, U. S. A., retired, and the oldest member in point of unbroken service as chaplain in the United States army.

Colonel Bateman was born in Michigan in 1857, came to the Pacific coast in 1871 and was educated and ordained as a clergyman in California. He was appointed chaplain in the regular army by President Benjamin Harrison in 1890 with the rank of captain, and was made a delegate to the World's Congress of Religions at the Columbian exposition in 1893. He served with Shafter at Santiago in 1898. He also served twice in the Philippines, more than a year with troops in expeditions directed against the Moros. At the outbreak of the World war, Chaplain Bateman was active in the united war work drive and was later organizer and first director of the chaplain's school of the army now situated at Fort Leavenworth, retiring in 1921 on account of age.

After a lifetime of travel in service to his God, country and flag, Colonel Bateman has selected San Diego as his home and the American Legion is proud of him and his splendid record. A loyal, active Legionnaire, Colonel Bateman has taken a keen interest in the work of the local post and finds himself thoroughly in sympathy with the aims and objects of the ex-service men.

Will Hold Big Celebration

Twenty-two posts of the American Legion in Luzerne county, Pennsylvania, will unite on November 11 in a gigantic celebration of Armistice day. On the afternoon of Armistice day the Legionnaires of the county will gather at Public Square park, where they will be addressed by two men prominent in the affairs of the nation, one of whom will be Judge Kenesaw Mountain Landis. The second speaker has not been named.

TRAINING PUPILS FOR CITIZENSHIP

When the citizenship classes conducted by the American Legion Auxiliary unit at Pittsburg, Kan., open for the eleventh time this fall to prepare foreign-born to pass their examinations for citizenship, there will be ninety-nine enrolled. Pittsburg is in the heart of the Kansas coal district, and the auxiliary found a fertile field for its efforts.

Among the pupils this fall will be included several American-born girls who married foreigners and lost their American citizenship as a result. These girls are helped by the classes and appreciate the work just as much as do the aliens themselves, according to letters of appreciation received by the auxiliary from former pupils.

For three years now the Pittsburg unit has been conducting these classes. Three times a year, before each session of court for the examination of aliens seeking citizenship, these women have held their schools. In November, February and May, the applicants are examined, and for ten Saturday afternoons and evenings before the tests, the classes meet.

It all came about very naturally. A few years ago the Auxiliary, the Daughters of the American Revolution, and the Ladies of the Grand Army of the Republic, united to hold a special ceremony of one hour on the day of the examinations to make the conferring of citizenship more impressive.

While serving on this committee, the Auxiliary women learned of the needs of the petitioners for a school devoted to elementary civics and American history, appreciation of the American system of government and an intensive study of the plan of government, national, state and local. They saw how these men floundered about in their attempts to answer the questions put to them and how woefully ignorant many of them really were of the government from which they sought citizenship.

The ceremonies are still continued. The service consists of prayer, patriotic songs and a short address on the duties and responsibilities of citizenship. Committees from the societies in charge remain throughout the day and present to each of the successful applicants a copy of the Constitution, a small silk flag and a copy of the flag laws of Kansas.

The school was started. At first, the classes were composed of those who were virtually sentenced to attend and whose cases were continued by the judge only on condition that they would come to the school. The work has received the hearty support of the judges and of the bureau of naturalization, and has received official commendation from heads of the bureau at Washington.

Because of the limited time available for the instruction, a course of study covering ten lessons has been worked out. The work has been experimental from first to last, as it is said to differ from Americanization work of other organizations. It is purely educational without any welfare or religious phases.

It is a class for busy men and women who already have a fair knowledge of the English language. No English is taught. Those who need instruction in English are sent to the night schools.

These classes do not take the place of the night schools and do not attempt to do the work done in them. The American Legion and the Auxiliary took the lead in creating an Americanization, education council which secured the establishment of night schools in Pittsburg. They made a survey of the city. They secured the pupils. They petitioned the school board for the schools. They made them popular by entertaining.

The citizenship classes aim to be a bureau of specific information on the points which come up in the citizenship examinations. How the laws are made, who makes them, how many members sit in congress, what district the petitioner lives in, who represents the district in the senate and in the house, similar questions on the state government, how taxes are raised, what part goes to what department, what the county, township and city governments are, how elections are held, what primaries are for, what the electoral college is, what the bill of rights is—these are some of the matters discussed in a very definite way.

Besides the ten lessons, oral instruction is given and it is supplemented by home reading covering the questions of each lesson. In this way applicants for citizens have been prepared very effectively and splendid work for real Americanism has been done by the Pittsburg unit.

The committee in charge of the work is composed of Mrs. John Tracey, chairman, Mrs. Ella Dingman and Mrs. Anos Bennett. They have been assisted by Mrs. H. B. Munson, an attorney, in technical instruction, and by Mrs. L. E. Curfman and Mrs. Kate Morse.

Seek Medal for Hero

The American Legion post of Sierra Madre, Cal., recently put in an application for a Carnegie hero medal for Val Miller, of Sierra Madre, for bravery displayed recently at Balboa beach in rescuing five men, who would otherwise have perished with their eight comrades when the launch in which they were sailing was capsized by a swell. Mr. Miller is a World war veteran and as a youth in the East received many marks of distinction for athletic prowess. Aside from being able to combat the waves, Miller displayed a brand of courage by the rescue not given to every man.



World's Best Drivers

Tommy Milton, Earl Cooper, Harry Hartz, Bennie Hill, Antoine Mourre, Fred Comer, Harlan Fengler, Wade Morton, Ernie Ansterburg, Phil Shafer, and Red Cairns.

250-Mile Race Over One and One-Quarter Mile Board Oval Track Probable Speed 115 Miles An Hour

\$25,000
IN PRIZES

Under the rules and with the sanction of the contest board of the American Automobile association. Sanction No. 1525

Saturday, Oct. 25—2. P. M.

Accommodations For 75,000 Being more people than live in any one of 96 counties in North Carolina.

30,000 Grandstand Seats
45,000 in infield
8,000 automobiles inside
10,000 automobiles outside

HOW TO GET THERE

Speedway located on North Carolina hard surface highway No. 26. Southern railway will operate local shuttle trains to speedway every thirty minutes on day of races.

Get your tickets NOW. Don't wait. Advance sale beyond all expectations. Tickets now on sale at all Eild's stores and Charlotte Speedway headquarters, 28 West Trade street, Charlotte, N. C.

Admission to infield \$2.00
Grandstand seats \$5.00
Section in Grandstand "B" available for colored people.

CHARLOTTE SPEEDWAY, Incorporated
CHARLOTTE, NORTH CAROLINA

INSURES NATIONAL GUARD

Over Seven Million Dollars in Policies; Plans Not Completed For, South Carolina.

Raleigh, N. C.—Announcement was made here that a group insurance policy had been approved by state officials for approximately \$7,500,000 covering the National Guard members of the state. The company, through which the insurance was written, at the same time announced that a similar policy for the same amount had been written for the South Carolina National Guard.

Arrangements for the group policy for the South Carolina National Guard, Col. T. E. Marchant of Columbia, commander One Hundred and Eighteenth infantry, said, have not yet been completed and the policy will not become effective until it embraces 75 per cent of the officers and men of the state National Guard units. How much the policy will amount to, Colonel Marchant said, remains therefore problematical since agents of the company have not yet begun the solicitation of the individual policies.

The plan calls for the insuring of officers of the guard for \$5,000, of non-commissioned officers for \$3,000 and privates for \$2,000, the premiums to be deducted from the National Guard compensation.

Acceptance of the insurance is to be voluntary so far as the members of the guard units are concerned.

Manufacture of Steel Teeth.

Essen.—Krupps will supply men with a useful and powerful weapon, less formidable though than the big Bertha. The big plant, which has been completely remodeled since the war under the clauses of the Versailles Treaty, is manufacturing good solid steel teeth. Under the supervision of eight experienced dentists about a thousand of these instruments, so indispensable an ingredient of a human being's peaceful armament, are being completed daily. As they are said to be of an exceedingly durable quality which even surpasses that of their nobler companions of gold, there is a growing demand for steel teeth throughout Germany.

ZR-3 Flies 33 Hours.

Friedrichshafen.—The ZR-3 returned to Friedrichshafen and landed safely after an entirely successful flight of 33 hours over Germany and the Baltic.

Works 15 Years on Rare Inlaid Table.

Washington.—After working for fifteen years on a inlaid table, R. B. Campbell, a local carpenter foreman, has at last completed what he believes to be the finest and most unusual table of its kind in this country. The top of the table is 32 by 26 inches and contains 10,082 pieces of wood of various sizes, colors and varieties. No two are alike and Campbell says no two came from the same kind of tree.

All varieties of wood found in the United States, Canada and Mexico are represented in the table, and hundreds of specimens from all the countries of South America, Australia, Asia, Africa and Europe.

The middle block of the table measures 1-1/4 square inches and contains 400 small pieces of wood.

Judge Wants New Law. Columbia, S. C.—A new law which would allow prisoners who wish to plead guilty to do so sooner than the law now permits has been suggested by Judge R. W. Memminger, presiding over the criminal court for Richland county. The Grand Jury has been called to pass upon indictments, to save the county the expense of caring for five prisoners who wish to plead guilty before the January term of court.

Farmers Use Much Cream.

Chicago.—Farm families used three times as much butter per capita and twice as much milk and cream as do dwellers of the city, according to a statement issued by the Blue-Valley Creamery Institute after a survey of 8,650 farms by the United States Department of Agriculture.

The American farmer consumes his own dairy products generously, the survey states.

During 1923 the average farm individual consumed 80.8 gallons of milk (including cream), while the average for the entire United States was only 53 gallons. This would equal 39.1 gallons for the average city dweller.

During the past ten years the annual per capita consumption of milk on farms has increased from 72 gallons to 88.8 gallons and butter from 36 to 38.2 pounds.

Quantity of Morphine Seized.

Ogdenburg, Utah.—Morphine valued at \$175,000 was seized by members of the United States border patrol on a country road near Fort Covington. It was disclosed here. The drugs seized, consisting of 600 one ounce cans, were in a large steamer trunk on a light, fast truck.

MASONS FORM DEPARTMENT

SUPREME COUNCIL OF SCOTTISH RITE GATHER IN CHARLESTON.

Charleston, S. C.—At a meeting here of the supreme council of the Scottish Rite of Masons reaffirmed its support of the movement to create a federal department of education with a secretary in the president's cabinet and the appropriation of federal funds for public school purposes.

At the executive session of the grand commander, John H. Cowles of Louisville, Ky., delivered his allocution. In the course of this he is quoted as speaking vigorously in favor of a federal department of education and the use of English as the language of instruction in grammar schools.

He announced that the Rev. Lindsay E. McNair of Jacksonville had been appointed grand chaplain to fill a vacancy.

Grand Master C. K. Chreitberg, of the South Carolina Masonic grand lodge, welcomed the council members to this state at the opening session. In his allocution, Grand Commander Cowles urged the adoption by congress of the Sterling-Reed education bill. He paid a tribute to the founders of the order. In the general educational program he referred to the aims of the supreme council, which includes a national university at Washington, supported by the government, the compulsory use of English as the language of instruction in the grammar grades and the requirement that all normal children shall attend public schools through the grammar grades. "The public school system of our land must be protected and preserved against any and all attacks of whatever nature and from whatever source," the speaker declared.

Allusion was made to resolutions introduced at the last meeting of the supreme council establishing a fund of fraternal assistance and also looking toward the building of a tuberculosis sanitarium for Masons by the supreme council. Announcement was made that the Rev. Lindsay E. McNair, 33rd degree, of Jacksonville, Fla., had been appointed grand chaplain.

Helsingfors, Fin.—Great damage is reported to have been done at Viborg and Kotka by gales and floods. The water level on the gulf of Finland reached from 140 to 300 centimeters (from 5 to 12 feet) above normal, which is said to be the highest in a century.