

MOTHER OF LARGE FAMILY

Recommends Lydia E. Pinkham's Vegetable Compound to Other Mothers

Windom, Minn.—"I was so run-down that I was just good for nothing. I was to become the mother of my ninth child, and I thought I did not have the strength to go through with it. I took Lydia E. Pinkham's Vegetable Compound, and it has surely done all I could ask it to do and I am telling all my friends about it. I have a nice big baby girl and am feeling fine. You may use this letter to help other sick mothers."—Mrs. C. A. MOORE, Box 684, Windom, Minn.

My First Child

Glen Allen, Alabama.—"I have been greatly benefited by taking Lydia E. Pinkham's Vegetable Compound for bearing-down feelings and pains. I was troubled in this way for nearly four years following the birth of my first child, and at times could hardly stand on my feet. A neighbor recommended the Vegetable Compound to me after I had taken doctor's medicines without much benefit. It has relieved my pains and gives me strength. I recommend it and give you permission to use my testimonial letter."—Mrs. I. DA RYK, Glen Allen, Alabama.

A Time Saver.

"You want a hair cut?" asked the Italian barber. "Den I calla my brother, Pietro."

"Is he better at hair cutting than you?" asked the new patron.

"Pietro mucha better. He tella de wonderful 'ghosta story an' make de hair rise, an' he no longa da time hold it up w' de comba."

"DANDELION BUTTER COLOR"

A harmless vegetable butter color used by millions for 30 years. Drug stores and general stores sell bottles of "Dandelion" for 25 cents.—Adv.

Where Pearls Are Plentiful.

In the vicinity of the Pearl Islands, in the Bay of Panama, pearls are so plentiful that when the natives were first discovered the natives were selling them at 50 cents for 100.

The Best Catarrh Remedy

For all nasal catarrh and pollen. The result of taking Hall's Catarrh Remedy is an almost perfect cure.

Creating Impressions.

First I was working on a Tenth Avenue apartment house.

Flags Are in Sealed Cases

World War Colors of Ohio Units Are Placed in Statehouse at Buckeye Capital.

Hall's Catarrh Medicine

will do what we claim for it—and your system of Catarrh or Deafness caused by Catarrh.

TAKE IN THE PLACE OF CALOMEL

HAND'S Livo-lax

BILIOUSNESS
CONSTIPATION
INDIGESTION

Feverish condition, sick and nervous headache, malaria, dyspepsia, sour stomach complaints arising from a torpid liver.

BUY A BOTTLE 30¢ and 60¢

FOR SALE EVERYWHERE

W.L. HAND MEDICINE CO. CHARLOTTE, N.C.

CURES COLDS IN 24 HOURS

WORLD'S GREATEST STANDARD PRICE 30¢

CASCARA QUININE

CURES LA GRIPPE IN 3 DAYS

DETROIT, W.M. SMALL, CO. RICHMOND

Stops Eczema

Relieves the inflammation, itching and irritation; soothes and softens the skin and leaves it smooth and healthy.

TETTERINE

The complexion's best friend. Use at your drug store or from the SHREVEPORT CO., SHREVEPORT, LA.

EYES HURT?

The best eye medicine. Use at your drug store or from the SHREVEPORT CO., SHREVEPORT, LA.

The AMERICAN LEGION

Copy for This Department Supplied by the American Legion News Service.

274 NEW MEMBERS IN YEAR

Roy R. Volk, Adjutant Altus (Okla.) Legion Post, Adds Many New Names to Roster.

To Roy R. Volk, adjutant of the American Legion in Altus, Okla., is given credit for a remarkable growth of post membership.

When Volk was named to the post of adjutant the organization had but 18 members, but he increased this in less than a year to 292, making it one of the principal posts in the state.

The first thing Volk did was to secure one of the best-equipped club-rooms in the state, with a kitchen which would permit meals to be served to 300 at one time, a billiard room and a \$1,500 library. Well-equipped offices and lounging rooms are to be found in the quarters.

In his drive for members Volk made a clean sweep of the city of Altus and extended his efforts to the surround-



Roy R. Volk.

ing country, visiting many extensive farms on nearby farms. He hopes to boost the post membership to 500 before the close of the year, and expects to a home owned by the post.

Volk lost all his immediate family, two brothers and a sister, in the World War and is himself disabled. As a result of his service, he was cited for meritorious work while at Fort Bragg, an annual recognition having been granted a soldier at that post throughout the war, it is said.

FLAGS ARE IN SEALED CASES

World War Colors of Ohio Units Are Placed in Statehouse at Buckeye Capital.

Flags carried by Ohio units in the World War have been placed in a special glass case in the statehouse at Columbus, O., there to rest by the side of the colors carried by Ohio regiments in the Civil War.

The ceremony attending the return of the flags to the state, in accordance with a recent order of the War Department, was attended by many veterans of both the Civil and World wars. Three national units of defense are represented by the World War flags now in the keeping of the state—the regular army, the National Guard and the reserve corps. In a parade prior to the placing of the flags in the statehouse many of the colors were carried by the original color sergeants who carried them in the World War.

The flags were presented by Col. Charles Rhodes, chief of staff, Fort Hayes, Fifth corps area commander, representing the United States Government. They were received by Adjutant General Henderson of Ohio.

LEGION THEIR BEST FRIEND

Disabled American Veterans Express Confidence in Organization and Seek Its Help.

The American Legion is the best friend of the ex-service man, was the declaration of James A. McFarland of Dalton, Ga., national commander of the Disabled American Veterans of the World War, in an address delivered before the national convention of the Legion at San Francisco.

"The disabled American veterans realize that the best friend of the ex-service man is the American Legion," he said. "That the organization that has the strength to force the issue to demand the recognition due the ex-service men is the Legion, and I am sure my crippled buddies of the D. A. V. are glad that I rode 3,000 miles to let you men of the Legion know that we believe in you and want you to stand by us and help us."

Post Leaves Auditorium.

The Lincoln (Neb.) post of the American Legion has leased the Lincoln City auditorium for a period of one year. The lease covers all seats except those previously reserved for the city with individuals. The Legion post plans to use a part of the building for a dining room. A kitchen, probably will be installed in the auditorium.

BAPTISTS ELECT DELEGATES

More Than Three Hundred Delegates From Fourteen Associations Were Present.

Greenwood—Officers of the northern sectional convention of the Baptist Young People's union, in session at South Main Street Baptist church here, were elected as follows: W. E. Brant, Greenville, president; Miss Marie Still, Greenwood, secretary and treasurer; vice presidents, all those holding office in the 14 associations comprising the northern section, Miss Pearl Jones, Greenville, junior intermediate leader and Leland Prince, central, choirster.

A total of 345 delegates from practically all of the 14 associations were enrolled for the exercises. "The Success of the Past, the Promise of the Future," was discussed in brief reports by each president at the morning session, the speakers pointing out the great number of paid up campaign pledges and the many volunteers for all fields of service.

Reports of the work of the unions in the colleges were made by C. B. Bishop, Furman; Miss Ora Prince, Limestone, and Miss Madge Bradley, Anderson, and R. C. Blackwell, Furman. H. D. Prince, North Greenville academy, discussed progress of the work at academics. These were followed by the address of the president, William Brant, on "Our Opportunity."

A round table discussion of B. Y. P. U. methods was the feature of the afternoon session, led by the Rev. J. L. Baggott of Columbia.

Short talks were made by Miss Maude Ellis of Clinton and Miss Mat tie Sue Wofford of Greer.

Contract Let for New Building.

Spartanburg—The contract for the erection and foundation work of the Montgomery building, Spartanburg's newest theater and office building, was let to the Fiske-Carter Construction company of this city. Bids were opened in the office of the Parcel Manufacturing company, Victor Montgomery, president of Parcel Cotton Mills, being chairman of the building committee of the Montgomery building as well as president of the Montgomery building corporation.

The drive for this building was put over by the chamber of commerce, Lockwood, Green & Co. of Boston and Spartanburg are the architects of the Montgomery building. When the new ten story structure is completed they will occupy one floor, making Spartanburg their chief Southern office, from which they will direct the numerous textile operations in the section. It will be recalled that Lockwood, Green & Co. recently purchased a number of cotton mills in South Carolina, bringing their aggregate in the state close to 1,000,000.

The new Montgomery building is so named in honor of the late Capt. John H. Montgomery, pioneer textile mill in the Piedmont section of South Carolina. It will be erected on the corner of the old Montgomery home in the city of Spartanburg, at the corner of North Church and Elm streets, and when completed will cost \$1,250,000. Of the capital stock \$750,000 is in local bonds and \$500,000 in common stock.

Belgian Returns Highly Delighted.

Charleston—Dr. John K. Small, New York tourist, has left Charleston a happy man, for he has rediscovered Walter's life, a mystery flower that has been puzzling botanists for many years. Dr. Small found the rare plant at a small plantation in the vicinity of Pinopolis, Berkeley county, where he was investigating.

Arrival of Steamers.

Charleston—The arrival of three steamers breaking a recent lull in shipping, was the start of a procession of vessels, numbering about 25, due here the latter part of November and in December. The list of vessels en route to port indicates that a brisk spurt of shipping is ahead for Charleston.

Prominent among the vessels known or reported to be here in the near future are several tankers. Two Standard Oil tankers, the Sucrosa and the Calgarolite, arrived Saturday to discharge, the other steamer being the Nollismer, a British vessel, which came in for cargo. Other Standard Oil tankers on the list are Polarine, Benjamin Brewster, Montrolite, Desoto, Chinampa, S. V. Harkness, Josiah Mary.

Among the shipping board vessels scheduled to arrive are: Ophis, Pachet Minnequa, Shickshiny, consigned to the Carolina company; two Texas company tankers, the Harvester and the Lightburne are on the list. The schooner William E. Litchfield is the only windjammer known to be en route, but it is reported that others are to come also. Other steamers due are the Gasconier, Orleans, Noruega and Eranger.

Girl at Kingstree Wins Trip.

Kingstree—Miss Eva Cantley, a member of Central Girls club, has won the trip to Chicago offered by Montgomery Ward & Co. for the South Carolina girl, who made the highest score for the year's work. Miss Cantley has not all the requirements and will thus have the right to lose of representing South Carolina at the Second National Year and will thus be sent to Chicago during the two week vacation. She will meet on her way about November 25.

THE KITCHEN CABINET

1912, Western Newspaper Union

How many people think the world is drab-colored and life a failure, and so have done or said something they regret all their lives, when a vegetable pill or a brisk walk would have changed their vision completely.

A COLLECTION OF GOOD CAKES

A good cake is appreciated and enjoyed at any season, but at Christmas time with the family gatherings and homecomings cake is one of the reliable and always popular foods. In most homes a tasty cake which is good without being too costly is the one we look for. A sour cream cake will be one we will like.

Sour Cream Cake.

Cream one-half cupful of shortening with one cupful of sugar, add one-half cupful of molasses, two eggs, one teaspoonful each of cinnamon and nutmeg, one-fourth teaspoonful of salt, one and one-half teaspoonfuls of soda, two cupfuls of pastry flour, one cupful of sour cream, three-fourths of a cupful of raisins; add the dry ingredients well mixed, alternately with the sour cream. Add the raisins and the same amount of chopped nuts at the last. Beat well, pour into a large loaf pan and bake about three-quarters of an hour.

Texas Pecan Cake.

Cream three-fourths of a cupful of shortening, add one and one-half cupfuls of sugar, mixing well. Mix together three cupfuls of pastry flour, three tablespoonfuls of baking powder, one-half teaspoonful of salt; add alternately with one cupful of milk and a teaspoonful of vanilla. Fold in the stiffly beaten whites at the last. Bake in three layers and put together with boiled frosting, using two cupfuls of sugar and two egg whites. Add a cupful of chopped pecan nuts just before spreading onto the cake. Fewer nuts may be used where one is a dollar a pound.

Sunshine Cake (Two Eggs).

Take one-fourth of a cupful of shortening, one cupful of sugar, two eggs, one-half cupful of sifted sugar, one and one-half cupfuls of pastry flour, one-half cupful of baking powder, one-half cupful of hot milk and a teaspoonful of lemon extract. Mix as usual, adding the hot milk at the last with the extract. Bake on a loaf or in layers.

Beat through the egg.
An omelette does nothing.
And from the brilliant sky
Less than a speck of blue.

Be sure, however, that
The omelette does nothing
And finally becomes the pie,
For heaven's sake.

CANDY FOR EVERYBODY

Who doesn't enjoy a nice piece of homemade candy?

Sea Foam.

Take two cupfuls of sugar, three cupfuls of a cupful of corn syrup, one-fourth of a cupful of boiling water, two egg whites, one-half cupful of chopped nuts and one-half teaspoonful of vanilla. Cook until the mixture makes a hard ball in water on a buttered platter. Pour into a greased platter and when cool enough pull. The flavoring is added just as it is poured out. Some like a peppermint flavored candy; any kind may be used to suit the taste.

Molasses Candy.

Take three cupfuls of sugar, two cupfuls of molasses, one cupful of butter and flavor to taste. Boil all the ingredients except the flavoring until it makes a hard ball in water. Pour into a greased platter and when cool enough pull. The flavoring is added just as it is poured out. Some like a peppermint flavored candy; any kind may be used to suit the taste.

Peanut Butter Fudge.

Place two cupfuls of sugar, two-thirds of a cupful of milk in a saucepan and stir until the sugar is dissolved. Let it boil vigorously, stirring a little until the mixture forms a soft ball in cold water. Remove from the fire and add four tablespoonfuls of peanut butter. Stir until the butter is melted, then beat until creamy. Add one teaspoonful of vanilla and one-third of a cupful of sultana raisins. Turn into greased pans and cut into squares when cool.

After-Dinner Mints.

Take three cupfuls of granulated sugar, one-fourth of a teaspoonful of cream of tartar, one-half cupful of boiling water, one-half tablespoonful of vinegar. Boil until it becomes brittle in water. Pour out on a buttered platter. Pull, adding two drops of the oil of peppermint. Put into a tight glass jar after pulling and cutting into small pieces. Let stand ten days and it will be creamy and delicious.

Chocolate Fudge.

Take two cupfuls of sugar, one of brown and one of white, add one-half cupful of milk, two tablespoonfuls of butter, two squares of melted chocolate and one-third of a cupful of cream. Cook in the soft ball stage and cut before pulling. Beat until creamy and pull. Turn into a buttered pan and pull off into squares before it gets too hard.

Nellie Maywell

Children Cry for Fletcher's CASTORIA



MOTHER: Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared for Infants in arms and Children all ages.

Two pleasant ways to relieve a cough

Take your choice and suit your taste. S-B or Menthol flavor. A sure relief for coughs, colds and hoarseness. Put one in your mouth at bedtime. Always keep a box on hand.

SMITH BROTHERS

S-B COUGH DROPS MENTHOL

Famous since 1847

HIS OPINION OF ACTRESSES 'RAIN TREE' SUPPLIES WATER

Stage Aspirant Relates Remark Made by Photographer When She Needed Encouragement.

The trials and tribulations of the embryo actress are legion. One learns from many sources of all the obstacles placed in her way. She is told that she should have hard work and to work, and those girls with courage enough to go on, their eyes fixed on a shining goal, are the first to agree that hard work is the real secret to an end.

"We have our disappointments and discouragements," said one, "many from managers that when you follow them up after turns out to be only false promises, kindly written, it's true, but will never become. And one can't blame the manager. He gets so many letters from aspiring applicants, but with a courageous and determined tone of a lovely young lady: 'I'll have a part in this!'"

"I've had a good many lives and disappointments, discouragements and the like, but the founder of all was the photographer's I visited the other day in his own professional parlors. He looked me over. 'Bring on the stage!' said he. 'Well, I suppose to get going you'll be going for the stock and set back.'"—New York Sun and Globe.

That Kind of Feet.
Customer—I would like to see a pair of shoes that would fit my feet.
Salesman—So would I.

Beautiful and Common Tree in Tropical America, Holds Liquid in Leaves.

The name "rain tree" has been given to a beautiful and very common tree of tropical America. The name is probably due to the fact that the tree has the habit of allowing its liquid to fall and during rains, and not to stay in the leaves to shed water from the leaves. The original rain tree city, as found in the mountains of early vintage, back as far as the fifteenth century, located the tree in the island of Formosa, one of the Philippines. This island has no springs and a steady rainfall, but, according to the story, instead of an ample supply of fresh water from a single tree.

What's the Verdict?

THE test of a mealtime drink is not alone how it tastes, but also what it does. Many a coffee-user finds wakefulness and restlessness after drinking coffee with the evening meal—and other health-disturbances follow on.

There's double pleasure and benefit in Postum; delightful taste, complete satisfaction, and agreeable friendship with nerves and health.

There's charm without harm in Postum. Let a ten-days' trial of Postum instead of coffee show you the marked improvement in health and comfort which so many others have found.

Sold by grocers everywhere!

Postum for Health

"There's a Reason"

Your grocer sells Postum in two forms: Instant Postum (the one prepared instantly in the cup by the addition of boiling water) and Postum Cereal (the one prepared by boiling with milk). Both are equally good. The one of instant Postum is shown on the right.

Made by Postum Cereal Co., Inc., Battle Creek, Mich.