

PE-RUNA

The Most Successful Treatment of the Century for CATARRH

Tablets or Liquid Sold Everywhere

ABSORBINE

will reduce inflamed, swollen Joints, Sprains, Bruises, Soft Swells, Heals Sores, Piles, Eczema, Itching, Fissures and Infected Sores quickly as it is a positive antiseptic and germicide. Pleasant to use, does not blister or remove the hair, and you can work the horse. \$2.50 per bottle delivered. Book 7 A free.

W. F. YOUNG, Inc., 510 Lyons St., Springfield, Mass.

Drive Malaria Out of the System

BABEK

for CHILLS & FEVER

A GOOD TONIC AND APPETIZER

Contains No Quinine

Special Offer: Mail the advertisement with 10c for a full size bottle to the DeLac Company, Washington, D. C. Money back if not satisfied.

ACOLD TODAY - DON'T DELAY

with CASCARET

Keep Your Bowels Regular

Keep Your System Clean

Cuticura Talcum

Always Healthful

Keeps the Skin Soft and Smooth

EYES HURT?

Use Cuticura

Keeps the Eyes Clear and Bright

An English Custom.

"With all the difference, my boy, I really think our English custom of the telephone is better than saying 'hello' as you do."

"What," asked the party of the second part, "do you say in England?"

"We say: 'Are you there?' Then, of course, if you are not there, there is no use in going on with the conversation."

Sure Enough.

"I read in the paper last night," said Professor Pate, "that a member of the old German aristocracy had turned to burglary as a regular business."

"Why do you say 'turned'?" snarled J. Fuller Gloom.

MIDDLE LIFE CAUSED PAINS

Change of Life, for This Lady, Brought Many Disagreeable Symptoms, But She Found Cardui Helpful.

Morganton, N. C.—"When I had change of life, I suffered with my back, sides and head," says Mrs. J. M. Fisher, of this place. "It seemed like all the blood in my body rushed to my head. My face would burn and I would get dizzy when I would stoop over. I was so easily depressed and suffered quite a lot of pain. I was nervous and easily upset.

"I heard of Cardui and . . . sent for a bottle and took it. I wasn't sure I was better, but I knew I was no worse, so I thought I would try another bottle. After the second I knew I was better. I took about four in all, and then two more later.

"I certainly was helped."

"That many of the disagreeable symptoms attending 'the change' may be relieved, has been proved by the experience of thousands of women who have taken Cardui.

Certainly every woman is much better off who gets through middle age with as little suffering as possible, and the assistance obtainable from Cardui is valuable, indeed. No woman entering or approaching this critical period should neglect giving this well-known tonic medicine a fair trial immediately upon its need being indicated.

Cardui is for sale by all druggists.

Take CARDUI

THE WOMEN'S TONIC

THE AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

J. R. QUINN, NEW COMMANDER

National Convention at San Francisco Selects Californian to Head American Legion.

John R. Quinn of California was elected national commander of the American Legion, at the recent national convention held in San Francisco. He succeeds Alvin Owsley of Texas.

Quinn, a typical westerner of the open plains, announced he would dedicate his administration to conducting a vigorous campaign to obtain immediate passage of the ex-service men's



John R. Quinn.

affected compensation act, and a closer and better contact between the disabled veterans and government agencies in charge of rehabilitation and hospitalization.

Quinn was elected on the seventh ballot. His total vote was 592, compared with 542 for Julius E. Dixon of Washington, D. C., 80 for Clarence R. Edwards of Boston, and 54 for Walter S. Strigoff of Kansas.

The following national vice commanders were elected: Ryan Duffy, Ford Du Lac, Wis.; Truman Mann, High Point, N. C.; William R. Hoyle, Wilkes-Barre, Pa.; C. M. Stoddard, Atlanta, and Lester Abbott, Idaho. Earl C. Cronson of Minnesota was elected chaplain by acclamation.

Commander Quinn retained all appointive Legion officers: Lemuel Sullivan, Seattle, national adjutant; Russell Cleveland, Indianapolis, assistant adjutant; Eben Parsons, Wellesley, Mass., historian; Robert Tyndall, Indianapolis, treasurer; Robert A. Adams, Indianapolis, adjutant.

Mrs. Franklin Bishop of Leicester, Mass., was elected national president of the American Legion auxiliary.

ONE MAN GOT 245 MEMBERS

John Smith, Monahan Post, Sioux City, Ia., Sets Pace for Other Hustlers.

Membership records went flying when John A. Smith of Monahan post of the American Legion in Sioux City, Ia., staged a campaign of his own and signed up 245 new members.

Smith invaded the packing houses and stock yards, and made arrangements for 150 to join the Legion on the installment plan, their employers taking a dollar a month off their pay checks until dues had been paid.

As a result of his activities Smith won a round trip to the convention in San Francisco with pullman fare included and was decorated by National Commander Alvin Owsley when he visited Sioux City. "Since his invasion of the packing houses, Smith has specialized in enrolling members by mail."

Veteran Refuses Prize Car

John Dumphy, a big, red-headed, Irish sergeant in "A" battery of the One Hundred Fifty-first field artillery during the World war, recently tossed away a ticket which entitled him to receive a \$500 automobile, because he said some other person was more deserving of it. A merchant's contest held in connection with a "fun festival" of a St. Paul post of the American Legion was enlivened by the award of a car to a certain lucky person, and Dumphy's name was the first drawn. The former soldier, busy at work "boosting" the festival, had tickets, but because he was so closely connected with the event, he refused the car when his number was selected, saying that he preferred that it go to some other who supported the Legion's show.

In Recent Inauguration.

Many American Legionnaires at the national convention in San Francisco were surprised to find that the Legion post at Seattle, Wash., a post of 512, was elected to the honor of the inauguration and to the right to host the next national convention.

TO CHECK UP ON PROGRESS

American Commission of American Legion Plans to Combat Adverse Instruction in Homes.

Max M. Neumann, chairman of the American Commission of the American Legion in Washington, and a former state legislator, has announced a definite plan for combating un-American teachings in home life, which have often offset patriotic instruction in schools.

"We have found in Washington that Americanism work done in schools with the children oftentimes has been counteracted by un-American teachings in the home. A plan has been worked out for use in the state whereby we are urging that examinations be made in Americanism in every grade of the schools. These examinations would be kept and taken yearly, and comparisons made as to advancement. In the event these records do not show the proper progress, the American Legion would take up the matter at its source in the home to remedy it. The examinations would not be limited to the foreign-born children, or those born of foreign parentage."

Legion men in Washington face many problems of Americanization, of which the Japanese question and anti-alien land ownership are of greatest concern, according to Mr. Neumann.

MEMORIAL TO HERMAN DAVIS

Legion in Arkansas Joins in Movement to Raise \$100,000 to Mark Hero's Grave.

The American Legion in Arkansas has joined in the movement to raise \$100,000 for a memorial to Herman Davis, said to have been the state's greatest World war hero. Davis' name is fourth on the list of 100 greatest heroes of the war, selected by War department officials. The man died from the effects of gas last January in almost destitute circumstances, and his body now lies in an unmarked grave near Manila, Ark. A suitable monument will be erected over the grave and a memorial shaft on the grounds of the War Memorial building is contemplated by the donors to this fund. Scholarship for Arkansas students at the state university will be endowed, if the quest for funds is successful. Department Commander Elgin C. Robinson, of Nashville, is secretary of the memorial organization.

Physicians Being Assigned

A group of graduate physicians, who have received intensive training in neuropsychiatric treatment in a government school in Washington, D. C., are now being assigned to Veterans' bureau hospitals in various parts of the country. The school was opened by the government with the intention of making available the services of the strongest teaching staff of experts on mental questions possible, in order that former World war soldiers of the United States might receive the benefit of their research. The instructors were drawn from the public health service, civil life, and from military service. The class of forty-four, who studied under this faculty, were paid for the time spent in training and will receive a retainer fee for consultation work with mental cases originating from war service, and handled by the Veterans' bureau.

Seeks Ex-Service Man

National headquarters of the American Legion in Indianapolis has been asked to aid in the search for John Morgan Broadus of El Paso, Tex., who disappeared from Long Beach, Cal., June 14, 1923, while on a vacation. Broadus is not a Legionnaire, but his brother, Frank Broadus, is an active member in the organization in El Paso. The missing man is twenty-two years of age; 5 feet 7 inches in height, and weighs 145 pounds. His hair is light and he has high cheek bones. When last seen he was wearing a light-brown suit and heavy tortoise-shell glasses. His mother is very ill and needs him. Any information obtainable should be forwarded to the El Paso post, No. 38, American Legion. A reward of \$500 has been offered for his location.

To Raise Funds for Memorial

That the memory of Raoul Lufbery, one of America's great flying aces, might never be dimmed, members of the American Legion and other veterans' organizations have joined in a campaign to raise funds for a memorial in Wallingford, Conn., the former home of the great flyer. The monument will be erected on Mount Tom, near the city, and a flying field will be opened bearing the hero's name.

Legionnaires as Painters

Public spirit, muscle power and 72 gallons of paint enabled members of the American Legion post and its auxiliary in Bemidji, Minn., to apply the proper color to the \$15,000 uncompleted grandstand of the Beltrami County Agricultural association's fair ground. Fifty Legionnaires put on two coats of paint and members of the auxiliary assisted, furnishing with "volitional" members of the paint stores.

Fund for Former Captain

Some Legion members, headed by the late Captain Fred Johnson, have been commissioned by the contract in Hartford, N. H., with a substantial sum provided for the Legion post in Hartford, Conn. Legions in Hartford have the honor of being named after the late Captain.

IMPROVED UNIFORM INTERNATIONAL

Sunday School Lesson

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)

© 1923, Western Newspaper Union.

LESSON FOR NOVEMBER 25

CHRISTIANS CALLED TO BE MISSIONARIES

LESSON TEXT—John 17:18; Matt. 28:16-20; Acts 1:6-8.

GOLDEN TEXT—"Go ye therefore and teach all nations."—Matt. 28:19.

PRIMARY TOPIC—Telling Everyone About Jesus.

JUNIOR TOPIC—Our Marching Orders.

INTERMEDIATE AND SENIOR TOPIC—Working Together With Christ.

YOUNG PEOPLE AND ADULT TOPICS—World-Wide Witnessing for Christ.

I. Sent by Christ (John 17:18).

Christ was sent into the world to save it. Just as He was sent, so He sends us. Just as He was obedient to the Father's command, so we should be to His command. That this might be possible Christ set apart himself, and that the disciples might be fit for this work they are to be sanctified through the truth of God's Word. That which fits the one called to represent Christ is the knowledge of God's holy Word.

II. The Great Commission (Matt. 28:16-20).

At an appointed meeting place in Galilee on a mountain side, Jesus appeared before the disciples and gave this great commission.

1. His Claim of Authority (v. 18). He does not claim to be merely the King of the Jews, but King of Kings and Lord of Lords. He stands clothed with the authority and power of the universe. Before there will be any great concern about evangelizing the world there must be an understanding of the power and might of Jesus Christ as Lord. The Lord must and shall be obeyed.

2. The Obligation Imposed (vv. 19, 20). They are to make disciples of all nations. The obligation of the Christian is not merely to preach the gospel to the Jews, but to all the nations. Those who accept Christ as Savior and Lord are to be baptized in the name of the Father, Son and Holy Ghost. By this means they signify acknowledgment their allegiance to Jesus Christ as their divine Lord. To secure public approval of loyalty to Christ is important. It strengthens the character of the confessor. They are also to be instructed to render obedience to all the commandments and requirements of the divine Lord.

3. The Divine Presence Promised (v. 20). To assure the disciples of the support of their undertaking Jesus guarantees His presence at all times and under all circumstances. That which gives courage and encouragement to the missionary today is the assurance of the abiding presence of the Lord Jesus Christ.

III. The Missionary Program (Acts 1:8).

It is essential that the missionary program be understood. The work incumbent upon the church is to witness of Christ's gracious salvation to all the nations. After this is done there will follow the preaching of the gospel of the kingdom by "converted Israelites. This was not clear to the disciples, therefore they put the question, "Wilt thou at this time restore the kingdom of Israel?" They were right in thinking that the kingdom will be restored. The Davidic kingdom shall be established, but not till after the gospel of the grace of God is preached and the body of Christ is completed. Its realization is certain, but the time is unknown. Times and seasons are in the hands of God. The program which the disciples are to carry out in this present time is witnessing for Christ.

1. In Jerusalem (v. 8). This was done by the Twelve immediately following Pentecost.

2. In Judea and Samaria (v. 8). This was done by the disciples after the hands of the persecutors were laid on them. Not only the Twelve but many others took part in this.

3. Unto the Uttermost Parts of the Earth. Beginning with the first foreign missionary enterprise this work has been carried on with varying degrees of success till the present time.

Being Self-Centered.

Nothing is more wearing or a more fruitful source of unhappiness in the long run than to be self-centered. If our thoughts and plans, our hopes and fears, our ideals and ambitions all center in our own personal comfort and happiness, there must come many a day of infinite weariness and self-disgust when life does not seem worth living. Poverty or riches have very little to do with it. You will find just as many well-to-do people as poor, for whom life has lost its spice and enthusiasm. It is not a question of capital, but of character.

No Pious Sneer at Him.

It is very dangerous for any man to find any spot on the broad field that is sweeter to him than his home.—E. W. Beach.

A Word to Women.

Do not wear a "sweater" of a style so tight it is out of health, and prevents the air from coming through.

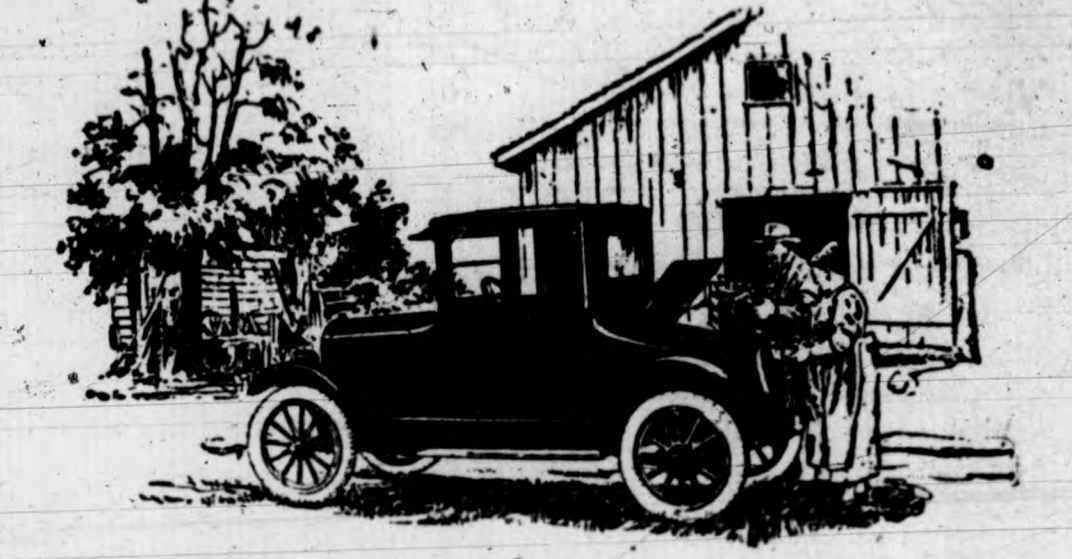
Do Not Forget the Home.

A picture of the home with its loved ones is a great help in the missionary work.

For Economical Transportation



Every Farm Needs Two



EVERY farm needs two automobiles, one of which should be a closed model Chevrolet.

The open touring car is best for general farm use, carrying passengers or perhaps miscellaneous bulky produce or merchandise, but for cold or rainy weather, and for church or social use the family needs a closed car, either a 2-passenger Utility Coupé as illustrated, or the 5-passenger Sedan. The extra large rear compartment is a feature of the Coupé.

These closed cars are very finely made, furnished, upholstered and trimmed. The windows are of plate glass and can be lowered, providing as much air as an open car, yet affording full protection against wind, rain, snow or cold when raised.

With a second car on a farm, one is always available for those at home when the other car is out.

The low prices of Chevrolet make the ownership of two cars feasible for most farm families.

CHEVROLET MOTOR CO., DETROIT, MICH.
Division of General Motors Corporation

Prices Effective September 1, 1923	f. o. b. Flint, Michigan
Superior 2-Pass. Roadster	\$450
Superior 2-Pass. Touring	450
Superior 2-Pass. Utility Coupé	450
Superior 2-Pass. Sedan	450
Superior 5-Pass. Sedan	550
Superior 5-Pass. Touring	550
Superior 5-Pass. Utility Coupé	550
Superior 5-Pass. Sedan	550
Utility Express Truck Chassis	\$300

FIRST U. S. MILITARY MEDAL

Government Gave Gen. George Washington Decoration to Commemorate Rate Evaluation of Boston.

The first military medal ever bestowed by the American government was one in gold to Gen. George Washington to commemorate the evacuation of Boston by the British in 1776. Capt. Paul Jones was similarly rewarded for his famous fight with the "Bonhomme" in 1779, and the three sons, Paulding, Illinois and Van Wert, who captured Maj. John Andre in 1780, were given special medals by congress.

The first decoration, and so far as is known, the first of the general staff of the U. S. A., and author of a work on military and civil orders, decorations and medals, has been able to discover, which had a general application to military men, was the result of an order issued in 1782 by General Washington. A soldier cited for the decoration was permitted to wear on his uniform, over his left breast, the figure of a heart in purple cloth or silk, edged with narrow lace of binding.—Detroit News.

WIDENS MARKET FOR MEAT

United States Department of Agriculture Says Hog Raisers' Attention to Quality.

A wider market for United States meats, particularly pork, has been made available by the efforts of the United States Department of Agriculture and the state departments, the said report indicates of it being the result of the Netherlands to shipments of fresh pork. This new market, with the English market, which was opened in the same products about 18 months ago, now gives hog raisers a substantial additional outlet of a flow where production is at a high point.

As a man eateth so is he

THINKING moulds the mind and exercise develops the body, but food supplies the materials for building mind and body.

Grape-Nuts, made from wheat and malted barley, is a crisp, delicious cereal food, rich in wholesome nutriment.

The important mineral elements of the grains are readily available in this splendid food. The essential Vitamin-B is supplied in generous measure. The nutritious starches of the wheat and barley are partially pre-digested by 20 hours' baking.

Grape-Nuts with milk or cream is a complete food. Its compact form makes a little go a long way.

Sold by Grocers Everywhere!

Grape-Nuts
—THE BODY BUILDER
"There's a Reason"