

INFLUENZA DON'TS

FEWER NEWSPAPERS

WATER LILIES FOOD

Scholarships For Soldiers.

and most interesting tried at the two weeks' term of the court which adjourned Saturday.

How to Stop Spread of Malady and Avoid Catching It Yourself.

Many Have Disappeared in the Past Twelve Months.

Seeds and Tubers Make Good Stew With Meat.

Ex-service men have many advantages over the ex-soldier of fifty years ago. For example, they good men had their education cut short by war, and the next generation, especially in the South felt this handicap. But now, not only the Government is providing certain vocational training for its soldiers, but comes forward the Y. M. C. A. with an offer of 150 to 200 scholarships for South Carolina, the only condition of eligibility being that the applicant has been honorably discharged. These scholarships are distributed among all the States out of Educational War Funds left over when the War closed, and each County is allotted a pro rate share of 2c per capita.

once to a State Committee located at Columbia composed of Prof. Wilson Gee, chair of Rural Social Science, University of S. C.; Mr. Julien C. Rogers, Vice-President Liberty Bank, and Prof. Luaco Gunter, Rural School Supervisor. Mr. Eugene R. Pendleton has been asked to supervise the work to get a fair distribution and will be glad to furnish any information or assistance in his power. Negro soldiers will receive their proportion according to numbers, and awards are open to marines, soldiers, sailors in camps or overseas. The wide range of courses offered make it possible for the man with little or no elementary education to participate in the benefits on an equal basis with those more fortunate in the matter of education. Comprehensive and practical agricultural courses are offered in the Home Study courses, along with commercial, academic professional and highly specialized ones.

Dr. Louis K. Barbot, the Charleston druggist, who was convicted in the federal court at Columbia, during the past week, was sentenced to pay a fine of \$1,000 and to serve three months in the Florence county jail. This sentence was pronounced by Judge H. A. M. Smith Saturday morning after he had previously declined to grant a new trial. This case was perhaps the most important

1. The person who coughs and sneezes discharges a spray more deadly than bullets or poison gas, unless the mouth and nose are covered by a handkerchief. Spitting in public places and dry sweeping are dangerous and unlawful.
2. Glasses and eating utensils which have been used in restaurants or other public places, or even by members of the family, must be sterilized by washing in boiling water to destroy the germs sticking to them. To avoid infection your lips should not touch the mouth-piece of a public telephone.
3. The waiter whose fingers handle glasses or eating utensils soiled by use should not touch your bread, the edge of your glass, cup, plate or knife, or the bowl of your spoon.
4. The hands of a person who has a running nose, a "cold in the head" or "flu" are smeared with germs; therefore, if you must shake his hand or handle any article he has touched, avoid touching your lips, nose or eyes until you have carefully washed your hands. Never eat without first washing your hands.
5. Remember that the germs of "flu" and pneumonia are discharged from the mouth and nose, not only of one whom you recognize as being sick but often by a person who seems to be healthy.
6. To avoid infecting your child do not kiss it near the mouth; it is unsafe to kiss your child before washing your face.
7. Do not visit one who has "flu" or pneumonia. The sick person should have a separate room and eating utensils.
8. Those who have colds or "flu" ask their lives and the lives of others going to work or to school.
9. Keep yourself fit by avoiding as much as possible overwork and over-exerting, worry, fatigue, lack of sleep, and unventilated rooms in the home, shop, factory or place of amusement.

(New York Evening Post)
In New York the Sun and the Herald have been merged. Last year in the same city the Yiddish Day and Wahrheit united in the Day-Wahreit. The Staats-Zeitung bought the morning edition of the Herald, and the Herald the evening edition of the Staats-Zeitung. The Globe-Democrat in St. Louis purchased the historic Republic, formerly the Republican. In Toronto the Mail and Empire absorbed the Times. The Bridgeport Standard-American and the Telegram joined in the Standard-Telegram. Almost a half-hundred fairly notable mergers could be counted in cities of 15,000 to 100,000 inhabitants. Some towns, as Piqua, Ohio show triple mergers.

Dr. M. G. Gilmore Learns From Indians of Valuable Food Supply Left Untouched.

Bismarck, N. D.—Tons of food lie peacefully undisturbed in the hundreds of acres of water lilies throughout the United States, according to Dr. Melvin G. Gilmore, curator of the North Dakota Historical society, who is engaged in research work covering North America to determine the possibilities of native products. As a result of the first stage of his inquiry, findings of which were published recently in the thirty-third annual report of the American bureau of ethnology, Dr. Gilmore declares development of America's wild plant life has been practically nil. "In the 300 years that the white man has dominated the western hemisphere," the scientist asserts, "he has not reduced to cultivation from wild stock a single natural species except the pecan and certain grapes of the east." In connection with this assertion, Dr. Gilmore quotes the United States crop report for 1919 as giving a value of \$3,000,000 to crops of this country alone grown from plants first brought under cultivation by the Indians. He sees the greatest possibilities for advancement in this direction in wild fruits, nuts and roots. An instance is found in the "Nelumbo" type of water lily flourishing largely in the ponds of the east and central west. The seeds and the tubers of this species are good food, Dr. Gilmore declares, and make good stew when used with meat, particularly beef. Such stew was originally concocted by the Indians, as were many other dishes which, it is said, could be economically adopted today. "These uses of wild plants are no longer experimental," the investigator says. "We could have learned all about them from the Indians, but we didn't go to them and inquire. "I have spent a number of years among them trying to learn more of their habits of domestication and mean to continue the work while the older of the tribesmen still live to hand down these lessons."

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BONES IN "BLUEBEARD" HOME

Paris Police Say Wife and Children Aided in Alleged Slayer's Crimes.

Paris.—Police officials investigating charges against Henri Landru, the alleged "bluebeard," who is accused of slaying a number of women and destroying their bodies, claim to have found about fifteen pounds of human bones in a house where he lived. Among the bones was a skull in a good state of preservation. Some of the bones had been cut with a saw, the teeth of which left peculiar marks which were easily recognizable. It is said the saw has been found and that marks made by its teeth coincide with those found on the bone fragments. Inquiry as to the operations of Landru's wife, says the Eclair, shows that she was a "devoted accomplice" of her husband and "knew of everything he did." It is also charged their children aided in disposing of property secured by Landru in the course of his alleged crimes.

DIET IS UNIONIZED IN SPAIN

Organized Workmen Also Demand Beds With Two Mattresses.

Washington.—Industrial troubles in Spain have the question of diet added to the problems of wages and hours, according to a report at the department of commerce. Before making a contract to cut a crop of sugar cane, Spanish workmen recently made the following demands: A daily wage of 10 pesetas (\$1.75); three heavy meals—breakfast of eggs and meat, dinner of soup and meat stew, supper of bacon, green vegetables and "gazpacho"; hours of work—from sun to sun, with two hours for siesta, or noon-day nap, forty minutes for each meal, three smoking periods of twenty minutes each and one for thirty minutes and a bed with two mattresses.

Eighty Widows Drawing Pensions for War of 1812

Eighty widows of soldiers of the War of 1812 are still on the government pension rolls, according to the annual report of Secretary of the Interior Lane. Pensioners included 215 survivors of the war with Mexico, and 2,739 widows of soldiers. Names of 271,391 Civil war veterans are listed. Deaths of Civil war veterans last year numbered 27,703, compared with 30,446 the year before.

Pearls in Oysters.

Spokane, Wash.—Ten pearls from a quart of oysters that cost him 45 cents were taken by one customer of a local fish market, and two pearls were found by another, the dealer reported. He, himself, found one, he said. The pearls are said to range in value from \$2 to \$10 each.

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