

A FAMILY MEDICINE

In Her Mother's Home, Says This Georgia Lady, Regarding Black-Draught. Relief From Head-ache, Malaria, Chills, Etc.

Ringgold, Ga.—Mrs. Chas. Gaston, of this place, writes: "I am a user of Theford's Black-Draught; in fact, it was one of our family medicines. Also in my mother's home, when I was a child. When any of us children complained of headache, usually caused by constipation, she gave us a dose of Black-Draught, which would rectify the trouble. Often in the Spring, we would have malaria and chills, or troubles of this kind, and would take Black-Draught pretty regular until the liver acted well, and we would soon be up and around again. We would not be without it, for it certainly has saved us lots of doctor bills. Just a dose of Black-Draught when not so well saves a lot of days in bed."

Theford's Black-Draught has been in use for many years in the treatment of stomach, liver and bowel troubles, and the popularity which it now enjoys is proof of its merit.

If your liver is not doing its duty, you will suffer from such disagreeable symptoms as headache, biliousness, constipation, indigestion, etc., and unless something is done, serious trouble may result.

Theford's Black-Draught has been found a valuable remedy for these troubles. It is purely vegetable, and acts in a prompt and natural way, regulating the liver to its proper functions and cleansing the bowels of impurities. Try it. Insist on Theford's, the original and genuine. B 79

WHY THE GOVERNMENT WANTS LIST OF NURSES

The request has been made in the Southern Division of the Red Cross for a list of the women in the various localities who can nurse. It has been carefully stated that this list includes registered nurses, undergraduate nurses, women who hold Red Cross certificates in Home Care of the Sick, in Hygiene and Dietetics and also the name of every woman who by experience in her own or her neighbors' families has had nursing experience.

This seems a simple service to perform for one's country; but the fact Frank E. remains that the ques-

remains that he questionnaires which have been sent out by Mr. Frank E. Calloway, director of this Nursing Survey, have not been as fully or as generally answered as they might be and as they should be. The Red Cross Chapters have been earnestly urged to appoint special committees to handle this work and it could easily be accomplished if these committees would approach the various hospitals, the nurses clubs, the church societies and the prominent people in a given community. It is impossible to say whether or not this has been done; but it is a fact that the results of the survey have not been sufficient as yet.

The question has arisen as to WHY the Government wants this list of women who can nurse. This answer to this question would be because the Government is always anxious to possess a full knowledge of the sources of help which may be relied upon in time of need, whether it be industrial, professional or commercial. But, on the other hand, the Government has no intention and no power to conscript a woman for nursing service without that woman's personal consent. The call for this list of nursing reserves, as it were, is merely a call for the list and covers absolutely no hidden motive. No woman need fear to fill out a questionnaire or to give her name freely as belonging to one who has tended the sick, for by so giving she merely meets a reasonable request of the Government which obligates her to absolutely nothing in the way of service.

Many rural communities have no registered nurses available; many have some capable women who have offered their services to friends and neighbors in times of illness and it is reasonable to suppose that should the need arise the same women would come forward today as they have no doubt often come in the past, and merely offer to help. The government would feel much better satisfied in taking the registered nurse for service, for which she may have applied, if it could be understood that in that particular town there were still left a fair number of women who could nurse if an emergency arose. No one can foresee pestilence or accident; but both conditions arise, and it is a kindly forethought to provide for such conditions if they should come, and this is the underlying principle embodied in the whole nursing survey.

There should be no woman in the whole country, who, having the necessary knowledge, would still refuse to enroll under the banner of the nursing service, for each one may be sure that only her own willingness to serve and her own intention to do so, would ever

—W—S—S—
Bituminous Coal Production

Washington, Nov. 3.—Production of bituminous coal during the week end-

THINKS HE COULD WIN FOOT RACE NOW

Once Could Not Lift His Hand to His Head

TWO TERRIBLE YEARS

Family and Friends are Surprised at Great Change, He Says

"I feel like getting right out there in the street and out-running any other man in town," said J. B. Woodward, of 265 Hand Ave., Lexington, Ky., while telling of the remarkable benefit he derived from the use of Tanlac. "For many years," he continued, "I had suffered terribly from stomach trouble, rheumatism and neuralgia. The rheumatism was so bad for two years I could not raise my left hand to my head. Nothing I ate agreed with me and I was almost afraid to try to eat anything. One thing after another kept me miserable until I did not know what to do for myself. You know that a man can suffer until he loses hopes of getting well, and that was almost the state I was in."

"Everybody had been praising Tanlac so highly and so many people I knew had been helped by it that here a while back I tried it myself. In two or three weeks after I started taking it I began to feel like a different man. I kept on using it and my troubles are all gone. My stomach does not bother me a bit. I can eat heartily and digest my food, and can use my arms as well as I could before I began to suffer. My family and friends all see the change Tanlac has made in me and I certainly am glad to recommend it."

Tanlac, the Master Medicine, is sold by Dickson's Drug Store, Manning; H. W. Nettles, Jordan; Shaw & Plowden, New Zion; Farmers' Supply Co., Silver; D. C. Kname, Summertown.

ing October 26 was seriously retarded by the influenza epidemic, only 11,215,000 tons being mined. This was a decrease of 309,000 from the output of the week before and the fuel administration announced tonight a daily average production of 2,047,000 tons is necessary for the remainder of the coal year. This would be an average of 3 per cent over the daily net production up to date.

—W—S—S—

BRITISH TAKE STEEL WORKS

London, Nov. 4.—British troops last night stormed the steel works held by the Germans southeast of Valenciennes, and, advancing one and a half miles to the east, completed the capture of the village of St. Saulve, the war office announced today. Haig's men took prisoner 5,000 Germans in two days of fighting on this front.

The statement reads: "Yesterday evening the steel works southeast of Valenciennes, which the enemy had defended during the day with much determination, was taken by our troops."

"Our line was advanced for a distance of one and a half miles east of the town and the capture of the village of St. Saulve was completed."

"As the result of two days of fighting on this front we captured 5,000 prisoners, four tanks and a few guns. "Beyond local fighting and patrol action during the night there was nothing further to report from the British front."

—W—S—S—

HOME-MADE GRAPE JUICE

Any person familiar with the processes of canning fruit can put up grape juice, for the principles involved are the same. Only clean, sound, well-ripened but not over-ripe grapes should be used. The juice may be extracted by hand or in a cider mill if a light-colored product is desired. Heat this liquid to the boiling point, place in sterilized bottles or jars and carefully seal. The product may be sweetened or not at the time of bottling.

When a red juice is desired the grapes should first be heated to a temperature of 200 degrees Fahrenheit and then strained through a clean cloth or dripping bag. Reheat the liquid after straining, place in containers and seal.

Keep the bottles or cans in a cool place. If bottles are used the corks should be sterilized and the necks sealed with sealing wax. Unfermented juice may be made not only from all varieties of grapes, but from some other fruits, such as apples, pears, cherries and berries.

Unfermented grape juice can be used in sickness, convalescence, and health. It is generally claimed that a reasonably large quantity of this drink improves digestion, and results in an increase in body weight. Aside from being a delicious beverage, it possesses value in adding variety to various dessert recipes.

—W—S—S—

ITALIANS LAND AT TRIESTE

Taking Possession of Austria's Principal Adriatic Seaport

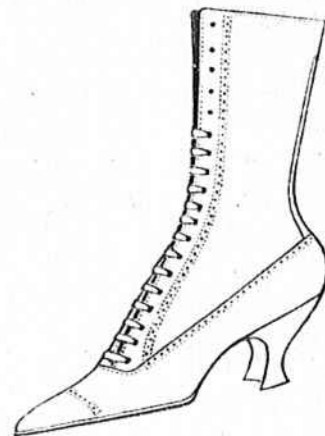
Rome, Nov. 3.—Italian land and sea forces are landing today at Trieste, the principal seaport of Austria-Hungary on the Adriatic, according to an official announcement made this evening by the Italian war office.

No Worms in a Healthy Child

All children troubled with worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. GROVE'S TASTELESS CHILL TONIC given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a General Strengthening Tonic to the whole system. Nature will then throw off or disperse the worms, and the Child will be in perfect health. Pleasant to take. 60c per bottle.

NEW GOODS ARRIVING

We are receiving New Coats Suits, Coats, Serge and Silk Dresses daily, also FANCY COLORED SHOES



in High and Low Heels for Ladies and Misses.

Shaw & McCollum Mer. Co.

11 South Main Street

Phone 63

SUMTER, S. C.

Sumter County

3rd Annual Fair!

Nov. 19-20-21.

LARGER and BETTER than EVER

The people of Sumter, City and County, invite you to attend this exposition and take note of what is being done by them in quantity and quality of their farm and home products, horses, cattle, swine and chickens. Meet your friends there and have three days of rest and pleasure.

The management of this fair have decided on a larger and better exposition than ever before. There will be plenty of room, good grounds for the display of live stock, good halls with plenty of light for the other displays. Many prizes are being offered in their new premium list which has just been completed. The following departments will have special recognition.

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|-----------------|--------------------|------------------------------|
| Boy's Corn Club | Home Demonstration | Cattle |
| Household | Fine Arts | Horses and Mules |
| Floral | Poultry | Schools |
| Canning Clubs | Swine | Manufacturers and Mechanical |

Smith's Greater Shows will be the Attractions on the Midway

The people of Sumter will be glad to welcome you, the business men of Sumter will delight in making your stay both pleasant and profitable. COME!

We Are Still Hammering Away

Trying to instill into the public mind the fact that we are selling Hardware and Tools of every description of much better quality than can be elsewhere procured and at a much lower price. We have long been known as the great bargain house for Hardware and Tools, whether for bench or agricultural work. We have Tools for all trades at low prices.

Plowden Hardware Company.

BUY WAR Saving Stamps AND Help Win the War!

Buy Thrift Stamps at 25c.
Buy a Baby Bond for \$4.15.

It will be worth \$5.00 on January 1, 1923. This is 4 per cent, compounded quarterly.

Go to your Banker, Post Office, or any progressive business man and ask for information.

W. S. S. SOLD EVERYWHERE!

This space patriotically donated to War Savings Committee by Manning Oil Mill.