

# HANDS, ARMS, LIMBS ASLEEP

And Was Run-Down, Weak and Nervous, Says Florida Lady. Five Bottles of Cardui Made Her Well.

Kathleen, Fla.—Mrs. Dallas Prime, of this place, says: "After the birth of my last child... I got very much run-down and weakened, so much that I could hardly do anything at all. I was so awfully nervous that I could scarcely endure the least noise. My condition was getting worse all the time... I knew I must have some relief or I would soon be in the bed and in a serious condition for I felt so badly and was so nervous and weak I could hardly live. My husband asked Dr. Cardui about my taking Cardui. He said, 'It's a good medicine, and good for that trouble', so he got me 5 bottles... After about the second bottle I felt greatly improved... before taking it my limbs and hands and arms would go to sleep. After taking it, however, this poor circulation disappeared. My strength came back to me and I was soon on the road to health. After the use of about 5 bottles, I could do all my house-work and attend to my six children besides."

You can feel safe in giving Cardui a thorough trial for your troubles. It contains no harmful or habit-forming drugs, but is composed of mild, vegetable, medicinal ingredients with no bad after-effects. Thousands of women have voluntarily written, telling of the good Cardui has done them. It should help you, too. Try it.

## EDIBLE FRUITS OF OUR FOREST TREES

Washington, Nov. 12.—It is said that Daniel Boone and some of our other early pioneers could go into the wilderness with only a rifle and a sack of salt and live in comfort on the game and other wild food which the woods afforded. While few people want to try that sort of thing nowadays, persons who know the food value of the fruits of our native trees and shrubs are, according to foresters, able to use them to good advantage in supplementing other foods.

Aside from the numerous edible

mushrooms, roots, fruits of shrubs and smaller plants, the trees of our forests afford a large variety of edibles which are highly prized by woods connoisseurs. First in importance, of course, are our native nuts—beech nuts, butternuts, walnuts, chestnuts and chinquapins, hazel nuts, and several kinds of hickory nuts, including pecans. The kernels of all of these are not only toothsome but highly nutritious and are used by vegetarians to replace meat. The oil of the beech nut is said to be little inferior to olive oil, while that of butternuts and walnuts was used by some of the Indians for various purposes. The Indians, it is said, also formerly mixed chestnuts with cornmeal and made a bread which was baked in corn husks, like tamales. In parts of Europe bread is made from chestnuts alone. The chestnut crop in this country is being reduced each year by the chestnut-blight disease which in some sections is gradually killing out the tree.

Acorns are commonly thought to be fit only for feeding hogs, but many kinds of them can be made edible and nourishing for people as well. The Indian custom was to pound or grind the acorns up and leach out the tannin, which makes most of them unfit for eating when raw, by treating the pulp with hot water. The resulting flour, which contained considerable starch, was made either into a porridge or baked in small cakes of bread. As a rule, the acorns of the various white oaks having less tannin are the ones best suited for food, but Indians also used those of the black oaks, even though they contain much tannin. The acorns of the basket or cow oak, the chinquapin oak, shin or Rocky Mountain oak, live oak, and of several other species, are sweet enough to be eaten raw.

Another nut which is not suited for eating raw, but from which a palatable food is said to have been prepared by the Indians is the buckeye. The kernels of these nuts were dried, powdered, and freed of the poison which they contain when raw by filtration. The resulting paste was either eaten cold or baked.

Several western pines have seeds which play an important part in the diet of the local Indians. Perhaps the best known of these is the fruit of the nut pine or piñon which forms

# SAYS SHE THINKS WORLD OF TANLAC

Recommends It as General Tonic and Stomach Remedy.

PROVED VALUE TO HER

Says "Tanlac Did Make a Great Improvement in My Condition."

"I just think the world of Tanlac as a general tonic and stomach remedy, and am glad to recommend it," declared Miss Lilla Shelton, of No. 6, Saco St., Greenville, in a statement. "I took Tanlac for a general run down condition and chronic appendicitis. I had been in bad health about two years and I suffered a great deal with indigestion. I was as nervous as could be. I never ate anything at all hardly. In fact, I ate just like a bird—a little at a time. I suffered awfully with headaches, too."

"The Tanlac greatly improved my condition in a very short time. It made me sleep better than I had slept in two years, for it quieted my nerves. The Tanlac gave me a good appetite, too. I began to sleep all night long, and my whole system was built up and strengthened. The medicine certainly did make a great improvement in my condition."

Tanlac, the Master Medicine, is sold by Dickson's Drug Store, Manning; H. W. Nettles, Jordan; Shaw & Plowden, New Zion; Farmers' Supply Co., Silver; D. C. Rhame; Sumner-ton.—adv.

the basis for a local industry of some size. Not only is it extensively eaten by local settlers and Indians, but large quantities are shipped to the cities where the seed is roasted and sold on the street. The similar seed of the Parry pine and the large Digger pine seeds are eagerly sought by the Indians. The latter tree is said to have gained its name from its use as a food by the Digger Indians. The seeds of the longleaf pine are edible and are improved by roasting. Indeed, it may be said that most nuts are more digestible when roasted than if eaten raw.

One of the best known fruits, the foresters say, is the persimmon, which is edible only after it is thoroughly ripe. As this is usually not until late in the fall, it is commonly thought that the fruit must be frost-bitten. If the persimmon is eaten before it is well ripened, the tannic acid which the fruit contains has a strongly astringent effect, which justifies the story of the soldier in the Civil War who said he had eaten green persimmons so as to shrink his stomach up to fit his rations. The pawpaw, or custard apple, is also best when thoroughly ripe. The fruit of some species of haws is eaten or preserved in different parts of the country, while those of several different kinds of wild cherries have a food value and are used for various purposes. Wild plums are abundant in certain sections and occur in particularly plentiful quantities along the streams in the Eastern and Middle Western States.

Several varieties of wild crab apples make delicious jellies. Some of the largest, which attain the size of small apples, are more or less abundant throughout eastern North Carolina. Elderberries are frequently used for pies and for sauce. Those found in the West are sweeter and have a better flavor than the eastern varieties.

The berries of the hackberry, or sugar berry, as it is called in the South, are dry but have an agreeable taste. Those of the mulberry are sweet and juicy when ripe. The mulberry is valued in some sections for feeding hogs and poultry and some species are occasionally cultivated.

Many people like the fruit of the shad bush, "sarvice" berry, or June berry, as it is variously called. In parts of the country this fruit is used to make jelly.

The French Canadians are said to use the acid flowers of the redbud, or Judas tree, in salads, while the buds and tender pods are pickled in vinegar. Honey locust pods, often locally called "honey-sucks," contain a sweetish, thick, cheese-like pulp, which is often eaten. Those of the mesquite furnish the Mexicans and Indians with a nutritious food. The Creoles of Louisiana, famous for their cookery, are reported to use the young buds of the sassafras as a substitute for okra, in thickening soups.

NEARLY \$100,000 PAID BY ONE BUYER OF COTTON

To gain some conception of the position Manning holds as a cotton buying and distributing point one has only to consider purchases made by one of the buyers last week. C. E. Dukes of Manning bought 334 bales from David Levi paying about \$40,000; and from other parties he purchased, on Monday 100 bales paying \$15,000 and on Friday he secured another lot of 200 bales at a price of \$30,000, making a total of \$85,000 for

the week. In addition to the cotton business transacted by Mr. Dukes several other buyers were busy in this field making large purchases.

BROADWAY DARK AFTER 11 O'CLOCK

City's White Ways and Advertising Signs Hard Hit by Garfield Order.

Washington, Nov. 9.—White light hours all over the country are from 7:45 p. m. to 11 p. m. Dr. H. A. Garfield, United States fuel administrator, tonight laid down a hard and fast program intended to insure sufficient comprehensive survey of the coal situation he has issued in weeks, he announced two decisive steps:

1—Immediate and thorough relief for congestion of the railroads that is hampering production at the mines, and

—Sharp discontinuance of all coal supplies for nonessential uses in the advancement of the war cause. This takes the joy out of life for Broadway and every other white light district of the country.

In conjunction with the railroad war board, and the priority committee and all other agencies involved, the fuel administration will undertake to expedite movement of coal trains, speed up unloading and hurry empties back to the mines. Operators have represented that they can work only about 70 per cent of the time because of the lack of cars. This percentage of efficiency is to be improved.

Coal Saving Step.

The first order directed against non-essential use of coal was issued tonight. Dr. Garfield directed that in future electric signs used for display advertising may be operated only between the hours of 7:45 and 11 p. m. Broadway will be Broadway for only three and a half hours, henceforth, but as Dr. Garfield sees it, Broadway may as well be dark if by being dark it can help prosecute the war. Electric street signs and electric signs operated by merchants that are necessary when their stores are open, will not be affected. Hundreds of thousands of tons of coal will, it is expected, be saved by curtailment of electric sign advertising. Dr. Garfield expects to get action against nonessential users of coal both by this and other direct orders to classes, and through priority orders to the railroads. He issued tonight a rating of all coal users, to show the order in which they will receive their fuel.

Industries That Come First.

Shipbuilding plants and aeroplane factories come first. Special arrangements have already been made to give them enough coal to keep them all operating at 100 per cent efficiency. After them follows:

First—The railroads.  
Second—The munitions and steel plants.

Third—The public utility companies.

Fourth—The domestic consumer. Bearing out this program, instructions were sent to the various state fuel administrators today covering the handling of complaints and showing the order in which various consumers are to be supplied. Federal trade commission agents are to work with the state administrators in investigating and settling complaints.

See or Write us for  
Selection Package

Of anything in the line of Presents for Weddings, Personal, or own use.

Single Diamonds or Fancy Diamond Jewelry, Watches, Clocks, Sterling Silver, Cut Glass and Art Goods.

Jewelry of the newer patterns, both in plain and fancy jewelry.

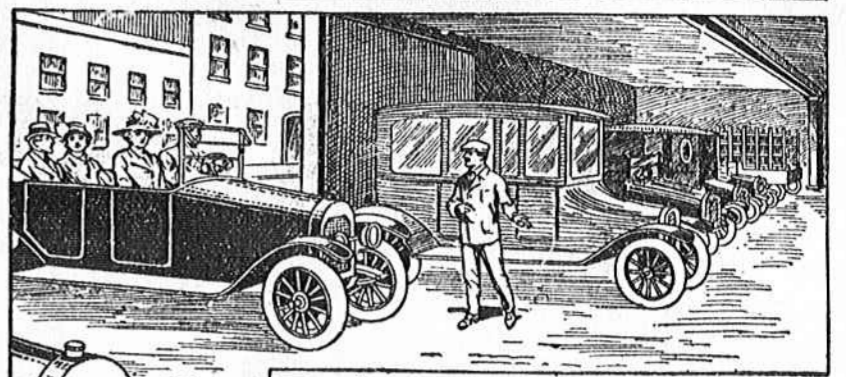
We handle only Solid and Genuine Goods, and complete with all mail order houses. Orders filled at once.

SYLVAN BROS.,

Columbia, S. C. Phone 1045  
Corner Main and Hampton Sts.  
TRY US.

There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Medicine, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy, is taken internally and acts thru the Blood on the Mucous Surfaces of the System. One Hundred Dollars reward is offered for any case that Hall's Catarrh Medicine fails to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills for constipation.



# SAFE STORAGE

YOU can have perfect peace of mind when you leave your car with us. We always have a competent man in charge of our floor and every car is guarded as carefully as if the owner himself were watching it.

## Rates That All Can Afford

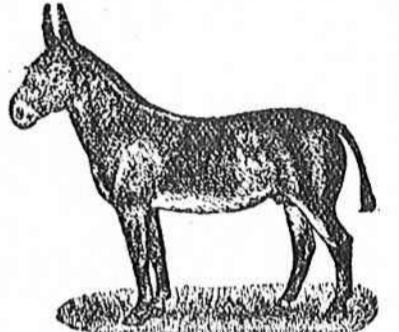
If all the motorists in this community realized the convenience of storing their cars here, and the little it costs them to do it, we wouldn't have room enough for half the cars that would come to us.

Why not investigate these conveniences and get our rates.

HARVIN MOTOR CO.,  
Manning, S. C.

# JUST ARRIVED

BEST CARLOAD OF



# MULES and HORSES

We have ever had, and no matter what kind of a MULE or HORSE you want, we have it.

We want you to come in and see our Big Line of

# Buggies and Wagons

Saddles, Bridles,  
Robes and Blankets.

Our many year's of service to the people of Clarendon county should be sufficient guarantee of the quality of these articles.

# D. M. Bradham & Son.

# Sanitary Dry Cleaning.

Quality is the First consideration With Us.

You've had your clothes come home smelling of gasoline, and you didn't like it.

We didn't do that work.

We don't do that kind.

Your clothes leave our house perfectly cleaned, with no odor about them, and sanitary in every respect.

Then, too, our prices are very reasonable.

Don't discard that old soiled suit until we have looked it over. A few cents may make it worth a few dollars.

# Hoffman French Dry Cleaning Co.,

E. W. ROWLAND, Prop.

WHY NOT HAVE A TALKING MACHINE?  
GET THE FAMOUS

# VICTOR

Any Victrola From \$16.50 Up.

\$10,000 WORTH OF VICTROLAS AND RECORDS IN STOCK

WE ALSO CARRY THE

# Columbia Grafonola

AND RECORDS.

Deal with a house that carries a good reliable line. If you need any repairs you can always find this place. Beware of men that come to your home and offer to sell you a machine for \$25 to \$35, when you can come to this house and buy a better and far superior machine for \$16.50. Buy a machine with a good motor. Day after day we have patrons coming to our place with machines in which the motors are broken and they cannot even get any repairs. Machines they paid \$25 or \$35 for have motors not strong enough for \$5 machines.

MACHINES SOLD ON EASY PAYMENTS.

The Sumter Talking Machine Co.  
26 SOUTH MAIN ST. SUMTER, S. C.

# BEST DRUGS

AT

## Reasonable Prices

Nothing but the very best materials go into our prescriptions and they are compounded just the way your physician says.

# RUBBER GOODS and TOILET ARTICLES

and a full and complete line of STATIONERY.

We have

A MOEDRN SODA FOUNTAIN

We keep a Full Line of

CIGARS, TOBACCOS and CANDIES.

# BROWN'S DRUG STORE,

Below Bank of Manning.

Manning, S. C.