Does Backache Worry REQUIRE REST FROM LABOR You?

Some Manning People Have Learned How To

Get Relief.

How many people suffer from an aching back? How faw know the cause?

If it hurts to stoop or lift-If you suffer sudden, darting pains-If you are weak, lame and tired,

Suspect your kidneys. Watch for nature's sigcal.

The first sign may be headache or dizziness, Scanty, painful, or too frequent uri-

nation, Nervousness or a constant, dead-

tired feeling, Avert the serious kidney disease, Treat the weakened kidneys with

Doan's Kidney Pilis. Endorsed in Manning by your friends and neighbors.

Mrs. H. P. Jenkinson, Church St., Manning, says: "I suffered from pains in my back and loins. I used Doan's Kidney Pills as directed and they help ed me wonderfully, correcting the ac-tion of my kidneys and relieving the misery in my back." (Statement giv-en January 30th, 1911.)

USES DOAN'S OCCASIONALLY. Over three years late:, Mrs. Jenkinson said: "I use Doan's Kidney Pills occasionally when my kidneys trouble me and they never fail to give me re-

Price 50c, at all dealers. Don't sim-ply ask for a kidney remedy-get Doan's Kidney Pilis-the same that Mrs. Jenkinson has twice publicly reccommended. - Foster-Milburn Props., Buffalo. N. Y. Co.

Modern Plays Must Be Cestly.

"I have here an idea for a play." said the moving picture author to the producer. "In the first reel an oil tank blows up, in the second an entire railroad train falls into a gorge, in the third a huge steamer sinks at sea, in the fourth a volcanic eruption destroys a city and in the fifth we have a battle scene calling for 10,000 supernumer-"Entirely too small for me to aries." fool with," said the producer, doing some rapid figuring with a pencil. "That play wouldn't cost more than \$5,000,000 to stage and I'm not considering anything that involves an expenditure of less than \$20,000,000. The trouble with you authors is that you have no imagination."-Judge.

Should Sloan's Liniment go Along?

Ofcourse it should! For after a strenuous day when your muscles have been exercised to the limit an application of Sloan's Liniment will take the soreness and stiffness away and get you in fine shape for thy morrow. You should also use it for a sudden attack of tooth ache stiff neck, backache, stings, bites and the many accidents that are incidental to a vacation, "We would as soon leave our baggage as go on a vacation or camp out without Sloan's Liniment' Writes one vacationist: "We use it for everything from cramps to toothaches Put a bottle in your bag, be prepared and have no regrets .- Adv.

Natural Deduction.

"Mamma," queried small mdna the first time she saw a mylticolored par-Pot, "was that chicken hatched from m Easter ogg?

Billousness and Stomach Trouble.

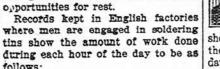
"Two years ago I suffered from frequent attacks of stomach trouble and biliousness,' writes Miss Emma Ver-Lima, Ohio.

Men Make Mistake When They Keep Their "Noses Too Close to the Grindstone."

"Keeping one's nose close to the grindstone" is a popular phrase which describes what a great many people think is the most efficient way of accomplishing any given task. According to this idea, the most work can be done in the quickest time by keeping

everlastingly at it with just as few interruptions as possible. Science now believes that it's all a mistake to keep one's nose too close

to the grindstone. Careful studies made in a large number of manufacturing establishments led to the conclusion that the most work is done with A remedy especially for sick kidneys the least risk of accident only when a man gives his mind and body frequent



follows In the morning-first hour, 114 tins; second hour, 167; third hour, 159; fourth hour, 157; fifth hour, 138. In the afternoon-first hour, 119; second hour, 165; third hour, 163; fourth hour, 155.

These tables agree with those of other factories in giving a higher output for the second hour than for the first, this being due to the facility which comes with practice.

But the chief point which they drive home, when studied in connection with the number of accidents is that after the second hour of continuous effort,

both morning and afternoon, there is a continuous and marked decrease in the output and a corresponding increase in the frequency of accidents The factory owner who wants to get the most out of his employees will break up their work day by frequent periods of rest.

In this investigation it was inspossible to record the cumulative effects of fatigue from day to day, and from week to week, but there was evidence that the physiological products of fatigue cannot be got rid of in a working day. This means a growing predisposition to disease and to the form of mental excitement which results in social unrest.

From Bad to Worse. Henry Guy Carleton, wit, journalist

and playwright, stuttered and was not sensitive about it. When the Fifth avenue theater burned Mr. Carleton appeared in a newspaper office where he was then employed. The usual Saturday night confusion was greatly increased by the fire. The office was bediam. Ballard Smith, managing editor of the paper, was bellowing his orders with all his wonderful vigor in the effort to get to press on time.

"M-m-mister Smith," began Mr. Carleton, "I've a g-g-great s-s-story about the F-fifth Avenue theater f-f-fire."

"Great heavens, man!" roared Smith. "Don't stop to talk to me about it. Don't you know this is Saturday night, and we go to press in fifteen minutes? Get to work and write it, and write as fast as you know how. I want copy, not conversation. Don't

you know every minute is precious?" "Y-y-yes, sir," said the other, with an insistent effort to hold the editor's attention, "but I w-w-want to k-k-know

WOMAN HAD NERVOUS TROUBLE

Lydia E. Pinkham's Vegetable Compound Helped Her.

West Danby, N. Y.-"I have had nervous trouble all my life until I took vdia E. Pinkham's

> Vegetable Compound for nerves and for female troubles and it straightened me out in good shape. I work nearly all the time, as we live on a farm and I

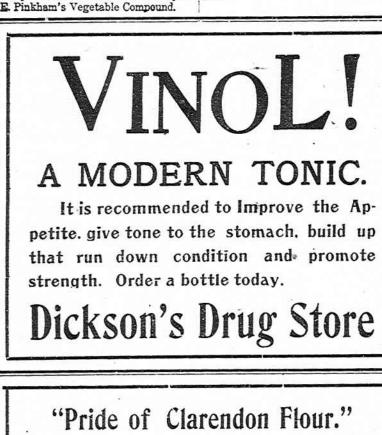
have four girls. I do all my sewing and other work with low. their help, so it

shows that I stand it real well. I took the Compound when my ten year old daughter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in

the house all the time and recommend it."-Mrs. DEWITT SINCEBAUCH, West Danby, N.Y. Sleeplessness, nervousness, irritabil-

ity, backache, headaches, dragging sensations, all point to female derangements which may be overcome by Lydia E. Pinkham's Vegetable Compound.

This famous remedy, the medicinal ngredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia



Housekeepers want pure, wholesome flour for bread, cakes and pastry they make and serve their folks and guests. "Pride of Clarendon Flour" is the real pure, wholesome article, just as nature intended the flour you use to be. It is wholesome, nourishing and muscle building and not disappointing. When you have it in your home you may be

CLARENDON ROLLER FLOUR MILLS.

Sold by better class flour dealers.



to use this year is a mixtude of equal parts of Acid Phosphate and Cotton Seed Meal.

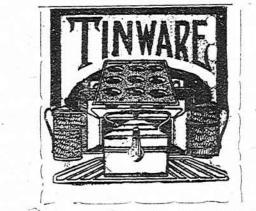
This mixture will analyse NINE per

cent. available Phosphoric Acid. and THREE AND ONE-HALF per cent. Ammonia, and nearly if not quite ONE per cent. Potash.

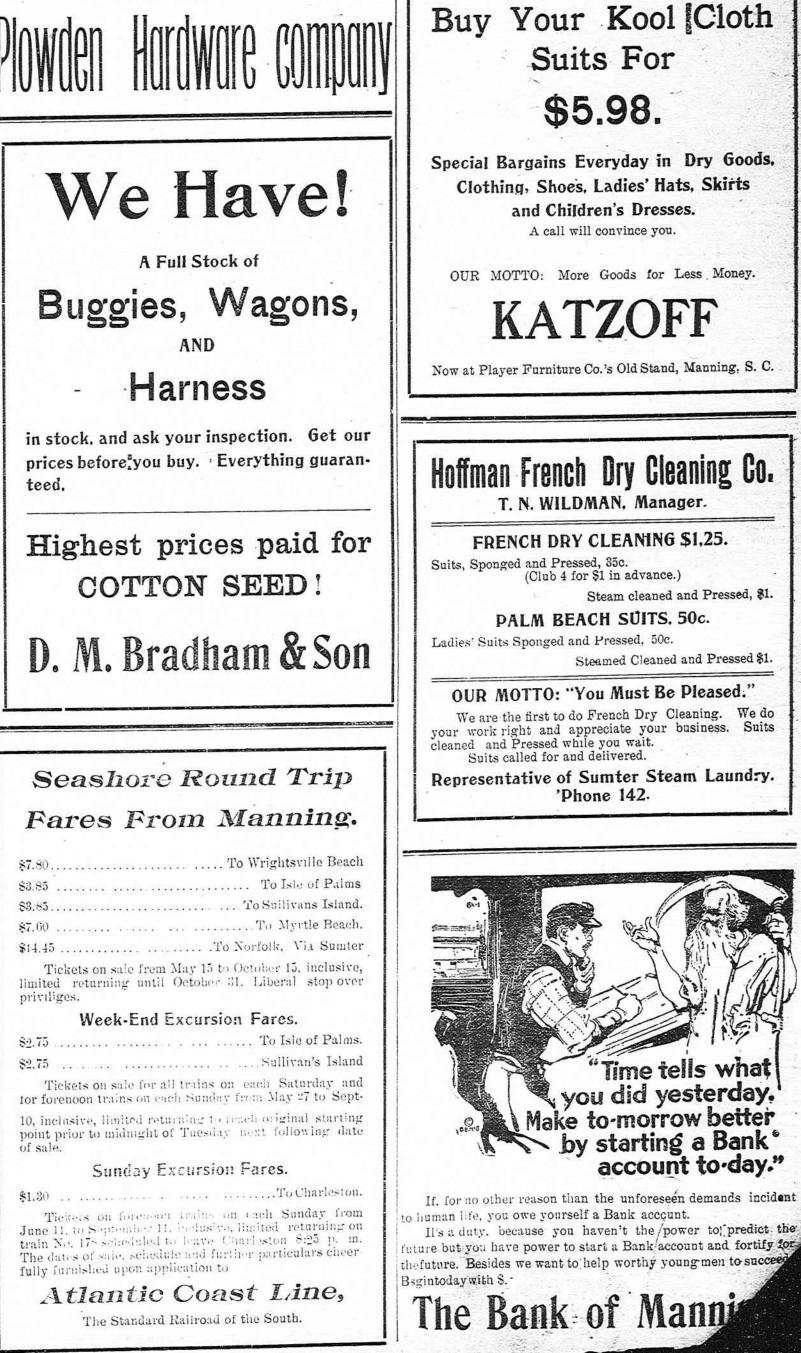
We are prepared to furnish both the above materials and also Blood and Tankage, and we solicit inquiries.



Manning, S. C.



There's a great variety of useful articles required in the kitchen for cooking purposes, and we have them all in superior quality. Kettles, Tea and Coffee Pots, Broilers, Saucepans, Fry Pans, Cake Tins, etc., we have in the most excellent makee. They are of the finest block tin, and formed in a way that makes them most durable. Whether you need a whole kitchen outfit or an odd thing, it is here.



Ambition

It is the ambition of the officers of THE FARMERS MUTUAL PROTECTION ASSOCIATION of Sumter, Clarendon and Lee Counties, S. C., to make the organization invaluable to property owners, tt sell FIRE INSURANCE at the lowest possible cost. to save money for its members and to become the most dominant factor in the commercial life of our community. HAVE YOU JOINED IT YET? There is a director in your Township. Sumter Trust Co.

AGENT.

Sumter, South Carolina.

- -



Special Bargains Everyday in Dry Goods,

Europe's Largest Safe Deposit.

is that at Chancery Lane, London.

It is a veritable nest of strong rooms

and safes, totaling some 4,000 recep-

tacles in all. Some idea of its popu-

larity may be gained when it is stated

that since it was opened it has en

larged its area some four or five times

It is used a great deal by the diamond

merchants in the district. It is a

common thing for a broker to rush

down the broad white steps leading to

the vaults just before closing time with

\$100,000 worth of diamonds in his

pockets. In one of the strong rooms

at this safe deposit there is a collec-

tion of books, every one of which is

said to be worth \$10,000, and in anoth-

er tapestries valued at over \$350,000.

Trouble Seeker.

Bronson-What's the trouble?

Woodson-I am.

Bronson-You look unhappy, old fel-

Woodson-Well, you see, Gills told

me that next summer is going to be

a scorcher, and I read somewhere that

ice will cost twice as much this year

....

Constipation and Indigestion.

and must say they are the best I have

ever used for constipation and indiges-

tion. My wife also used, them for indi-gestion and they did her good," writes Eugene S. Knight, Wilmington, N. C.

Chamberlain's Tablets are mild and

gentle in their action. Give them a

trial. You are certain to be pleased with

the agreeable laxative effect which

they produce. Obtainable everywhere. Adv.

"I have used Chamberlain's Tablets

as last owing to the mild winter.

The largest safe deposit in Europe

little food that agreed with me and I became so dizzy and sick at my stomach at times that I had to take hold of something to keep from falling. Seeing Chamberlain's Tablets advertised I decided to try thezi. I improved rapfdly." Obtainable everywhere. Adv.

Rubber From Petroleum. Artificial rubber has been made from Russian crude petroleum, which contains chemical elements similar to those in California oil.



Resigned.

The Minister's Wife-"The new cook left this morning, the one you said the Lord must have sent." The Minister -"W"l, dear, the Lord giveth and the Lord taketh away. Blessed be the name of the Lord."-Puek.

A Hacking Cough Weakens The System.

Don't suffer with a hacking cough that has weakened your system-get a bottle of Dr. King's New Discovery, in use over 40 years, and benefiting all not always grow to be a man of no who use it, the soothing pine balsam with tar heal the irritated air passages -soothes the raw spots, loosens the mucous and prevents racking the body with coughing. Dr. King's New Dis covery induces natural sleep and aidnature te cure you.-Adv.

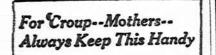
Gracious Manners.

The charm of gracious manner and consideration for other human beings is a quality that develops rapidly if given half a chance. The woman who is always kind creates an atmosphere of loveliness that is like a halo about her head. If you are naturally shy and reticent it is all the more necessary that you should endeavor to shine a bit. It is not lack of pleasant thoughts that worries the self-conscious, but the fear of giving expression to them. You must try to make yourself companionable to others.

Notice.

All persons having claims against the estate of Mrs. Eugenia Rhame will present same to, and all persons owing said estate will make payment to the Scientifio American.

undersigned, or his attorney. W. M. Lunn, Executor The Portner Apartments, Wash., D. C. Charlton DuRant, Attorney, Manning, S. C.



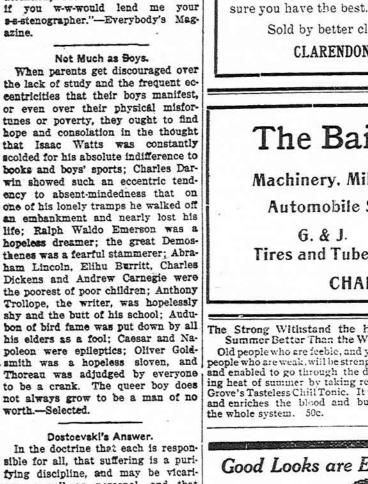
The day of the Group scare is over for those parents who wisely keep Foley's Esney and Tar Compound in the home ready for instant use. Mrs. Chas. Reitz, Allen's Mills, Pri., writes: "I have used Foley's Honey and Tar Compound for the past eleven years and would not be without it. It has raved me many a doctor's bill for colds and croup." All Druggists 25 cents SATISFACTION OR MONEY BACK

Bucklen's Arnica Salve Whenever You Need a General Tonic

and croup." If toward nightfall the little ones grow hoarse and croupy, if their breath-ing becomes wheezy and stuffy, give them Foley's Honey and Tar Compound. Many a careful mother has been able to ward off an attack of spasmodic croup by its timely use. If you are awakened by the hoarse brassy cough that means croup, give Foley's Honey and Tar Compound at once. It will ease the little sufferers quickly, cut the thick choking phegm. and soon they will have easy breathing and peaceful quiet sleep. The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives

ARREYOUT USED IS & Priend.

Dickson's Drug Store.



ous as well as personal, and that with through such a discipline man may find God, is the answer of Dostoevski, the Russian novelist, to the riddle of the ages. The words he put into the lips of Father Zossima may be taken as summing up his message to mankind: "Brothers. have no fear of men's sin. Love a man even in his sin, for that is the semblance of divine love, and is the highest love on earth. "Loving humility is marvelously strong, the strongest of all things, and there is nothing else like it." To Break in New Pipes. An electric carbonizer for inserting in the bowls of new briar pipes and so charring the inside that the smoker will be saved the trouble of breaking In his new pipe, is described by the

Constipation

Is to be dreaded. It leads to serious silments, Forer. Indigestion, Piles. Sick Meadache, Poisoned Bystem and a score of othor troubles follow. Don't let Canstipation last. Keep your Kidneys, Liver and Bowels healthy and active. Rid your system of formented, gassy foods. Nothing better than

Dr. King's

The Best Salve In The World.

Take Grove's

out Malaria, Enriches the Blood and Builds op the Whole System. 50 cents.

The Old Standard Grove's Tasteless

