

"I write to tell you the good news that Cardui has helped me so much and I think it is just worth its weight in gold," worth its weight in gold," writes Mrs. Maryan Mar-shall, of Woodstock, Ga. "I do hope and trust that ladies who are suffer-ing as I did, will take Cardui for it has been a ing as 1 did, which cardui, for it has been a cardui, for it has been a God's blessing to me, and will certainly help every lady who is suffering." lady who is suffering."



The Woman's Tonic

No matter if you suffer from headache, backache pains in arms, shoulders and legs, dragging-down feelings, etc., or if you feel tired, weary, wornout and generally miserable-Cardui will help you. It has helped thousands of other weak, sick ladies and if you will only give it a trial, you will be thankful ever after.

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KILLING THE UMPIRE.

It is an Essential Part of the Great Game of Baseball.

According to bleacher law, there are three particularly justifiable motives for doing away with umpires. An unspire may be killed-first, if he sees fit to adhere to the rules and make a decision against the home team at a close point in the game; second, an umpire may be killed if he sends a member of the home team to the bench when the player in question has done absolutely nothing but call the umpire names and attempt to bite his ear off (an umpire has no business to be touchy); third (and this is a perfect defense against the charge of murder), an ampire may be killed if he calls any batter on the home team out on strikes when the player has not even struck at the balls pitched. That the balls go straight over the plate has nothing to do with the case.

There , ample proof at hand to show that killing the umpire is a distinctively American sport. Other countries have tried baseball, but they have not tried killing the umpire. That is probably the reason why they have not waxed enthusiastic over baseball, for baseball without umpire killing is like football without girls in the grand stand. It simply can't be done. That foreign countries know nothing about our king of outdoor sports was indicated forcibly when in the fall of 1909 the Detroit team made a trip to Cuba under the management of Outfielder McIntyre. In the entire series of twelve games with the Havana and

ROMAN ARENAS.

They Were Not Mere Rings as Those of the Modern Circus. The arenas of ancient lionic were

not, as some people suppose, mere rings or ovais, such as may be seen in the modern circus. They were broken up and varied in character according to the nature of the lighting to be done or to the exprises of those in authority.

On one occasion on atena might resemble the Numblian desert, on another the garden of liesterides, thick set with groves of trees and rising mounds, while again it platared the great rocks and caves of Thrace. With these surroundings the combatants advanced, retreated, encircled their adversaries or kept wild beasts

at bay as occasion offered or as their courage or fear suggested. Meu combated not only with the more common brutes, but with such monsters as elephants, rhinoceroses, hippopotamuses and crocodiles. On other occasions flocks of game.

such as deer and war ostriches, were abandoned to the multitude, and in some cases the arenas could be turned into lakes, filled with monsters of the

deep, and upon the surface of which naval engagements took place .- London Saturday Review.

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Summing

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Hints to Swimmers

An expert swimmer is authority for the assertion that a vast majority of the drowning casualties which are attributed to cramps are in all probability the result of cardiac exhaustion. Nearly all experienced swimmers, he says, know that cramps when in the water are of comparatively infrequent occurrence. It is commonly in the calf of the leg. and the swimmer by lying

quietly upon his back without undue alarm and stretching out the leg may overcome this somewhat painful involuntary mulcular contraction. The exertion of swimming, however, is fully equal to the exertion of running, with the additional tax upon the system of a gradual lowering of the bodily temperature. It is one thing to know how to swim and quite another to be in a physical condition to do the swimming. -London Globe,

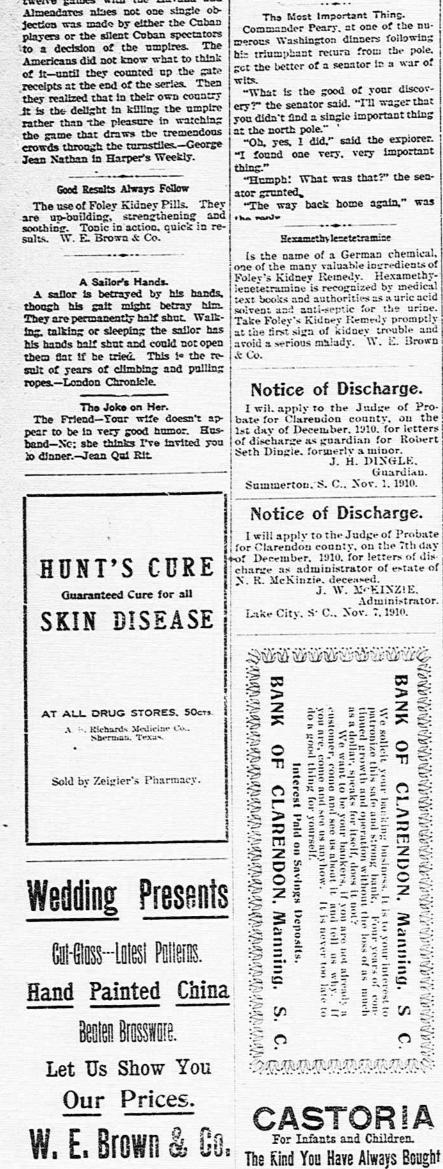
Old rime mailway Travel. Third class passenger coaches in England used to be coupled on next to the engine. The travelers came in for terrible treatment when any accident occurred. At times he engine was driven tender first, in which case frozen hands could be warmed at the smokestack. The passengers were packed, seventy of them, into a truck eighteen feet in length by seven and a half in width. There was no roof and not, as a rule, proper protection at the sides.

Saves an lowaMan's Life.

The very grave seemed to yawn before Robert Madsen, of West Burlington, Iowa, when, after seven weeks in the hospital, four of the best physicians gave him up. Then was shown the marul suffering from liver trouble and yellow jaundice, getting no help from other remedies or doctors, five bottles of his matchless medicine completely this world that with an Economy you can and will get back-the cured him It's positively guaranteed for Stomach, Liver or Kidney troubles power is in the Economy. and never disappoints. Only 50c. at all druggists.°







J. H. HAWKINS.



