

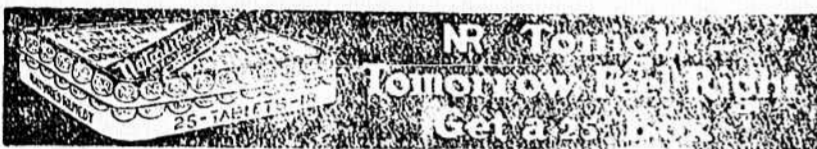
You Need More Than A Laxative

To correct constipation, all organs of digestion and elimination should be helped. Try NR and see how much better you feel.

NR Today—Keeps the Doctor Away

To live and be healthy, your body mechanism must properly digest your food, extract all the nourishment from it and promptly throw off the waste that is left. This is accomplished by the processes of digestion, assimilation and elimination—the work of the stomach, liver, kidneys and bowels. The failure of any of the vital organs to do its work properly affects the action of all the others. A forced bowel movement does not help constipation; it only relieves for a few hours the condition that constipation brings about. Now if you are used to taking so-called laxative pills, oil, purges and the like, you know mighty well you've got to be taking them all the time. Moreover, if you stick to any one laxative, you've got to be increasing the dose all the time. That can do you a lot of harm.

genuine, lasting benefit; to improve your digestion and assimilation, give you a good hearty appetite, regulate your liver and bowels, tone up kidney action and give your poison-clogged body a good cleaning out. Nature's Remedy (NR Tablets) is not harsh; it is mild, easy, pleasant in action, no gripping or pain ever follows its use; but it is thorough and sure. By its action on the digestive organs it promotes assimilation, which means extraction of full nourishment from your food, and thereby gives you new strength, energy, better blood, better appetite. By toning, not stirring your lazy liver, NR sends bile into the intestines, improving intestinal digestion. Lastly, by gently encouraging more vigorous bowel and kidney action, NR drives poisonous impurities out of and cleans up your body. Try Nature's Remedy (NR Tablets) and just see how much better you feel in every way. Get a 25c box today and take one each night for a week. You'll say you never felt better in your life. NR is sold, guaranteed and recommended by your druggist.



THE NORMAN CO., WALHALLA, S. C.

EASLEY WOMAN IS IDENTIFIED.

Had Lost Memory and Did Not Know Who She Was.

Union, S. C., June 12.—Mrs. Johnson Chandler is the name of the woman who was in Union last week and who was unable to give her own name, nor any connected story as to her family or previous condition.

The establishment of the woman's identity seems to have been made by Johnson Chandler, who claims to be her husband, and who arrived here at 2.20 p. m. Sunday from Easley, where he works in the mill. While here he had a conference with Envoy D. T. McAbee, of the Salvation Army, and Miss Mamie H. Oetzel, of the Red Cross home service department.

According to Mr. Chandler, who seems to be about 38 or 40 years of age, his wife has been affected mentally to a more or less degree for about five years, though she has never harmed anybody, and was always kind to her children when she was at home.

She left home last December. They have two children, one daughter of about 18 years of age, who was married since her mother left home, and a boy of about nine years of age.

Colds Cause Grip and Influenza

LAXATIVE BROMO QUININE Tablets remove the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on the box. 30c.

Americans and Germans Clash.

Coblentz, June 11.—Hostility between American soldiers and the German civilians in the occupied region, which has been increasing recently, has resulted in additional clashes during the past few days. In one instance an American was killed, and in other encounters in various parts of the occupied zone several Americans were wounded.

At Third Army headquarters today it was said that at least six Americans had been killed by civilians since the troops had reached the Rhine. German officials say that, so far as their records go, several Germans were killed in fights during the six months of occupation.

THE MAKING OF A FAMOUS MEDICINE

How Lydia E. Pinkham's Vegetable Compound Is Prepared For Woman's Use.

A visit to the laboratory where this successful remedy is made impresses even the casual looker-on with the reliability, accuracy, skill and cleanliness which attends the making of this great medicine for woman's ills.

Over 350,000 pounds of various herbs are used annually and all have to be gathered at the season of the year when their natural juices and medicinal substances are at their best.

The most successful solvents are used to extract the medicinal properties from these herbs.

Every utensil and tank that comes in contact with the medicine is sterilized and as a final precaution in cleanliness the medicine is pasteurized and sealed in sterile bottles.

It is the wonderful combination of roots and herbs, together with the skill and care used in its preparation which has made this famous medicine so successful in the treatment of female ills.

The letters from women who have been restored to health by the use of Lydia E. Pinkham's Vegetable Compound which we are continually publishing attest to its virtue.



CLUBS AID FEEDING METHODS

Very Noticeable Changes Have Come About as Result of Demonstrations by Members.

(Prepared by the United States Department of Agriculture.)

One of the outstanding effects of the boys and girls' pig club work is the improvement in feeding methods employed by adults who have followed the lead of some club member. Even in the leading hog-producing states, where the quality of the hogs is high, very noticeable changes in feeding practices have come about as the re-

sult of the demonstrations made by club members.

In some instances it has been the use of a self-feeder for fattening hogs by a club member that was the means of causing the farmers of that community to adopt the same method. In other sections the use of a balanced ration by a club member caused the farmers in his neighborhood to realize that corn alone is a poor and expensive hog feed, or that grazing crops or good pastures are essential to economical gains on swine. In one county in Kentucky the pig-club demonstrations were the means of increasing the use of tankage, as a supplement to corn, from two tons to 75 tons per year in two years' time. In Alabama the pig-club agent obtained a pound of rape seed for each member who made a preliminary report on his or her pig. As a result of this small beginning one store in one county sold over 1,000 pounds of rape seed that fall and 1,500 pounds the following spring, and now that county is green with grazing crops for hogs. Since rape has made a place for itself in that county, the use of soy beans, cowpeas, velvet beans, etc., is now being pushed. Similar results, though perhaps less striking, have been obtained in other states. Sixty-one per cent of the members who completed their work last year report the use of grazing or pasture crops.

The demonstrations by the boys are closely watched by the adults. The keeping of records showing the initial and final weights, the amounts and



"Soldiers of the Community" Interest in Studying a Young Pig, to Be Shown at the State Fair.

kinds of feeds used, the length of the feeding period, and the number of days the pigs were on grazing crops is interesting; the rate and cost of gains is definite information the adult wanted to know. The club work they is a point of contact by means of which county agents may reach adult when the direct approach brings little or no response.

Buy a few Thrift Stamps to-day.

HOW'RE YOUR KIDNEYS?

Maybe you THINK they're all right, and maybe you're wrong about it. Pains in the back, cloudy reddish sediment in the urine, irritation of the heart, puffiness under the eyes—these are SOME of the symptoms of kidney trouble, and they call for

DR. THACHER'S LIVER AND BLOOD SYRUP

A remedy of 37 years standing. Laxative or cathartic; liver regulator; blood purifier and kidney tonic. At your drug store.

Ho. Trow, Catombol Away
 Wm. S. Prince, of Birmingham, Ala. writes: "I was suffering with indigestion, biliousness and kidney trouble. I tried ointment and the doctors for about a month. Finally I tried Dr. THACHER'S LIVER AND BLOOD SYRUP and the first bottle relieved me very much. I am sound and well, can eat anything."

THACHER MEDICINE CO.
 Chattanooga, Tenn., U. S. A.

For Sale at NORMAN'S DRUG STORE, Walhalla, S. C.

Lower Postage July 1st.

On the first day of next month—July—which, by the way, begins the fiscal year for the government of the United States, the rates of postage will be reduced to the pre-war basis. Therefore, after July 1st it will cost but two cents to mail a letter, instead of three cents, as has been the rule since the increased rate went into effect, following the entrance of this country into the world war. The post card rate will likewise be reduced to the old rate of one cent instead of two cents. The parcel post rate was not changed during the war; hence there will be no readjustment on the postage required to transmit packages of merchandise or other articles.

You Do More Work.

You are more ambitious and you get more enjoyment out of everything when your blood is in good condition. Impurities in the blood have a very depressing effect on the system, causing weakness, laziness, nervousness and sickness.

GROVE'S TASTELESS CHILL TONIC restores Energy and Vitality by Purifying and Enriching the Blood. When you feel its strengthening, invigorating effect, see how it brings color to the cheeks and how it improves the appetite, you will then appreciate its true tonic value.

GROVE'S TASTELESS CHILL TONIC is not a patent medicine, it is simply IRON and QUININE suspended in Syrup. So pleasant even children like it. The blood needs Quinine to Purify it and IRON to Enrich it. These reliable tonic properties never fail to drive out impurities in the blood.

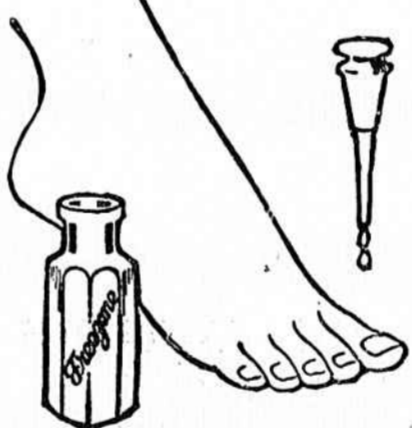
The Strength-Creating Power of **GROVE'S TASTELESS CHILL TONIC** has made it the favorite tonic in thousands of homes. More than thirty-five years ago, folks would ride a long distance to get **GROVE'S TASTELESS CHILL TONIC** when a member of their family had Malaria or needed a body-building, strength-giving tonic. The formula is just the same to-day, and you can get it from any drug store. 60c per bottle.

Pickens Bonds Are Sold.
 Pickens, June 12.—Forty thousand dollars worth of bonds of the town of Pickens were sold here yesterday to the firm of Sidney Spitzer & Co., of Toledo, Ohio, at par, plus a premium of approximately \$500. There were about half a dozen bids submitted for the issue.

Piles Cured in 6 to 14 Days.
 Druggists refund money if PAZO OINTMENT fails to cure itching, bleeding or protruding Piles. Instantly relieves itching Piles, and you can get restful sleep after the first application. Price 60c.

LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with fingers



Don't suffer! A tiny bottle of Frezone costs but a few cents at any drug store. Apply a few drops on the corns, calluses and "hard skin" on bottom of feet, then lift them off.

When Frezone removes corns from the toes or calluses from the bottom of feet, the skin beneath is left pink and healthy and never sore, tender or irritated.—adv.

Race Riots in England.

London, June 12.—Serious race riots, occasioned by the presence of negroes brought from Africa and other parts of the world during the war as labor battalions, have occurred at several points in England and Wales recently. They culminated in a nightlong fight last night between negroes and white men at Cardiff and Barry Docks, nearby.

One white man was killed and numerous whites were wounded. Boarding houses in the negro quarter were stormed, one of them set on fire and others looted.

This morning negroes, armed with revolvers, fired on the police of Liverpool, where similar scenes occurred. The local authorities have asked for government aid.

Cheapest thing on earth—The Courier at \$1 a year. Get it

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of Dr. H. Fletcher In Use For Over Thirty Years CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Pay in advance—Courier \$1 year. The Courier still \$1 a year. Pay in advance—Courier \$1 year.

Life Was a Misery

Mrs. F. M. Jones, of Palmer, Okla., writes: "From the time I entered into womanhood . . . I looked with dread from one month to the next. I suffered with my back and bearing-down pain, until life to me was a misery. I would think I could not endure the pain any longer, and I gradually got worse. . . Nothing seemed to help me until, one day, . . . I decided to

CARDUI

The Woman's Tonic

"I took four bottles," Mrs. Jones goes on to say, "and was not only greatly relieved, but can truthfully say that I have not a pain. . . . It has now been two years since I took Cardui, and I am still in good health. . . I would advise any woman or girl to use Cardui who is a sufferer from any female trouble."

If you suffer pain caused from womanly trouble, or if you feel the need of a good strengthening tonic to build up your run-down system, take the advice of Mrs. Jones. Try Cardui. It helped her. We believe it will help you.

Roofing - Repairing.

Kurpees Paints and Oil. Gutter and Repair Work. D. E. GOOD, TINNER. - WALHALLA, S. C.

The Quinine That Does Not Affect the Head Because of its tonic and laxative effect, LAXATIVE BROMO QUININE is better than ordinary Quinine and does not cause nervousness nor ringing in head. Remember the full name and look for the signature of E. W. GROVE, 30c.

The Courier, \$1 per year. Pay in advance. And then be sure to buy some 1919 War Savings Stamps.

SURVEYING.

I have purchased the entire Surveying Outfit and implements of the late I. H. Harrison, and am prepared to do accurate Surveying. I will be subject to your call. Write or call on me.

J. L. MOSER, Walhalla, S. C., Rt. No. 1.

What Is Rheumatism? Why Suffer from It?

Sufferers Should Realize That It Is a Blood Infection.

Doubtless like other sufferers, you have often asked yourself this question, which continues to remain unanswered.

Science has proven that Rheumatism is caused by a germ in your blood, and the only way to reach it is by a remedy which eliminates and removes these little pain demons. This explains why lini-

ments and lotions can do no permanent good, for they cannot possibly reach these germs, which infest your blood by the millions.

S. S. S. has been successfully used for Rheumatism for more than fifty years. Try it to-day, and you will find yourself at last on the right track to get rid of your Rheumatism. For treatment of your individual case address Chief Medical Adviser, Swift Specific Co., Dept. 43, Atlanta, Ga.