THE NEWBERRY HERRLD.



does solid work enough he will be caton of being under-nourished; or drive horses. But for perfect health and immunity from disease, restriction of exercise must be met with restriction in diet. Horses respell in winter I reduce their feed more or less, according to circumadopt the same principle in my own diet. The result is that neither my animals nor myself are ever for a moment sick.

very severe case three or four drops have a bottle on hand.

thickness. Then beat it with a rolling pin. This softens the fibres. but does not break them or take to beat the steak is not advisable. cause the juice of the steak ro run ont. ter. Never cook a steak longer salt should be put over it to make the gravy, but no water used.

WELSH RABBIT .--- Two tablespconfuls of milk, three ounces of cheese, half a tablespoonful of mustard, two or three tablespoonfuls of bread crumbs, one ounce of tter. First put into a small saucetablespoonfuls of milk; aunces of cheese, grated File over the fire till it -r. salt, ounce Oct. 9, 41nn deck mustard may whole erving Date

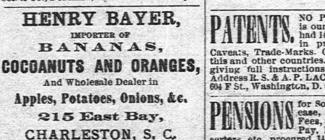
plied the mother, with a sigh, "and

he has got it yet." And the old man, who had overheard the conversation from an adjoining room, sang out "Yes, indeed, he has, my dear boy, or he would be a a single man to-day."-Rochester Express. Love is a severe critic. Hate can pardon more than love. It is a good thing to be deaf

a slanderer begins to talk.

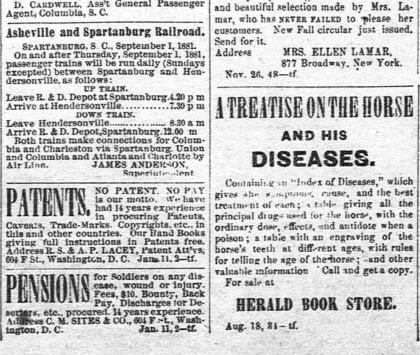
WSDa-	NO. 53 DAILY-MAIL AND EXPRESS.
e re-	Leave Augusta, A 7.35 a m
rainst	Arrive at Columbia, B 11.45 a m
ment.	Leave Columbia, B 11.52 a m
E SUN	Arrive at Charlotte, C 4.15 p m
like a	Leave Charlotte 5.10 p m
ainst	Arrive at Statesville 7.05 p m
nents	NO. 47 DAILY-MAIL AND EXPRESS.
emes	Leave Augusta, A 6.00 p m
omes	Arrive at Columbia, D
daily	NO. 19 LOCAL FREIGHT, daily except Sundays
10.000	(With Passenger Coach attached.)
OVAT	Leave Columbia 5.00 a m
undi.	Arrive at Charlotte 3.15 p m

Arrive at Charlotte 905 a m
Leave Charlotte, C 2 10 p in
Arrive at Columbia, B 6.30 p m
Leave Columbia, B 6.37 p m
Arrive at Angusta, A10.50 p m
NO. 48 DAILY-MAIL AND EXPRESS.
Leave Columbia, D
Arrive at Augusta, A 10.22 a m
NO. 18 LOCAL FREIGHT, daily except Sundays
(With Passenger Coach attached)
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