## THE NEWBERRY HERRLI



Alternate activity and rest is a body except the heart and blood vessels, and for the mind also. This law can not be violated without more or less barmful results, whether they are noticed or not. The human stomach must have periods of rest, or it will weaken and finally fail. It is in one sense the gristmill that supplies the whole body with nutriment. The mill keeps to work as long as there is anything in it to grind. An ordinary heavy meal requires 4 to 5

least an hour or two to recuperate through the window. before it has disposed of the pre-

vious meal, and rested, is harmful Lunches between meals, nibbling at cake, candy, fruit, at anything that must be digested, keeps the stomach at work, and it robs it of rest absolutely needed. Even beer and sugared drinks have to be di-'gone-ness' experienced in the hay world to do with his falling. or harvest field, usually comes from the disturbance of a hearty breakfast or dinner that, by reason of abused her like a pick pocket for hard work end depressing heat, is lifting up the other end of the sofa, still undigested. The lunch quiets all of which she took good naturedit, but partially unfits the stomach iv, and finally she led him to the for attacking the next meal; the supper table. He threw a plate at best way is to do without the lunch ; her, but she did as she had not no stop work when too weary to go ticed it, and asked him if he would further, and rest at least 15 or 20 minutes before taking food ; then

rest a little more, and gradually push' on to one's full measure everything else over with him in of strength. Attention to these one grand crash. the amount of work, mental and physical, which one can accomplish during a year, or series of years.

Miscellaneous. A TEXAS WIFE.

The best natured woman in the United States lives in Austin. She United States lives in Austin. She has been married a number of years to a man named Fergnson, but she and her husband have never had a quarrel yet, and he has frequently boasted that it is utterly impossi-

law of nature, for every part of the merely to gratify his curiosity, but the more outrageous he acted the more affable and loving she behaved. Last week he was talking to a friend about what a hard time he had trying to find out if his wife had a temper. The friend offered to bet \$50 that if Ferguson were to go home drunk, raise a row, and pull the table cloth full of dishes off the table, she would show some signs of annoyance. Ferguson said he didn't want to rob a friend of his money for he knew he hours for being dissolved, and sent would win; but they at last made out to the system; in weak stom- the bet of \$50, the friend to hide achs more time is needed. Then the in the front yard and watch the stomach wants quiet and rest of at proceedings of the convention

itself, during which the other parts | Ferguson came home late, and of the body and the mind may be apparently fighting drunk. She active. As a role, not less than wet him at the gate, kissed him, six hours should intervene between and assisted his tottering steps to meals. A lunch of any kind, even the house. He sat down hard in milk itself, if put into the stomach the middle of the floor, and howled out:

> 'Confound your ugly picture, what did you mean by pulling that chair from under me?'

'O, I hope you didn't hurt your self. It was my awkwardness, but I'll try and not do it again,' and she helped him to his feet al gested. The feeling of faintness, of though she had nothing in the

> He then sat down off on the sofa, and sliding down on the floor, take tea or coffee. Then the brute seized the table cloth and sat down on the floor, pulling the dishes and

matters will wonderfully increase What did this noble woman do ? Do you suppose she grumbled and talked about going home to her ma, or that she sat down and cried like a fool, or that she sniffled and ponted? Not a bit of it. With a pleasant smile, she said : 'Why, George, that's a new idea, ain't it? We have been married ten years, and have never yet eaten our supper on the floor. Won't it be fun-just like those picnics we used to go to before we got mar ried,' and then this angelic woman deliberately sat down on the floor along side of the wretch, arranged the dishes, and fixed him up a nice supper. This broke George all up. He owned up he was only fooling her, and offered to give her the fifty dollars to get herself a new hat, but she took the money and bought him a new suit of clothes and a box of cigars.

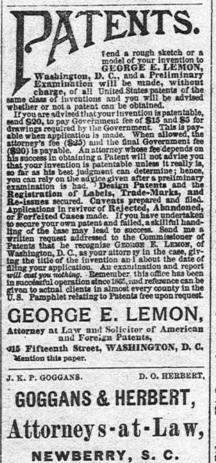


Is composed of Herbal and Mucilaginous ble to make her angry. Ferguson made several desperate attempts to see if he could not exasperate her to look cross or scowl at him, merely to gratify bis curiosity, but them. Apply the remedy promptly, A test of twenty your warrants the assertion that

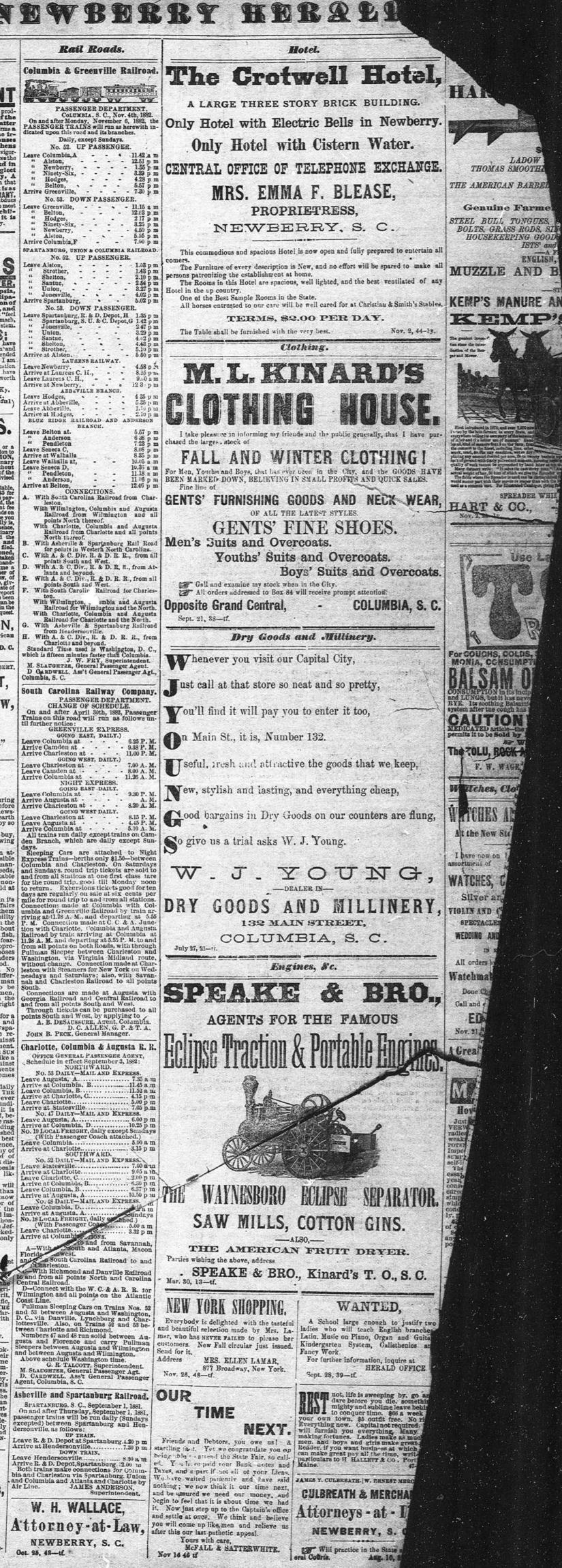
## ACT DIRECTLY ON THE LIVER. Cures Chills and Fever, Dyspepsia, Sick Headache, Billous Colle, Constipa-Sick Heattache, Sillows Collectorstipa-tion, Rheatnatism, Piles, Palpitation of the Heart, Dizziness, Torpid Liver, and 2 smale treggalarities. If you do not feel very well," a scale pill stimulates the stomach, hatore the arrective, imparts vigor to the system. A NOTED DIVINE SAYS:

Fi His i Lif Diffic OALG: Dn. Turr.-Dear Size For ten years I have been a martyr to Dyspensia, Constigation and like. Last spring your pills were recommended to me; I aread them (but with little failth). I am row a well man, have good appetite, digestion perfect, regular stools, piles gone, and I have reighting cold. REV. II. L. SIMPSON, Louisville, Ky. One and Starray St. New York.

"Tec. 35 Marray St. New York. "Bc. TUTT'S MANUAL of Useful lessing of Jubil on application.



"Strict Attention to Eusiness." Nov. 2, 44-1y. THE SUN. NEW YORK, 1883.



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## [American Agriculturist.

NOTES ON LIVE STOCK IN WINTER. -The farm animals at this season are directly dependent upon the care and attention of the farmer. To pass the winter with profit they must be well kept. Animals are very complicated engines, and must be run by careful engineers. The food they receive is the fuel, and the daily rubbing, cleaning, etc., may be likened to the inspection, cleaning and oiling of the engine. The fuel must be equal to the de mands made of the animal engine, else the machinery will be run at a disadvantage, and therefore with diminished profit. When the water is low and the fire almost out, the engine is a source of loss to the own er. On the other hand the fire may be brisk, and the boiler well supplied, but some screw is loose, or a part rubs another too closely and the friction thus produced neutralizes much of the force. So in the animal machine, all the parts must work harmoniously together, or in other words there must be perfect health to obtain the best results. An animal may have the best of food in sufficient quantity, and still rass a hard winter, and without profit to its owner. Food of the best kinds without shelter, is in the animal economy like fuel in an engine that is rusty and loose and out of order. Both are expensive meth ods of arriving at desired results. It takes too much force to run the machine in both cases. As it is cheaper to have a good engine kept in good order, so it is to have an animal in health and comfort. The thoughtful farmer will see many other points of likeness between the animal machine and the one constructed by human hands, but this is enough to suggest the importance of keeping farm an imals in a healthful and comfortale condition by means of warm stables with clean floors and pur air .- American Agriculturist

for insom An onion is marth. Raw on-nia and ramaken of purify the ions of prevent skin discases. yet, the odor left upon the reath deters many persons from use. Italians and Spaniards, exes alike, ss well as many ple, com se large quan e all the better for it.

cember.

A Rutland lawyer has drawn a oill and a member of the Vermont Legislature has introduced it, pro viding for the punishment of the manufacturers or venders of cigarettes. 'I did not include,' says the promoter of this measure,' the various forms of tobacco that so long have been, and are likely to be, tolerated by considerate people, but sought only to protect an unfortunate imbecile class for no one except a predestined, fore ordained fool would over smoke a cigarette.'

An editor out West had his leg brcken the other day while attempting to place a safe in his office. If editors will persist in doing such foolish things they ought to have their legs broken. A soap box with leather hinges to the cover and a wooden button to fasten it would answer all the purposes of a safe in keeping and tor's valuables, and one it. get his legs broken

his place below He wheertainly be below his'

An evil speaker differs from an evil doer only in the want of opportunity.

There is a new brand of whiskey cal'ed 'wire grass.' This is a fresh name for tangle foot.

'I aim to tell the truth.' 'Yes. interrupted an acquaintance, 'and offered for you are probably the worst shot in America.'

More people have read THE SUN during the year just now passing than ever before since it was first printed. No other news-paper published on this side of the earth has been bought and read in any year by so many men and women.

We are credibly informed that people buy, read, and like THE SUN for the following easons, among others:

Because its news columns present in at Because its news columns present in at tractive form and with the greatest possible accuracy whatever has interest for human-kind; the events, the deeds and misdeeds, the wisdom, the philosophy, the notable folly, the solid sense, the improving non-sense-all the news of the busiest world at

sense-all the news of the based work at present revolving in space. Because people have learned that in ifs remarks concerning persons and affairs The Sux makes a practice of telling them the exact truth to the best of its ability three hundred and sixty-five days in the rear before election as well as offer should three hundred and sixty-five days in the year, before election as well as after, about the whales as well as about the small fish, the whales as well as about the small had, in the face of dissent as plainly and fear-lessly as when supported by general appro-val. THE SUN has absolutely no purposes to serve, save the information of its readers and the furtherance of the common good. Because it is everybody's newspaper. No

Because it is everybody's newspaper. No man is so humble that THE SUN is indifferman is so induced that the solution is induced ent to his welfare and his rights. No man is so rich that it can allow injustice to be done him. No man, no association of men, is powerful enough to be exempt from the strict application of its principles of right and ways

strict application of its principles of right and wrong. Because in politics it has fought for a dozen years, without intermission and sometimes almost alone among newspa-pers, the fight that has resulted in the re-cent overwhelming popular verdict against Robesonism and for honest government. No matter what party is in power. The SUM stands and will continue to stand like a rock for the interests of the people against the ambition of bosses, the encroachments of monopolists, and the dishonest schemes of public robbers.

All this is what we are told almost daily by our friends. One man holds that THE SUN is the best religious newspaper ever published, because its Christianity is undi-inted with cant. Another holds that it is Inted with cant. Another house that it is the best Republican newspaper printed, be-cause it has already whipped half of the ras-cais out of that party, and is proceeding against the other half with undiminished vigor. A third believes it to be the best magnzine of general literature in existence, because its readers miss nothing worthy of notice that is current in the world of thought. So every friend of THE SUA dis-covers one of its many sides that appeals with particular force to his individual lik-

ing. If you already know THE SUN, you will observe that in 1883 it is a little better than observe that in 1883 it is a little better than ever before. If you do not already know THE SUN, you will find it to be a mirror of all human activity, a storehouse of the choicest products of common sense and im-agination, a mainstay for the cause of hon-est government, a sentinel for genuine Jef-teronic Democraty a scourage for wicked. fersonian Democracy, a scourge for wicked-ness of every species, and an uncommonly good investment for the coming year.

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DAILY-55 cents a month, \$3.50 a year; Sandsy edition, \$7.70. SUNDAY-Eight pages, \$1.20 a year Agri-best matter of the daily a died merit, best matter of the daily a died merit, cultural Department, bey, scientific, market reports at some make THE and domestic in Spaper for the far-werkey sing the To clubs of ten with WEEKLY Sing the To clubs of ten with WEEKLY Sing the To clubs of ten with WEEKLY Sing the To clubs of ten with 22, 47-6t THE SUN, N. Y. City.

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