THE NEWBERRY HERALD.

Farm, Garden & Household.

APRIL.

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WHAT SHALL WE DO?

Then what must planters, farmers, and white men generally do? We answer go to work. What, in the field? Yes, in the field. But the white race can't labor in our hot climate. Bah—I admit the negro can beat the white man working as well as sleeping, in a midday June sun, but I am not disposed to admit that the negro will do the most work in any term of say thirty days. The intelligent white man will be systematic, he will begin labor at sunrise, with a well cooked and nutricious breakfast in his stomach; he can stop at ten o'clock, bathe, take a nap, eat a dinner corresponding in nutriveness to the breakfast, and read books or newspapers, till four, then he can labor till seven, having labored say at least six perhaps seven hours in the field. Mind, will, and muscle combined, with its usual attendants of forecast and constancy, will work out in five years, working only six hours per day, incomparably grander results than can be gotten from the negro for love or money, though he may pretend to or actually does fitfully labor from ten to twelve hours per day. The negro has almost an instinctive conviction possessing him that the white man can beat him at anything he goes at, and thinks it is the white man's education; but the history of his race does not give us any instances of educated labor worthy of note. Exceptional cases of pretty well to do black farmers, I am told, occasionally occur in the Western States, stimulated by the example of the whites, and are but exceptions to the rule left to himself, to make and sustain a public opinion. Among his own race, education does not incline him to agriculture, he seeks the jobbing trades, porterships, clerkships, and, notably in the reconstruction States, every office he can get.—J. W. O., in the Rural Carolinian.

"MONEY IN THE GARDEN"—AND HEALTH ALSO.—The vegetable garden is generally considered too small a matter for the cotton planter to give any attention or thought to it. It is Mrs. Planter's domain. Very well; the arrangement is not a bad one, provided madam has a taste for gardening, and provided, further, that a good hand is placed at her disposal whenever garden work requires it. Too often no help can be spared from the cotton and the corn, when needed, and the grass overruns everything. The garden might as well have never been planted.—"But cotton pays" (sometimes,) you say "snap beans, sugar corn, squashes, and okra don't." Cotton would not pay if treated as you treat your garden crops. But a good garden, judiciously planted and well cultivated, does pay. No acre on your whole plantation, we venture to say, pays half so well.—It pays first and heavily in the money it saves, and it pays again in health and the enjoyment which its products give, in wholesome and needed articles of diet, saving money, again, in the avoidance of heavy doctors' bills. Pray do not neglect the garden, and don't confine its crops to snap beans and collards. Have a plenty of tomatoes, egg plants (Guinea squash,) okra, Sieva beans, squashes, beans, carrots and the other good things so often enumerated in the Rural Carolinian.

[Rural Carolinian, April No.

BOILS.—Make a plaster of molasses and flour, or honey and flour, and apply it as often as they get dry. If very painful, make a soft poultice of bread and milk moistened with volatial liniment and laudnum. It will ease pain, allay inflamtion and hasten a cure. Remedies for cleansing the blood should be freely used.

To keep up the fertility of our pastures, it is evident that we must do our best to check the growth of such a vegetation as is rejected by stock. But it is not enough to destroy the useless and injurious plants; we must encourage the growth of the valuable ones. How shall these objects be completed?

THE DIET FOR A WHITE WORKINGMAN.—This great bugbear, and scarecrow of the unhealthiness of laboring whites, needs some examination. It is much more frightful in prospective, than when approached. It may be doubtful whether the white man can live and work in a highly malarious region, as can the negro; but he must live as a white man ought, and work only as a white man can—that is, take all the advantages which his superior intelligence affords him. Corn bread and bacon, and the latter fried crisp, often till the gravy becomes almost corrosive, is regarded as a laborer's diet, or the basis of it. My observation as a medical practitioner has taught me that no man white or black, can labor long in our climate on such fare, and be healthy. Chronic, or sub-acute inflammation of the mucous coat of the stomach is no more common with the laboring whites, than blacks, the latter suffer greatly and almost universally with it, when confined to bread and bacon diet. I have thought that if any man ought to live on corn bread and bacon, it ought to be he who does nothing, or does light work in the shade, and if any one really does require beef, mutton, fowls, eggs, milk, butter, and the most nutricious pastry, to sustain and strengthen him this one is the man who labors in the field. Such diet, with the observance of the common laws of health, will rob manual labor of much of its terrors as respects disease.—J. W. O., in the Rural Carolinian, April No.

MUST THE OLD PLANTATION SYSTEM BE ABANDONED?—It is the opinion of our intelligent correspondent, J. W. O., that the old system of working large plantations with gangs of negro laborers is no longer practicable, and his views are shared by a large number, probably, a majority, of our people. That this system has generally proved a failure, since the war, is a fact that can hardly be called in question. The cause of this failure, however, is not always, we think, looked for in the right place. It is generally attributed to the inefficiency and unreliability of negro labor. This has had much to do with it in many cases, no doubt; but behind this lie two potent elements of failure; 1. Lack of capital, involving a recourse to the credit system, and exorbitant prices, and the payment of ruinous rates of interest; 2. A lack of the ability or skill to judiciously manage free negro labor. Growing out of the first of these causes, there is also, in many cases, a lack of ability to command the best negro labor, and to secure fidelity and efficiency by the prompt payment, in cash, of adequate wages. Are not these the true causes why the large plantation system is at present generally impracticable, rather than the inherent unreliability of our labor?

[Rural Carolinian, April No.

THE JAPAN PEA AS A TABLE VEGETABLE.—In regard to the Japan Peas as a vegetable, opinions differ widely, one pronouncing it the best of all the pea or bean tribe, while another assures us that it is "fit only for mules and swine." We have grown it for seven or eight years as a garden crop, and esteem it one of the best vegetables we have. To our taste, no other pea or bean even approaches it in richness and delicacy of flavor and we believe it is as wholesome and nutricious as it is palatable. Tastes differ, however, and all do not like it.—We have not tried it, to any extent, as food for stock, but know that mules and horses are very fond of the plant in its green state.

The main difficulty with it as an article of human diet, seems to be that it is hard to cook, and when not properly cooked, doubtless hard to eat.—We use them both in the green and the dry state. As green peas, they should be treated like Lama or Sieva Beans, except that they require longer boiling. When dry, they should be soaked over night or at least twelve hours before commencing to cook them; then boil in soft water till well done; or better, after partially boiling, put them in a suitable deep pan, with a piece of meat, and, bake in a hot oven, after the manner of Yankee "pork and beans."

[*Rural Carolinian, April No.*

Draining causes the rain to sink through considerable thickness of soil before it runs off, and hence it causes less loss of nutritive matter than is occasioned by rain washing soil, as it does in undrained lands, carrying off to the streams and rivers much of the valuable nutritive matter that abounds on the surface.

OYSTER FRITTERS.—Make a thin batter with eggs and milk. Drain the oysters, put them in this batter, and then fry them brown in lard.

Wood for winter should have been cut and piled months ago; but if you have neglected it go to the woods and do the work at once.—*Agriculturist.*

Miscellaneous.

THE GREAT
ATLANTIC COAST FREIGHT LINE,
Comprising Charlotte, Columbia and Augusta, Wilmington, Columbia & Augusta, Wilmington & Weldon, Seaboard & Roanoke, and Connecting Railway and Steamship Lines.

Transporting Freights to and from Steamship Wharves at Wilmington and Portsmouth, Virginia, without draying, transfers, or exposure to weather, and in through cars to and from all points South. Being possessed of ample equipment for all the necessities of traffic, the Management invites attention to the Transportation facilities of this Line, which equal all others in prompt movement, careful handling, unbroken transit and low insurance.

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MERCHANTS & MINERS' LINE, - - - Tuesdays and Fridays, at 4 p. m.
FOR PROVIDENCE.
MERCHANTS & MINERS' LINE, - - - Wednesdays and Saturdays, at 4 p. m.
At Wilmington, N. C.
FOR BALTIMORE.
BALTIMORE & SOUTHERN TRANSPORTATION COMPANY'S STEAMERS, Wednesdays and Saturdays.
FOR PHILADELPHIA.
PHILADELPHIA & SOUTHERN STEAMSHIP COMPANY'S STEAMERS, Every Tuesday.
Connecting at each place with rail lines for all New England towns, to which lowest current rates are given and guaranteed.
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E. K. BURGESS, 73 Smith's Wharf.
NEW YORK.
C. E. BRAINERD, 397 Broadway.
PHILADELPHIA.
A. W. KILGORE, 44 South Fifth Street.
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G. H. KEITH, 76 Washington Street.

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FAST FREIGHT SCHEDULE.
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Arrive at WILMINGTON -	6.00 a. m.	Arrive at WILMINGTON -	5.30 p. m.
Leave WILMINGTON - -	2.00 p. m.	Leave WILMINGTON - -	11.30 p. m.
Arrive at ‡Portsmouth - -	2.00 p. m.	Arrive at †COLUMBIA - -	5.00 p. m.

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Feb. 27, 7—tf.

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IMPROVED DOUBLE
Turbine Water Wheel.

POOLE & HUNT, Baltimore,
Manufacturers for the South and Southwest.
Nearly 7000 now in use, working under heads varying from 2 to 340 feet! 24 sizes, from 6½ to 96 inches.
The most powerful Wheel in the Market, And most economical in use of Water. Large ILLUSTRATED Pamphlet sent post free.
MANUFACTURERS, ALSO, OF
Portable and Stationary Steam Engines and Boilers, Babcock & Wilcox Patent Tubulous Boiler, Ebaugh's Crusher for Minerals, Saw and Grist Mills, Flouring Mill Machinery, Machinery for White Lead Works and Oil Mills, Shafting Pulleys and Hangers.
SEND FOR CIRCULARS.
Feb. 25, 8—6m.

Iron in the Blood
PERUVIAN SYRUP
AN IRON TONIC
MAKES THE WEAK STRONG.
The Peruvian Syrup, a Protected Solution of the Protoxide of Iron, is so combined as to have the character of an aliment, as easily digested and assimilated with the blood as the simplest food. It increases the quantity of Nature's Own Vitalizing Agent, Iron in the blood, and cures "a thousand ills," simply by Toning up, Invigorating and Vitalizing the System. The enriched and vitalized blood permeates every part of the body, repairing damages and waste, searching out morbid secretions, and leaving nothing for disease to feed upon.
This is the secret of the wonderful success of this remedy in curing Dyspepsia, Liver Complaint, Dropsy, Chronic Diarrhœa, Boils, Nervous Affections, Chills and Fevers, Humors, Loss of Constitutional Vigor, Diseases of the Kidneys and Bladder, Female Complaints, *and all diseases originating in a bad state of the blood, or accompanied by debility or a low state of the system. Being free from Alcohol, in any form, its energizing effects are not followed by corresponding reaction, but are permanent, infusing strength, vigor, and new life into all parts of the system, and building up an Iron Constitution.*
Thousands have been changed by the use of this remedy, from weak, sickly, suffering creatures, to strong, healthy, and happy men and women; and invalids cannot reasonably hesitate to give it a trial.
See that each bottle has PERUVIAN SYRUP *blown in the glass.*
Pamphlets Free.
SETH W. FOWLE & SONS, Proprietors,
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SOLD BY DRUGGISTS GENERALLY.
Sep. 24, '73—38—1y.

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CASH CAPITAL, $25,000.00.
Any healthy man, between the ages of 18 and 65 years, may become a member of this Society.

MEMBERS CONTRIBUTIONS. Quarterly.	Semi-Annually.	Annually.	Allowances weekly during sickness.
$ 1 50	$ 2 75	$ 5 25	$ 4 00
3 00	5 50	10 50	8 00
6 00	11 00	21 00	16 00
9 00	16 50	31 50	24 00
12 00	22 00	42 00	32 00
15 00	27 50	52 50	40 00
18 00	33 00	63 00	48 00

HON. JOHN WHITEHEAD, President.
Address, BENJ. G. HERIOT, Special Agent, Mount Pleasant, near Charleston, S. C.

The Piedmont & Arlington Life Insurance Co., Of RICHMOND, VA.
Assets January 1st, 1873, - - - - $1,766,845 00
Dividends to Policy Holders, 1872, 80,909 00
Reserve, being amount necessary to re-insure all Risks, - - - 1,498,156 09
BENJ. G. HERIOT, Special Agent, Mount Pleasant, near Charleston, S. C.
Dec. 10, 49—tf.

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TRIUMPHANT!
THE
CAROLINA FERTILIZER
WILL BE SOLD AS FOLLOWS:
CASH PRICE.
$50 per Ton of 2,000 lbs.
TIME PRICE.
$55 per Ton of 2,000 lbs.
PAYABLE NOVEMBER 1, 1874,
FREE OF INTEREST.
FREIGHT AND DRAYAGE TO BE ADDED.
ITS SUCCESS IS
UNPARALLELED,
AND ITS STANDARD IS
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ACID PHOSPHATE
WILL BE SOLD AS FOLLOWS:
CASH PRICE.
$33 per Ton of 2,000 lbs.
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$38 PER TON OF 2,000 lbs.
Payable November 1, 1874,
FREE OF INTEREST.
FREIGHT AND DRAYAGE TO BE ADDED.

FOR SALE BY
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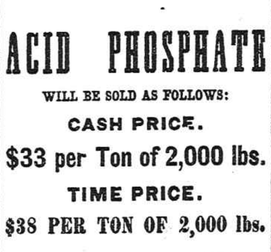
GEO. W. WILLIAMS & CO.,
GENERAL AGENTS,
At Charleston, S. C.
Jan. 14, 2—4m.

THE WARREN
Improved Hoe.



The LATEST and BEST HOE for COTTON Ever manufactured.
Capital for gardens also.
To form an idea of its great adaptability and wonderful merits, come and examine. An invoice just received by
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First-class Livery Stable in connection with the House. Aug. 27, 34-3m.

Columbia Advertisements.

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IMPORTER AND DEALER IN
ENGLISH AND AMERICAN HARDWARE AND CUTLERY,
IRON, STEEL, NAILS, CASTINGS, MILL STONES, BOLTING CLOTHS, SMUT MACHINES, CIRCULAR SAWS, MILL IRONS, SUGAR PANS, CARRIAGE, BUILDING and TRIMMING MATERIALS, RUBBER and LEATHER BELTING, ALL KINDS OF TOOLS.
HOUSEKEEPING AND FURNISHING HARDWARE,
AGRICULTURAL IMPLEMENTS, LIME, CEMENT, PLASTER, PAINTS, OILS, FRENCH and AMERICAN WINDOW GLASS, GUNS, RIFLES, PISTOLS, SHOT BELTS, FLASKS, POWDER, SHOT, &c., &c.
Wholesale and Retail,
At the Sign of the GOLDEN PADLOCK,
COLUMBIA, S. C.
Feb. 25, 8—tf.

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PHŒNIX IRON WORKS,
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GOLDSMITH & KIND,
Founders and Machinists,
Have always on hand
Stationary Steam Engines and Boilers for Saw-Mills, Etc.,
SAW AND GRIST MILLS,
Cotton Presses,
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CASTINGS of every kind in Iron or Brass.
We guarantee to furnish Engines and Boilers of as good quality and power, and at as low rates as can be had in the North.
We manufacture, also, the GADDY IMPROVED WATER WHEEL, which we recommend for power, simplicity of construction, durability and cheapness.
We warrant our work, and assure prompt ness and dispatch in filling orders.
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Jan. 14, 2—tf. Columbia, S. C.

1873, Fall and Winter. 1874.
CLOTHING, HATS
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GENTS' FURNISHING GOODS.
We are now receiving one of the BEST and LARGEST STOCKS of ready made Clothing that was ever handled in this Market. If you want the VERY BEST CLOTHING and HATS and SHIRTS, at MODERATE PRICES, call and see, and judge for yourself if we do not keep the BEST at the LOWEST PRICE of any House in the State.
We sell the BROADWAY SILK HAT.
KINARD & WILEY,
COLUMBIA, S. C.
Nov. 5, 44—tf.

Seegers' vs. Cincinnati Beer.
The Cincinnati Gazette makes the astonishing announcement that Cincinnati beer is no longer pure, but adulterated with molasses, sugar of starch, fusel oil and the poisonous colchicum. The Commissioner of Agriculture, in his report for 1865, says that Prof. Mapes, of New York, analyzed the beer from a dozen different breweries, and found all of it adulterated. Cocculus Indicus and nux vomica entered largely into its composition.
J. C. SEEGERS guarantees his beer to be pure and reliable. He does not adulterate it, but brews from the best barley, malt and hops. Feb. 4, 5—tf.

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E. R. STOKES
HAS just opened, in the new and handsome building immediately opposite the Phœnix office, on Main street, a complete stock of
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Comprising Letter, Cap and Note Paper, of all sizes, qualities and of every description; Flat Papers of Cap, Demy, Double-Cap, Medium, Royal, Super-Royal, and Imperial sizes, which will be sold in any quantity, or manufactured into Blank Books of any size, and ruled to any pattern, and bound in any style, at short notice.
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In endless variety—all sizes, colors and qualities.
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Of every description; a great variety of convenient and useful articles for both Teachers and Pupils.
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Also, a most elegant stock of Gold Pens and Pencil Cases, superbly-mounted Rubber Goods.
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First Class Stationery House,
Which the subscriber intends this shall be.
He will still conduct his BINDERY and BLANK BOOK MANUFACTORY and PAPER-RULING ESTABLISHMENT, which has been in successful operation for over thirty years in this State, and to which he will continue to devote his own personal attention. His stock will be kept up full and complete, and his prices will be found always reasonable, and he hopes to have a share of patronage.
E. R. STOKES, Main Street,
Nov. 15, 46-tf Opposite Phœnix Office.

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A PAPER FOR THE FAMILY CIRCLE,
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Six months, in advance, - - - - - - 1 00
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RATES OF ADVERTISING REASONABLE.
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A SOUTHERN HOUSE.
GEO. S. HACKER'S
Door, Sash and Blind Factory,
KING, OPPOSITE CANNON STREET,
CHARLESTON, S. C.

The only house of the kind in this City owned and managed by a Carolinian.
A Large Stock always on hand, and sold at 20 per cent. less than Northern prices.
Address, GEO. S. HACKER,
P. O. Box 170. Charleston, S. C.
Jan. 21, 1874—3-1y.

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DOORS,
SASHES BLINDS
I. H. HALL & COMPANY
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