

HAVE BEST BREAD

THAT MADE AT HOME SUPERIOR TO BAKERS'.

When Yeast Is in Good Condition It Is Not a Matter of Difficulty to Turn Out a Splendid Article—Some Hints.

(Bulletin of University of Missouri.) Homemade bread, if well made, is to be preferred over bakers' bread, according to Miss Addie D. Root of the Missouri College of Agriculture. The condition of the yeast used in bread-making is more important than the kind of yeast. If yeast is allowed to stand in a dusty place or is put into an unsterilized vessel, it will collect bacteria and the bread will have a sour, unpleasant taste.

Yeast plants thrive at a temperature of from 79 to 95 degrees Fahrenheit. When dough is set to rise, it should be placed in a clean bowl. If the bowl is covered tightly and an even temperature maintained, it is not necessary either to oil or moisten the surface to prevent a crust from forming.

The quick even stroke in kneading counts for more than the strength put into it. A thorough kneading distributes the yeast plants evenly throughout the dough and results in bread of the best texture as the gas bubbles rise evenly. Dough should be kneaded until it has a smooth velvety surface. If kneaded longer than 30 minutes, the elastic quality is completely destroyed.

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Baking requires as much care as mixing, kneading and rising. The temperature of the oven should be 300 degrees Fahrenheit when the bread is placed in it. It should be allowed to rise after fifteen minutes and lowered after thirty minutes. The bread should begin to brown in patches during the first fifteen minutes and should have an even, brown surface after thirty minutes.

Drain four dozen oysters in a colander; pour the juice into a soup kettle; add one-fourth teaspoonful of black pepper; let come to a boil; skim when near boiling point. In a saucepan boil one quart of milk. When the milk begins to boil pour it into the oyster juice; drop into the combination a tablespoonful of butter in which two tablespoonfuls of boiled rice have been rubbed. Stir the soup constantly to prevent burning. As soon as it comes to a boil the second time throw in the oysters and let scald until the edges curl and separate. Drop salt, pepper, a tablespoonful of butter and a sprig of parsley into the soup tureen; pour the soup into it and serve immediately.

Delicate Indian Pudding. Boil one quart of milk, sprinkle into it two heaping teaspoonfuls Indian meal, stirring all the time to keep from scorching. Cook 12 minutes, add one teaspoonful butter. Beat all together three eggs, one teaspoonful salt, four tablespoonfuls sugar, one-half teaspoonful ginger. Add gradually to the milk. Bake slowly one hour. Serve with whipped cream, sweetened with powdered sugar and one teaspoonful vanilla. This is very delicious.

English Tea Cake. Take one cupful sugar, one-half cupful butter (melted), one teaspoonful each of nutmeg, clove and cinnamon, one cupful sour milk, two cupfuls flour, one teaspoonful soda (well-rounded), one cupful raisins. Mix the sugar and spices together, add the butter and cream well. Put soda in the sour milk and add to the mixture, stir in the flour, and last the raisins, well floured. No eggs.

Pond Lily Salad. Boil six eggs thirty minutes. When cold remove shells and cut eggs in halves crosswise. Cut whites in strips to resemble petals and lay on small lettuce leaf, with one-half yolk in center. Shred the largest lettuce leaves, arrange in bottom of platter, pour dressing over, then lay the lettuce leaves and egg and garnish with radishes.

Little Ducks. Cut some mutton into strips about three inches long and one and one-half inches wide, without fat. Season with pepper and salt, roll up and put in a saucepan to fasten. Put in a pan with just enough water to barely cover, and boil for about half an hour. Take out onto a platter and thicken the gravy. Serve with mashed potato.

To Clean Knives. Mix a little baking soda with bath-water. This will find this polishes very easily.

TO CHEAPEN LIVING COST

Advice About the Best Kinds of Foods That Should Be Selected and Prepared.

A bulletin published by the New York department of health suggests a number of changes in diet by which money can be saved without sacrificing nutriment.

"Cereals, such as cornmeal, hominy, and especially oatmeal," the bulletin says, "are rich in nourishment, and are much cheaper than patented cereals. American cheese, dried beans, and peas are comparatively cheap, and contain a great deal of protein, which is the most important food element found in meat."

"Oleomargarine is a very satisfactory and economical substitute for butter. Unfortunately, its use in public institutions is prohibited by law."

"Rice is very cheap food and can be served in many different styles. It should be used more frequently than it is in the dietary of those of moderate means. It contains a very high percentage of carbohydrates, one of the very necessary forms of nourishment. Everyone knows how extensively it is used among the peoples of Asia, where it has served as the chief article of diet from time immemorial."

"It should not be necessary to state that bread, preferably of whole wheat, a form which is rich in very important food elements called 'vitamines,' also sugar and potatoes, should occupy prominent places in the dietary of the working man and woman."

"There are many other cheap food-stuffs, a notable one being macaroni and cheese. When these are used judiciously, they serve to lessen the cost of the dietary without in any way impairing its food value."

ONCE A DAY OFTEN ENOUGH

Assertion Made That Women Need Not Put In So Much Time Washing Dishes.

"The careful housekeeper will always resent the suggestion that once a day is often enough to wash dishes," writes Dr. H. Barnard in "Table Talk" in the National Food Magazine. "She cannot train herself to allow soiled plates and silverware to stack up from one meal to the next, for she has been taught that such actions are evidence of shiftless, slovenly housekeeping. As a matter of fact, along with many other notions which are fixed in the operation of the home, both time and energy are saved by cutting out two of the three daily dish-washing jobs."

Doctor Barnard goes on to recite the experience of one housekeeper who actually dared study the homely work of dishwashing. One week she washed dishes three times a day; the next week she washed each day's dishes altogether. She used the same number of dishes each day in both weeks. She found that it took her 51 minutes a day to wash after each meal and 41 minutes a day to wash them once a day.

This took account only of time, but there was a considerable additional saving in gas or fuel consumed by heating water once instead of thrice a day, to say nothing of the saving in soap.

Fig Gels. Heat one cupful sweet milk, add one cupful sugar, one half teaspoonful salt, one teaspoonful butter. This is set aside to cool. In your mixing bowl put one and one-half cupfuls graham flour, one cupful white flour, two teaspoonfuls baking powder. Add one egg well beaten to this and then gradually add your other ingredients, which must be cold. Now, after all is well blended, add one cupful chopped figs which have been well floured. Grease gem pans and bake a golden brown.

Creamed Corn. Chop finely one cupful of canned corn, and half a cupful of heavy cream, the unbeaten whites of three eggs, one-half teaspoonful of salt and one-eighth of a teaspoonful of white pepper and beat well with a silver fork. Butter a baking dish, sprinkle with finely-chopped parsley, pour in the corn mixture, stand the dough in a pan of hot water and bake about twenty-five minutes. Serve with tomato sauce.

Steamed Brown Bread. One cupful molasses, two cupfuls sour milk, one-half teaspoonful salt, one teaspoonful soda, three cupfuls cornmeal, one cupful either white or graham flour. Steam in covered dish three hours. The kind of flour can be varied to suit taste. Equal parts of graham and cornmeal can be used.

This is very good sliced and reheated in the steamer, making an excellent breakfast dish.—New York Evening Sun.

Prune Almond. Boil together one cupful of granulated sugar and one-third cupful of boiling water without stirring until it forms a soft ball in cold water. Pour it over the stiffly beaten white of an egg and beat until creamy. Add one-half cupful of stoned stewed prunes and one-third cupful of blanched chopped almonds. Beat well, then put between layers of cake.

Junket. The following recipes are suitable for small families: Crush one-fourth junket tablet, let dissolve in one tablespoonful cold water, heat one cupful milk, two or three tablespoonfuls sugar, take from fire, add one-half teaspoonful vanilla and the dissolved tablet; let stand in warm place until it jellies, then set in cold place.

SLOAN'S LINIMENT EASES PAIN

Sloan's Liniment is first thought of mothers for bumps, bruises and sprains that are continually happening to children. It quickly penetrates and soothes without rubbing. Cleaner and more effective than musky plasters or ointments. For rheumatic aches, neuralgia pain and that grippy soreness after colds, Sloan's Liniment gives prompt relief. Have a bottle handy for bruises, strains, sprains and all external pain. For the thousands whose work calls them outdoors, the pains and aches following exposure are relieved by Sloan's Liniment. At all Druggists, 25c. 1

Agents Wanted at Good Pay

F. Lee Sheppy, 8th floor—243 17th St., New York City, General Sales Manager of the largest concern of its kind in the world, wants three or four men in Edgefield County and several men in adjoining counties, to work for him spare time or all the time. He can use only those who have a rig or auto. Work is very pleasant and no previous selling experience is necessary. Work consists of leaving a wonderful new household necessity in the homes on free trial. Tests at more than thirty of the leading Universities and the Government Bureau of Standards show this new article to be four times as efficient as article now in general use in this section.

Article is needed in every rural home and benefits every member of the household, bringing cheer, comfort and happiness into the homes. Not necessary to be away from home nights. Pay from \$6.00 to \$10.00 per day according to ability and number of homes visited.

In writing Mr. Sheppy, mention what townships will be most convenient for you to work in; what your regular occupation is; your age; married or single; how long you have lived in the community; what kind of a rig or auto you have; whether you wish to work spare time or steady; how much time you will have to devote to the work; when you can start, and about how many homes are within six miles of you in each direction. This is a splendid opportunity for several men in Edgefield County and counties adjoining to make good money, working steady or spare time. Some of the field men earn \$100.00 per month; one farmer earned \$1,000.00 working spare time only. No investment or bond necessary.

HOME GARDENING CUTS DOWN BILLS

But It Must Be a Real Garden, Kept Planted Through Season, Says Hastings.

Atlanta, Ga. — (Special) — "The greatest obstacle to permanent farm prosperity in the south is the 'store bill' made for food and grain that could and should be grown on every southern farm," says H. G. Hastings, president of the Southeastern Fair Association and of the Georgia Chamber of Commerce, in an interview on agricultural conditions in this territory.

"A real garden," says Mr. Hastings, "properly prepared and planted, and kept planted throughout the season, will help more to decrease store bills than anything else the farmer can do."

"There are lots of what I term 'one planting' gardens made, gardens with a few struggling rows of beans, a few dozen cabbages and tomato plants, with some watermelon off to one corner, but that's not real gardening any more than a youngster's first drawing of a cat or a dog on his slate, is fine art. Our southern folks generally don't take the garden seriously, when as a matter of fact the right kind of a garden, containing a full line of vegetables and kept busy all season, is reasonably sure of furnishing at least half the living of the family."

"I have never seen a 'one crop' section, regardless of what particular one crop was grown, that did not have a poverty-stricken look, with poor school buildings, churches and homes."

"I have never seen a diversified section that did not have the signs of prosperity sticking out all over it."

"And on practically every farm in these prosperous diversified sections the home garden has an honored place."

"I haven't a thing in the world against the supply and general merchants, but if all of our people would take the home garden seriously, half of them would have to go out of business for lack of trade. Give your garden a square deal in 1917."

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

The Quinine That Does Not Affect The Head Because of its tonic and laxative effect, LAXATIVE BROMO QUININE is better than ordinary Quinine and does not cause nervousness nor ringing in head. Remember the full name and look for the signature of E. W. GROVE, 25c.

Free Flower Seed Hastings' Catalogue Tells You About It

No matter whether you farm on a large scale or only plant vegetables or flowers in a small way, you need Hastings' 1917 Seed Catalog. It's ready now and we have a copy for you absolutely free, if you ask for it, mentioning the name of this paper. In addition to showing you about all the varieties of vegetables, farm grass, clover and flower seeds, this catalog tells how you can get free five splendid varieties of easily grown, yet beautiful flowers, with which to beautify your home surroundings.

Good seeds of almost every kind are scarce this season, and you can't afford to take chances in your seed supply. Hastings' Seeds are dependable seeds, the kind you can always depend on having "good luck" with. You are going to garden or farm this spring. Why not insure success so far as possible by starting with the right seed? Don't take chances that you do not have to.

Write today for Hastings' 1917 Catalog. It's free and will both interest and help you to succeed in 1917. —H. G. HASTINGS CO., Seedmen, Atlanta, Ga.—Adv.

Master's Sale.

State of South Carolina, County of Edgefield, Court of Common Pleas.

The Bank of Edgefield—Plaintiff—Against—W. D. Holland in his own Right and as Executor of Last Will and Testament of B. S. Holland Dec'd., et al.,—Defendants.

Pursuant to a decree in the above entitled cause, I shall offer for sale at public outcry to the highest bidder before the Court House, Town of Edgefield, County and State aforesaid, on salesday in February, 1917, the same being the 5th day of said month, between the legal hours of sale the following described realty, to wit:

Tract No. 1, All that parcel or tract of land, situate in the County and State aforesaid, containing eighty acres, more or less, bounded on the North by land of I. A. Webb and the Estate of B. W. Bettis; on the South by the estate of B. W. Bettis.

Tract No. 2, All that tract or parcel of land known as the Home Place of B. S. Holland, deceased, situate in the Town of Trenton, in said County and State containing Twelve and one-half acres more or less, bounded on the North by Church Street; on the East by lot of J. C. Long and Mrs. Leila Roper; on the South by Public Street and on the West by the Augusta Road. This tract formerly contained 22 1/2 acres, 10 acres of which has been heretofore sold.

Terms of Sale—One-half cash, balance on a credit of one year, with interest from date of said sale, or all cash at purchaser's option; the credit portion, if any, to be secured by the bond of the purchaser and a mortgage of the premises. Said bond and mortgage to provide for interest from date, and ten per cent. attorney's fees, in case same shall be placed in hands of an attorney for collection.

If purchaser at said sale shall fail to comply with the terms thereof, within one hour from the time of said sale, said premises, upon direction of plaintiff, or his attorney, will be resold on said day at the risk of the former purchaser. Purchaser to pay for papers.

J. H. CANTELOU, Master, E. C., S. C.

Jan. 2, 1917.

Notice of Sale.

STATE OF SOUTH CAROLINA, COUNTY OF EDGEFIELD, (In Probate Court.)

Mrs. Mattie W. Denny, as Administratrix of the estate of Tillman R. Denny, deceased, and in her own right—Plaintiff—against—Mrs. Mary Louisa Reese, Claud Wills Denny, Antoinette W. Denny and Mrs. M. E. Walker—Defendants.

Notice is Hereby Given that by virtue of the decree of the probate Court for Edgefield County in this cause, I will sell at public auction in front of the Court House, at Edgefield, in the County of Edgefield, said State, on salesday in February next, being the 5th day of said month, the following described real estate belonging to the estate of Tillman R. Denny, deceased, to wit:

A certain lot of land in the Town of Johnston, Edgefield County, South Carolina, and the dwelling and improvements thereon, containing one (1) acre, more or less, bounded on the North by lot of Mrs. Georgia Turner; East by J. L. Smith; South by Mims Avenue; and West by the Presbyterian Church lot.

W. T. KINNAIRD, Judge of Probate of Edgefield, County of South Carolina.

Jan. 5, 1917.

Dr. King's New Discovery KILLS THE COUGH. CURES THE LUNGS.

INAUGURATION

WASHINGTON, D. C.

Monday, March 5th, 1917

Woodrow Wilson



Thos. R. Marshall

LOW FARES

Tickets will be sold March 1, 2, 3, 4, with final return limit March 10, unless extended to April 10 by deposit of ticket at Washington prior to March 10, and payment of \$1.00.

Southern Railway

Convenient Schedules in both Directions. THROUGH STEEL ELECTRIC LIGHTED TRAIN—"AUGUSTA SPECIAL." PULLMAN SLEEPING CARS, COACHES DINING CAR SERVICE.

For details, apply nearest Ticket Agent, or

Fred R. McMillin, District Passenger Agent, 228 Eighth St., Augusta, Ga.

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