

PE-RU-NA AS A LAST RESORT



MR. WM. F. VAHLBERG. Mr. William F. Vahlberg, Oklahoma City, Okla., writes: "One bottle of Pe-Ru-Na which I have taken did more toward relieving me of an aggravated case of catarrh of the stomach than years of treatment with the best physicians."

PE-RU-NA is sold by your local druggist. Buy a bottle today.

So. 48-08. PILES Sample treatment Rnd Cacao Pile and Florida Cure and Book sent by mail FREE.

CLASSIFIED ADVERTISEMENTS AGENTS WANTED FOR GOOD BOOKS. WANTED: AGENTS to sell our New Book, Health and Happiness. Best commission offered.

Give Your Baby Water. A baby, like an adult, needs water as regularly as it needs food. The milk that it gets, though a liquid, does not satisfy its thirst. It should be given water at least three times a day, and this water should be nearly, if not quite, free of organisms.

Foul or Fair Weather. Small Wallace accepted an invitation to a party as follows: "Dear Louis: I will come to your party if it doesn't rain" (then thinking that he might have to stay home in that case) "and if it does."—The December Delineator.

A good man's pedigree is little hunted up.—Spanish.

NEW LIFE Found in Change to Right Food. After one suffers from acid dyspepsia, sour stomach, for months and then finds the remedy in getting the right kind of food, it is something to speak out about.

For about fifteen months my little boy, and myself had suffered with our stomach. We were unable to retain much of anything we ate.

It was the key to a new life. I found we had been eating too much heavy food which we could not digest. In a few weeks after commencing Grape-Nuts I was able to do my housework. I wake in the morning with a clear head and feel rested and have no sour stomach.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

THE PULPIT.

AN ELOQUENT SUNDAY SERMON BY THE REV. H. MARTIN, PH. D.

Subject: The Abundant Life.

Brooklyn, N. Y.—Sunday morning, in the First Church of Christ (Disciples), the pastor, the Rev. Herbert Martin, Ph. D., preached on "Religion and Life." The text was from John 10:10: "I came that they may have life, and may have it abundantly."

Christ came not to teach a theology primarily, if at all, but to give life, more life. He came to give life to others rather than live a self-centered life. He came to give life here and now.

The value and need of religion for the present life are being emphasized today as at no time since the early Christian era. This identification of religion and life tends to make religion a normal phenomenon in human experience. Religion has long suffered because of its almost exclusive other-world emphasis.

The same hopeful sign is discoverable in the educational world. Compare the curricula of the schools and colleges of our days with those of yesterday and you find the difference.

Mighty possibilities are resident in the teacher's vocation because of the eternal consequences follow therefrom. The true teacher spends little time waiting for pay day to come. His is a worthier work than that of a mere wage earner. He is a maker for social betterment, not a mere right-ness in his concern with God.

Jesus came with life for the people and brought it to the people. He sought the people. He went out after them instead of waiting for the people to come to Him.

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course of study does not have sufficient vital contact with the life and interest of the pupil, and consequently, because of its lack of interest, rapidly, however, is being made in our country toward the correction of such undesirable conditions.

Our course of study may well need revision, may require a radical change in content. But greater danger lies in larger and truer ideals established firmly in the hearts and minds of our boys and girls. A greater emphasis must be placed upon moral and ideal than upon material and commercial values.

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The Sunday-School

INTERNATIONAL LESSON COMMENTS FOR NOVEMBER 29.

Subject: World's Temperance Sunday, March 28-1-12—Golden Text, 1 Cor. 7:27—Commit Verse 11—Commentary.

TIME—725 B. C. PLACE.—Jerusalem.

EXPOSITION.—I. The Destruction of the Drunkards of Ephraim. 1. By "the crown of pride" is meant the city of Samaria (see R. V. and cf. 1 K. 16:24).

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Woe Abandoned After Physicians' Consultation.

Mrs. Enos Shearer, Yew and Washington Sts., Centralia, Wash., says: "For years I was weak and run down, could not sleep, my limbs swelled and the secretions were troublesome; pains were intense. I was fast in bed for four months. Three doctors said there was no cure for me and I was given up to die. Being urged, I used Doan's Kidney Pills. Soon I was better and in a few weeks was about the house, well and strong again."

Every tainted dollar knows where to get an immunity bath and how to become respectable.

Panorama Headache. Caused by constantly shifting gaze, as by moving picture shows, traveling in rapidly moving conveyances and the like, is cured by external application to the eyes of Dr. Mitchell's Eye Salvo. It strengthens them and stops the burning sensation. Automoblists use Mitchell's Eye Salvo. 25c.

Proverbs and Phrases. A day that is not thine own do not reckon it as of thy life.—Arabian. A man is not known till he cometh to honor.—Dutch.

How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Pert Paragraphs. Charity to yourself doesn't make up for severity to others. Sloth is the key to poverty.—German.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, sleeplessness or what not. It quiets and refreshes brain and nerves. It's liquid and pleasant to take. Trial bottle 10c. Regular sizes 25c. and 50c., at druggists.

DEATH TO KING WORM. "Everywhere I go I speak for TERREIN, because it cured me of ringworm in its worst form. My whole chest from neck to waist was as bad; but TERREIN cured me. It also cured a bad case of piles." Says Mrs. M. F. Jones of 28 Tannehill St., Pittsburgh, Pa.

A common danger produces unanimity.—Latin. Ith cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists. A beggar's estate lies in all lands.—Dutch.

Habitual Constipation. May be permanently overcome by proper personal efforts, with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed.

Nothing New or "ASK YOUR GRAND-MOTHER" FOR A GUARANTEE! FOR BATTERED GOOSE GREASE LINIMENT.

THE CO-OPERATIVE PURCHASING AGENCY of Washington, D. C. will do your buying free of charge. It will save you money and give you complete satisfaction.

PUTNAM FADELESS DYES Color more good brighter and faster colors than any other dye. One lb. package covers all colors. They dye in cold water better than any other dye.

Dr. PISO'S CHRONIC CHEST COMPLAINTS of the most serious character have been permanently cured with PISO'S Cure. Coughs, colds, hoarseness, bronchitis and asthma quickly respond to its healing influence.

Weak Women frequently suffer great pain and misery during the change of life. It is at this time that the beneficial effect of taking Cardui is most appreciated, by those who find that it relieves their distress. TAKE CARDUI It Will Help You Mrs. Lucinda C. Hill, of Freeland, O., writes: "Before I began to take Cardui, I suffered so badly I was afraid to lie down at night. After I began to take it I felt better in a week. Now my pains have gone. I can sleep like a girl of 16 and the change of life has nearly left me." Try Cardui. AT ALL DRUG STORES

THE J. R. WATKINS MEDICAL CO. WINONA, MINNESOTA. Makes 70 Different Articles: Household Remedies, Favoring Extracts, all kinds, Toilet Preparations, Fine Soaps, Etc. Cashiers Wanted in Every County. Our Experience, 55,000,000 Output. BEST PROPOSITION EVER OFFERED AGENTS

A handful of might is better than a sackful of right.—German. NO SKIN WAS LEFT ON BODY. Baby was Expended on Do's with Eczema—Eloped Oozed Out; All Over Her Body—Nar Well—Doctor Said to Use CUTICURA.

Six months after birth my little girl broke out with eczema and I had two doctors in attendance. There was not a particle of skin left on her body, the blood oozed out just anywhere, and we had to wrap her in silk and carry her on a pillow for ten weeks. She was the most terrible sight I ever saw, and for six months I looked for her to die. I used every known remedy to alleviate her suffering, for it was terrible to witness. Dr. C. gave her up. Dr. E. recommended the CUTICURA Remedies.

CAPUDINE Cures Indigestion Pains, Bloating, Sour Stomach, and Heartburn, from whatever cause. It's Liquid. Effects immediately. Doctors prescribe it. 10c., 25c., and 50c. at drug stores. Method will teach you to win time.—Goethe.

HEAD ECZEMA 15 YEARS. Mrs. Thomas Thompson, of Clarksville, Tenn., writes, under date of April 29, 1907: "I suffered 15 years with tormenting eczema, had the best doctors to prescribe; but nothing did me any good until I got TERREIN. It cured me. I am so thankful! Thousands of others can testify to similar cures. TERREIN is sold by druggists or sent by mail for 50c. by J. T. Scurrant, Dept. A, Savannah, Ga."

He who goes to the mill gets befloored.—Italian. Mrs. Winslow's Soothing Syrup for Children Teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Some broad-minded people are nevertheless short-sighted that their liberality of opinion avails little. To Drive Out Malaria and Build Up the System. Take the Old Standard GROVE'S TASTEFUL CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form, and the most efficient form. For grown people and children, 50c.

Pop-Corn Balls. Make some old-fashioned molasses candy and just before taking from the fire stir in enough pop-corn to thicken it. After stirring the mixture for a minute set the kettle at the side of the stove, take the mixture from it by the large spoonful and lay each on greased paper or a greased tin. As it hardens roll each spoonful into a ball, greasing the hands well first, and roll each ball over and over in freshly-popped corn until this ceases to adhere to the surface. Wrap in waxed paper.—The December Delineator. It is queer that the milk of human kindness does not get churned into butter by the turbulence of some of its supposed possessors.

This woman says she was saved from an operation by Lydia E. Pinkham's Vegetable Compound. Lena V. Henry, of Norristown, Pa., writes to Mrs. Pinkham: "I suffered untold misery from female troubles. My doctor said an operation was the only chance I had, and I dreaded it almost as much as death. "One day I read how other women had been cured by Lydia E. Pinkham's Vegetable Compound, and I decided to try it. Before I had taken the first bottle I was better, and now I am entirely cured. "Every woman suffering with any female trouble should take Lydia E. Pinkham's Vegetable Compound." FACTS FOR SICK WOMEN. For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it? Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

SKREEMER SHOE FOR MEN. The top of a shoe determines its style. It's the part to assure ease and comfort. The difference between SKREEMER shoes and others lies in the fact that they are made on a special, natural foot-form model. They fit exactly, and for that reason are absolutely comfortable. Write for the label. If you do not get it, kindly write us for directions how to secure them. FRED. F. FIELD CO., Brockton, Mass.

HELP Inspect on Having FOR Dr. MARTEL'S Preparation The Standard Remedy. WOMEN For Rent. "Relief for Women." FRENCH DRUG CO., 30 W. 32d St., N. Y. City. PRINTING POUTFITS OF EVERY DESCRIPTION. For Estimates, apply to W. A. FOWLER, 24 Hurt Street, Atlanta, Ga. So. 48-08. RHEUMATISM new curable; thousands cured; reliable; writes: "The Wright Medical Co., Peru, Ind." If afflicted with weak eyes, use Thompson's Eye Water