

Lost Hair

My hair came out by the handful, and the gray hairs began to creep in. I tried Ayer's Hair Vigor, and it stopped the hair from coming out and restored the color. Mrs. M. D. Gray, No. Salem, Mass.

There's a pleasure in offering such a preparation as Ayer's Hair Vigor. It gives to all who use it such satisfaction. The hair becomes thicker, longer, softer, and more glossy. And you feel so secure in using such an old and reliable preparation.

HER SHOES ARE LARGER.

American Energy vs. English.

When the Egyptian government placed a large order for railway bridges of exceptional size in the United States, British makers of such goods excused their backwardness in allowing the business to slip out of their hands on the ground that certain American firms happened to have the very things required in stock. The same explanation was pleaded when American locomotives were preferred to English when occasion arose to increase at once the rolling stock of some Burmese railways. But two new orders have lately been sent across the Atlantic which surely ought to have come within the compass of British achievement. In the one instance, a gigantic American dredger will shortly be seen scooping out the bed of the Thames to an increased depth of four feet. In the other, a dozen motor manufacturers of American design and manufacture threaten to add to the existing congestion of traffic in London streets. It must be certainly create an idea among foreigners that John Bull, of old the self-sufficient, is getting played out when he finds himself constrained to invite American assistance in such purely domestic matters. It was not to be expected, of course, that any British firms would keep in stock such out-of-the-way goods. But their American competitors were, it is said, similarly circumstanced when the demand first arose. The difference was that they at once addressed their minds and energies to supplying the required articles.—London Globe.

FARM AND GARDEN

TO KILL THE THISTLE.

One of the worst enemies of the farmer is of the Canadian thistle. It works more injury every year to farms in this country than many other causes to which attention is given. It spreads slowly apparently, but it sooner or later takes full possession of the land and unless eradicated the entire farm becomes worthless. The heavier seeds, which are carried by winds, will germinate, but its progress is by means of long white root stocks, which are proof against disease and seasons. It is claimed that a piece of root stock if left in the soil will grow from six to ten feet in a season and from each small piece as many as six to ten heads will grow. The best season for beginning the war on thistles is in June. Plough the land and then plough again every few weeks until well into the fall, the object being to destroy the young growth as fast as it appears, as any plant must succumb if deprived of forming leaves, as plants breathe through the agency of the leaves. Another plan is to allow them to grow until the plants are just high enough to mow and then run the mower over the field, repeating the work as fast as the plants appear. As the farmer may prefer to utilize the land he can plough the land and plant it to potatoes. If he will then give the potato crop frequent cultivation he will destroy many of the thistles and the potatoes will pay for the labor. It may not be possible to subdue the thistles the first year, but if the work is well done the thistles may be completely destroyed the second year, when the ground should be ploughed in the spring and a crop of early cabbages grown, removing the cabbage crop and broadcasting the land, after ploughing and harrowing with Hungarian grass seed. As Hungarian grass seed grows rapidly and may be mowed once a month it gives the thistles but little chance, while the present cultivation of the cabbage crop will have greatly reduced the thistles in number. The point is to keep the thistles cut down from July to frost, after which they will be under control. The roadsides must also be carefully attended to, for it is on the uncultivated roadsides that weeds are neglected and hence are protected. Neighbors should also work harmoniously in the destruction of weeds, as frequently one neglectful farmer injures the entire community by producing the seeds of weeds which are carried by the winds over a large area. Weeds may also be carried long distances on the tops of railroad cars or by water; in fact, there are so many modes of distribution that it is almost impossible for any farmer to escape the nuisance of weeds, but all farmers can prevent their spread, and in protecting his neighbor he also protects himself. The Canada thistle is not so great a nuisance as many suppose if farmers will determine to combat its spread.—Chicago Chronicle.

CLEANING HARNESS.

Whether the harness is black or brown, a very little cleaning material should be used, and a great deal of elbow-grease in polishing. Too much composition or blacking "gums" the harness, and causes it to crack and work badly. Harness that gets in this condition should be well washed with soda water, sponged dry, given a good coat of dyo and oil, and hung up for a few days for the oil to penetrate the leather before being cleaned in the ordinary way. A lump of bees-wax rubbed over the polishing brush increases durability and the waterproof qualities of the blacking. After the whole of the harness has been cleaned, metal and leather, rub it over with a soft duster or old silk handkerchief to remove finger-marks, etc., paying special attention to the wipers, pad, collar and other patent leather parts, which require no other cleaning when new or in good condition.—The Cultivator.

SORE SHOULDERS.

Sore shoulders are more in evidence when the heavy run of spring work is on, after a long winter of irregular work and confinement in the stable than they are now, but even at this season there are cases when much discomfort is caused, that by a little extra care, could be averted. There are horses with defectively shaped shoulders or thin skins that are very easily put wrong in this way, but as a rule, the defect is more in the horse-man than in the horse. The collar must be made to fit comfortably and be kept clean and smooth, and the traces made equal length so as to have the strain fairly balanced for any farmer to escape the nuisance of weeds, but all farmers can prevent their spread, and in protecting his neighbor he also protects himself. The Canada thistle is not so great a nuisance as many suppose if farmers will determine to combat its spread.—Chicago Chronicle.

GOOD MILCH COWS.

Good milk cows are quite a source of profit on the farm. And no matter how good the breed, unless cows have proper food and a sufficiency of fresh water daily, they cannot produce a great quantity of milk. All cow owners should study these questions if they wish to get the best results. Grass is one of the most important crops. Red clover is the favorite crop. Next to grass is corn fodder. Carrots, beets, peas, and apples are all good. Every farmer should grow carrots and beets; they are far the best milk-producing vegetables. Grow and feed yellow carrots to improve the color of the butter. The quantity required for a cow can only be determined by trial. See to it that the cows are in perfectly good health, which will enable them to receive full benefit from their feed, give perfect digestion, and produce more milk and butter. Water is a necessity to cows, and it should be pure, cool, and always within their reach. Water before feeding and let the heaviest feed be at night. Salt is another necessity, and about an ounce and a half should be mixed with their food daily. Always clean the teats with a dry cloth before milking. Milk rapidly with dry hands and be sure the udder is emptied. Never scold or hit the cow. Talk gently to her and she will repay by giving more milk. Have perfect ventilation, drainage and every thing neat and clean in the stable or the milk will become tainted. Impure milk is caused by carelessness or diseased cows. Careful selection, good breeding, proper stabling, common sense in feeding and watering, will produce the best returns for the time and labor expended in this branch of farming.—E. L. Morris, in Agricultural Epitome.

TO PREVENT SWARMING.

With a colony which is provided with an extracting super, even the primary swarm can often be prevented. When the colony shows signs of becoming too populous, it should be examined and if the brood combs are well filled with brood two or three frames containing sealed brood should be removed to the super and their places filled with empty combs. If there is drone brood in the brood combs it should be removed before it is placed above. The perforated zinc mat between the hive and super will not permit the drones to pass through, hence the reason for destroying the drone brood. Such an arrangement will give the queen plenty of room in which to deposit her eggs and the worker bees will continue to store honey and care for their brood in the super above. As soon as the brood has hatched, the operation of exchanging frames should be repeated, not only once but again and again, until the press of brood rearing is over. This plan is equally successful as extracting the honey from the frames of the hive proper. The colony is not weakened by having more or less of its unscaled brood destroyed. The bees are not distressed or excited, and there is no danger of robbing them of needed stores in case of a sudden dearth of honey.—Millie Honaker, in American Agriculturist.

CROP BOUND FOWLS.

Some of the fowls that have free range during the summer months are very likely to become crop-bound. This condition is caused by their eating

TRAVELERS' GIFTS.

Useful Things, Remembrances to Tourist Friends.

Useful gifts to a traveller are the rubber or oil lined toilet sets. These consist of bag for sponge and wash rag, and sftat case, with flaps, for soap, comb, tooth brush, nail brush and hair brush. The cases are made of white or tinted linen, embroidered in contrasting color, with white as a favorite. Those who do not embroider a bind the edges of their cases and bags with narrow colored ribbon.

Only a trapper can realize the comfort of these rubber lined cases. They occupy less room than anything else made for the purpose, and keep the dressing bag and its contents perfectly dry.

A lap robe crocheted, knitted or otherwise, is another useful gift to the traveller. Its usefulness need not be dilated upon.

Still another serviceable gift is a combination pillow and bag. This consists of a long piece of linen, denim or cotton, sewed together part of the way and stuffed to form a pillow. The portion that is left open is turned up on the side of the pillow and sewed to it at each end, leaving an open pocket into which a shawl, hdk or fancy work, or all three may be tucked. A strap of the same material is fastened to the ends of the pillow, which can be carried in the han or slung over the shoulder.

Such pillows are usually made in dull colors simply worked around the border on the strap and the hem of the pocket with feather stitching. A narrow linen or cotton braid would be quite a pretty.

Most women who go to the mountains are so charmed by the beauty of the fens that they yield to the temptation to dig up the graceful clusters and decorate their rooms with them. Unfortunately, crinkled paper and other procured in most mountain resorts, and even they who sell ferns in tomato cans do not always hide their pretense glimmer with high bark. Travellers in the mountains, therefore, would be grateful for something to cover their fern

The giver of gifts would do well to fashion a number of bottomless bags, about the depth of a tomato can and large enough to fit around a small wooden pail, of green denim or silk-wool, with a green ribbon passed through little holes on the outside or inside and tied in a bow.

The woman who goes to sea knows the comfort induced by a pair of silk sheets which do not have that clammy feeling found in linen and cotton sheet on shipboard. Made of cheap, soft china or India silk, such a gift may be adorned with fancy stitching on the hems and a monogram embroidered in the corner.

Pretty bottles of smelling salts, lavender and camphor are more acceptable to the traveller than a box of candy.—Washington Star.

Her Story the other day which is probably as old as the hills, though I never had the luck to hear it before. It was of a somewhat lengthy railway journey in very warm weather. An elderly lady, seated in one corner of the carriage, was provided with an india-rubber cushion for her greater comfort, but unfortunately, owing to the heat, and continued pressure, the cushion suddenly exploded. The old lady was in despair, even to tears, over the misfortune to the windlass, and again and again reverted to her misfortune. "Tuts, wament," said a commercial traveler in another corner of the carriage. "It's not worth making a fuss about. You will get it repaired in town for about eighteen pence." "It's not that I'm vexed about—'tis not the price. That's easy sorted. But the last time that bag was blown up it was by Aunt Jean, a'nd I must 'er very last year, a'nd that canna be restored!"—Glasgow Times.

A WILD RUMOR DENIED.

"They say your brother will have joined the suicide club."

"Oh, no, that's a mistake. I suppose the absurd rumor grew out of the fact that he has just bought an automobile."—Chicago Record-Herald.

ENCOURAGING BUILDERS.

To encourage the erection of beautiful residences in Paris the authorities award three gold medals annually to the designers of the most artistic dwellings. The owners of these homes are relieved of half their annual taxes.

FREE STUART'S FREE CIN AND BUCHU

To all who suffer, or to the friends of those who suffer with Kidney, Liver, Bladder or Blood Disease, a simple bottle of Stuart's Free Cin and Buchu, the great natural Liver Medicine, will be sent absolutely free of cost. Mention this paper. Address: STUART'S FREE CIN AND BUCHU, 231 West 11th St., St. Louis, Mo.

GOOD PILLS

Ayer's Pills are good liver pills. You know that. The best family laxative you can buy. They keep the bowels regular, cure constipation.

FREE TO WOMEN

A Large Trial Package of DAXLINE TOILET ANTISEPTIC

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THE SALESMAN

Compelled to Be on Her Feet the Larger Part of the Day Finds a Tonic in Peruna.

Miss Curtin, of St. Paul, Gives Her Experience.



Miss Nellie Curtin, 646 Pearl Street, St. Paul, Minn., head saleswoman in a department store, writes: "I have charge of a department in a dry goods store, and after standing the larger part of the day, I usually go home with a dull ache, generally through my entire body. I used Peruna and feel so much better that I walk to and from the store now. I know Peruna to be the best medicine on the market for the diseases peculiar to women."—Miss Nellie Curtin.

located in the head or pelvic organs, the discharge of mucus is sure to occur. This weakening of mucus constitutes a discharge of the system cannot long withstand a course of Peruna, because that women afflicted with catarrhal affections of the pelvic organs are tired and languid, with weak back and throbbing brain. A course of Peruna is sure to restore health by cutting off the weakening drain of the daily loss of mucus.

An Admirable Tonic.

Congressman Mark H. Dunnell, National Hotel, Washington, D. C., writes: "Your Peruna being used by myself and many of my friends and acquaintances, not only as a cure for catarrh, but also as an admirable tonic for physical recuperation, I gladly recommend it to all persons requiring such remedies."—Mark H. Dunnell.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

WINCHESTER

RIFLE & PISTOL CARTRIDGES.

"It's the shots that hit that count." Winchester Rifle and Pistol Cartridges in all calibers hit, that is, they shoot accurately and strike a good, hard, penetrating blow. This is the kind of cartridges you will get, if you insist on having the time-tried Winchester make.

ALL DEALERS SELL WINCHESTER MAKE OF CARTRIDGES.

Nerves and Breakfast.

The longer I live the more convinced I am that breakfast is the real cause by more domestic friction than can be accounted for by mere incompatibility of temper. It is not in human nature to be amiable in the early morning. The patriarchal system by which four or five different branches of a family live under one roof could not possibly continue abroad were the various families obliged to submit to the breakfast test. My father-in-law, your mother-in-law, your brother-in-law and his wife, your sister-in-law and her husband contemplated over a dish of poached eggs in the early morning would be impossible, but by midday we have buried our savage instincts, assumed once more the Christian virtues and are prepared to face the world of relations-in-law with resignation and perhaps even the semblance of appreciation. After all it is a great thing to be born English; it teaches us to see the follies of our national institutions and the happier methods of foreign countries—at any rate in the matter of breakfast.—"A Countess" on English Customs.

Value of the Hen.

The hens of the United States alone during the year 1902 deposited in and around the barns and chicken houses 16,000,000,000 eggs, always taking care to announce each separate deposit with a triumphant cackle, to the end that the same might be recorded. These white pellets brought in the market fully \$150,000,000, an amount which combined with the worth of the poultry (\$129,000,000), is nearly double the value of all the precious metals yielded up by the bosom of old Mother Earth during the period named and six times greater than all the wool fleeced from the backs of the sheep in this country for the same year.—St. Louis Star.

OR GREEDY.

"Yes, Halwood, I shall marry an economical girl."

"What do you call an economical girl?"

"Why one that would rather have her candy in a paper bag than a fancy box, because you get more."—Chicago News.

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YOU DO WANT Carpenter's OX NARROW POMADE



Ripans Tablets are the best dyspepsia medicine ever made. A hundred millions of them have been sold in the United States in a single year. Every illness arising from a disordered stomach is relieved or cured by their use. So common is it that diseases originate from the stomach it may be safely asserted there is no condition of ill health that will not be benefited or cured by the occasional use of Ripans Tablets. Physicians know them and speak highly of them. All druggists sell them. The five-cent package is enough for an ordinary occasion, and the Family Bottle, sixty cents, contains a household supply for a year. One generally gives relief within twenty minutes.

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"My father had been a sufferer from sick headache for the last twenty-five years and never found any relief until he began taking your Cascarets. Since he has begun taking Cascarets, he has never had the headache. They have entirely cured him. Cascarets do what you recommend them to do. I will give you the privilege of selling his name." E. M. Dickson, 1129 Resister St., W. Madison, Wis.

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Mrs. Hughson, of Chicago, whose letter follows, is another woman in high position who owes her health to the use of Lydia E. Pinkham's Vegetable Compound.



"DEAR MRS. PINKHAM:—I suffered for several years with general weakness and bearing-down pains, and was unable to sleep, and could not get up in the morning when I retired. After reading one of your advertisements I decided to try the merits of Lydia E. Pinkham's Vegetable Compound, and I am so glad I did. No one can describe the good it did me. I took three bottles faithfully, and besides building up my general health, it drove all disease and poison out of my body, and made me as spry and active as a young girl. Mrs. Pinkham's medicines are certainly all they are claimed to be."—Mrs. M. E. HUGHSON, 347 East Ohio St., Chicago, Ill.

Mrs. Pinkham Tells How Ordinary Tasks Produce Displacements.

Apparently trifling incidents in women's daily life frequently produce displacements of the womb. A slip on the stairs, lifting during menstruation, standing at a counter, running a sewing machine, or attending to the ordinary tasks may result in displacement, and a condition of serious illness is started. The first indication of such trouble should be the signal for quick action. Don't let the condition become chronic through neglect or a mistaken idea that you can overcome it by exercise or leaving it alone.

More than a million women have regained health by the use of Lydia E. Pinkham's Vegetable Compound.

If the slightest trouble appears which you do not understand write to Mrs. Pinkham of Lynn, Mass., for her advice, and a few friendly words from her will show you the right thing to do. This advice costs you nothing, but it may mean life or happiness or both.

Mrs. Lelah Stowell, 177 Wellington St., Kingston, Ont., writes:

"DEAR MRS. PINKHAM:—You are indeed a goddess to women, and if they all knew what you could do for them, there would be no need of their dragging out miserable lives in agony."

"I suffered for years with bearing-down pains, womb trouble, nervousness, and excruciating headache, but a few bottles of Lydia E. Pinkham's Vegetable Compound made life look happy and I do not know what sickness is, and I now enjoy the best of health."

Lydia E. Pinkham's Vegetable Compound can always be relied upon to restore health to women who suffer. It is a sovereign cure for the worst forms of female complaints,—that bearing-down pains, back, falling and displacement of the womb, irregular menstruation, and all the troubles of the uterus in the early stage of development, and checks any tendency to cancerous humors. It subdues excitability, nervous prostration, and tones up the entire female system. Its record of cures is the greatest in the world, and should be relied upon with confidence.

\$5000 FORFEIT if we cannot furnish you the original letters and signatures of above testimonials, which will prove the absolute truthfulness.

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