

Some people boast in order to keep others from doing so.

As a summer tonic there is no medicine that quite compares with OXIDINE. It not only builds up the system, but taken regularly, prevents malaria. Regular of Tasteless formula at Drugists.

The Likeness. "This free pulling of teeth has some features in common with big social functions." "What are they?"

Burduco Liver Powder. Nature's remedy for biliousness, constipation, indigestion and all stomach diseases. A vegetable preparation, better than calomel and will not salivate. In screw top cans at 25c each. Burwell & Dunn Co., Mrs., Charlotte, N. C.

Golfer's Grand Army Score. A golfer playing his first game of the season reported downtown the next day that he had made a Grand Army score—he went out in 61 and came back in 65.—Chicago Evening Post.

Adulation Pleas'd Rousseau. Rousseau, whose bicentenary celebration occasioned a riot in Paris the other day, created a sensation when he visited England in 1766. "Rousseau and his Armenian dress," wrote Lord Charlemont, "were followed by crowds when he first arrived in London, and as long as this species of admiration lasted he was contented and happy. Garrick not only gave a supper in his honor, but played two characters specially to please him. Rousseau was highly gratified, but Mrs. Garrick declared that she had never spent a more unpleasant evening in her life, the philosopher being so anxious to display himself, and hanging over the front of the box so much, that she was obliged to hold him by the skirts of his coat to prevent him from falling over into the pit."

HAPPY THOUGHT.



Fortune Teller—Yes, you will be very wealthy. With my inward eye I can see heaps of money all around you.

Mr. Verywise—Well, suppose you take your fee out of it with your inward fingers.

West No Place for Consumption. Physicians in all of the eastern states will be asked by the National Association for the Study and Prevention of Tuberculosis to stop sending consumptives in the last stages of tuberculosis and without sufficient funds to the southwestern part of the United States in search of health. While it is impossible to tell accurately how many consumptives there are at present living in the states of Colorado, New Mexico, Arizona, southern California, and western Texas, it is probable that no less than ten per cent of the 6,000,000 people in this territory have tuberculosis themselves, or have come to the west because some member of their family have had it. Every year, the health authorities estimate, not less than 10,000 consumptives, hopelessly diseased, come west to die. For these cases, the climate of this section of the country can do nothing, and they are compelled to die in strange surroundings and thousands of miles from home and friends. The National Association points out further that from 50 to 60 per cent of these advanced cases are too poor to provide the proper necessities of life, and they are either starved to death, or compelled to accept the meager charity which this part of the country affords.

A FOOD CONVERT

Good Food the True Road to Health. The pernicious habit some persons still have of relying on nauseous drugs to relieve stomach trouble keeps up the patent medicine business and helps keep up the army of dyspeptics.

Indigestion—dyspepsia—is caused by what is put into the stomach in the way of improper food, the kind that so taxes the strength of the digestive organs they are actually crippled.

When this state is reached, to resort to tonics is like whipping a tired horse with a big load. Every additional effort he makes under the lash diminishes his power to move the load.

Try helping the stomach by leaving off heavy, greasy, indigestible food and take on Grape-Nuts—light, easily digested, full of strength for nerves and brain, in every grain of it. There's no waste of time nor energy when Grape-Nuts is the food.

"I am an enthusiastic user of Grape-Nuts and consider it an ideal food," writes a Maine man:

"I had nervous dyspepsia and was all run down and my food seemed to do me but little good. From reading an advertisement I tried Grape-Nuts food, and, after a few weeks' steady use of it, felt greatly improved."

"Am much stronger, not nervous now, and can do more work without feeling so tired, and am better every way."

"I sell Grape-Nuts best with cream and use four heaping teaspoonsful as the cereal part of a meal. I am sure there are thousands of persons with stomach trouble who would be benefited by using Grape-Nuts." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

VALUE OF IRRIGATION

Importance of Impounding Texas Is Urged.

Federal Expert Calls Attention of People to the Waste of Water and Presents Some Figures to Encourage Movement.

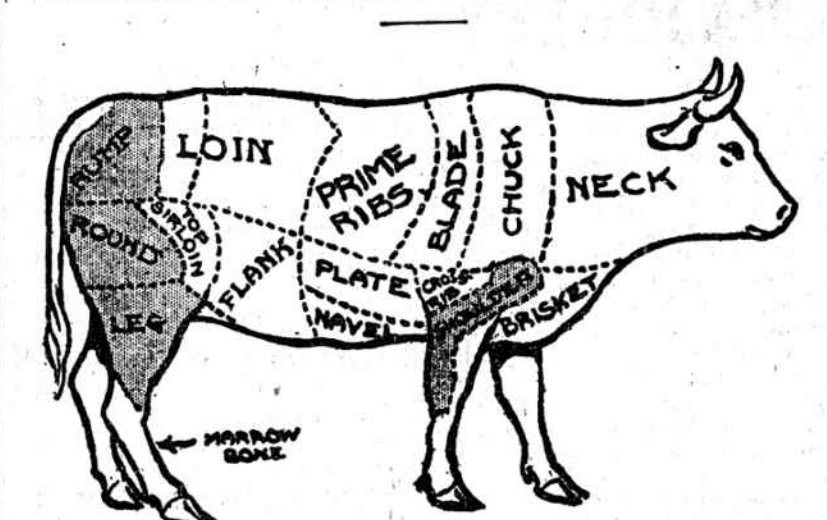
The importance of impounding storm waters for irrigation purposes has again been called to the attention of Texas people by the address which was made by W. L. Rockwell, irrigation expert of the federal government, before the Texas welfare commission during its recent session in San Antonio, and some figures are presented which should appeal most forcibly for encouragement of the movement which already has been started in this direction.

More than twenty million acre feet of water is emptied into the gulf every year by the Trinity, Colorado, Rio Grande and Brazos rivers, according to the calculation made by Mr. Rockwell, which is sufficient to irrigate three million acres of land. Immense as would be the amount of land brought under irrigation by the impounding of the waters embraced in the calculation made by Mr. Rockwell, it must be remembered that the estimate does not include numerous smaller streams in the state, nor any of the arroyos and resacas which abound throughout southwest Texas. It is a very modest estimate that more than two million additional acres could be irrigated by the same method from these smaller streams and arroyos, which would give a total of between five and six million acres which would be supplied with water if all available sources were utilized.

This would be a greater acreage than is contained in either of the states of Connecticut, Delaware, Massachusetts, New Hampshire, New Jersey, Rhode Island or Vermont. It would add to the cultivated lands in Texas more than half as much again as is now planted in cotton and about two-thirds as much again as is planted to corn. If planted to cotton it would yield, taking last year's crop and prices as a basis, more than a million and a half bales, which would bring in the market about \$140,000,000. Were all this land planted to Bermuda onions it would supply the world's demands, and in other truck crops it would easily place Texas far in the lead of all other states. It may be considered, too, that practically all this vast acreage, if irrigated would be net gain to the state's present cultivated territory, because the acreage of irrigable lands in the state at present would constitute an infinitely small area in comparison to the aggregate which would result.

An estimate of the approximate acreage which could be brought into cultivation by irrigation from the impounded waters of the arroyos in southwest Texas would be particularly interesting in this section, because in every county there are opportunities for irrigation of this character, and the improvement of these opportunities will be the chief factor in the complete development of southwest Texas. Dr. Pearson has begun a great work of this kind on the Medina river. Other small streams are to be utilized for similar purposes in a short time, and before this generation passes from earth southwest Texas will be a section of fertile fields, green gardens and blooming orchards. This can be accomplished only by irrigation, but nature has generously placed at the door of almost every man in the section the means of irrigation, and nothing is lacking save the effort to bring practically this entire section of Texas into cultivation.—Express.

METHOD FOR CUTTING AND DIVIDING BEEF



This diagram shows the location of all cuts of beef. The shaded sections indicate the cheaper portions.

CORNCRIB MADE RAT-PROOF

Entire Structure Covered With Fine Galvanized Wire Cloth—Door Is Made of Slats.

Having an order to build a corn house guaranteed rat and mouse proof, I give the method employed: The building is 12 feet long, 7 feet wide at floor and 8 feet wide at eaves; 7-foot post with a square pitch roof, writes G. A. Dickerman in the Northwest Farmstead. Six heavy chestnut posts were set, then the 6x6-inch sills were put on. Floor timbers about 4x5 inches were laid on the sills. Over these was laid a covering of galvanized iron extending about 2 inches beyond the timbers all around, this being bent down. Over this a double floor was laid and the seams in the iron were nailed thoroughly to the under side of the flooring. The frame (2x4-inch joist) was next set up and the slats, cut 2 1/2 x 1 inch by 7



Rat-Proof Corncrib.

feet long, were then nailed on, leaving an opening in one end for door 3 feet wide by 7 feet. This being in the center, gave room for a crib 2 feet wide at bottom, 2 feet 6 inches wide at top and 12 feet long on each side.

The entire crib was then covered with fine galvanized wire cloth, three meshes to the inch, fastened to the metal on the floor timbers and extending up to the roof line. The rafters were then put on, and over these more of the galvanized iron was used, bringing it well down on the wire cloth and fastening securely. Over this the roof, which is of boards, painted, was placed. The cribs were made narrow, as the corn was very green. Walk is 3 feet wide. The door is made of slats and also covered with the wire cloth.

Ground for Potatoes.

Potatoes on new ground are generally subject to disease, particularly if it is alkaline or if fresh stable manure is used. Manure is an excellent fertilizer but should never be applied at the time of planting. It is better to manure the ground heavily at least two years before planting it to potatoes.

Can you tell just how much it costs to feed a cow a year?

HUMUS OF MUCH IMPORTANCE

Plant Food Consisting of Nitrogen, Phosphorus and Potash Improves Texture of Soil.

Humus is decayed vegetable or animal matter. Leaf mold is practically pure humus. When cow peas are turned under, when plants rot away, when manure is applied to the soil, humus is produced. Humus is itself a plant food, because it consists in part of nitrogen, phosphorus and potash. It improves the texture of any soil, making it easier to till. It fills up the pores in clay soils, enabling them to hold more moisture; it makes clay soils less compact, increasing their power to absorb water. It being dark, makes the average soil darker and therefore warmer. It produces by its decomposition humic and other acids, which help to liberate the plant food that is held in insoluble form in the soil. It affords a good home for the many germs or microbes that inhabit the soil and improve it. So important to soils is decomposed organic matter (humus) that every farmer should turn under all vegetation on his farm which is not used as fuel, and what is fed should be returned to the soil in the form of manure.

RAISING PURE-BRED CATTLE

Now is Good Time to Secure Good Blood on Account of Comparatively Low Prices.

Prices of pure-bred cattle have not followed the advances in the price of market cattle, says the National Stockman. Later on they are likely to be advanced to some extent. Now is a good time for those who are about to go into the business of producing cattle to get good blood while it is comparatively cheap. This suggestion is not made for the benefit of the breeders. They can find an outlet on the market at figures that mean no loss on their product, for it costs no more to produce a beef animal in a pure-bred herd than in any other after the herd is well established. Besides, any meritorious pure-bred animal will sell for more on the market than an ordinary one, because it's better.

Care of the Plow.

The greatest of all implements, the plow! Don't let it lie in the field for days, and weeks sometimes, to rust and rot. Use a slide and fetch it in every night. Put it in the dry with the single-trees. That is not half the trouble that rubbing it to get the rust off is.

The Scrub Bull.

Turn the scrub bull into bologna and fill his place with a sire that will add dollars to the value of the herd through his progeny.

Breed the Best.

The price of dairy animals is steadily rising, and the demand for good, young dairy cows is greater than the supply.

The KPTFONEN CABINET

Did you ever feel the pleasure which comes from being kind? Or the joy of some unselfish act that lingers in your mind? Did you ever feel the tingling of the self-respect that stirred. When you stood up boldly for a friend and killed the slanderous word? Then you've measured all the pleasure that comes from true success. For success is being noble—nothing more and nothing less.

WAYS OF PREPARING CHEAP CUTS OF MEAT.

When preparing chopped meat, add a half pound of chopped salt pork to hamburger steak, with seasonings; make into small cakes and cook until well done. The flavor is much better than using the beef alone.

Pot Roast.—Buy a pound and a half of meat cut from the fore quarter, wipe with a damp cloth and cut in one-inch pieces. Put into an earthen dish, casserole or bean pot, with an onion, a carrot peeled and sliced, a few sprigs of parsley, two teaspoonfuls of salt and a teaspoon of pepper corns. Add two cups of water and a pint of tomatoes, cover and cook for three and a half hours. A half hour before serving time thicken with three tablespoonfuls each of butter and flour creamed together. Remove the vegetables and add a cup of peas to the meat.

Hungarian Goulasch.—Take two pounds of round steak from the under part, wipe with a damp cloth and cut in one and a half inch pieces. Add the meat to a quart of boiling water in which three slices of onion is added; let boil five minutes, then cover and just simmer for an hour. Add a few sliced potatoes and two dozen small onions. Just before serving thicken with three tablespoonfuls each of flour and butter creamed together. Season with salt and pepper.

Braised Beef.—Wipe three pounds of beef cut from the round. Sprinkle with salt and dredge with flour. Cut an inch cube of fat salt pork in small pieces and try out. Add the beef to the pan and turn until thoroughly brown. Put the meat into a baking pan, add three cups of tomatoes, a quarter of a cup each of carrot, celery, onion, turnip, two sprigs of parsley, two cloves and a dozen pepper corns. Cover closely and cook four hours. Remove the meat, rub the vegetables through a sieve, thicken with flour and water mixed. Cook until thick, and pour around the meat.

He either fears his fate too much, Or his desires are small, Who dares not put it to the touch To gain or lose it all.

CHOICE DISHES.

Onion Soup.—Make several gashes in a shin bone of beef, put it into the soup kettle and cover with two quarts of water. Heat slowly to the boiling point and let simmer for three or four hours. Slice five small onions and cook them in enough butter to brown them well. Strain the soup, add a little beef extract for flavor, and color; salt and pepper to taste. Cut bread in one-third-inch slices, sprinkle with cheese and pour the soup over the bread.

Allerton Chicken.—Cut up a fowl as for fricassee and cover with boiling water. Simmer until tender. When the fowl is about half done, add two slices of onion, two slices of carrot, one stalk of celery, a sprig of parsley, 12 pepper corns and a tablespoonful of salt. Cook until all the vegetables are tender. Remove the chicken to the platter, arrange in attractive form, and pour over the gravy and vegetables. Prepare the gravy by skimming the fat and using sufficient flour to thicken.

Chicken Stew With Onions.—This is not a common dish, but is most delicious. Stew the chicken with two dozen small onions, simmer until tender. Remove the chicken to the platter and drain the onions from the stock. Thicken the stock with three tablespoonfuls each of butter and flour cooked together. Add one-half cup of cream, season with salt, pepper and lemon juice. Pour over the chicken and garnish with the onions and parsley.

Marshmallow Wafers.—Cook together a cup of sugar and half a cup of water in a granite dish. Boil until it threads, then add ten marshmallows cut in small pieces. Pour gradually over the whites of two eggs beaten stiff; add a cup of pecan meats and a teaspoonful of vanilla. Spread on small waters and brown in the oven.

Nellie Maxwell. Purely Personal Interest. "Are you in favor of the recall of the judges?" "No," answered the man who is in politics for himself. "There'd be no chance of my getting a judge's job, ever if it were declared vacant."

Moving Pictures in School. The first German school to have a moving picture machine as a regular part of its equipment is in Thuringia. The apparatus will be used mainly in geography and nature study.

Intensely Interesting. Suffragette—I read every line of the presidential convention doings. Women should know how these things are done. Ordinary Woman—Of course! So do I. Weren't some of the women's costumes just stunning?—Judge.

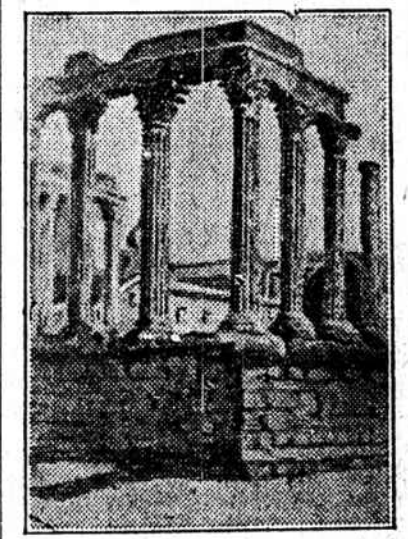
What It Said. "Well, money talks," he announced as if he was saying something new. "Maybe it does," replied his friend. "But all it ever says to me is 'Good-by.'"

AN EARLY BIBLICAL ROMANCE

First Popular Story in Literature World is Discovered in Elephantine.

Assuan.—What is declared to be the earliest popular romance in the literature of the world has come to light in Elephantine, an ancient island in the Nile, near Assuan. This tale, bearing the title "Achikar," is found in an ancient African manuscript. It was written about 500 B. C. The tale is referred to by the author of the Book of Tobias, and later it appears in a modified form in the Arabian Nights. The manuscript has been restored by a German translator, who gives an entertaining synopsis of its contents:

"The wise Achikar is the vizier of the king Sinarich and his son Asurachiddin. He is extraordinarily rich, but has no son. When he complains of this to the gods he receives the advice to adopt his nephew Nadan in place of a son. He follows the advice and instructs Nadan in all wisdom—the romance gives his precepts in detail—and then commends his foster-son to the king as his own successor. Asurachiddin agrees, but Nadan misuses his position, and when



Ruins on Island of Elephantine.

Achikar rebukes him for it he slanders the wise old man, denouncing him to the king as a traitor. Achikar is so stunned with horror that he is unable to utter a word in his own defense, whereupon the ruler gives orders to Nabusamach to put him to death. But Nabusamach, who had once been saved from death by Achikar, kills a slave in his place and hides the old man in a secret dungeon.

"The Egyptian Pharaoh hears of the vizier's downfall and promptly declares war on the Babylonian unless he shall ransom himself by the performance of a heavy task. The king's councillors are at a loss for words of advice. In this dire need Nabusamach confesses that Achikar still lives and the king may avail himself of his counsel. The old vizier promptly rescues the king, to the great annoyance of the Pharaoh.

"The conclusion of the tale is as naive as it is amusing in its oriental viewpoint. Nadan is deposed and brought in chains before Achikar, who has him incarcerated and fed on bread and water. Meanwhile he daily regales him with intellectual sustenance in the shape of stories and fables which are packed with both worldly wisdom and spiritual edification. This is especially interesting because it recalls the plan of the ancient Sanskrit collection of instructive tales known as the Hitopadesa.

"The wretched Nadan takes the treatment very ill. Overcome with anger and chagrin—and possibly enu— he 'swells up and bursts!'"

"This history was widely known in the Orient and was piously commented on by the writer of the Book of Tobias as follows: "Behold, my son, how Nadab (Nadan) dealt with Achikar, that he brought him alive into a dungeon under the earth. But God recompensed him for his sorrow. He came again unto the light and Nadab went hence into eternal darkness."

RESIGNS AS STAGE DRIVER

Miss of Stockbridge, Mass., Makes Remarkable Record in 23 Years' Service.

Stockbridge, Mass.—Miss Florence S. Markham, who drives the stage and carries the United States mail between the village of Interlaken and Stockbridge for the government, has made a remarkable record in her occupation, which she has followed since 1889. In that time she has traveled nearly 100,000 miles. In the winter Miss Markham has been forced to shovel her way through snowdrifts, and in the spring she has repaired damage done to roads by heavy rains, in order to make her trip.

MONKEY HELD UP THIS TOWN

Simian Put Police to Flight But is Finally Captured by Small Boy.

Lancaster, Pa.—A big monkey, used by side-show fakirs, demoralized the police and had the western part of the city in an uproar, when it escaped from its owner, John Gormley. It made a raid on a grocery store and clawed a young college student who tried to capture it.

The police were summoned, but the monkey charged them and they fled. Then it got into a back yard, where it tore a cat to pieces. Finally a small boy coaxed it into a chicken pen, where it was captured.

Shock Spurs His Appetite.

Sunbury, Pa.—Charles Scheetz, lineman in the employ of the Northumberland County Gas & Electric company, was trimming a tree when he fell across a service wire through which was coursing 2,300 volts of electricity. A blue flame shot from his body as he was hurled in the air and dropped to the sidewalk. He sustained fractures of both arms and a leg. As he regained his senses, a half hour after the accident, his first question to a nurse was: "How soon am I going to get some dinner? I'm almost starved."

A VARIATION.



"Your husband frequently misses his dinner." "Yes. Whenever there is a ball game in town he devotes himself to finding fault with the umpire instead of with the cook."

A Household Remedy.

Which works from outside. CHESTOL (Chest Ointment) will relieve quickly croup, coughs, colds, pneumonia and all affections of chest and throat. Use freely and RUB! RUB! RUB! Now sold by all medicine dealers. Should be in every home. Burwell & Dunn Co., Mrs., Charlotte, N. C.

Its Use.

"I put this breakerwater wall there to make a show." "I notice it cuts a dash."

To prevent Malaria is far better than to cure it. In malarial countries take a dose of OXIDINE regularly once each week and save yourself from Chills and Fever and other malarial troubles.

Soda to Brighten China. Soda will brighten china that has been burned or darkened by long use.

The palmist can read your future off-hand.

THESE SIX LETTERS

From New England Women

Prove that Lydia E. Pinkham's Vegetable Compound Does Restore the Health of Ailing Women.

Boston, Mass.—"I was passing through the Change of Life and suffered from hemorrhages (sometimes lasting for weeks), and could get nothing to check them. I began taking Lydia E. Pinkham's Vegetable Compound (tablet form) on Tuesday, and the following Saturday morning the hemorrhages stopped. I have taken them regularly ever since and am steadily gaining. "I certainly think that every one who is troubled as I was should give your Compound Tablets a faithful trial, and they will find relief."—Mrs. GEORGE JURY, 808 Fifth Street, South Boston, Mass.

Letter from Mrs. Julia King, Phoenix, R.I.

Phoenix, R.I.—"I worked steady in the mill from the time I was 15 years old until I had been married a year, and I think that caused my bad feelings. I had soreness in my side near my left hip that went around to my back, and sometimes I would have to lie in bed for two or three days. I was not able to do my housework. "Lydia E. Pinkham's Vegetable Compound has helped me wonderfully in every way. You may use my letter for the good of others. I am only too glad to do anything within my power to recommend your medicine."—Mrs. JULIA KING, Box 282, Phoenix, R.I.

Letter from Mrs. Etta Donovan, Willimantic, Conn.

Willimantic, Conn.—"For five years I suffered untold agony from female troubles causing backache, irregularities, dizziness, and nervous prostration. It was impossible for me to walk up stairs without stopping on the way. I was all run down in every way. "I tried three doctors and each told me something different. I received no benefit from any of them but seemed to suffer more. The last doctor said it was no use for me to take anything as nothing would restore me to health again. So I began taking Lydia E. Pinkham's Vegetable Compound to see what it would do, and by taking seven bottles of the Compound and other treatment you advised, I am restored to my natural health."—Mrs. ETTA DONOVAN, 763 Main Street, Willimantic, Conn.

Letter from Mrs. Winfield Dana, Augusta, Me.

Augusta, Me.—"Lydia E. Pinkham's Vegetable Compound has cured the backache, headache, and the bad pain I had in my right side, and I am perfectly well."—Mrs. WINFIELD DANA, R.F.D. No. 2, Augusta, Me.

Letter from Mrs. J. A. Thompson, Newport, Vt.

Newport, Vt.—"I thank you for the great benefit, Lydia E. Pinkham's Vegetable Compound has done me. I took eight bottles and it did wonders for me, as I was a nervous wreck when I began taking it. I shall always speak a good word for it to my friends."—Mrs. JOAN A. THOMPSON, Box 2, Newport Center, Vermont.

Letter from Miss Grace Dodds, Bethlehem, N.H.

Bethlehem, N.H.—"By working very hard, sweeping carpets, washing, ironing, lifting heavy baskets of clothes, etc., I got all run down. I was sick in bed every month. "This last Spring my mother got Lydia E. Pinkham's Vegetable Compound for me, and already I feel like another girl. I am regular and do not have the pains that I did, and do not have to go to bed. I will tell all my friends what the Compound is doing for me."—Miss GRACE B. DODDS, Box 133, Bethlehem, N.H.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ailments. No one sick with woman's ailments does justice to herself who will not try this famous medicine, made from roots and herbs, it has restored so many suffering women to health.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.

Advertisement for MILAM. Why Not Rebuild Your Health? A Reconstructive Tonic Known as MILAM WILL DO IT—GUARANTEED. \$1 a bottle if benefited—nothing if not. Ask Your Druggist.

Advertisement for FOLEY KIDNEY PILLS. FOR BACKACHE, NEURALGIA, KIDNEYS AND BLADDER. FOLEY KIDNEY PILLS. Contain No Harmful or Habit Forming Drugs.

WHAT WILL CURE MY BACK?

Common sense will do more to cure backache than anything else. "Will tell you whether the kidneys are sore, swollen and aching. It will tell you in that case that there is no use trying to cure it with a plaster. If the passages are scant or too frequent, proof that there is kidney trouble is complete. Then common sense will tell you to use Doan's Kidney Pills, the best recommended special kidney remedy."



Doan's Kidney Pills

WANTED—BAD DEBTS TO COLLECT. In all portions of the world. 25 years' experience. No collection, no charge. Agents wanted everywhere. E. R. PALMORE'S BAD DEBT AGENCY, BOX 503, RICHMOND, VA.

The Chamberlayne School. A Country School for Boys at Richmond, Va. Boarding Department Limited. Individual Instruction. Foundation begins Sept. 12, 1912. C. A. Chamberlayne, R. F. D. 2, Richmond, 2511 Green Avenue, Richmond, Va.

KODAKS and High Grade Finishing. Mail orders given Special Attention. Prices reasonable. Service prompt. Send for Price List. See LANTANA AND STORE, CHARLOTTE, N. C.

IF IT'S YOUR EYES. PETTIT'S EYE SALVE is what you need. W. N. U., CHARLOTTE, NO. 37-1912.