FOR EVERY FAMILY MEDICINE CHEST

To the head of every family the health of its different members is most important, and the value of an agreeable laxative that is certain in its effect is appreciated. One of the most popular remedies in the family medicine chest is a combination of simple laxative herbs with pepsin that is known to druggista and physicians as Dr. Caldwell's Syru, Pepsin. This preparation is mild and gentle in its action on the bowels, yet positive in its effect. A dose of Syrup Pepsin at night means relief next morning, while its tonic properties tone up and strengthen the muscles of stomach, liver and bowels so that these organs are able in a short time to again perform their natural functions without

Druggists everywhere sell Dr. Caldwell's Syrup Pepsin in 50c and \$1.00 bottles. If you have never tried this simple, inexpensive, yet effective remedy, write to Dr. W. B. Caldwell, 201 Washington St., Monticello, Ill., and ask for a sample bottle. Dr. Caldwell will be glad to send it without any expense to you whatever.

WHAT HE WAS DOING.



"Did you fall, my son?" "Naw! 'Course I didn't! I'm jest takin' a mud bath by me doctor's orders!"

LAWYER CURED OF ECZEMA

"While attending school at Lebanon, Ohio, in 1882, I became afflicted with boils, which lasted for about two years, when the affliction assumed the form of an eczema on my face, the lower part of my face being inflamed most of the time. There would be water-blisters rise up and open, and wherever the water would touch it would burn, and cause another one to rise. After the blister would open, the place would scab over, and would burn and itch so as to be almost unbearable at times. In this way the sores would spread from one place to another, back and forth over the whole of my upper lip and chin, and at times the whole lower part of my face would be a solid sore. This condition continued for four or five years, without getting any better, and in fact got worse all the time, so much so that my wife became alarmed lest it

eczema, I doctored with the best physicians of this part of the country, but mended Cuticura Remedies to others ever since, and have great faith in them as remedies for skin diseases." (Signed) A. C. Brandon, Attorney-at-

ment are sold everywhere, a sample of each, with 32-page book, will be mailed free on application to "Cuticura," Dept. L. Boston.

Man and His Happiness.

piness; it is the aroma of a life lived in harmony with high ideals. For what a man has, he may be dependent on others; what he is, rests with him alone. What he obtains in life is but acquisition; what he attains, is growth. Happiness is the soul's joy in the possession of the intangible."-From Self-Control by William George Jor-

ROUGH ON MOTHS, Powder 25c. by exp'ss 40c. ROUGH ON ANTS, Powder, 25c. ROUGH ON BEDBUGS, Liquid, 25c.

ROUGH ON SKEETERS, SPIDERS, etc., 25c. ROUGH ON HEN LICE, Spray Liquid, 25c. ROUGH ON CORNS, Liquid, 25c., Salve, 15c. ROUGH ON BUNIONS, Liquid 25c; Powder, 35c.

At druggists and country stores E. S. WELLS, Chemist, Jersey City, N. J.

At the Bank.

"Your husband has stopped pay

For COLDS and GRIP
Hicks' CAPUDINE is the best remedy—refleves the aching and feverishness—cures the
Cold and restores normal conditions. It's
iquid—effects immediately. 10c., 25c., and 50c. iquid-effects ! At drug stores.

piness, but it surrounds him with a multitude of would-be friends.

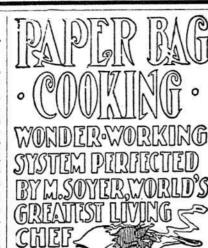
Dr. Pierce's Pellets, small, sugar-coated, easy to take as candy, regulate and invig-orate stomach, liver and bowels and cure

constipation.

man with the gold brick. Mrs. Winslow's Soothing Syrup for Children

teething, softens the gums, reduces inflamina tion, allays pain, cures wind colic, 25c a bottle Some of us are born foolish and

ONLY ONE "BROMO QUININE."
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the Worldows to Cure a Cold in One Day. 25c.



TWO DINNER MENUS.

By Martha McCulloch Williams. Here is a dinner menu, easy but nourishing, not so costly, and capable of being prepared, cooked, and served inside two hours:

Roast Beef, Stuffed Rolled Round Baked Apples Bliced Potatoes Cold Slaw

Banana Puffs Salted Peanuts Black Coffee Have the round cut rather long and

as thick as need be. Butter it on both sides, salt and pepper lightly, cover the upper side with bread crumb stuffing seasoned with onion, roll up, tie and seal in well-greased bag with a lump of butter or clarified 4 ipping and a spoonful of water. P. in a hot oven for three minutes, slack heat, and cook until done, allowing fifteen to twenty minutes to the pound. If tomatoes are at hand, put dry sugar from the sides of the kettle, one or two, peeled and sliced, in with add the acid, cover the kettle and the meat. The gravy will be better and the meat itself more piquant.

Slice peeled potatoes thin, drop in cold water, drain out, put in a greased bag after sprinkling very lightly with salt, add a little extra grease, seal and cook fifteen to thirty minutes in a fairly hot oven, the time depending on the quantity in the bag.

Wash the apples well, but do not peel, cut out specks and bruises, core. fill the bottom of the core-space with lump of butter, over which pile sugar, and add a bit of cinnamon. A clove stuck in the side may take the place of the cinnamon. Seal inside a well-greased bag, and bake eighteen to twenty minutes in a fairly hot oven.

Make cold slaw in the usual way, and the salted peanuts as follows, after blanching and drying them: Put in a thickly-buttered bag, set in a very hot oven for half minute, then reduce the heat three-quarters, and leave nuts to brown for ten minutes longer. They will come out crisp and beautiful, needing only a sprinkling of salt.

To make the banana puffs, roll out good puff paste a quarter-inch thick and cut it in squares six inches across. Cover half of each square diagonally with bananas sliced thin and soaked for half an hour in sugar and lemon bag and bake twelve minutes in a hot oven. Bananas, always cheap, and among the most nourishing of the fruits, ought to be more used in cook-

Here is another good meal for a winter day: "During all this time of boils and Pork Tenderloin, Roasted with Sweet

Potatoes Cabbage Pudding Stewed Carrots Celery

Apple Dumplings, Cider Sauce

Coffee Cheese Crackers wise and cut them in halves. Wipe well-greased bag along with raw sweet little flour, also a tablespoonful of and one tablespoonful of butter. Let Slow, steady cooking makes the meat tender, yet full of flavor.

Choose a tender cabbage for the boiling salted water and cook uncovered at full boil, ten minutes. Drain out, run cold water through it, then mix it thoroughly through a pint of milk which has been beaten well with blackberry jam, one cup sweet milk, two eggs, and season with salt and pepper. If the cabbage is small, use one egg and half a pint of milk. Havesprinkle it inside with grated cheese. Put in the mixture by big spoonfuls. add a lump of butter and sprinkle in more cheese between the spoonfuls. in a hot oven for three minutes, then slack heat, and cook for at least an

hour. Make real puff paste for your dump- seeded raisins and chopped English lings, roll it a quarter-inch thick, fit walnuts. Use plain icing on top and it neatly around the apples, which sides. Or bake in a large sheet inshould be liberally treated with sugar side a bag, cut square and put toand butter, not to name lemon peel gether as directed. The essential and cinnamon, put in a thickly-but- thing is to fill a big bag with it, so tered bag with a small lump of but- that the spread it graces shall be a ter and a spoonful of sugar, and cock huge success. for twenty to twenty-five minutes in (Copyright, 1911, by the Associated a fairly hot oven.

For cider sauce, crea.u u.... of butter, frothy light, beat into it a heaping cup of sugar, then set over hot water and add gradually a cup of fresh sweet cider, bot but not boiling Beat hard together, grate nutmeg over, and serve very bot.

The cheese crackers are lightly buttered, sprinkled with parmesan, and heated inside a bag for about five minutes.

FOR THE SCHOOL BOX FROM HOME.

Are you numbered among the many mothers of this great nation who have boys and girls away at school or college? Then you know what a great delight it gives the children to receive from "Mother" a box of homecooked things to eat, from solid meats, like turkey and chicken, to the frothiest of sweets.

Right here, good mother, you will find the paper bag a very present help. A plump chicken, a small tine turkey, bag-roasted and "ell drained and popped inside another bag, lightly greased, packs well, an be eaten without a qualm, and makes a mighty fine cornerstone for the upbuilding of a proper box.

Here are a few candy suggestions worth consideration even by a "wo-

man" freshman-or sophomore. Fondant, which is the basis of many candies, is variously made; this is as good a way as any I have found: To each cup of sugar allow a drop of acetic acid and one-third cup of cold water. Cook in a very clean brass or enamel kettle, stirring constantly until it begins to boil. Wipe off any cook without further stirring at gentle heat until the syrup, dropped in cold water, forms a soft ball. Pour out then in a flattish dish, wet with very cold water. When cool, not cold, work with a paddle back and forth until white and creamy, then put in something deep, cover with a clean damp cloth, and set away to ripen. This formula is adapted from ,observation in a famous, candy factory, where huge tubs of fondant stood month after month until the trained sense of the heads said it was just right for use. When ready to use, cut out a good lump, put in an earthen vessel and liquely over boiling water. Then flavor and color to taste, and either dip into it blanched nuts, dates, figs or crystallized fruit or small

waxed paper, makes delectable mint cream. Any other flavor can be used instead of mint. With srange or ler.on flavor, after dropping the creams, Here, as elsewhere, put in a very

little brandy with the chocolate. Fruit squares are good. To make them, take equal quantities of seeded Have the tenderloins split length- ded citron, shredded candied peel, with a clean, damp cloth, rub over ded blanched almonds. Stir all well water. Seal bag and cook in a hot stand till the surface hardens slightoven thirty-five minutes to an hour, ly, then with a well-greased knife according to the quantity of food in mark in squares. Break apart when the bag. Slack that after five minutes. cold and wrap in waxed paper. Pack the wrapped squares inside a paper

Lastly, be sure that almost the higpudding. Shred it fine, then drop in gest cake bagged for the box is a Lady McMillan, which to my mind quite discounts Lady Baltimore. Take for it three and a half cups sifted flour, two cups sifted sugar, one cup two-thirds cup creamed butter, five whole eggs or yolks of twelve, two teaspoons baking powder, one teathe bag very thickly greased and spoon cinnamon, one teaspoon mixed cloves and allspice. Cream butter with part of sugar, add yolks beaten light with rest of sugar, sift flour with baking powder and add alter-Seal very tight, lay on a trivet, put nately with milk and stiff beaten whites. Add spices mixed in half cordial, then jam. Bake in layers put together with icing filled with

IS FAULT OF THE FATHER

of the Wealthy So Frequently Lack Vigor.

The lack of physical and mental rigor sometimes noted among the sons of wealthy families is due to impoverished vitality on the part of the father rather than to the oppression

of society's demands upon the mother. No man under the stern pressure of attributed to the new mode of life of a nerve-racking load can be physically fit to become the father of a familyindeed the offspring is certain to show at some vital point the effect of its progenitor's burden. The man who wins in the "fierce race for wealth" does so by close concentration of his powers, even at the beginning, and by the expenditure of volumes of nerve energy. But he cannot expend it and keep it, too. Machinery run at high speed wears out quickly. Vital forces

Simple Explanation as to Why Sons another. Ambitious men must recog-

defects in the offspring could not be the mother.

Vertical Journey.

that new skyscraper?" "I ride in the subway about a third of the distance and make the rest of the trip in the elevator."

If there never had been any rainy weather on earth there would be but few house roofs, and if men lost faith drawn upon for one purpose to the in each other we would become a race



FASTENING THE HEAVY DOOR

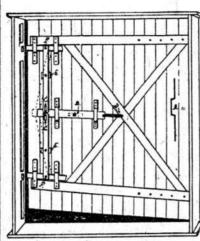
Catches Described Herewith Will Hold Fast and Prevent Warping-How

Working Parts Are Made. (By J. W. GRIFFIN.)

To prevent a door from being blown about by heavy winds, there should be a fastening at the top and one near the bottom. A hook at the top and a chain at the bottom looks like life in the primitive age.

are those that will stay fastened, and they will prevent the door warping, swinging out at the top or bottom, and will catch every time the door is

The six p sees that hold the working parts to the door are made of heavy hoop iron, bent in the shape as



Fastening for Heavy Doors.

and are fastened to the door by nails or screws. The dotted lines show the position of the working parts when the tumblers are back so that the ddor may be opened.

(B) A coil spring that holds the tumblers in a closed position. The edge of the door jamb where the tumblers rub as they pass to the sockets, are beveled so that there will be the least possible opposition to them entering.

The notches at (C) are oblong, that the pins that work in them may not bind, as the tumblers are withdrawn, The dotted lines at (D) represent a notch that is in the door, through which the pin moves when the door is unlatched.

At (E) there is a piece one-eighth of inch thicker than the tumblers and the pieces that are marked (C); this permits the tumblers to move easily.

There is used three-eighths-inch bolts at (E) to bolt piece (C) to the door, and short bolt of the same size at (F) with the heads next to the door. These bolts work loosely in the holes made in pièce (C).

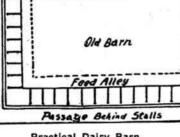
All working parts work just loose enough to move without rubbing hard, but not so loose that there will be any

rattling on the door by the wind. To open the door, the pin (D) is pushed toward the edge of the door, and as soon as released, the tumblers retain their former position, and when the door is shut, the tumblers will slip in place and hold the door secure.

PRACTICAL BARN FOR DAIRY

Diagram Given Herewith Shows How Wisconsin Man Solved Problem of Modern Building.

The accompanying diagram shows how a Wisconsin dairyman solved the problem of building a modern dairy barn at low cost, says the Prairie Farmer. This dairyman was also confronted with the problem of constructing a barn on short notice as he had moved to a newly purchased farm which afforded but a mere excuse of a dairy barn. Accordingly he made his barn in the shape of a lean-to on two sides of an old but well built barn.



Practical Dairy Barn.

The dotted lines in the diagram show the partition between the old barn and the lean-to. By doing this a considerable saving in building material was effected as well as time saved in construction work.

The usual dimensions were followed in the construction of the stalls and alleys. By making the lean-to on the east and south sides of the barn sunlight entered all parts of it some time of the day. Ventilation was provided by hinging the windows at the bottom and providing 3 out-takes, one at each end and one where the additions meet.

The Farm Separator.

The farm separator and the homereared calf keep about all the fertility on the farm, but selling milk for the city trade takes fertility off the farm and sells it in tin cans at so much the hundred pounds.

There is one thing the farm separator does not do-it does not separate the dairyman from his profits.

Cow Must Have Water. Remember that the cow that gives a large flow of milk must have an abundance of good, pure water. If she has to get this out in the cold the chances are she will not drink as much as she should.

Select Heifer Calves.

The heifer calves from the best point. cows must be carefully selected, properly handled, and even then there will ard of highest profit.

Extensive Demand for Products In Newly Settled Regions-Development Urgently Needed.

newly settled regions it is found that the cairy industry fills such a place in agricultural economy that its de-

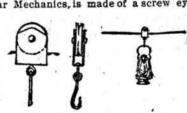
has been undertaken with creamery patrons in Iowa, the object being to determine whether it will pay creameries to carry on the same sort of work among their own farmer patrons for the sake of getting a better quality of cream as material for making butter. Here, also, record keeping has been introduced, along with other improved methods, and the effort is made to discover the leaks that reduce profits.

where dairying is already an established industry, the work of the deciations and the improvement of city milk supplies. Cow-testing associations are societies for co-operating in the keeping of herd records by engaging a man who goes from farm tofarm periodically, makes observations, and keeps records for the herds of all the members of the association. By this means records are secured withwhen each man keeps them for himself; and in various other ways the co-operation of the farmers is productive of profit. The primary objects are to detect and weed out inferior individual cows, and by the use of purebred bulls to perpetuate and intensify the valuable characteristics of the cows that are found to be good rice and any bits of cold meat cut in ones-thus raising the average quality of the individual cow and the to- sprinkling of onion, then a layer of tal productiveness of the berd. There are 85 cow-testing associations now in fresh red peppers. Cover all with a few 26 states, comprising 45,000 cows.

"The records of one of these associations show that the profit was doubled after four years' work. For instance, a man with eight cows found, the first month of keeping records, that he was losing five and onehalf cents per cow, or 44 cents on his herd for that month. After three months' testing he was making a profit of \$32 a month on the herd, and at the end of the year his profits had increased to \$50 a month. This notable increase was due largely to the sale of five of his poorest cows, and the purchase of as many well-producing ones to take their places. In addition, there were changes made in the methods of feeding which conduced to the result."

Safe and Handy Way to Use Light in Stable Is Shown in Illustration-

The hanger shown in the sketch makes a safe and handy way to use a lantern in a barn or stable. It is con-



cut off and riveted in place, the hook being formed of heavy wire. The put ley is run on a wire stretched overhead from one end of the barn to the other. The lantern can be easily moved from place to place, and, as it is out of the way, it cannot be turned

Ration for Cows. A cow, generally speaking, requires one pound of grain per day for each three to three and one-half pounds of milk that she yields per day when she is receiving a liberal feed of silage and other rough feed or as many pounds of grain per day as she produces pounds of butter fat in seven

Dual Purpose Cows.

dairy cows out of his beef cattle, but for the man who is running a straight dairy he should eliminate all beef blood from the strain of his animals.

Palatability is an important feature of good dairy rations.

Don't let the cows out in the storms to stand around. It doesn't pay. It is rather a difficult task to dry

up a cow when in full flow of milk. If a cow has a habit of side-stepping dishes. while milking, examine your finger nails.

milk should yield from 7,000 to 8,000

heifer that has calved for the first time will win out every time. Just after the cow has freshened she should have the same feeds she has been given previous to calving.

than the tendency to transmit a good Corn and cornmeal are carbonace-



there" have settled beliefs and convictions. The pilot of an ocean steamer would make poor headway if he gave up the beliefs by which he must diect that ship.

Rice when well cooked is so easy of digestion, so nourishing and wholesome that it seems poor economy to use so much of other starchy foods and neglect the rice, which forms the chief food of so many millions on the other side of the globe.

be combined with veal, chicken and other meats in the form of croquettes or escalloped dishes, with tomatoes and curry, with cheese. Another is a eggs. Finish with buttered crumbs, soning and a little grated cheese will be enough to serve five.

out the trouble or expense involved is nothing for a light meal more appropriate than plain boiled rice with Desserts of rice with eggs and milk

make most appetizing dishes. Rice and milk baked with dates and raisins and served with cream is an-

A Spanish dish, using red peppers, small pieces, a layer of rice and a

Rice a la Riston.-Finely chop two thin slices of bacon; add to one-half of a medium-sized cabbage, finely chopped, cover and cook slowly thirty minutes. Add a fourth of a cup of boiled rice, one-half teaspoon of minced parsley and salt and pepper to taste. Moisten with one-half cup of white stock, either chicken or veal broth and cost fifteen minutes.

Turkish pilaf is another dish liked by many. Cook a half cup of wellwashed rice in a tablespoonful of butter until it is brown and the water is absorbed. Add three-fourths of a cup of tomatoes and caok until the rice is soft. Season and serve.



Blessed is the hand that prepares a leasure for a child, for there is no saying when and where it may bloom forth.

DISH FROM LEFT-OVERS.

The daily problem of keeping within a certain allowance and seeing that nothing is wasted is a constant one. When you have a few sweet potatoes left from a meal, slice them, sprinkle with brown sugar and bits of

butter and bake in the oven. Escalloped potatoes prepared from cold boiled potatoes and a little white sauce and onion juice sprinkled with green peas, also a left-over, makes an-

When you have a little strong cream cheese left over, grate it and mix with a beaten white of egg, season with salt, cayenne and pack in the cheese jars or serve on circlets of toast and

baskets may be made by putting the pastry over inverted patty pans and baking. For the handles, twist the pastry in strips and lay around a baking powder can to bake. Fill the baskets with preserves or ices and insert the handles. These make very effective deserts.

If one has a bit of orange marmalade left over, add it to the mince

a good mixed salad, and one can take the preferred vegetable when being served.

When making a dessert for dinner, like a custard, just do not add the sugar until some of the thickened custard is removed, and that may be flavored with vanilla and sweetened. The rest may be seasoned for salad dressing, the one process doing for both

Nellie Maxwell.

In Luck. Caller-How much for a marriage license?

Mercenary. "You'll never again be the fighter you once were," said the expert in pugilism.

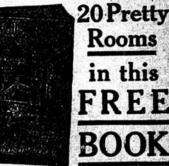
Hen Fruit for Hamlet.

"Well, I don't want to be. A man

Waitress--llow will you have your



ness, Sleeplessness and are an infallible cure for Constipation. To do this I am willing to give millions of free packages. I take all the risk. Sold by druggists for 25 cents a vial. For free package address, Prel. Munyon, 53rd & Jefferson Sts., Philadelphis, Pa.



-don't you want to see them? Peep into other people's new homes and get the latest ideas for your own decorating. Our book tells about the FREE Color Plans our expert designers will send you for any roc you wish to decorate. You will be glad to cnow more about

The Beautiful Wall Tint

With our Color Plans you can easily have the most artistic home in your

Send for our FREE BOOK Full 5 lb. pkg. White 50c. Regular Tints 55c.

Alabastine Company 2 Grandville Road, Grand Rasks, Mich.

Restores Gray Hair to Natural Color

nvigoratesand prevents the bairfrom falli XANTHINE CO., Richmond, Virginia

ANTI-BILIOUS MEDICINE.

Bettits Eye Salve Quickly End



But Mamma Didn't. Little Mabel was always tumbling down and getting hurt, but as soon as her mother kissed the bumped forehead Mabel would believe it cured and cease crying. One day she accompanied her mother to the Union depot, and while they were seated in crowded waiting room an intoxicated man entered the door, tripped over a suitcase, and fell sprawling on the floor. The attention of every one was attracted to the incident, and in the sudden silence following the fall Ma-

bel called out: "Don't cry, man. Mamma 'll kiss oo, and 'en oo 'll be all right."-Lippincott's Magazine.

Styles in Allments.

"Well, here I am," announced the fashionable physician in his breezy way. "And now what do you think is the matter with you?" "Doctor, I hardly know," replied the

Touch Preventer. Howell-Why do you call your dog "Strike Breaker?" Powell-I have done it ever since

fashionable patient. "What is new?"

he grabbed a fellow who was about to strike me for money. Needed Reform. Benham-We need a reform in our

Mrs. Benham-Yes; it's a shame

that a wife can't overdraw her husband's account!-Judge. From

Our Ovens

banking system.

Your Table Untouched by human hands-Post

Toasties

-the aristocrat of Readyto-Serve foods.

A table dainty, made of white Indian corn-presenting delicious flavour and wholesome nourishment in new and appetizing form.

The steadily increasing sale of this food speaks volumes in behalf of its excellence.

An order for a package of

Post Toasties from your grocer will provide a treat for the whole family. "The Memory Lingers"

Postum Cereal Company, Limited

Battle Creek, Michigan

prove fatal.

to no avail. Finally I decided to Try Cuticura Remedies, which I did, taking the Cuticura Resolvent, applying the Cuticura Ointment to the sores, and using the Cuticura Soap for washing. In a very short time I began to notice improvement, and continued to use the Cuticura Remedies until I was well again, and have not had a recurrence of the trouble since, which is over twenty years. I have recom-

Law, Greenville, O., Jan. 17, 1911. Although Cuticura "pap and Oint-

"Man is the creator of his own hap-

ROUGH ON RATS, for Noxious Animals, 150 ROUGH ON ROACHES, Powder 15c; Liquid 15c

ROUGH ON BEDBUGS, Liquid, 25c.
ROUGH ON FLEAS, Powder, Soap or Liq'd 25c.
ROUGH ON HEN LICE, Dust Powder, 15c.
ROUGH ON LIMBERNECK, 50c. Express, 75c.
ROUGH ON SKEETERS, SPIDERS, etc., 25c.

ment on your alimony check." "I know it; he no longer loves me."

Wealth may not bring a man hap

Too often the man with the hoe gets the worst of an encounter with the

never outgrow it.

Many people suffer intensely over imaginary injuries.

The fastenings herewith described

rounds of hard fondant. After the first dipping, set them upon a wire rack over a bowl to drain and harden. Dip a second time if you want the candies very superior. If there is not time for this, roll while still soft in powdered sugar and set on waxed paper to dry and harden. Fondant thus liquid, colored pink green or yellow, flavored with mint and dropped from a spoon-tip upon

sprinkle while still soft with finely ground nuts, or stick a tiny bit of cocoanut in the center. Cocoanut cut to shape and cream nuts, shelled whole, make fine candles if they are first covered with stiff fondant and then dipped in the melted stuff, which has been made rich with chocolate.

raisins, well chopped dates cut small, figs steamed and cut up fine, shredshredded fresh cocoanut and shredwith butter or dripping, season lightly together and spread without packing with salt and pepper, and lay in a evenly over a well buttered flat dish. Pour upon the mixture boiling hot a potatoes, peeled and halved, or quar- taffy made by boiling until it crackles tered if very large. Add a lump of in the teeth, two cups sugar, with fat, butter or dripping, rolled in a one-half cup vinegar and water mixed

Literary Press.)

nize and observe this law. The old custom of attributing weaknesses of the offspring to the effects of social customs upon the mother contained the fatal error of supposing that women are oppressed by the circumstances surrounding increase of wealth, when the opposite of this is true, as everyone knows, so that vital

"How do you get to your office in

point of exhaustion cannot be used for of liars



WILSON ON DAIRY INDUSTRY

"In much of the west cattle raising for beef has long been the principal business," said Secretary Wilson, "but dairying is comparatively new. There is an extensive market, however, for dairy products; and especially in the

velopment is urgently needed. "In addition, a special enterprise

"In the older states of the north,

LANTERN HANGER FOR BARNS

Won't Turn Over.

structed of an old grooved pulley with a U-shaped hanger made of sheet iron. The U-shaped hanger, says the Popular Mechanics, is made of a screw eye

Lantern Hanger for a Barn.

The dual purpose cow may be good enough for the man who wants to kill his dairy cows for beef, or try to make

Facilities for handling milk are giving an impetus to the market.

A cow producing average testing pounds of milk in a year. Gentleness and pattence with the

To feed cows profitably without some home grown sort of protein, such as the leguminous hays, is difficult. Sweet corn is one of the very best crops to grow to feed as a soiling crop to the dairy cows in summer. Remember that the tendency to transmit a defect is just as strong and often times it seems stronger

ous matter, similar in composition to eggs? be considerable culling to do before that of cream, and there is no feed the herd can be bred up to the stand- that a calf likes so well as shelled ny all means let them be hard holled corn or cornmeal.

RICE COMBINATIONS.

For the main dish of a meal it can very nice dish of hard-cooked eggs cut in eighths and put into buttered bakpartment outside of advice to individ- ing dish with a layer of cold cooked uals upon request, consists chiefly in rice first, then a few spoonfuls of shown in the small drawing at (A), the propagation of cow-testing asso- thick white sauce, a sprinkling of cheese and seasonings and a layer of and bake until thoroughly hot. This is a dish sufficiently filling for a main dish. Five hard-boiled eggs, two cups of rice and a cup of white sauce, sea-

For supper or luncheon dishes there

other good dessert.

meat and tomatoes made hot with green peas and serve in the baking dish.

has a child to love.

other appetizing dish.

heat. To be served with tea. Ginger bread baked in thin sheets, cut in rounds and put together sandwich fashion with cream or cottage cheese make delicious little tea cakes. When a little pastry is left and one has time to do it, very pretty little

meat. Cold vegetables of all kinds may be converted into good salads. If there are several varieties, season and pile them in groups with parsley in between. Carrots, green peas and potatoes, a few of each, in this way make

Town Clerk-One dollar. Caller-I've only got 50 cents. Town Clerk-You're lucky.

never gets a chance to make big lecture money till he's a has been."

Arthur Footlight (who has been taying Hamlet)-If I must have eggs,

expensive modern homes though it could wall paper or paint. Kalsomine colors a and crude beside the soft-hued Alabastine furthest on the walls and 1) easiest to use.