

**Fat's Patriotism.**  
 An Irishman on returning home to his native land gave vent to his joyful feelings by exclaiming repeatedly: "Hurrah for Ireland! Hurrah for Ireland!" much to the amusement of the passengers, but very much to the disgust of an Englishman on board, who finally retaliated with these words:  
 "Hurrah for Ireland! Hurrah for Ireland!"  
 "That's right," answered Fat. "Every man for his own country." — Ladies' Home Journal.

**Railway Station Costing \$17,000,000.**  
 At the rate at which the improvements are being carried on at the terminal of the New York Central Railroad, at Forty-second street, New York City, it is expected that three months more will see the Grand Central Station razed and work begun on the magnificent structure which is to replace it.  
 Work on the improvements has gone as far as it can go without entering the station or causing an interruption of the train service. Where two years ago stood several hundred homes, today is an excavation quite extensive in itself, but only a fraction of the great hole that will be made in the nineteen square blocks which the terminal will cover.

So anxious are the officers of the railroad company to get their improvements into shape in time to be ready to give station facilities to the new subway routes planned for the city that men have been kept working day and night on the great excavation.  
 The plans of the railroad company call for the expenditure of \$25,000,000 on the improvements. All of the land now occupied by station and tracks is to be evacuated and an entirely new terminal built. About \$17,000,000 alone is to be spent in a new station. There are to be two systems of tracks, one raised above the other, one system for suburban service and the other for trains to distant points. Electricity will also be substituted for steam throughout the terminal.

It may not be generally known that the New York Central lines constitute the Water Level line connecting the East and the West.  
 They run along the Hudson River, New York to Albany; along the Mohawk River and Erie Canal, Albany to Buffalo; along Lake Erie, Buffalo to Toledo and Detroit, and along the level of Lake Michigan from Toledo to Chicago—965 miles of water level, with water in sight nearly every mile of the way.  
 The New York Central operates more than twelve thousand miles of railway east of Chicago, St. Louis and Cincinnati. It is the direct line from New York and Boston to Niagara Falls and to the West, the Northwest and the Southwest, by way of the great cataract and Chicago, St. Louis or Cincinnati.

This is one of the reasons why the press of two continents call the New York Central "America's Greatest Railroad."

**Salt.**  
 A barrel of salt is produced in the United States each year for every four inhabitants.

New York is the leading salt producing State, the yield being one barrel for each inhabitant.

We buy \$500,000 worth of salt from other nations, and sell only \$100,000 worth, largely to Mexico, Japan and Canada.

Salt costs the producer less than one-tenth of a cent a pound. Never mind the grocery price. Uncle Sam's 1904 figures are 27.832 cents for each barrel of 208 pounds.

Salt is in many European countries a heavily taxed government monopoly. Italy patrols its beaches to prevent poor people from evaporating sea-water for low-grade salt.—New York Press.

**Age and Brain Work.**  
 The belief of Sir James Crichton-Browne that brain-workers achieve their best work in later middle age is easily confirmed by glancing at the careers of a few of the grand old men who are still with us, many of whom are as busy as in their younger days. Lord Roberts at seventy-three is still worth \$5000 a year to the nation as one of our imperial defenders, Lord Kelvin at eighty-one may startle us with further generalizations on the mysteries of science, Sir William Huggins at the same age still explores interstellar spaces, while the activity of the octogenarian Duke of Rutland and Lord Wemyss is as effective as ever in preserving the privileges of our old nobility.—London Chronicle.

**OUST THE DEMON.**  
 A Tussle With Coffee.

There is something fairly demoniacal in the way coffee sometimes wreaks its fiendish malice on those who use it. A lady writing from Calif. says:  
 "My husband and I, both lovers of coffee, suffered for some time from a very annoying form of nervousness, accompanied by most frightful headaches. In my own case there was eventually developed some sort of affection of the nerves leading from the spine to the head.  
 "I was unable to hold my head up straight, the tension of the nerves drew it to one side, causing me the most intense pain. We got no relief from medicine, and were puzzled as to what caused the trouble, till a friend suggested that possibly the coffee we drank had something to do with it, and advised that we quit it and try Postum Coffee.  
 "We followed his advice, and from the day that we began to use Postum we both began to improve, and in a very short time both of us were entirely relieved. The nerves became steady once more, the headaches ceased, the muscles in the back of my neck relaxed, my head straightened up and the dreadful pain that had so punished me while I used the old kind of coffee vanished.  
 "We have never resumed the use of the old coffee, but relish our Postum every day as well as we did the former beverage. And we are delighted to find that we can give it freely to our children also, something I never dared to do with the old kind of coffee." Name given by Postum Co., Battle Creek, Mich.

Postum Coffee contains absolutely no drugs of any kind, but relieves the coffee drinker from the old drug poison. There's a reason.



New York City.—There are many occasions for which nothing is quite so well suited as the fitted coat. This one



is severe in style and has all the smartness which comes from such cut while it is absolutely becoming to white

**A LATE DESIGN BY MAY MANTON.**



figures and quite simple. In the illustration the material is white serge stitched with belding silk, but while it is in every way to be desired for the immediate season, the model will also be found available for the autumn and for every fashionable suiting as well as for general wear.  
 The coat is made with fronts, backs and under-arm gores, and is absolutely plain. At the neck are regulation collar and lapels, and the closing is made invisibly by means of a fly. The sleeves are the accepted ones that are full at the shoulders and narrow at the wrists.

The quantity of material required for the medium size is three and a half yards of material twenty-seven, two and a quarter yards forty-four or one and three-quarter yards fifty-two inches wide.

**Overskirts to Be Worn.**  
 There is every prospect that we shall be wearing overskirts within the coming year. The tunic skirt is being boomed by the dressmakers, and since many women have taken kindly to the innovation, its success is fairly well assured. The style is very becoming to tall figures, but is not at all a happy one for short or stout women.

**Too Many Gowns.**  
 A well-known fashion authority urges women to avoid the mistake of accumulating too many gowns. Most of us think that we are unlikely to fall into such a mistake, but in reality almost everybody buys too freely. As a rule this results not in too many gowns, but in fewer than we would have if we purchased with more discretion.

**Ruffles Are Stylish.**  
 Ruffles are more and more fashionable and many dancing frocks are billowy with them. A dotted Swiss party gown for a young girl had a shirred skirt trimmed almost to the waist with three flounces, each topped with a band of inch-wide lace. The low bodice had

In hats the autumn may bring in the poke, for pokes are considerably worn this summer. There are several varieties of this popular shape, and those who do not want to wear the full poke can indulge in a modified edition which has a full scoop front and strings behind, without being too extreme in style, or too voluminous in scope.

**Of White Roses.**  
 A flower hat was made entirely of tiny white roses. The shape was a turban, and the only trimming was a cluster of larger white roses with leaves placed on one side. The cluster was tied in a flaring bow knot of green stems. The turban, though so simple, was very effective.

**About Veilings.**  
 It is said that veillings will not be worn after this year, but this is hard to believe. Certainly, nothing in the advance models of gowns shows a diminution of the vogue of soft, clinging materials.

Sometimes the offender is one of the most brilliant members of our exclusive circle. Alcohol is a great comfort to those who are concerned. It chooses the brightest and best. And many a woman who unwittingly has helped to cause some other mother's sorrow sits in loneliness and suffers the agony of a heartbreaking grief because her own gifted boy is a drunkard.

No one starts out deliberately to become an inebriate. It is always an accident. And the accident is generally one of two cases. Either the liquor was taken as a medicine, or it was taken as a social diversion, until finally it became a necessity.

The advocates of social drinking apparently do not realize its danger. The startling statistics and the sickening details of the drink curse either do not reach their knowledge, or else they are regarded as the baseless exaggerations of temperance fanatics.  
 This is not difficult to understand. For if one were to depend on public manifestations of inebriety for information along that line he would have but a faint conception of the true condition. As a rule, drunkenness is not allowed to flout itself in public places. Occasionally a drunken man stumbles onto a home-bound car in such a condition that he makes a sad appearance. Or some one staggers through the streets or creates disturbance. But for the most part such spectacles are not as frequent as might be supposed.

Whisky is a great despoiler. Those who see a man only after he has come under its power have but a faint conception of the changes it has wrought.—Banner of Gold.

**A Five-Act Tragedy.**  
 Act the First—A young man starting off from home; parents and sisters weeping to have him go. He goes over the hill, wife who is being and pleading with him, or there is a heart-broken mother who is praying and hoping that some time the tide may turn; and often there are little children who faintly understand the blight on their young lives. Such devotion speaks well for what a man must have been before whisky gained control of his life.

**The Waist Consists of the Fitted Lining.**  
 The deriving of vast sums from the bitter sufferings and grinding pauperism of the people is a terrible offense.—Canaan Wilberforce.

**License—The Price of Blood.**  
 The deriving of vast sums from the bitter sufferings and grinding pauperism of the people is a terrible offense.—Canaan Wilberforce.



**THE GREAT DESTROYER**

**SOME STARTLING FACTS ABOUT THE VICE OF INTEMPERANCE.**  
 Social Drinking and Inebriety—It is Only a Little Way From the "Good Fellow" With Hosts of Friends to the Sordid Drunkard With No Friends.

Personal opinion is largely a matter of education and environment. Nowhere, perhaps, is this fact more strongly emphasized than in the conflicting beliefs regarding the liquor question.

In a broad and general manner it must be conceded that all respectable people do not see the importance of total abstinence.  
 Those who have been reared in homes where wine is served as a matter of ordinary hospitality, see nothing objectionable in such a practice; or, if they do, it has too many adherents among the rich and powerful to occasion much criticism. The thing we are accustomed to we accept without argument. The custom that is sanctioned by social usage is too often adopted without question.

All this, of course, refers to drinking in a so-called moderate and harmless way. Wine is thought by many to give a dash of brilliance and Old World splendor to a festive occasion. It is expected to promote sociability and provide an element of wit and sparkle. But the hostess who serves it does not expect her guests to use her hospitality as an excuse for inebriety. She may consider a young man weak if he cannot drink in moderation, but she certainly despises him if he drinks to excess.

There may be a touch of incongruity about the method that sets a ball rolling, and then cavils because it keeps on till it gets to the bottom of the hill. But it illustrates even more strongly one great fact of these strenuous times, that sobriety is a necessity. It is not only a duty, in the broadest and most comprehensive sense, but it is an absolute necessity, if one would reach anything like the best results of which he is capable. Business requirements demand it, and social position echoes the demand; for those who are most lavish with wines at their own table are often the first to ostracize an offender.

People who have accomplished work worth while have had a very high sense of the way to do things. They have not been content with mediocrity. They have not confined themselves to the beaten tracks; they have never been satisfied to do things just as others do them, but always a little better. They always pushed things that came to their hands a little higher up, a little farther on, it is this little higher up, this little farther on, that counts in the quality of life's work. It is the effort to be first class in everything one attempts that conquers the heights of excellence.—O. S. Marden, in Success Magazine.

**Stories of Absent-Mindedness.**  
 At the Chautauqua Assembly a number of stories about absent-mindedness were being told, says the Cincinnati Enquirer.

There was the story of the absent-minded doctor who handed his patient a fee and took his prescription himself; the story of the professor, who, coming home to dinner too early, and see the table cleared, went back upstairs again, muttering that he had quite forgotten having dined; and there were many other stories told.

But Bishop Vincent, among all these anecdotes, carried off the palm with a story about an absent-minded minister.

"There was a minister," the Bishop said, "who was so absent-minded that he once lathered and shaved his reflection in the mirror."

**What Galls the Westerner.**  
 One thing that annoys and humiliates a Western man in New York City is the way in which he is herded with the crowd. Out West a man is an individual. He feels that he is somebody—a responsible citizen, a factor in the community, a person more or less worth while, entitled to a certain amount of respect merely as a man, and regardless of wealth or social position or political power. But in New York, unless he is somebody very important, he is nobody at all. He is a mere unit in the mob, of no more moment than one ant in a hill. —San Francisco Bulletin.

**The Difference.**  
 That cynically genial theatrical manager, Mr. Charles Frohman, draws this interesting contrast between peoples: "In London people go to the theatre, buy their tickets and demand their money's worth, whereas in New York when a man separates himself from his wad at the box office he simply says, 'Well, that's gone,' and if he gets any entertainment he looks upon it as so much in. He expects nothing. The English attitude is the more difficult of the two, of course." And, incidentally, results in vastly better performances. This, however, for reasons probably patriotic, Mr. Frohman did not add.—Harper's Weekly.

Straw hats were first heard of in England in the reign of Queen Elizabeth. N.Y.—3C.

**FITS permanently cured.** No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer, 321 East 15th Street, New York. Dr. B. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

Great Britain is barely holding her own in trade with Argentina.

**Deepest Haul Ever Made.**  
 The deepest haul of a net ever made in the world was achieved by Americans off the Tonga Islands in the South Pacific. The trawl struck bottom 23,000 feet below the surface; that is considerably more than four miles down, but even at that depth animal life was found. Those strange beings lived in water whose temperature was constantly just above the freezing point, and under a pressure of 9000 pounds to the square inch. To sink that net and bring it back again took a whole day of steady labor.—St. Nicholas.

**What is Read at the British Museum.**  
 In the reading room of the British Museum the desks are crowded with students all day long, and in addition to the books of reference, some 20,000 in number, which fill the open shelves of the room, from 3000 to 4000 volumes are given out every day. Theology in a wide sense, including the Bible, Biblical literature, church history, and works on the religious rites and ceremonies of all races and creeds, is easily at the head of the list, with about 300 volumes. Topography comes next, with about twenty fewer, and of these books on London amount to a quarter, books on English topography to another quarter, the other half being for the rest of the world. History and biography come next, English history being mostly in demand, and books on France and the French provinces second. Essays, criticism, and miscellaneous literature take the fourth place, and are followed by fiction—not less than five years old—moral philosophy, poetry and the fine arts, the drama, law and philology, political economy, and so on down to politics, mathematics and chemistry, which have about forty volumes apiece, and lastly works on naval and military subjects, which seldom have more than three or four volumes each. It is a curious list, and throws a useful light on the sort of studies taken up by the readers in the museum.—London Globe.

**The Way to Do Things.**  
 If there is that in your nature which demands the best and will take nothing else, and you do not demoralize this standard by the habit of deterioration in everything you do, you will achieve distinction in some line if you have the persistence and determination to follow your ideal.

But if you are satisfied with the cheap and shoddy, the botched and slovenly, if you are not particular about quality in your work, or in your environment, or in your personal habits, then you must expect to take second place, to fall back into the rear of the procession.

People who have accomplished work worth while have had a very high sense of the way to do things. They have not been content with mediocrity. They have not confined themselves to the beaten tracks; they have never been satisfied to do things just as others do them, but always a little better. They always pushed things that came to their hands a little higher up, a little farther on, it is this little higher up, this little farther on, that counts in the quality of life's work. It is the effort to be first class in everything one attempts that conquers the heights of excellence.—O. S. Marden, in Success Magazine.

**How to Plow.**  
 In plowing a field many persons make the mistake of plowing round and round it in the same old way, year after year, until on all sides of the field there forms a ridge or high bank near the fence. The proper way to plow a field is with a back furrow, one side at a time and all around the field.—Country Life in America.

**A WOMAN'S SUFFERINGS.**  
 Weak, Irregular, Backed With Pains—Made Well and 36 Pounds Heavier.  
 Mrs. E. W. Wright, of 172 Main St., Haverhill, Mass., says: "In 1898 I was suffering so with sharp pains in the small of the back and had such frequent dizzy spells that I could scarcely get about the house. The urinary passages were also quite irregular. Monthly periods were so distressing I dreaded their approach. This was my condition for four years. Doan's Kidney Pills helped me right away when I began with them, and three boxes 'cured me permanently.' Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cents per box.

**Mikes of a Kansas Town.**  
 There are eight men in the vicinity of Solomon who are named Mike Sullivan. To distinguish them they are known as: Mike Pete, Mike Bat, Smoky Bat, Prairie Mike, Mike Dan, Corner Mike, Wild Mike, Big Mike, Little Mike.—Kansas City Journal.

**CUTICURA GROWS HAIR**  
 Scalp Cleared of Dandruff and Hair Restored by One Ounce of Cuticura and One Cake of Cuticura Soap.  
 A. W. Lat, of Independence, Va., writing under date of Sept. 15, 1904, says: "I have had falling hair and dandruff for twelve years and could get nothing to help me. Finally I bought one box of Cuticura Ointment and one cake of Cuticura Soap, and they cleared my scalp of the dandruff and stopped the hair falling. Now my hair is growing as well as ever. I highly prize Cuticura Soap as a toilet soap. (Signed) A. W. Lat, Independence, Va."

**Tribute to America.**  
 A Manhattan man returning the other day from a comprehensive European trip remarked to a reporter: "What surprised me most in my tour through Great Britain, and on the Continent especially, was to see the announcement, 'Made in America,' so frequently displayed in retail shops.

"I can remember the time that such a placard, if seen at all, would be considered by the average foreigner as sufficient to condemn the merchandise. Now it is utilized as a trade bait both by little and big concerns, and on a large variety of lines of goods. Let me assure you it makes an American business man feel quite at home." —New York Press.

**Piso's Cure for Consumption** is an infallible medicine for coughs and colds.—W. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900

The population of Bangkok is estimated at 500,000 souls.

**A Better Way.**  
 "My man," said the preacher with the mildewed voice who was going through the prison. "When you get out of here are you going to change your ways?"  
 "Sure," replied the convict safe cracker. "I'm never goin' ter bust anudder safe or tap anudder till in me life."  
 "That's a good resolution my man. Such work don't pay."  
 "Dat's what I wuz thinkin'. I'm goin' inter de insurance business." —Indianapolis Star.

**THE IDEAL WIFE**

Shapes the Destiny of Men—The Influence of a Healthy Woman Cannot Be Overestimated.

Seven-eighths of the men in this world marry a woman because she is beautiful in their eyes—because she has the qualities which inspire admiration, respect and love.  
 There is a beauty in health which is more attractive to men than mere regularity of feature. The influence of women glorious in the possession of perfect physical health upon men and upon the civilization of the world could never be measured. Because of them men have attained the very heights of ambition; because of them even thrones have been established and destroyed.

What a disappointment, then, to see the fair young wife's beauty fading away before a year passes over her head! A sickly, half-dead-and-alive woman, especially when she is the mother of a family, is a damper to all joyousness in the home, and a drag upon her husband.

The cost of a wife's constant illness is a serious drain upon the funds of a household, and too often all the doctoring does no good.  
 If a woman finds her energies are flagging, and that everything tires her, dark shadows appear under her eyes, her sleep is disturbed by horrible dreams; if she has backache, headaches, bearing-down pains, nervousness, whites, irregularities, or depression, she should take means to build her system up at once by a tonic with specific powers, such as Lydia E. Pinkham's Vegetable Compound.

This great remedy for women has done more in the way of restoring health to the women of America than all other medicines put together. It is the safeguard of woman's health.  
 Following we publish, by request, a letter from a young wife.  
 Mrs. Bessie Ainsley of 611 South 10th Street, Tacoma, Wash., writes:

Dear Mrs. Pinkham:—  
 "Ever since my child was born I have suffered, as I hope few women ever have, with inflammation, female weakness, bearing-down pains, backache and wretched headaches. It affected my stomach so that I could not enjoy my meals, and half my time was spent in bed.  
 Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

**W. L. DOUGLAS**  
 \$3.50 & \$3.00 SHOES  
 W. L. Douglas \$4.00 Gilt Edge Lisle cannot be equalled at any price.

**TO CATCH THE MAIL**  
 Veritable Novelty Useful as Ladies Work Basket or Caddy—all Post Paid 35 Cents  
 Hammock Receptacle Co. Boston, Mass.

**DAXTINE TOILET ANTISEPTIC**  
 FOR WOMEN  
 troubled with its peculiar in their sex, used as a douche is marvellously successful. Thoroughly cleanses, kills disease germs, stops discharges, breaks inflammation and local soreness, cures leucorrhoea and nasal catarrh. Daxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES For sale at druggists, 50 cents a box. Trial Box and Book of Instructions Free. THE R. FAYTON COMPANY BOSTON, MASS.

**PISO'S CURE FOR CONSUMPTION**  
 CURES WHERE ALL ELSE FAILS. Sold in time. Sold by druggists.

**Thompson's Eye Water**  
 It relieved my eyes.

**Hobby of Spain's Queen Regent.**  
 The principal hobby of the Queen Regent of Spain is the collecting of playing cards. She possesses a large number of curious packs, many of which have no little historic interest. One set, made of ivory, is believed to have belonged to Prince Eugene, who fought with the great Duke of Marlborough, and to have accompanied him on all his campaigns. Queen Christina also owns some exceedingly rare cards of Egyptian, Arabian, French and Spanish manufacture.—London By-stander.

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Shapes the Destiny of Men—The Influence of a Healthy Woman Cannot Be Overestimated.



"Lydia E. Pinkham's Vegetable Compound made me a well woman, and I feel so grateful that I am glad to write and tell you of my marvelous recovery. It brought me health, new life and vitality."

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Ainsley it will do for every woman who is in poor health and ailing.  
 Its benefits begin when its use begins. It gives strength and vigor from the start, and surely makes sick women well and robust.  
 Remember Lydia E. Pinkham's Vegetable Compound holds the record for the greatest number of actual cures of women's ills. This fact is attested to by the thousands of letters from grateful women which are on file in the Pinkham laboratory. Merit alone can produce such results.  
 Women should remember that a cure for all female diseases actually exists, and that cure is Lydia E. Pinkham's Vegetable Compound. Take no substitute.

If you have symptoms you don't understand write to Mrs. Pinkham, Lynn, Mass., for special advice—it is free and always helpful.

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**PUTNAM FADELESS DYES**

Color more goods brighter and faster colors than any other dye. One tin packages colors dye, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer or we will send postpaid at the package price. Write for free booklet—How to Dye, Bleach and Clean Wool and Cotton. MONROE, DRUG CO., New York, N.Y.