

Some Simple Remedies for Ordinary Colds

I shall not suggest, in this article, any remedies for serious lung or catarrhal affections. I merely wish to make a few suggestions for the cure of those colds which are troublesome, but not sufficiently serious to require the services of a physician. The remedies which I suggest have been tried by me in several cases with immediate and unvarying success.

There are three remedies which I have found will stop a cold in the head, within a few hours. First, there is quinine taken in small doses every four hours throughout the day and night. This is always best when there is a little fever with the cold. To be effective the treatment must be kept up persistently, so that the effect of the quinine is felt for sometime after the cold seems to be cured. Where there is constipation a simple purgative, such as Cascara Sagrada or castor oil, should be administered. Do not give calomel, unless the doctor orders it, as it has a tendency to deplete the system and lower the vitality. As most colds result from low vitality it is evident medicines should be given which increase the strength rather than those that detract from it. A diet of eggs, milk and meat is also an advantage in contending with colds; and also exercise in the open air.

A remedy which is effective but has its drawbacks is sulphur fumes. Place some dull coals from the fire on a shovel, sprinkle sulphur over the coals, managing so that the sulphur smokes and burns with a blue flame but does not burn brightly. As the fumes rise from it, hold the shovel under the nose, that the fumes pass into the nose. Draw up the breath so that the fumes penetrate well into the nose and throat. Repeat this treatment about four times during the first day of the cold, and in the evening, or within four treatments, if they have been taken right, the nose will be clear and the cold stopped. The objection to the method is that it is rather drastic, and it is said the repeated use of the sulphur in this way will destroy the sense of smell. I have not found this to be the case, but have not used the remedy in more than four cases.

To my third remedy I have never heard any objection raised, and as it is so cheap and so easily applied there is no one but may use it. It is this: Every two or three hours saturate a small lawn cloth with kerosene oil, thrust it as far into the nose as possible, and draw up the breath so that the odor penetrates the nasal passages. This will stop the cold in the head and sneezing within the day. If there is a cough, and the air is infected with cold germs saturate woolen cloths with the kerosene and put them about the rooms, and under the nose at night. The odor of kerosene is not very pleasant, but it is pleasanter than a cold, and not so disagreeable to other people as the danger of catching the cold. I imagine spirits of turpentine, applied and used in the same heroic manner would have as good effect, but I have never given it a fair trial, as it is more expensive than the kerosene.

Any of these things will be ineffective if not used as directed. Kerosene applied to the nose one time will do very little good; and one cloth wet in kerosene, and placed in the room will not do much good. To do any good the air must be full of the odor

of the kerosene, and it must be applied to the nose several times on a dripping cloth.—The Southern Cultivator.

Death from Snake Bite.

Gainesville, Fla., Dec. 20.—While hunting 20 miles down the Kissimee river yesterday afternoon H. C. Fountain, a prominent contractor, whose home is here, roused a big rattlesnake and in a fight killed the reptile only a few minutes before it had sunk its fangs into his flesh. With his hunting knife he cut away the poisoned flesh, digging out the wound and when he was found by the two men who were hunting with him was able to hobble with their aid. He reached this place this morning, but died despite all efforts to save him.

Graham Duly Executed.

Concord, N. C., special in Saturday's Observer: Will Graham, a negro who committed criminal assault on Miss Pearl Tucker in the edge of this city on the 13th day of October, paid the penalty for his crime here today on the gallows. Miss Tucker, the 16-year-old victim, is pretty and of respectable family and strong in character. She is the daughter of Daniel E. and Mrs. Emma Webb Tucker.

The horror of the deed is fresh in the minds of all North Carolina, for it will be recalled that the negro had to be kept in the State penitentiary to escape the vengeance of an outraged people.

The old-fashioned way of dosing a weak stomach, or stimulating the Heart or Kidneys is all wrong. Dr. Shoop first pointed out this error. This is why his prescription—Dr. Shoop's Restorative—is directed entirely to the cause of these ailments—the weak inside or controlling nerves. It isn't so difficult, says Dr. Shoop, to strengthen a weak Stomach, Heart, or Kidneys, if one goes at it correctly. Each inside organ has its controlling or inside nerve. When these nerves fail, then those organs must surely falter. These vital truths are leading druggists everywhere to dispense and recommend Dr. Shoop's Restorative. Test it a few days, and see! Improvement will promptly and surely follow. Sold by Funderburk Pharmacy.

Rock Hill Mill Wins Out in Damage Suit.

Rock Hill Herald: Mr. W. J. Cherry won for the Arcade Cotton Mills in this city in the case of Effie Nicholson et al vs Arcade Cotton Mills et al which was begun in Yorkville on Monday and finished on Tuesday. This was an action for damages in the sum of \$20,000 alleged to have been sustained by the plaintiffs by reason of injuries alleged to have been inflicted upon the plaintiff, Effie Nicholson, by the alleged willful and reckless conduct of the agents of defendants in arresting one Starves at the residence of the plaintiffs in Fort Mill in February, 1907. The verdict of the jury was for the defendants. Mr. J. S. Brice was assisted in the trial by Mr. W. J. Cherry, and the plaintiffs were represented by Mr. A. M. Deal, of Columbia, and Messrs. G. W. S. Hart and W. M. Dunlap of the local bar.

National Ginners' Report.

Memphis, Tenn., Dec. 18.—In a statement issued today the National Ginners' association estimates the amount of cotton ginned to December 13 at 11,872,000 bales.

The estimate by States follows: Alabama 1,270,000; Arkansas 843,000; Florida 64,000; Georgia 1,847,000; Louisiana 436,000; Mississippi 1,446,000; Missouri 50,000; North Carolina 624,000; Oklahoma 504,000; South Carolina 1,130,000; Tennessee 300,000; Texas 3,347,000; Virginia and Kentucky 11,000. Total 11,872,000.

A Dangerous Operation.

is the removal of the appendix by a surgeon. No one who takes Dr. King's New Life Pills is ever subjected to this frightful ordeal. They work so quietly you don't feel them. They cure constipation, headache, biliousness and malaria. 25c at J. T. Mackey & Co. and Funderburk Pharmacy.

These Bad Pains

which give you such exquisite suffering, every month, are caused, as you know, by female trouble. Relief seldom or never comes of itself. It is necessary to cure the cause, in order to stop the pains, and this can only be done if you will take a specific, female remedy, that acts directly on the womanly organs.

WINE OF CARDUI

WOMAN'S RELIEF

"Cardui did wonders for me," writes Mrs. H. C. Larson, of Olds, Ia. "I had female trouble for 8 years. I had displacement, which increased my suffering, the doctor could only relieve me at times. Now, I am so much better, I hardly know when my time begins or when it ends."

At All Druggists

WRITE FOR FREE ADVICE, stating age and describing symptoms, to Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn. E 33

Big Storm in New York.

New York, Dec. 19.—New York city is in the grasp of a severe storm today. Every transportation line in the greater city is tied up, railroads are encrusted with snow and sleet and cars are running with difficulty. Ferry boats and all river traffic tied up. The subway is also crippled because of congestion and scenes bordering on riot took place among the people trying to get on the cars.

Every case of backache, weak back, bladder inflammation and rheumatic pains is dangerous if neglected, for such troubles are nearly always due to weak kidneys. Take DeWitt's Kidney and Bladder Pills. They are antiseptic and soothe pain quickly. Insist upon DeWitt's Kidney and Bladder Pills. For weak kidneys and inflammation of the bladder they are unequalled. Regular size 50c. Sold here by J. F. Mackey Co.

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"Fine Words Butter no Parsnips"

We have simply decided to close out our entire line of clothing, and in order to do so, have reduced prices on

GOOD Clothes

that will make them GO.

If you really want to economize now is the time to

"Get Busy"

We have no shoddy goods to offer you.

Prices guaranteed lower than the lowest or your money refunded.



Charles J. Stone & Co. THE HEIGHT OF PERFECTION

Yours truly,

WILLIAMS - HUGHES CO.

FOR MEN WHO CARE TO DRESS WELL

THE Barry Shoe

Of course, Father Time is a little bit too much for any shoe, no matter how well it is made or how worthy the materials may be, but he has a harder task when he tackles a pair of Barry Shoes, Union Made, than he does in disposing of any other shoe we know of. That means that Barry Shoes will wear longer and hold their shape better than any other shoe you ever wore. They are full of Style, as well—handsome, snappy, up-to-date shoes. We recommend them strongly to the "men who care to dress well," and who seek comfort as well as style, and who want the best shoes their money can buy—there are reasons why you personally should wear Barry Shoes—come in and try on the shoes, and some of these reasons will be clear to you—buy and wear them and you will never wear any other kind.

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ABOVE ALL

ONE HALF YOUR LIFE IS SPENT IN SHOES, SO SPEND FOR SHOES WISELY