

THE CLOTHMAKER

Published by and for the employees of
CLINTON and LYDIA Cotton Mills

Clinton, South Carolina

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The publishers of The Clothmaker will welcome items of interest from its readers. Turn them in to your reporters or to the personnel office.

TEXTILE PROFITS

The textile industry as a whole is still not prosperous, but demand is catching up with supply. The population of the United States is growing rapidly and the amount of textile machinery has been decreasing steadily for 35 years. Unless we are flooded with cloth from abroad, 1956 should be a good year.

To show you the sad situation of the textile industry as a whole compared with other industries, the following figures compiled by The Conference Board speak for themselves:

Profits After Taxes Leading Manufacturing Groups	
Aircraft and Parts	27.4
Automobiles, trucks	21.1
Glass Products	21.1
Soap, Cosmetics	14.6
Chemical Products	14.5
All Manufacturing	12.4
Paper	12.2
Machinery	11.6
Building Materials	9.7
Iron and Steel	9.4
APPAREL	5.1
SILK AND RAYON	4.7
HOSIERY, KNIT GOODS	4.2
COTTON GOODS	3.6
WOOLEN GOODS	5.1

442 Year - Old Greeting

I salute you. I am your friend, and my love for you goes deep.

There is nothing I can give you which you have not already; but there is much, very much, which though I cannot give it, you can take.

No heaven can come to us unless our hearts find rest in today. Take heaven. No peace lies in the future which is not hidden in this precious little instant. Take peace.

The gloom of the world is but a shadow. Behind it, yet within our reach, is joy. There is radiance and courage in the darkness could we but see, and to see, we have only to look.

Life is so generous a giver, but we, judging its gifts by their coverings, cast them away as ugly or heavy or hard. Remove the covering, and you will find beneath it a living splendor, woven of love, and wisdom, and power. Welcome it, greet it, and you touch the angel's hand that brings it.

Everything we call a trial, a sorrow, a duty, believe me, that angel's hand is there, the gift is there, and the wonder of an overshadowing Presence.

Our joys, too, be not content with them as joys. They, too, conceal diviner gifts. Life is so full of meaning and purpose, so full of beauty beneath its covering, that you will find earth but cloaks your heaven.

And so, at this season, I greet you, not quite as the world sends greeting, but with profound esteem now and forever.

The days breaks and the shadows flee away.

Written A. D. 1513
FRA ANGELICO

LETTERS TO THE EDITORS



Pfc. Watkins

Gentlemen:

As you know I receive a copy of the CLOTHMAKER every month. I can hardly start to show my gratitude toward you and everyone concerned for this wonderful gift I receive with so much joy and anticipation.

I can only say, "Thank you," for all the pleasant moments the CLOTHMAKER affords me. The people included in the paper are the greatest in the world. Thank everyone so very much.

Pfc. Wm. E. Watkins, Jr.
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It's Just As Easy As This!

Everyone wants to show how good he is—it's a human instinct to try to indicate to the folks around us that we're really "good."

One of the best ways to show how good you really are is by your daily work. The person who does a "top" job in his daily work takes the quickest route to recognition as a first-rate person.

Have you ever seen someone about you who does a rather mediocre job? Usually, when you see such a person sort of "dogging it," your first reaction is to figure that that person doesn't amount to very much.

We are judged by our work. Good work brings us recognition from the folks around us as well as from the company for which we work. Poor work makes us the subject of a lot of uncomplimentary comments by our fellow workers—and certainly doesn't pile up a good record for us with the company.

Have you ever come across a person who at first glance seems "right out of this world"? Then you hear him talk, or see him do a sloppy job—and your whole opinion changes.

So, let's always bear this in mind—the best way to show how good you are is by your daily work. Give it your best!



Gallbladder Is Useful Organ And Warrants Careful Attention

By Dorcas Copeland, R. N.
Lydia Nurse

The gallbladder is an interesting and useful organ. It is a pear shaped, pouch like organ about the size of a hen's egg, located on the right side of the upper abdomen, snug up under the liver and lower margin of the ribs. Bile is formed in the liver and drained down into the gallbladder where it is held in reserve until mealtime. When food is taken into the stomach, the gallbladder spills and empties bile into the intestine, just below the stomach, to aid in the digestion of fats.

A number of diseases may involve the gallbladder. Of these, chronic gallbladder inflammation, or cholelstitis, causes thickening, swelling and congestion of the lining of the gallbladder pouch. This impairs the function of the gallbladder, causing it to fail to empty bile to assist in the digestion of fatty foods.

Gall stones cause severe pain when the stones lodge in the duct which empties the

gallbladder. Either of these conditions may cause jaundice or yellowness of the skin, because when the gall duct becomes blocked and bile cannot drain, it gets into the bloodstream and shows yellow in the skin.

Symptoms of gallbladder disease are pain in the region of the gallbladder, excessive gas in the stomach and belching or jaundice.

Gallbladder inflammation or gall stones may be treated by eating a diet which is low in fatty foods and does not require much bile for digestion. There are drugs which will assist in emptying bile from the gallbladder. When all this fails to give relief, it is best to have an operation by which the gallbladder is removed.

One can get along very well without the gallbladder because bile still drains from the liver to the intestine to assist in digestion even though it isn't held in reserve in the gallbladder. Therefore, one without a gallbladder should still eat a low fat diet to avoid occasional indigestion. The operation does remove all severe pain and indigestion.

Gallbladder disease occurs most frequently in middle and old age and because of the inflammatory process going on under the liver it is a frequent site of cancer. This makes it all more important to have the gallbladder removed and not allow the inflammation to go on too long.



Meet "WINDY BREEZE": — Rumor No. 53651 is about to start the rounds... Rumor spreading is a contagious disease. Its symptoms are a rapidly flapping mouth, a phony confidential know-it-all look... a good antidote for this production killer is:—A DEAF EAR!



THINK BEFORE YOU ACT!

Make Safety

Stick

in

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