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## Weather Forecast

TODAY	THU.	FRI.	SAT.	SUN.
				
High 75 Low 53	High 79 Low 51	High 69 Low 41	High 61 Low 45	High 62 Low 49

## THE SKATING GAME



Juan Blas / THE GAMECOCK

Third-year political science student Steven Sloop takes a break from classes and skates down Heyward street.

## CAROLINA BRIEF

## Public health school finds holes in diet

One of the hottest diet trends focuses on the glycemic index — the measure of how much blood glucose increases within two or three hours of eating. Carbohydrates with a low glycemic index will help people lose weight and reduce their risks for heart disease and diabetes.

But a study by a researcher at the Arnold School of Public Health has found that the glycemic index may not help people determine the foods that people should eat or avoid to improve their health.

The findings, published in the February issue of the British Journal of Nutrition, show that people should exercise caution with the glycemic index diet, said Elizabeth Mayer-Davis, a noted diabetes researcher and the study's lead author.

Some studies show beneficial effects of low glycemic index diets on diabetes or other conditions, and other studies show no effect, Mayer-Davis said.

The basis for the glycemic index is that when a specific carbohydrate is eaten, its effect on the body is consistent among individuals. Therefore, a specific number can be attached to it. Apples, plums and oranges, for example, have a low glycemic index, while french fries, watermelon and dried dates have a high glycemic index.

The limitation of the index, Mayer-Davis said, is that the numbers in the index are based on blood-sugar levels recorded two hours after the ingestion of test foods in a controlled experimental setting and after a person has fasted overnight.

"However, many factors can affect the impact of food on glucose levels in a 'real life' setting, including the length of time that food is cooked, your body's hormones and other foods that are eaten at the same time," she said.

The USC study, funded by the National Institutes of Health and conducted over five years, followed more than 1,000 people at four clinical sites.

## State

## Forestry Commission sells look-out towers

The state is selling a number of towers used to spot forest fires. Six are either up for sale or have been sold in Lexington and Richland counties for prices ranging from \$200 to \$2,000.

The Forestry Commission, which oversees the towers, closed the last one in 1993. Airplanes are now used to look for fires.

The agency once ran as many as 139 towers, ranging from 54 feet to 120 feet high.

Some of the towers included homes for the operators. Frances Mills, 71, and her husband became so attached to the operator's home in Fairfield County that they raised their children in that they bought it for \$1,050 in 1994 and moved it next to their current home in Blackstock.

In a booming South Carolina, the 10 acres of land that typically surrounds the towers are worth much more than what is on them.

Bids closed last week at \$190,000 for a former tower site in Lake Murray and \$58,300 for a site in Gilbert.

## Nation

## Justices show concern for ex-Playboy model

With an oil fortune on the line, former stripper Anna Nicole Smith encountered a sympathetic audience at the Supreme Court on Tuesday.

Several justices said they were concerned that the one-time Playboy Playmate was kept from pursuing a piece of her late husband's fortune.

"It's quite a story," said Justice Stephen Breyer.

Smith married oil tycoon J. Howard Marshall II in 1994 when he was 89 and she was a 26-year-old topless dancer in Texas. Marshall died the following year. His fortune has been estimated at as much as \$1.6 billion.

One of his two sons claims he is the only heir.

Breyer said there was evidence that the son hired private detectives to keep Smith away from her elderly husband's bedside.

Justices repeatedly referred to the amount of money at stake, and criticized arguments that only a Texas court had jurisdiction to settle the nasty family feud.

Smith, the spokeswoman for a diet product company, was awarded \$474 million by a federal bankruptcy judge.

## World

## Prisoners break truce after Kabul jail riot

**KABUL, Afghanistan** — Violence broke a fragile truce at Kabul's main prison Tuesday as rioting inmates tried to push down a gate and police fired on them, killing one and wounding three, officials said.

Outside the jail, women beat the ground as their children wailed, fearful that loved ones in the facility have been killed in the three-day standoff.

At least five inmates have been killed and 41 wounded since the uprising began late Saturday. Police blame some 350 Taliban and al-Qaida detainees for inciting the riot.

The two sides agreed to a truce late Monday, but the deal collapsed 24 hours later over a demand by the authorities that the inmates move to another wing of the lockup, said Abdul Halik, a police commander in the prison.

The inmates refused, saying conditions in the new block were no better than the current one. They then tried to break down a gate leading into a courtyard where hundreds of police and soldiers have taken up positions, he said.

punishments, played the records anyway.

He went on to become one of hip-hop's pioneering disc jockeys of the early 1970s, assembling one of rap's first groups, Grandmaster Flash & the Furious Five, and elevating the role of DJ to an art form with such techniques as cutting, scratching and mixing.

"My contribution is: I was the first DJ to make the turntable an instrument," Flash, who recently lorded over turntables at an official Winter Olympics party in Italy, said with the swagger

central to hip-hop culture.

He spoke Tuesday at an announcement by the Smithsonian Institution's National Museum of American History of its plans to immortalize hip-hop culture in an exhibit. The museum's director, Brent D. Glass, unveiled the museum's collecting initiative, "Hip-Hop Won't Stop: The Beat, The Rhymes, The Life."

"This is truly an historic occasion," Glass said. The project will gather artifacts, oral histories and other multimedia

## CRIME REPORT

MONDAY, FEB. 26

## Larceny of wallet,

7:30 p.m.

BA Building,  
1705 College St.

The victim, 59, said someone removed her wallet from an unsecured location.

Estimated value: \$30

Reporting officer:

C. Taylor

TUESDAY, FEB. 27

## Lost property, 5 p.m.

Graduate Research

Building,  
631 Sumter St.

The complainant, 29,

said she placed her work keys on a sink and when she returned, the keys were missing.

Reporting officer:  
D. DavisMalicious injury  
to real property,  
8:15 a.m.

615 Sumter St.

The complainant, 19, said someone wrote the words "die" and "IOD" on her dorm room door in purple, permanent marker.

Reporting officer:  
N. PeterThirsty in Hong Kong?  
Try 'pantyhose milk tea'  
for smooth, silky taste

Sylvia Hu

THE ASSOCIATED PRESS

**HONG KONG** — The battered menu in the neighborhood eatery includes most of the classic cafe fare: coffee, sodas, buttered buns. But then there's something truly strange for visitors: "pantyhose milk tea."

The intriguingly named brew is so called because it's prepared by repeatedly straining the drink through long, brown filters that look like pantyhose. Making the tea, a traditional and elaborate process, is revered almost as a work of art in this former British colony.

Pantyhose tea is regarded as the smoothest, silkiest version of Hong Kong's favorite drink — creamy milk tea, which is made with evaporated milk and a heavy dose of tea leaves. It's nothing like weak, watered-down English tea.

Creamy tea is of obscure ancestry. Many say it's an Anglo-Chinese child born of the colonialists' national drink and the southern Chinese penchant for strong black tea.

The result, sipped hot or iced at every hour of the day, is so popular that even McDonald's offers a version of it.

But owners of the old-fashioned Chinese cafe Lan Fong Yuen, the shrine for creamy tea fanatics, claim no one does the traditional pantyhose way like they do.

The tiny eatery has sold pantyhose tea to regulars and curious tourists for

more than 50 years, ever since owner Lam Muk-ho stole the method from a chef hailing from China's tea-growing island of Hainan.

From there, Lam, now 80, fine-tuned the recipe with his sons until they found the perfect combination — a "secret" blend of five different teas and evaporated milk.

But the painstaking straining process is the key to velvety tea, said Lam's son, Chun-chung.

Five or six large kettles, each containing a big, finely knit filter stained burnt amber by tea leaves, brew away in a special hut set up outside the shop.

At the first sign of boiling over, a kettle is lifted from the fire, the filter taken out, and the steaming, ruby liquid is poured through the filter into a jug. The strained tea is then immediately poured back into the same filtered kettle and brewed again.

The beverage is ready only after this process has been repeated seven to eight times, said Lam Chun-chung.

"This way, the color is evenly distributed and the tea feels smooth to your throat, like aged wine," he explained. Inferior creamy teas are bitter and astringent, and sometimes leave an unpleasant sour taste in the mouth, he said.

Janet Tsang, a 32-year-old office worker and occasional customer, testified to the difference. "The tea here is much stronger and smoother."

## THIS WEEK USC

## TODAY

Amy Meublauer junior piano recital: 7:30 p.m. School of Music 206

Last Lecture Series — Sanjib R. Mishra "On Mass": 7 p.m. Harper Gressette Room

Zekharyah Wardlaw & Russ Zokaites trombone recital: 6 p.m. School of Music 206

Obesity Forum with U.S. Surgeon Richard Carmona: 12:30 p.m. Law School Auditorium

Student Government Inauguration: 5 p.m. Rutledge Chapel

## Smithsonian museum announces collecting bid for hip-hop exhibit

Marcus Franklin

THE ASSOCIATED PRESS

**NEW YORK** — Standing at a podium, legendary hip-hop artist Grandmaster Flash, a bright orange hoodie sprouting from under his white leather jacket, shared the story of how he fell in love with vinyl records and turntables while growing up in the Bronx.

His father, a railroad worker and serious collector of vinyl records, wouldn't let him go near the closet where he kept them. But young Flash, despite the

components tracing hip-hop's evolution from a Bronx pastime in the 1970s to today's global cultural juggernaut. It's projected to cost as much as \$2 million and take up to five years to finish.

On display on tables at the Manhattan hotel where the announcement was held were items donated by hip-hop pioneers including gangsta rapper-turned-television star Ice-T, MC Lyte, Afrika Bambaataa and DJ Kool Herc. All but Lyte attended the announcement.

Lyte was among the first female rappers to take on hip-hop's misogyny and sexism and was the first to garner a gold single. She donated her diary from 2002. It read, in part, "God provides us with unlimited power to achieve our goals and pushes us beyond what we thought we were capable of."

Flash gave a Technics turntable, which he calls his "war table," a vinyl copy of 1978's "Bustin' Loose Part 1," his trademark black and white customized Kangol hat and a mixer.