THEMIX

Melcome to MACPOWER

Two processors in one chip make new iMacs two to three times faster'

Jeremy Turnage FOR THE GAMECOCK

006 is set to start out with a bang for Apple Computer, as Apple. CEO Steve Jobs announced the initial rollout of the first Intel-based iMac at last week's Macworld Conference & Expo.

In his annual keynote address at the San Franciscobased conference, Jobs touted the power of the new Intel iMacs as "two to three times faster" than the current generation of iMacs with the IBM/Motorola PowerPC processor. Jobs then proceeded to explain to the audience the benchmarks between PowerPC-based iMacs and the Intel-based iMac. The numbers show a considerable difference in power between the two

Many probably wonder what kind of Intel processor has the ability to outperform the PowerPC processor. Intel's new Core Duo

on every new Mac. The Core two years prior at the same Duo processor is actually two processors on one chip. the user? In theory, one processor can be dedicated to running the Mac OS X Tiger operating system, while the other processor can be dedicated to running software. This kind of chip allows for maximum power and ability at all times.

The question on many computer users' minds has been "What does this change do for me?" Computer enthusiasts and analysts wonder, "What does this change do for Apple?"

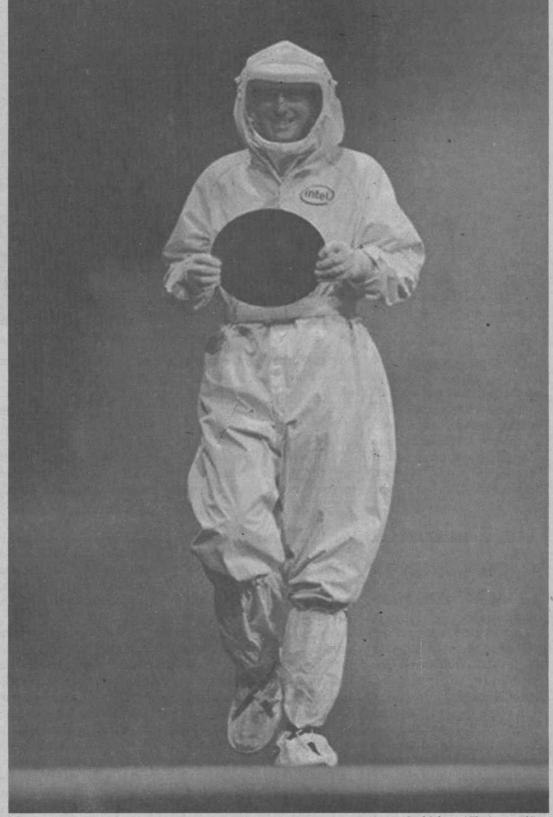
Power has certainly been an issue with Apple for the last several years, as Intel and AMD-based Windows PCs have been burning through Macs in processor numbers. Apple executives were themselves aware of this fact, and viewed it as a thorn in their side.

At last year's Worldwide Developers Conference, Jobs

processor is set to be standard noted the promise he made conference where he said the company would deliver What does this mean for a 3.0GHz G5 computer within 12 months. Those 12 months came and went, but Apple was never able to deliver on that promise. Jobs also noted that the future of PowerPC architecture looked too hazy for Apple, and so the alliance between Intel and Apple was born. Jobs also promised everyone that the roll-out of these new Macs would begin in June 2006. With last week's MacWorld announcement, the new Macs have arrived almost six months earlier than expected.

Apple hopes that users of the new iMac will notice a considerable difference in performance. The new iMac is being released in two different models: a 17inch model with a 1.83GHz Intel Core Duo processor, and a 20-inch Model with

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Paul Sakuma / The Associated Press

Intel Corp. CEO Paul Otellini brings a silicon wafter filled with microprocessors to Apple Computer Inc. CEO Steve Jobs during the MacWorld conference in San Francisco.

Hello, my name is

Isaac Adelman

Third-year music education student

WHAT WAS YOUR MOST EM-BARRASSING MOMENT?

"You can't truly embarrass me."

WHAT ARE YOUR PLANS FOR THE FUTURE?

"I plan on going to graduate school in music education."

WHAT'S YOUR FAVORITE AC-TIVITY OUTSIDE OF CLASS?

"Playing Dungeons and Dragons with my

IF YOU COULD BE A SUPER-HERO, WHAT WOULD YOUR **POWERS AND NAME BE?**

'The SMB, and I would be dead sexy."

IF YOU COULD HAVE ANY ANI-MAL AS A PET, WHAT WOULD

"The lionfish, because it is deadly and beautiful."

DO YOU CURRENTLY WORK ANYWHERE?

Please put away the iPod? Thank you

Alexis Arnone THE MIX EDITOR

it was in an elevator or during a class lecture, the person sitting right next to you has probably done it. In fact, you probably have as well. You're probably doing it right now. You're listening to your iPod while you read this article, aren't you? Well, stop. It's rude. This little "How To" is going to teach you the appropriate occasions to participate in the craze and highlight some of the notso-proper times to have the little buds sticking out of your ears.

The Good:

Walking to class: The walk from the Coliseum up to the Humanities Building can be pretty rough. Battling the crowds and traffic is brutal enough, not to mention

minutes you have between out and pay attention to has seen two classes. But the bright that lecture on the Battle someone doing it. Whether side is that this walk is the of Gettysburg. You can perfect opportunity to stick your earphones in and click on the iPod. Listening to a little Jon Bon Jovi can keep your feet tapping and give you a bit of an energy boost while you're singing out loud to "You Give Love A Bad Name." Don't worry; people probably are staring

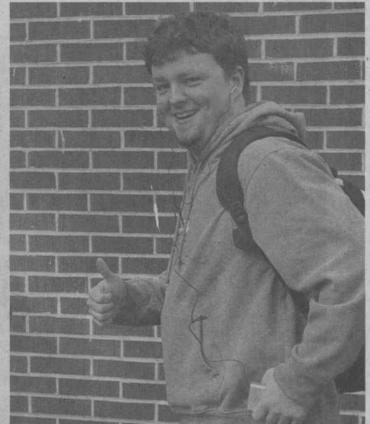
The Bad:

During class: Refraining from listening to your iPod in class should definitely be a no-brainer. Yet look around — we bet someone in your class right now is listening to one. (You have no room to talk; you're reading this article and are meal in solitude while you're probably about to start on the crossword puzzle, if you haven't already.) You go to

trying to make it there class to LEARN, enough in the approximately 15 said. So take the earphones listen to Kanye West's "Gold Digger" later. And if you decide to ignore this rule and listen to your iPod during class anyway, turn it off when a professor asks you to. Never respond with "But I'm paying attention!" or anything of the sort.

The Good:

When you're eating alone: Sitting in the Russell House chowing down on your Taco Bell chicken quesadilla is a great time to memorize the lyrics to Eminem's "When I'm Gone" for your next rap battle. Nobody is going to think you're weird for sitting down to enjoy a nice plugged into your iPod. Go



Good occasions to indulge in your iPod include the daily walk to class, solitary meals and work-outs at the gym.

Japanese energy healing technique gains followers, attention

Julie Deardorff

CHICAGO TRIBUNE

When Katerina Siciliano hosted a spa party for five friends in her cozy Mt. Prospect, Ill., home, she enlivened the event with some unusual guests: a trio of reiki body workers.

To the partygoers, who drank mimosas, nibbled on salmon and received pink goodie bags, the unfamiliar practice of reiki energy work sounded like a mystical form of massage therapy.

Dubious Zaneta Balut, 26, became the first enthusiastic theme was one of relaxation convert when she emerged

from one of the bedrooms looking astonished.

"She barely touched me, but it was like I was holding a weight or someone on my shoulders," Balut told the others, who were gathered around the food in the kitchen. "At the end, I felt like it was all new inside. Everything bad was flowing down through my feet and out my fingertips.'

Or, as Chicago's Grace Gianakopoulos, 35, put it after her treatment, "Wow. I'm so ready for a nap."

Wild and crazy, it wasn't. But like most spa parties, the and self-care. And stress relief is exactly what the on the client's body — or Japanese healing technique of reiki is designed to promote. Reiki, meaning 'universal life energy," is a form of energy transfer from the practitioner to the client. Designed to stimulate the body's own healing ability, its gentle treatments are said to enhance physical, mental and spiritual health and take place with the recipient lying fully clothed on a padded table.

Using the same meridians, or energy channels, as acupuncture, proponents say the reiki practitioner harnesses energy from the

universe, places her hands

slightly above it - and then channels positive and negative energy to or from the client. Some people feel a warm, tingling sensation. Others feel nothing.

Although the Glen-Ellyn, Ill.-based Reiki Council says millions of people in the United States have been exposed to reiki, scientific studies are lacking and the modern medical establishment still scoffs at the notion that energy work can treat disease or even promote relaxation. Reiki's healing effect, many doctors



Paula Battaglio uses a reiki technique on a guest at a party in Mt. Prospect, III.