Scholarship? We do.

Brian Comer Student
Government Scholarship
Awarded to a senior planning to
attend graduate school at USC
who has made a significant
contribution to
the Student Body through
a leadership position.
Applicants must be graduating
by December 31, 2004 and
attending grad school by January
2005.

Freshman Council Marie-Louise Ramsdale Scholarship

Awarded to a freshman who has benefited the Student Body through a leadership position at USC.

Student Body President's Scholarship

Awarded to a student who has benefited the Student Body through a leadership position at USC.

All Scholarships require:

- Minimum GPA of 3.0
- Selection based on scholarship, leadership and service.
- Each applicant must be in good standing with the University

Each scholarship is worth \$500 and will be presented at the USC Award's Day Ceremony.

Applications are available at the Office of Student Government & Student Organizations, Russell House 227. Applications must be completed and returned to Russell House 227 no later than Wednesday, February 18 at 4:00pm. Contact Jamie Higby at 777-3852 or higbyj@gwm.sc.edu with any questions.

Have you been having trouble finding a date? Are you tired of lonely Friday nights? Are dating services just not doing their jobs?

Well checkout what we have for you: an event for University of South Carolina freshmen modeled after MTV's Singled Out

> Date: March 3, 2004 Time: 7 PM Place: RH Ballroom

Applications are available at the Student Government office (across from Einstein Brothers Bagel Company) and are due in the SG office by February 6, 2004 Potential contestants will be contacted for interviews. Prizes will be announced.

TELL YOUR FRIENDS!

Menus lean toward healthy alternatives

BY VINCENT J. SCHODOLSKI

PASADENA, CALIF. — Nancy Woo and her best friend, Amy Chan, pondered the lunchtime menu choices at a local Subway sandwich shop, debating the low-calorie merits of a new turkey-and-bacon wrap against the lure of a meatball sub.

"I want the meatballs, obviously," said the 16-year-old Woo. "Yeah, but the wrap has like

just 200 calories," countered Chan, also 16. "That way we can eat a bag of chips."

The girls chose the wrap, an ap-

parent nod to growing awareness

of America's obesity epidemic as fast-food restaurants trumpet their healthier alternatives. Subway, which has more stores

Subway, which has more stores nationally than McDonald's, has heavily marketed its low-fat and low-carbohydrate fare.

Burger King joined the low-carb trend this month by unveiling new bunless Whopper hamburgers. And McDonald's, based in Oak Brook, Ill., has been more aggressive in marketing its salads and this month began posting calorie, carbohydrate and fat information on its products at its restaurants in New York. Some experts don't think it's wise.

"We live in a toxic food environment," said Madelyn Fernstrom, director of the University of Pittsburgh Medical Center's Weight Management Center. "People are not going to go to a fastfood restaurant to eat healthy food."

Healthier menus "have come and gone," said Mark Godward, president of Strategic Restaurant Engineering, a fast-food industry consulting firm.

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PHOTO COURTESY OF KRT CAMPUS

Fast-food chains are starting to offer low-carb options.

As the federal team overseeing the redesign of the food pyramid considers a different approach that aims to compete with the diet plans, fast-food chains again are introducing healthier menu items such as salads, fruit and sandwiches with lower fat content.

Comments on this story? E-mail gamecockfeatures@gwm.sc.edu

Valentine

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first-year sports management student, admitted that he has put off getting something for his girl-friend, but said it's only because he wants to get the perfect gift. "I don't want to buy the generic roses or the teddy bear ... I want to

buy something that is specific and special to my girlfriend," he said.

Some students, such as secondyear public relations student Hannah Phillips, are beginning to feel stressed by the fast-approaching holiday. "I hate procrastinating," Phillips said, "but I want to do something creative, like cook a special dinner, or get Atlanta Braves tickets ... I really need to figure out what I am doing soon though."

With all of these on-campus gift ideas, you have no excuse not to get your valentine something special. But if you do forget, getting that smoothie from Zia Juice can't hurt. Order one with two straws.

Comments on this story? E-mail gamecockfeatures@gwm.sc.edu

Opera

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ple, adding to the scenes rather than detracting from the already colorful and lively cast. The garret set had a plain interior, illustrating the humble lives of the artists. Yet, the exquisite windows added color to the scenery. The glittery snow falling over the actor's heads in Act III created a sense of wonder. Andrew Mills of the USC Department of Theatre and Dance designed the sets, which were made possible by a large private doubt.

Opera at USC shined in its performance of "La Boheme" Friday. The main characters and chorus exhibited honed voices and acting skills; the orchestra lifted beautiful, provoking music from the orchestra pit; the scenery and lighting was effective and well done–every aspect of "La Boheme" was a delight. Puccini's opera remains a timeless work, indeed.

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Butterfly

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Vulgarity, violence and even nudity are thrown in for no other reason than to cry out for attention. Instead, they succeed in only insulting the viewer's intelligence.

"The Butterfly Effect" is something of a watered-down "Memento," wherein the audience is meant to relentlessly realize new things about the nature of the characters and the situation. But, unlike the fanatically layered "Memento," "Butterfly" is superficial and thus, in gaming terms, has little to no replay value.

"The Butterfly Effect" is an unmanageable, overdone film with one insight — that human beings have an overwhelming desire to fix the unfixable, especially when it comes to guilt and regret. This concept is the only honest thing in this film, and it is so compelling that "The Butterfly Effect" remains, ultimately, watchable.

Comments on this story? E-mail gamecockfeatures@gwm.sc.edu

WEWARINTY Poll!

Got school spirit?

Want to plan the most talked about week of the year?

Then join the 2004 Homecoming Commission

Applications can be picked up Monday February 9th, 2004. in Russell House Suite 227.

Applications due Monday, February 23, 2004 at 5:00 pm.