

EARTH FARE

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Earth Fare is not just a grocery store; it sells other goods such as skin-care products, incense, candles, perfume, diet supplements, and books and videotapes about Yoga.

This shows that "going organic" is a lifestyle about living healthy and being aware of one's well-being.

"My wife and I have been vegetarians since 1993. We decided it was a better way to eat," Homer said.

The healthy living theme is also maintained at Earth Fare, as professional masseuse Carol Goff offers massages on a special chair for one dollar a minute.

What about the wallet? As organic foods are chemical-free, one might think they're cheaper than conventionally grown foods.

But this is not necessarily true. "We pay more money for better quality, in fact," he said.

David Ramsaur, a USC first-year MFA graduate student, hopes prices will go down. "Organic food is the way for the future, ... and if more and

more people buy organic food, the prices will decrease," he said.

The debate is still on for pro or con GEO, or genetically engineered organisms. There are factors other than health involved, such as the economic and political aspects of it.

Yet, popular knowledge and the increasing awareness of stores like Earth Fare seem to indicate organic foods might be present in our every day lives of the future.

The spotlight desk can be reached at gamecockspotlight@hotmail.com.

Group to help seniors at fair

BY ERIN O'NEAL
THE GAMECOCK

Deep within the lower level of the Russell House lies the heart of USC's community service organizations, which offers such opportunities as helping senior citizens at the upcoming South Carolina State Fair.

Coordinator Tim Miller stresses the need for lots of volunteers. "One day, a few hours, but they need a lot of people."

USC's service program staff approaches individual students as well as USC organizations to ask for volunteers to take on projects such as One Shot at the state fair with elderly citizens.

The One Shot program is for those students who don't have time to commit themselves once a week to any particular community service. One Shot promotes participation for one day or a few hours of service activities to help the elderly.

"Some of [the elderly] can't go or need help getting around. This program's goal is to try and match up a student and an elderly citizen so they can learn from each other and have a good time at the fair," Miller said.

"We believe that these people who are seventy, eighty, however many years, have experienced things in life that 20-year-old college students haven't. They have a lot of wisdom and knowledge that we should tap into and learn from," Miller said.

"They don't get much attention, and often times

they're lonely," said freshman business major Bobbie Wofford, who has signed up for One Shot's outreach to Columbia's senior citizens.

"It's a good way to help them out," Wofford said. Miller's hope is that the Office of Community Services and the One Shot program will become resources for organizations to use in finding events of interest and that they will eventually adopt them as their own.

"We'll just keep an ongoing list of all the big events that are coming up for agencies and that the student organizations will just take them and run with them," Miller said.

The One Shot state fair event has been divided into two shifts on one date, Wednesday, Oct. 11. The first runs from 12-2 p.m. and the second from 2-4 p.m. Buses are scheduled to pick up participating students in front of the Russell House on Greene Street at 11:30 a.m. and 1:30 p.m. Students are welcome to stay for both shifts.

The state fair isn't the only option available to students; many One Shot events are being continuously scheduled. Lists of upcoming One Shot events can be found in the Department of Student Life in the lower level of the Russell House.

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Movie Times

Carmike Wynnsong 10
5320 forest drive,
782-8100

Autumn in New York (PG-13) 2:00, 7:30
Bring It On (PG-13) 2:00, 4:30, 7:15, 9:30
The Cell (R) 2:00, 4:30, 7:00, 9:15
Coyote Ugly (PG-13) 1:30, 7:00
God's Army (PG) 4:30, 9:30
Hollow Man (R) 1:00, 4:00, 7:00, 9:30
Nurse Betty (R) 2:00, 4:30, 7:00, 9:15
Scary Movie (R) 1:30, 4:15, 7:00, 9:15
Space Cowboys (PG-13) 1:00, 4:15, 7:00, 9:30
The Watcher (R) 1:30, 4:00, 7:00, 9:15
The Way of the Gun (R) 4:00, 9:15
What Lies Beneath (PG-13) 1:30, 4:00, 7:30

Columbia Mall Cinema 8
7201/802 Two Notch
Road, 788-7664

The Art of War (R) 2:15, 4:50, 7:15, 9:50
Backstage (R) 9:40
Bait (R) 2:10, 4:40, 7:10, 9:45
Bring It On (PG-13) 2:30, 5:20, 7:40, 10:00
Nutty Professor 2 (PG-13) 2:40, 5:10, 7:30
The Original Kings of Comedy (R) 2:00, 4:30, 7:00, 9:30
Turn It Up (R) 3:00, 5:00, 7:20, 9:20
Urban Legends 2 (R) 2:50, 5:30, 7:50, 10:10
The Watcher (R) 2:25, 4:45, 7:05, 9:25

Columbiana Grande Stadium Cinemas
1250 Bower Parkway,
407-9898

Almost Famous (R) 1:30, 2:15, 4:40, 5:05, 7:15, 9:50, 10:15
The Art of War (R) 7:25, 10:05
Bless the Child (R) 1:45, 4:20, 7:20, 9:40
Bring It On (PG-13) 1:15, 3:15, 5:30, 7:45, 10:10
The Cell (R) 1:45, 4:25, 7:10, 9:50
Chicken Run (G) 2:15, 4:10
Coyote Ugly (PG-13) 1:15, 3:30, 5:45, 7:55, 10:05
Highlander: Endgame (R) 1:15, 3:30, 5:30, 7:30, 9:35
Hollow Man (R) 1:25, 4:15, 7:15, 9:50
Nurse Betty (R) 2:00, 4:30, 7:05, 9:30
Saving Grace (R) 2:00, 4:30, 7:15, 9:30
Scary Movie (R) 1:50, 3:45, 6:55, 9:30
Space Cowboys (PG-13) 1:20, 3:50, 6:45, 9:20
The Watcher (R) 1:45, 4:00, 7:30, 9:45

Dutch Square 14
800 Bush River Road,
750-3576

Almost Famous (R) 1:40, 4:10, 7:00, 9:30
The Art of War (R) 7:20, 9:50
Bait (R) 1:50, 4:45, 7:15, 9:45
Bring It On (PG-13) 2:10, 4:30, 7:40, 9:50
The Cell (R) 1:40, 4:10, 7:10, 9:40
Nurse Betty (R) 1:50, 4:30, 7:30, 10:05
Nutty Professor 2 (PG-13) 2:20, 4:50

The Original Kings of Comedy (R) 2:00, 4:40, 7:20, 10:00

Remember the Titans (PG) 1:30, 4:00, 7:00, 9:30

Scary Movie (R) 2:30, 5:00, 7:30, 10:10
Space Cowboys (PG-13) 1:30, 4:20, 7:10, 9:50

Urban Legends 2 (R) 2:00, 4:20, 7:50, 10:00

The Watcher (R) 2:20, 4:40, 7:30, 9:45
What Lies Beneath (PG-13) 1:30, 4:15, 7:00, 9:40

Woman On Top (R) 2:10, 4:50, 7:40, 10:10

Regal Cinema 7
Richland Mall Rooftop,
748-9044

Almost Famous (R) 2:00, 4:30, 7:20, 10:05

The Art of War (R) 1:50, 4:30, 7:10, 10:00

Bait (R) 1:45, 4:40, 7:15, 9:45

The Original Kings of Comedy (R) 1:55, 4:35, 7:10, 9:55
Remember the Titans (PG) 2:05, 4:25, 7:05, 9:50

Saving Grace (R) 2:15, 4:20, 7:00, 9:40

Urban Legends 2 (R) 2:10, 4:15, 7:30, 9:40

Nickelodeon
Main at Pendleton,
254-3433

Winter Sleepers (NR) 3:00, 7:00, 9:15

Carolinian Creed Week 2000
10th Anniversary
October 9th - 14th

Check these out...All Week!

"These Hands Don't Hurt"
Interactive display supporting efforts to end domestic violence
Monday - Friday, 11am - 1:30pm, Greene Street
Sponsored by Sexual Health and Violence Prevention

Creed Week Film Series
Monday - Thursday: Check your WRHA listings!
"The Insider" and "City Hall"
Sponsored by University Housing & RHA

Voice Your Opinion! Message Boards
Student opinions on current campus issues
Monday - Thursday: 8am - 5pm, Russell House, 2nd Floor Lobby
Sponsored by University Housing & Residence Education

Clothing Drive
Donate clothing for the Salvation Army
Monday-Friday, boxes in Residence Hall lobbies
Sponsored by Alpha Phi Omega

Monday

***Creed Week Awareness and Ribbon Campaign**
10am - 2pm, Greene Street, in front of the Russell House
Sponsored by Carolina Student Judicial Council

***Violence in the Movies: Should Filmmakers be Pressured to Lower Violence Levels in Contemporary Films?**
7 - 8pm, Bates House, Bates Social Room
Sponsored by Bates House Hall Government

Tuesday

***"Decorate Halls for the Fall"** - Community Service Project for Christopher Towers Retirement Facility
6 - 8pm, Blue Room, Russell House, next to Golden Spur
Sponsored by Omega Phi Alpha

***"The Birdcage, Gamecock Style"**
8pm, Russell House Ballroom
Sponsored by Carolina Productions and the Bisexual Gay Lesbian Alliance

***Community Media Literacy Series: "Killing Us Softly III"** - Advertising's Image of Women
7:00pm and 9:00pm: Panel discussion following the 7:00pm show Nickelodeon Theatre (corner of Pendleton and Sumter Streets)
Admission is free but a \$5 donation is appreciated!
An ongoing community series organized by the Columbia Film Society, made possible by funds from The Nord Family Foundation, South Carolina Arts Commission which receives support from the National Endowment for the Arts, and the Cultural Council of Richland and Lexington Counties.

Wednesday

***Community Service project at the SC State Fair with Elderly Citizens**
12 - 2pm (pick up at 11:30am) or 2 - 4pm (pick up at 1:30pm), Greene Street, in front of the Russell House
Sponsored by the Office of Community Service Programs

***"Communicating Across Cultures"** - by national speaker Bryant Smith
7pm, Russell House Ballroom
Sponsored by the Residence Hall Association and Hall Governments

Thursday

***Coffee House: Discussing our Differences by Sharing Our Common Experiences**
6 - 7pm, Towers (Moore/Snowden)
Sponsored by the University Housing Diversity Team

***To Lottery or Not to Lottery: An Open Forum**
6pm, ODK/Mortar Board Room, Russell House 3rd Floor
Sponsored by Omicron Delta Kappa

Saturday

***Rally Against Domestic Violence**
8:30 - 11am, meet in Finlay Park and march to State House grounds
Sponsored by Sexual Health and Violence Prevention and Sistercare

Win a free lunch at the Faculty House if you're one of three students spotted wearing your **Creed Week Ribbon!**

SexWars
PLAY THE GAME



Check your local TV listings
www.SexWars.com



Carolinian Creed Week is sponsored by the Carolina Student Judicial Council, University Housing and the Office of Student Judicial Programs. For more information, please contact the Office of Student Judicial Programs.

