

# SPORTS CLUBS

Both the men's and women's soccer clubs are continuing to do well in matches and tournaments. Last weekend, the men's club traveled to Clemson for a 44-team tournament. The club posted victories against Wake Forest, UT-Chattanooga, and Clemson. The club also defeated the likes of Duke, University of New Orleans, and UNC-Charlotte. Prior

to the Clemson tournament, USC hosted a round-robin tournament against Clemson and Moorehouse. USC defeated Clemson 3-1, then shutout Moorehouse 2-0.

The women's club continues to keep pace with the men. During the spring semester, the club posted three wins with just one defeat.

Both teams continue to

look for players with any and all levels of skill. Practices are held throughout the week, with matches being played during the weekend. During the fall semester, the men's club plans on hosting another tournament.

If you are interested in further information about the clubs, contact the Office of Campus Recreation.

## American Karate Club

Are you looking for an activity that combines stretching and cardiovascular exercises, hand and kicking techniques, self-defense, katas, and sparring? The American Karate Club offers all of those and more.

The club is looking for more members to join their collegiate level dojo circuit.

and sport karate circuit tournaments throughout the year.

During the fall semester, the club will be sponsoring a collegiate-level tournament at USC.

If you are interested in joining the American Karate Club, contact the Office of Campus Recreation for further information.

## World Tae Kwon Do Club

The World Tae Kwon Do club utilizes a non-contact, Korean style of Tae Kwon Do separated into three different classes: basics, 3 step, and sparring.

The club does more than just practice regularly. They participate in several

tournaments throughout the year in many locations including the Isle of Palms and Poughkeepsie, NY. Club members continue to do well in the tournaments, and several members were recently invited back to participate in October at a

tournament in Poughkeepsie.

During the summer months, the club will continue to meet regularly, however times were not available. If you would like additional information, contact the Office of Campus Recreation.

## Women's Rugby Club Looking to Form

Are you interested in a 100 percent physical contact sport very similar to football, but without the pads? The women's rugby club is looking to form as a new sports club at USC. The team needs additional members so they may form their own team and compete in tournaments and matches. If the women's rugby club interests you, contact the Office of Campus Recreation.

## Bodybuilding and Fitness Championships

At top, Ms. USC Fitness Champion Ann Hall.

Bottom left, short class winner Jarrod King receives his best poser award from last



Photo by Scott Matthews

year's champion Joe Golob.

Bottom center, middle height class winner Mike Bell.

Bottom right, Greg Thatcher, tall class champion.



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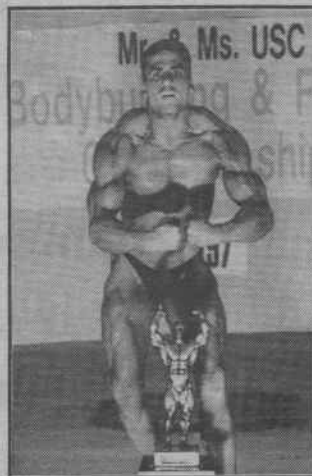


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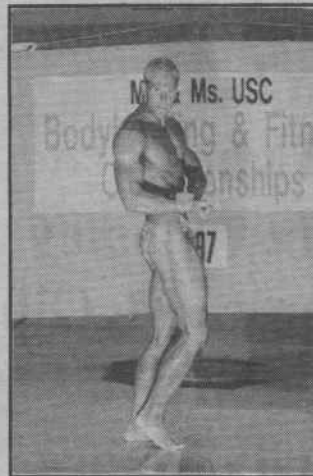


Photo by Scott Matthews

At right, the USC Tae Kwon Do Club members.



Here is something for you to look for during the summer months ahead. On Mondays, Wednesdays, and Fridays, the Seidokan Aikido Club will be practicing in the Booker T. Washington Gym from 5:30 - 6:30 pm.

In Aikido, the members practice blending with attacks to avoid direct conflict. They emphasize non-confrontational techniques using efficient body movements, leading opponents off balance, and

controlled self-protecting rolls out of throws.

Recently, the club sponsored a three day workshop attended by 25 people each day. The workshop was taught by two 6th-degree black belt instructors.

If this club interests you, contact the Office of Campus Recreation for further information. The Seidokan Aikido Club is always looking for new members.