

# The Gamecock

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WEATHER

**TODAY**  
Partly Cloudy  
High 75  
Low 55

**THURSDAY**  
Partly Cloudy  
High 66  
Low 49

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INSIDE

VIEWPOINTS



3

Praise for Congress' new take on Financial Aid is deserved.

ETC.



4

USC students find a pearl in Pearl Jam's Charleston performance.

SPORTS



7

He said, he said. Brad Scott and Bill Curry talk about the 'Cat-Cock game.

South Carolina Happenings

A guide to USC and beyond

STUDENT ORGANIZATION LOTTERY TO BE HELD SOON

The "Lottery" for the Russell House Ballroom and other meeting rooms for Jan. through Aug. 1997 will be held Oct. 10 in RH 218. The first drawing will be at 9 a.m., followed by a second one at 10 a.m. Academic classroom space may not be reserved until Jan. 20, 1997.

CINEMA DU MONDE FILM FESTIVAL CONTINUES

International Programs for Students is continuing its Film Festival, which began in Sept. On Oct. 20, "Mediterraneo" is being shown. On Nov. 3, "When Father Was Away On Business" will be shown. On Nov. 17, "Tampopo" is being shown, and on Dec. 1, "The Fringe Dwellers" will be playing. Admission to the movies is free. All movies will be played at the BA building in room 351 at 7 p.m.

## Depression

There's more to depression than Prozac, Zoloft and Lithium. It's a disease surrounded by myth, yet common to many -- especially students.

WHITNEY BEVILL Staff Writer

On Thursday, mental health professionals from USC's Counseling and Human Development Center will offer students, faculty and staff the chance to learn about depression and to receive a free screening as part of National Depression Screening Day.

The program is free and will be held twice, first from 10 a.m. to noon and again from 2 p.m. to 4 p.m. on the third floor of the Thomson Student Health Center.

Participants will hear a brief talk on the causes, symptoms and treatments of depression and will view a short video. Then individuals will take an anonymous, written screening test and have the opportunity to discuss the results with a mental health professional.

"We hope that this nationwide effort to provide mental health screening for depression will educate the public about the signs and symptoms of depression and encourage those who may be vulnerable to seek evaluation and treatment," Dr. Douglas Jacobs, National Depression Screening Day Project Director, said in a press release.

Depression affects over 17 million Americans each year, according to statistics from the National Institute of Mental Health. However, fewer than half of them actually seek treatment.

According to Dr. Rich Lashley of the counseling center, stress or trouble with friends and family can cause a person to become depressed. A person who suffers from depression may have no motivation to do anything. Life becomes merely a matter of existing, not fully living.

Symptoms include lethargy, changes in appetite and sleep, apathy, loss of concentration and suicidal thoughts.

Lashley said treatment varies for everyone. If a patient goes to a hospital, it can entail a long stay, and they meet other patients with depression. There are group therapy sessions, advocate nurses to listen to whatever patients want to talk about, family counseling, meetings with psychiatrists and group activities such as swimming and bowling.

Zoloft and Prozac are two of the myriad of medications that doctors can prescribe to treat depression. According to the National Institute

of Mental Health, treatment works for about 80 percent of people and helps to regulate moods.

Another alternative is to receive help from a counselor. On campus, psychiatrists and psychologists are available at the Medical School Rehabilitation Center, the Psychological Services Center and the Counseling and Human Development Center.

Some students said they feel like other people are the best treatment.

When freshman Leigh Brandenburg was a junior in high school, her friends helped her through her depression.

"I couldn't have made it without my friends being there to let me know that someone still cared," Brandenburg said.

Brandenburg said giving an ear to a depressed friend is most important.

Other aides include books, poetry, art and "stuffed toys to keep you company," freshman Christy Hartley said.

Both Hartley and Brandenburg said they did not like the medications they took to treat their depressions because they are expensive and did not work immediately. Brandenburg said the medications create a kind of false happiness which can make patients feel like robots.

Though there are treatments, depression is never completely cured.

"It comes and goes in cycles and can be treated with psychotherapy and medications,"



BEN MULDRON The Gamecock

Lashley said.

Brandenburg said she learned that a victim can learn to believe in herself and to appreciate life after seeing how bad it can be, but depressive episodes can be induced by stress or can just come out of the blue.

One 18-year-old depressive said in an essay: "I have chosen to live rather than exist. I no longer fear what lies inside me. Therefore the world is not a mystery, and I have a place to abide. I now realize that you must acquaint yourself with misery to experience true happiness," they said.

"So I look at my unhappiness...I hope to always remember the path-the steps, the storms, the resting places. I have been there before. I will be there again," they said.

## Hispanic History Week continues

ALYSSA SMITH Staff Writer

This week USC is celebrating Hispanic History Week to promote better student understanding of the Hispanic culture in the South Carolina community.

Monday's kick-off activities included music from "Sabrosura" (a WUSC DJ), Latin dances, pinatas, a bake sale, and a Macarena contest. The grand prize for the Macarena contest was a dinner at a local restaurant.

"The first day went very well," said Santos Nunez, a graduate assistant and co-advisor of multi-cultural affairs. "We had a number of students show up."

"There was a large turn out of more than 40 people at the organization fair," said Erika Gutierrez, SALA (Students Associated for Latin

America) provisional vice-president.

"We are expecting a good turnout for the rest of the week and some professors are requiring their students to attend the panel discussion on Thursday," Nunez said.

Although this is the first time that USC has held the Hispanic History Week, the university has already planned to hold it again and students have begun signing up for the committee for next year.

The groups involved in organizing the activities are SEED (Students Educating and Empowering for Diversity), SALA, and the office of Multi-cultural Student Affairs.

Yesterday at 7 p.m. in the Golden Spur, a SALA meeting and mixer was held. Latin dances like the Meringue and Salsa were taught.

Tonight in the Preston Seminar Room at 7

p.m., SEED will be holding a presentation.

The speakers will be SALA president Durley Florez and Gutierrez speaking on student diversity.

Thursday at 7:30 p.m. in the BA Building room 451, there will be a panel discussion on "The Diversity of Latin America."

Michael Scardaville, professor of Latin American Studies, will be leading the discussion. "Hispanic History Week is important because Latin America has been so influential on America," Scardaville said.

Friday at 12:15 p.m. at St. Thomas More Chapel, Father Filemon Juya from Saint John Neuman Catholic church will hold a worship service in Spanish.

Hispanic History Week will last until Oct. 11.



Johanna Benitez, a junior, leads freshman Shawn Lanley in a dance as part of the opening festivities of Hispanic History Week.

NIKKI THORPE The Gamecock

10-7-96

**Larceny of jewelry**, Capstone. Victim reported that unknown persons removed a ring and two bracelets from the secured room. Estimated loss: \$555.

**Larceny of bicycle**, Columbia Hall. Victim reported that unknown persons removed his mountain bike from the above location. Bicycle was secured. Estimated loss: \$700.

**Larceny of textbook**, Earth, Water and Science building. Victim reported that unknown persons removed a library book from the above location. Estimated loss: \$40.

**Autobreaking, larceny of speaker**, S-21 Lot. Victim reported that unknown persons entered his vehicle through the plastic rear window and removed a speaker box. Estimated loss: \$300.

10-6-96

**Larceny of VCR**, McBryde Quad. Victim reported that unknown persons removed a VCR from his unsecured room. Estimated loss: \$150.

**Disorderly conduct**, 1702 Greene St. Reporting officer observed individual walk between two cars on 1700 Greene St. and urinate. When reporting officer came back around to the location, the subject was sitting slumped over in the middle of the sidewalk. Officers approached the subject to determine his well-being, and subject became belligerent. Subject had strong odor of alcohol. Subject was placed under arrest for disorderly conduct. A subsequent search revealed a small bag of green leafy substance on the subject's person. Subject was charged with simple possession of marijuana.

10-5-96

**Autobreaking, larceny of vehicle trip computer**, Williams-Brice Stadium. Victim reported that unknown persons entered his secured vehicle by breaking a door lock and proceeded to remove the car stereo and trip computer. Estimated loss: \$900.

**Autobreaking, larceny of stereo**, Williams-Brice Stadium. Victim reported

that unknown persons knocked out the middle back window of his vehicle and removed the car stereo. Estimated loss: \$110.

10-4-96

**Autobreaking, attempted larceny from vehicle**, Coliseum Lot 2. Victim reported that unknown persons broke out the passenger-side door of his vehicle and rummaged through the glove compartment.

**Autobreaking, larceny of radar detector**, Coliseum Lot 1. Victim reported that unknown persons broke out her driver's-side window and removed a radar detector, several CDs, and a power adapter. Estimated loss: \$160.

**Autobreaking, attempted larceny from vehicle**, Williams-Brice Stadium.



Victim reported that unknown persons broke the passenger-side window of his vehicle and pried open the glove compartment. Nothing was missing at time of report.

**Indecent exposure**, Thomas Cooper Library. Complainant, a USC employee, stated that Walter Kingston, 60, of Batesburg, exposed his genitals to several victims and began masturbating. Victims did not wish to prosecute. Subject was given a Federal Identity Check and told to stay off campus.

10-3-96

**Larceny of bicycle**, Capstone Bike Rack. Victim reported that unknown persons removed his secured bicycle from the location by unknown means.

10-2-96

**Driving under suspension, disregarding traffic signal**, Greene and Main Streets. Reporting officer observed subject disregard a traffic signal at Greene and Main. Subject was stopped at College and Main. A license check revealed that suspect's

license was suspended. Suspect was arrested and transported to Richland County Detention Center.

**Larceny of jacket**, Bates House. Victim reported that he saw suspect running out of his room as he was about to enter. Victim entered room and discovered that a jacket was missing. Several witnesses confirmed identity of suspect. Victim confronted suspect. Suspect stated that she had entered several other rooms but not his. Investigation continues.

10-1-96

**Car fire**, Blossom St. Garage. At 8:10 p.m., complainant entered the USCPD and stated that a car was on fire at the above location. Reporting officer observed flames coming out of the hood of the vehicle on level 3 of the garage. The Columbia Fire Department was notified and they responded. Cause of the fire was unknown. Total damage was approximately \$5500.

- compiled by Luke Robinson