

Midday Munchies

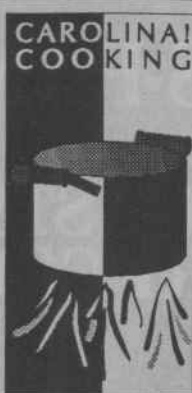
Preparing between-class lunch can be a cinch

By WENDY HUDSON
News Editor

Lunch. Sometimes, the most leisurely meal of the day; more often, though, the least nutritious, hurried meal.

Quick lunches are the norm, not the exception, in the life of a college student. Grabbing a bite between classes, before work or during a study break is what most students do to ward off hunger between breakfast and dinner.

Lately, there have been some complaints that my recipes are getting too difficult for residence hall students. Therefore, today's recipes are simple, can be cooked in a hall oven or stove and stored in a small refrigerator.



Grab a bowl, some tin foil and a spoon and get ready to make some quick lunches.

English Muffin Broils

Ingredients:
English muffins
Mayonnaise
Tomato
Sliced cheese
Bacon

Directions:
Spread mayonnaise on halved English muffins.

Top each half with slice of tomato, cheese and one strip of bacon (folded over to fit on muffin).

Place on tin foil. Set five inches under broiler flame or coil and cook until bacon is done to your liking.

English Muffin Pizzas

Ingredients:
4 English Muffins, cut in half
1 8-ounce can tomato sauce
8 slices mozzarella cheese

Thin slices of any of the following:
onion, bell pepper, mushrooms,

olives, peperoni, anchovies, salami

Directions:
Preheat oven to 350 degrees.
Spread each English muffin half with tomato sauce.

Add slices of any combinations from above ingredients. End with cheese on top.

Place on foil in 350 degree oven until hot and cheese melts.

Greek Pita Bread Filling

Ingredients:
1/2 3-ounce package cream cheese
1 spoonful sour cream
Shredded lettuce

Tomato, thinly sliced
Chopped black olives, spoonful Feta or Ricotta cheese, two spoon-

fuls
Sliced banana

Directions:
Combine in a small bowl the cream cheese and sour cream and spread in the pita bread pocket. Then, fill the pocket with the rest of the ingredients.

Foxx traps latest asset: making music

By College Press Service

Some successful entertainers have interesting stories to tell of how they began their careers, and Jamie Foxx, a popular stand-up comedian and one of the resident zanies on "In Living Color," is one of them.

He was at the Comedy Act Theater in Los Angeles with a bunch of friends when one dared him to get onstage during an open microphone night.

"That's a true story," Foxx said. "It was my birthday, Dec. 13, and I'd just turned 21. My friend just dared me to go on. I'd always wanted to try it. So I went up and did some different impersonations, like Cosby."

Foxx slips into dead-on Cosby mode for a moment — something about Jell-O — before he returns to the story.

"Someone saw me and said I might be pretty good at comedy," he said. "A year after that, when I turned 22, I got serious about it, got a lot of hype

going, did a lot of shows. And the next thing, things started happening for me."

Foxx was soon packing them in at the country's major comedy clubs, not to mention colleges and any other venues where he could land a gig. Audiences howled at what he calls his "blockhead combat comedy on the insane tip."

And just what is that?

"I take everything that is going on in society and put a twist on it to make it funny," he said. "Being able to talk about any issue is a true sign of somebody who can really bring comedy right to you."

Having achieved success in stand up, Foxx wanted more. Soon he was on Fox Television's cutting-edge comedy show "In Living Color," sharing the screen with Keenan Ivory Wayans, Jim Carrey and David Alan Grier. Now in his third year, Foxx is the man behind such diverse characters as Wan-

da the ugly woman and toothless boxer Carl "The Truth" Williams.

"It's a good group to work with because some of them have been doing this longer than I have, so I get to learn from them," he said. "It's all about learning."

Foxx received a music scholarship to the U.S. International University in San Diego to study classical piano. He stayed only a short time. Now, Foxx is parlaying his fame into the chance to once again make music.

An album of rhythm and blues ballads called "Peet This" is in record stores now.

With all his projects, Foxx is a busy man.

"It's so much fun for me now," he said. "I don't want to miss any opportunities. That's why I do so much. I want to strike while I'm hot...I want to work as hard as I can while I can. Then, when I can't, I'll hopefully retire with a lot of money in the bank."

In the name of a worthwhile film

Irish writer/director Jim Sheridan came on the scene several years ago, and out of nowhere he and actor Daniel Day-Lewis were nominated for an Oscar for "My Left Foot," an unlikely story about a writer with cerebral palsy who becomes an Irish hero.

Sheridan followed his critical success with another personal film, "The Field," which garnered seasoned actor Richard Harris an Oscar nomination as well.

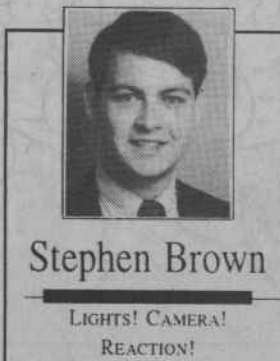
The gifted director is back on familiar territory, collaborating again with Day-Lewis in another personal film set in Ireland. "In the Name of the Father" tells the story of real-life political activist Gerry Conlon, who is unfairly imprisoned along with his father, Giuseppe (Peter Postlethwaite).

It's a dark story, ultimately rewarding for its exploration of the family relationship, the justice system and the triumph of the human spirit.

Gerry is a young thief from Belfast who has no particular mission in life. This is certainly a stretch for Day-Lewis, whose characters have always been so incredibly driven.

Content with his music and exciting escapades, Gerry has no clue as to what lies in store when he happens to be in London during 1974 when the Irish Republican Army's terrorist acts leave rioting and paranoia in the street.

At the wrong place at the wrong time, the scruffy rebel is arrested for



Stephen Brown

a crime he didn't commit and ironically finds himself in prison with his estranged father. The son matures during his grueling time of incarceration, becoming more fully aware for the wear.

Sheridan has a trademark style that helps make a standard penitentiary drama become a larger symbol of life as a prison. He's a master of carefully shading characters to progressively reveal their goodness and pride. Even the choice of U2's Bono to provide the opening song, "(You've Made Me) The Thief of Your Heart," helps complete the mood Sheridan has set with the landscape and characters.

Behind the bars, which separate injustice and ultimate truth, Gerry and his failing father come to grips with their relationship. Gerry, who has never felt worthy of his father's love, and Giuseppe, whose unexpressed love for his son has manifested only in bitterness, come to terms with making the time they

have left matter as they fight together for the truth.

Emma Thompson turns in a solid, albeit brief, performance as the English lawyer who reopens their case. The film's final chapter seems a little more flimsy that it should; it relies on too many overused courtroom scene conventions.

Sheridan handles what could have been an Oliver Stone-style glimpse into the corrupt government with expert pacing, using human drama to temper the film's tendency to become too political. He shows how the machinery of injustice takes its course, eating away at human targets.

Once again, Daniel Day-Lewis proves to be one of our most absorbing modern-day actors, delivering every line as the victim and hero with gut-wrenching passion. He's recently provided the one-two punch of holding his emotions inside as the meticulous Newland Archer in "Age of Innocence" and speaking his mind throughly as the young rebel who joins in the insurrection behind bars in "Father."

Sheridan takes the conspiracy film genre, sure to include such fare as "All the President's Men" and "A World Apart," to an entirely new level by showing the humanity of the situation. When these men are held prisoners of a police state and simultaneously written so well as characters, the audience can't help but find their story compelling and rewarding.

What's Up?

"Bull Bait Gaucho," an original experimental theater performance by local musicians One3Four, is an abstract interpretation of Sir Richard Francis Burton's journey to Mecca.

One3Four has assembled members of USC's Puppet Regime along with local actors to implement the show. Featured performers will include Maria Melekos, Peter Thomason and Monica Wyche.

The show will be held from Feb. 23-March 2 in Benson Theater. Tickets are \$3 for students and \$5 for everyone else.

For additional information, call James Carmine at 252-3385.

If you're into swing and dancing, join Tony Torre and the Tony Torre Orchestra at the following monthly events.

The Orchestra performs the second Tuesday of each month from 3 p.m. to 6 p.m. at the Big Apple, 1000 Hampton Street, behind the Richland County Library. Tickets are \$4 for senior citizens and \$5 for everyone else.

The orchestra performs live on WSCQ Morning Show the second Saturday of each month from 9 a.m. to 11 a.m. at the Western Steer on St. Andrews Road.

At each performance, the Tony Torre Orchestra accepts food donations for Harvest Hope Food Bank.

For more information or tickets call, 699-1957 or 252-7742.

In the midst of a critical nationwide blood shortage, USC is offering to support the Midlands community by

hosting monthly blood drives at Thomson Student Health Center.

Beginning Thursday, Feb. 24, the health center in conjunction with the American Red Cross will sponsor blood drives from 11 a.m. to 3 p.m. the last Thursday of each month in the physical therapy center on the second floor.

Students, who must be 17 and weigh at least 100 pounds to meet health criteria, are allowed to donate blood every 56 days.

The many spectacular waterfowl that can be found in the Palmetto State are the subjects of an exciting exhibition of original duck stamp art at the State Museum.

The paintings were donated to the museum by the S.C. Migratory Waterfowls Committee and are part of the exhibit "South Carolina Connections: Art, Fine and Decorative."

For more information about the exhibition, call the museum at 737-4921.

A new poetry magazine, the Poet's Pen, will soon appear in Columbia. Each issue will feature about 160 poets.

Poet's Pen is looking for amateur writers to contribute. However, the magazine can't afford to pay for poems.

Anyone who would like more information should contact Poet's Pen, P.O. Box 3430 Station C., Ottawa, Ontario, Canada K1Y 4J6.

Please enclose a self-addressed, stamped envelope to help cover the

mailing and correspondence costs.

Riverbanks Zoo will continue to offer free admission Fridays through the end of February.

Special zoo features such as the birdhouse rainstorm, penguin and sea lion feedings and the milking demonstration at Riverbanks Farm are held daily on schedule regardless of the weather.

Riverbanks Zoo is open from 9 a.m. until 5 p.m. daily. The admissions gate closes at 4 p.m.

For more information, call the zoo at 779-8730 or 779-8717.

The National Library of Poetry has announced that \$12,000 in prizes will be awarded this year to more than 250 poets in the North American Open Poetry Contest. The deadline for the contest is March 31. The contest, which is open to anyone, doesn't have an entry fee.

Any poet, whether published or not, can be a winner. Every poem entered has a chance to be published in a deluxe, hardbound anthology.

To enter, send one original poem, any subject and style, to The National Library of Poetry, 11419 Cronridge Dr., P.O. Box 704-YD, Owings Mills, MD 21117. The poem should be no more than 20 lines, and the poet's name and address should appear at the top of the page. Entries must be postmarked by March 31. A new contest opens April 1.

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