

ACCENTS

A Schwarzenegger Visit: Arnold Schwarzenegger preached the message of physical fitness to high school students and legislators Wednesday in a quick tour through Columbia.

"I am the Terminator, and I am here to terminate all the couch potatoes," the actor told an audience at the Statehouse.

Schwarzenegger's visit brought more security than usual to the Statehouse. Several lawmakers also brought their young children with them to see the movie star.

Earlier, he visited Spring Valley High School where about 4,000 spectators came to see the star at the school stadium, despite spring break. Schwarzenegger urged students to exercise and said school officials should keep their gymnasiums open longer so the students have the opportunity to use them.

Schwarzenegger, chairman of the President's Council on Physical Fitness and Sports, said lawmakers should push for daily physical education for all students.

"We see our children getting fatter, more out of shape, slower and sicker," the film star told the S.C. House of Representatives in a five-minute speech.

He also said vending machines that sell junk food should be banned from schools.



Paula Abdul and Color Me Badd At The Paladium:

The Paladium amphitheater at Carowinds has added Paula Abdul and Color Me Badd to its 1992 concert schedule. They will play there at 8:30 p.m. Saturday, May 16.

Paula Abdul is on her way to becoming a legend in the music industry. She made history with her debut album, "Forever Your Girl," when it earned worldwide sales of more than 10 million. "Spellbound," Abdul's latest album, has once again rocketed up the charts. Singles from the album that have made impressive showings on Billboard's 100 Singles Chart include "Vibeology," "Will You Marry Me," and "Rush Rush."

The Color Me Badd phenomenon has brought four young singers from obscurity to superstardom with mega hits such as "Thinkin' Back," "All 4 Love" and "I Wanna Sex You Up."

Tickets for the concert can be purchased at Ticketmaster ticket centers, at the Paladium box office on Carowinds operating days or by calling (704) 522-6500 to charge by phone.

State Museum Shows Doolittle Film: "Count Me In,"

a documentary about the exploits of the Doolittle Raiders, will be shown at 1:30 p.m. and at 3:15 p.m. on Saturday and Sunday at the South Carolina State Museum.

The Raiders were the first Americans to bomb mainland Japan after the attack on Pearl Harbor on Dec. 7, 1941. The film, prepared for the Airmen Memorial Museum, will examine their mission and their thoughts about it many years later.

About 35 of the 80 men who participated in the raid will hold a reunion in Columbia the week of April 13. The festivities will culminate with a ceremony at the State Museum at 11 a.m. on April 18, the anniversary of the attack.

Advice To Freshmen:

- The following are phrases you should NOT start a term paper with:
- Once Upon a Time.
 - From the files of Kappa Gamma Fraternity.
 - Here's your stupid term paper already ...
 - Elvis' brain is alive and in the care of space aliens.
 - Guns 'n' Roses are so totally cool.
 - Pee Wee Herman is smarter than Plato because ...
 - Right now I am so wasted I could puke.

From the book "No Exit" by Erik Andresen.

TANNING!



Virginia Marshall/The Gamecock

Sunbathers atop Columbia Hall enjoy the warm weather. Doctors have warned that tanning isn't completely safe.

By SHANNON BAYNHAM Staff Writer

Cases of skin cancer and premature wrinkling because of over-exposure to ultraviolet radiation are on the rise, according to cancer studies.

Unfortunately, so are the number of USC students who lie in a direct source of the rays, a tanning bed.

From early spring to late fall, tanning salons have their greatest number of customers, who pay \$3 to \$7 a visit to darken the color of their skin.

"I feel like the cost is worth it to me. I feel more attractive when I have a tan," Alyson Ellis, a pharmacy senior, said.

"I'm aware of the damage that comes from prolonged exposure to ultraviolet rays, but I'm not really worried about skin cancer or premature aging," Ellis said.

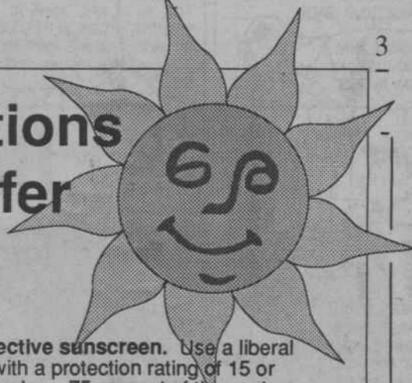
Jennifer Derrick works at Tan Easy tanning salon on Knox Abbot Drive, and has had to take classes about the health threats of UVR damage. Customers are allowed a total of 22 minutes in a bed every 24 hours, and they are required to wear sun goggles to protect their eyes from temporary blindness or cataract development.

"It's a quick, cheap way to look healthy," Andy Hill, a part-time worker at Columbia Tan Spa Inc. on Greene Street and a senior at USC, said.

"I think college students are very busy, and they don't have time to lay out, but would like to have a tan, so they come here," Hill said.

Despite the fact that some students feel healthier with a tan, Dr. Terry King, associate director for Clinical Affairs at the Thom-

Precautions for a safer tan:



- 1. Use a highly protective sunscreen.** Use a liberal amount of sunscreen with a protection rating of 15 or higher. Even on cloudy days, 75 percent of the sun's rays can reach you.
- 2. Avoid tanning from 10 a.m. to 3 p.m.** Ultraviolet rays are strongest between these hours.
- 3. Cover up.** Wear shirts and hats to protect your skin and ultraviolet-blocking sunglasses to protect your eyes.
- 4. Know your risk factor.** If you have red or blond hair, blue, green or hazel eyes and fair skin, your risk of developing skin cancer is much higher. Also, if you have a parent or sibling with skin cancer, your risk is greater.
- 5. Look for warning signals.** If you notice any unusual skin changes, such as the size or color of a mole, or a change in the appearance of a bump or nodule, see your doctor.

Source: United Way

Kristin Buehlman/The Gamecock

son Student Health Center, warns that tanning is inherently dangerous.

"Anyone out in the sun for any length of time should use a sunscreen with at least a 15 spf (sun protection factor)," King said.

Contrary to popular belief, tanning in a booth is no safer than tanning outside.

There is, in fact, no safe way to tan, King said.

"A bad sunburn can cause nausea, vomiting and other physical ills," King said. "And there is no treatment except for regular painkillers and cool baths."

"The only treatment is avoidance," he said.

Columbia Tan Spa's new owner researched the effects of UVR and tries to take precautions for his customers.

"He's big on not letting people

in for too long. We regulate their time in the booth from the front desk, and if we see they're getting burned or too much sun, we'll restrain them from going in for a while," Hill said.

Hill had not heard of any reports of skin damage at the salon.

Most students desire a tan, but there are some who are not willing to get one from a tanning booth.

"I don't go to tanning salons because they're fake," freshman Sarah Wilhite said.

Tanning salons near campus cater to a college clientele and plan to for a number of years.

But cancer reports are stating a culture swing back to pale and prettier days as people become more aware of UVR damage.

Assistant Carolina! Editor Lee Clontz contributed to this article.

Just a preacher's kid

Professor's congregation filled with USC students

By LORI RUSSELL USC News Writer

Alonzo Johnson refers to himself as a somewhat typical preacher's kid who grew up under a strong, black religious influence.

Johnson began to follow his father's footsteps, but it was a passion for teaching that eventually wooed the preacher's son down a scholarly path to USC.

Today, pages of handwritten notes on a lectern in front of a chalkboard replace the Bible and pulpit. And his congregation is an inquisitive group of USC students who fill the desk-lined rows of a lecture hall.

Students say Johnson creates an atmosphere in his classroom conducive to spirited exchanges about religious ideas.

"Very few preachers elicit responses to what they say. They say it, wipe the sweat off their brow, and if the church accepts it, fine. And if the church doesn't, you move on," Johnson said.

"But for me, the classroom is alive and a



place where you have an opportunity to give birth to a creative idea, and I take that seriously.

"I can see a glimmer in students' eyes as they begin to grasp something they've never thought about before or think differently about," he said. "That's immediate gratification that keeps me excited professionally and I can't get from the pulpit."

Johnson, an ordained Pentecostal minister, is quick to point out that he does love church ministry and still wears his pastoral shoes.

Johnson's infatuation with the classroom became apparent at his alma mater, Claflin College in Orangeburg, where he taught for one year after earning his doctorate in 1990 from Union Theological Seminary in New York. And by the time he completed four years as a teacher at Benedict College, he knew he had found his true love.

This past fall, he joined USC's religious studies faculty where he continues to do what he loves best, teaching several classes including "The African-American Religious Experience."

In this class, students explore the rich heritage of African Americans and their religious experience. While the scope of the course is national, much of its focus is on Southern people and issues.

With his students, Johnson fleshes out such themes as slave religion in the antebellum South and the Africanisms that it retained, the independent black church movement and civil rights and black theology.

He emphasizes the Christian tradition, but also pays attention to a growing pluralism taking place in the African-American community. This summer he will teach a course in black theology at Lutheran Theological Southern Seminary in Columbia.

Johnson plans to continue as a teacher of religious studies, formally or informally, as long as there is a demand for religious knowledge, he says.

"That will be a long time because religion is the driving force of society. Most of the students we teach are looking for some meaning, looking to be re-affirmed or for general interest. It's not because they are religious study majors."

More than anything, Johnson wants his students to leave his class with a thirst to know more and the motivation to quench that thirst.

"And, I want them to know that I care, that I love this work and I see teaching as my instrument of service. Because there were people who cared that influenced my life — preachers, teachers — I stayed in school. Now I'm giving back."

JAZZ FESTIVAL VI: Koger event features Grammy winner

From Staff Reports

The sounds of jazz, swing and big band music will fill the air April 23 and 24 during the University of South Carolina's Stellar Jazz Festival VI at the Koger Center.

The festival's main event is a 7:30 p.m. concert April 24 featuring guest artist Bill Holman, one of the nation's foremost jazz composers, and two USC jazz ensembles.

Tickets to the concert are \$8 for

the public and \$5 for students. They are available at the Carolina Coliseum Box Office. To order by phone, call 777-SCAT. For more information, call 777-5111.

Holman also will lead a jazz clinic for musicians at 7 p.m. April 23 in the Koger Center's small rehearsal room. Cost is \$3 for the public. There is no charge for USC students, faculty and staff. To register, call the USC Band Hall at 777-4278.

A seven-time Grammy nominee,

Holman has written music for some of the biggest names in the business, including Count Basie, the Fifth Dimension, Doc Severinsen, Sarah Vaughn, Buddy Rich and Natalie Cole.

In 1987, Holman won a Grammy for "Best Instrumental Arrangement" for "Take the A Train" by Severinsen and the Tonight Show Orchestra, and in 1989 Holman was voted best arranger by the Jazz Times readers' poll.

Holman also is an accomplished tenor saxophonist and clarinetist and has recorded several albums of big band music.

"Bill Holman is a very well-known and respected artist and composer. Every fourth song you hear by the 'Tonight Show' band is probably a Holman tune," said Roger Pemberton, USC's jazz-artist-in-residence and director of jazz studies.

The festival is sponsored by USC and Pecknel Music.

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