

TIME MANAGEMENT:

ASAP program offers students solutions

By JACK DUNN

Staff Writer

As we return for the fall semester, many students who work full or part time may find it difficult to organize their time between classes and involvement in other student activities.

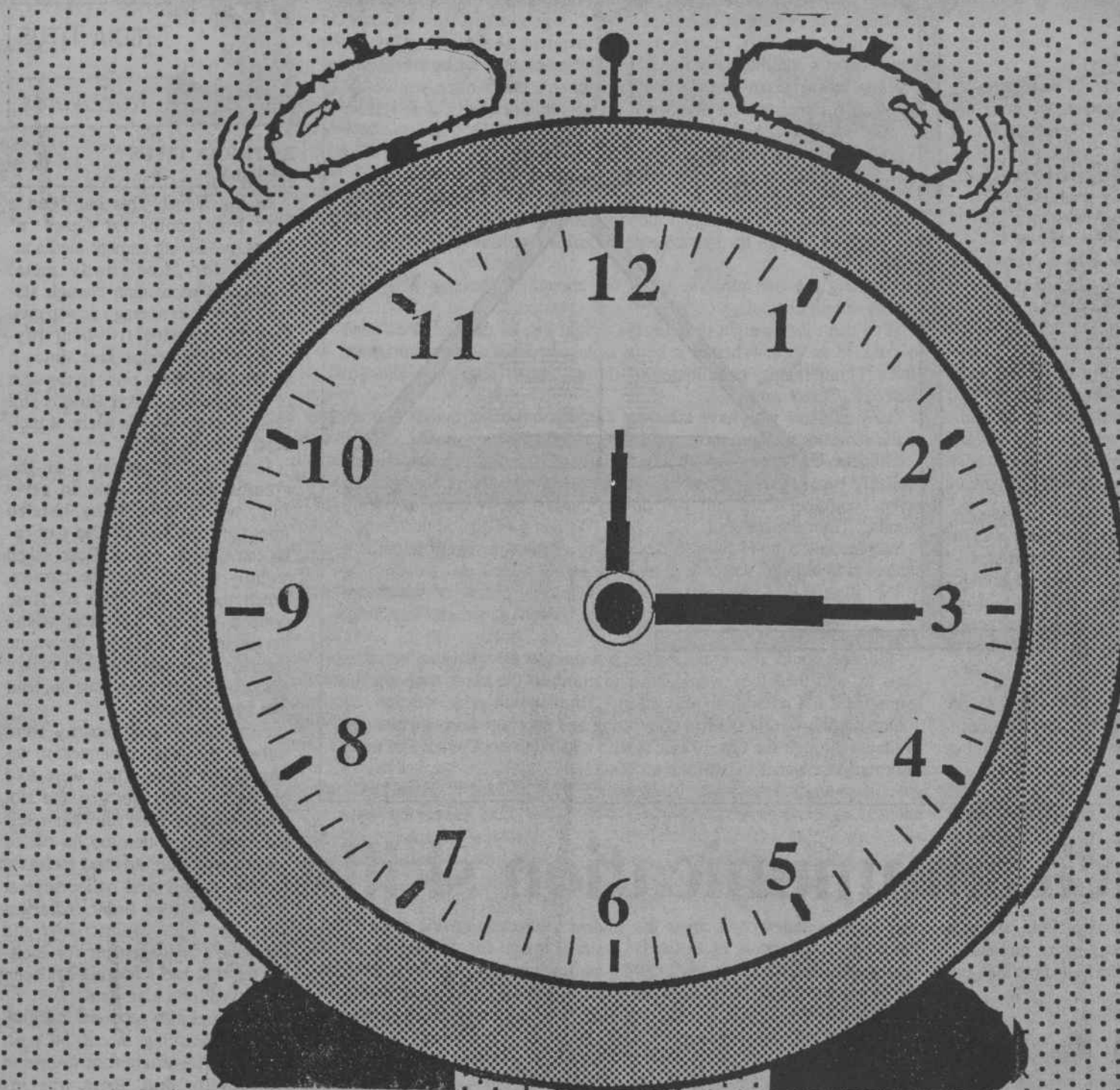
"It's a challenge to get people interested in becoming more involved," said Dr. Mary Jane Drane, director of the Academic Skills Assessment Program.

A great number of students work full or part time out of economic necessity. Here the Academic Skills Assessment Program can help, and Drane has some tips for students who work, have a full class schedule and also want to become more involved in student activities.

First, students need to keep things balanced. Working full time and being a full-time student is not advised. Twenty hours a week is probably the maximum time a student can work and carry a full schedule. A work/study job would be the optimum choice, possibly even improving a student's grades, allowing extra money to be earned without interfering with study time.

Second, scheduling and planning activities is important for the busy student. It is important to prioritize activities according to both long-term and short-term plans. Day to day goals should be used to include all activities that need to be done within the course of the week.

"I cannot stress enough how much importance the business community puts on time management. Students can easily do this by picking up *The Mortar Board* at one of the student book stores," Drane said.



Kendrick Adams/The Gamecock

Finally, take a time inventory of your study habits. Take a look at what you're doing every couple of days, and analyze the time utilized. Look at your time and decide whether it is balanced between all activities. Every opportunity should be taken to take advantage of free time.

"Everybody says keep things balanced in planning a schedule and allowing for free time, but nevertheless, this remains true," Drane said.

The Academic Skills Assessment Program is a valuable resource at the disposal of all the students on and off campus. The problem is most students either are not aware, or do not make the effort to make use of the program's services. ASAP can help students make better use of their study time, thereby allowing the student to become more involved in extra-curricular activities.

ASAP offers a wide range of services including time management, speed reading and comprehension, test preparation and test-taking skills, note-taking and listening, vocabulary development, memory improvement, textbook mastery, Education Entrance Exam (EEE) and Graduate Record Exam (GRE) preparation.

"Our program is geared towards helping students prioritize and schedule activities in a way that is balanced and doesn't interfere with an individual's academic achievement," Drane said.

ASAP is located at 1625 College Street in the Educational Support Building across from Gambrell Hall. Its hours are from 8:30 a.m. to 5 p.m., Monday through Friday. Students may stop for an appointment or call 777-6573.

Communication

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is passiveness," she said. "Business people need to be assertive." This seminar is designed to teach students proper business etiquette, body language and interview behavior.

Nwankudu formed the program after much research because of her confusion after graduation. "The program is an offspring of the frustration I had due to my inability to secure a job after graduation

from college. While I was a student, I had thought that my degrees and good grades would be a passport into the professional world. However, I later discovered that my degrees met only half of the entrance requirements to the corporate world," she said.

Senior Kimberly Pillow, who

participated in the program this past semester, said "the program was very informative and beneficial. All types of people can benefit from it."

The cost of the program, which is currently being prepared for implementation at two schools, is \$50 per individual session, or \$150 for all four. Nwankudu is hoping to

branch across the state, and ultimately, nationwide with the program. She eventually would like to develop a full-fledged textbook to be used in conjunction with the program, which also can be tailored for business.

Nwankudu is hoping she can help students avoid the problems

she went through after college. "I went to many seminars after graduation to improve my professional skills, and I kept asking myself, 'Why don't all students get these skills?'"

Her office can be contacted at 765-9704.

Rocknotes

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Meanwhile, Rose was also given a large part of the blame for the repeated changes in the release date of the two new Guns 'n' Roses albums, which now stands at mid-October. Rose attributed the changes to his being a perfectionist and to wishful thinking on the part of record company executives in determining the original dates.

Other Unrelated News, Skid Row's Sebastian Bach finally admitted the truth of a rumor that has circulated the music industry ever since the band signed to a major contract: that he has a 3-year-old son. Bach stated that at the time his management and record company had thought it would be a

major image problem for Bach and the band if it were widely known that Bach had a young son.

Three-year-old Paris Francis is the son of Bach's long-time girlfriend Maria. Bach also stated firmly that he has no plans to marry now that the news is out, saying that at 23 he is too young.

David Bowie is at the center of a censorship controversy. It seems the cover of the new album *Tin Machine* by Bowie's band is offensive to quite a few record industry heads. The cover features a classical Greek sculpture of a nude male. The offensive areas will be airbrushed out for U.S. release, while the original cover will ap-

pear in all other countries.

Fans lined up for hours to get tickets to one of the hottest things to hit Madison Square Gardens in years, but it wasn't a concert they were going to see. Instead it was a sneak preview listening party of thrash metal gods Metallica's new self-titled album. Listening parties are usually only held for record company executives to hear their new product, but Metallica decided to try a new twist on the old idea and filled the Garden with fans. While the band was prohibited from playing live, against the hopes of fans and of the band themselves, the party was considered a great success.

You could take a long shower everyday with the water you might waste by letting the tap run while you shave and brush your teeth. TURN IT OFF!

Message by Students Allied for a Greener Earth

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For more information, call or stop by the Office of Community Service Programs, 777-5780, Campus Activities Center, Lower Level, Russell House.



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