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NATIONAL BISCUIT COMPANY

A HUMBLE HEROINE.

Mother Mary Teresa and the Cross of the Legion of Honor.

Some years ago in a city in France all the soldiers were drawn up on the plaza. A woman in the habit of charity was called out in front of the governor general, and this is what he said: "Mother Mary Teresa, when you were twenty years of age you received a wound from a cannon ball while assisting one of the wounded on the field at Balaklava. In 1859 the shell from a mitrailleuse laid you prostrate in the front ranks on the battlefield of Magenta. Since then you have been in Syria, in China and in Mexico, and if you were not wounded it was not because you have not exposed yourself. "In 1870 you were taken up in Reischaffen covered with many saber wounds. Such deeds of heroism you crowned a few weeks ago with one of the most heroic actions which history records. A grenade fell upon the ambulance which was under your charge. You took up the grenade in your arms; you smiled upon the wounded who looked at you with feelings of dismay; you carried it a distance of eighty meters. On laying it down you noticed that it was going to burst. You threw yourself on the ground; it burst. You were seen covered with blood, but when persons came to your assistance you rose up smiling, as is your wont. You were scarcely recovered from your wound when you returned to the hospital whence I have now summoned you."

Then the general made her kneel down and, drawing his sword, touched her lightly with it three times on the shoulder and planned the cross of the Legion of Honor on her habit, saying: "I put upon you the cross of the brave in the name of the French people and army. No one has gained it by more deeds of heroism nor by a life so completely spent in self abnegation for the benefit of your brothers and the service of your country. Soldiers, present arms!" The troops saluted, the drums and bugles rang out, the air was filled with loud acclamations, and all was jubilation and excitement as Mother Teresa arose, her face suffused with blushes, and asked:

"General, are you done?"

"Yes," said he.

"Then I will go back to the hospital." From "The Companionship of Books," by Frederic Rowland Marvin.

The Word "Cannibalism."

The word "cannibalism" is really the name of a people. It is identical with Carib, many of the Caribs, who formerly flourished in the West Indies, having been consumers of human flesh. The letters "l," "n" and "r" are interchangeable in certain aboriginal American languages, so that Columbus found one West Indian island saying "Carib," where another said "Carib," while Shakespeare's Caliban is another variety of the same. Columbus' own conjecture was that the name was connected with the great khan, and later philologists of the old slapdash type associated with "canis," a dog. Apparently, however, the meaning of "carib" was brave and daring.

No Faith in Him.

"Guess that freckled daughter of Thompson's must have a steady young man." "What makes you think so?" "The old man was in here yesterday to buy one of these newfangled contrivances that make a big saving in the gas you burn." "I don't believe the young man's a steady. If he was they'd save all the gas."—Cleveland Plain Dealer.

There Are No Certain Ones.

"The only objection I have to this story," said the cynical bachelor, "is the frequent use of the phrase 'a certain girl.' The phrase is grossly inaccurate, as everybody well knows that all girls are exceedingly uncertain."—Chicago News.

Love when true, faithful and well fixed is eminently the sanctifying element of human life. Without it the soul cannot reach its fullest height or holiness.—Ruskin.

Comfort and independence abide with those who can postpone their desires.—Success Magazine.

HOT AND COLD WATER.

How to Use These Remedies to the Best Advantage.

Hot or cold water is excellent as an application for inflammation, congestions or abrasions, but how many people know which to apply in particular cases while awaiting the arrival of medical relief? Not many, and the mistakes made in some instances are ludicrous.

Take the barber, for example, who has cut his patient's face. He generally washes the face with a towel soaked in warm water, often pressing it right into the injury, and then wonders why the blood flows from the cut so freely. In ninety-nine cases out of a hundred if he had used cold water, and the colder the better, the blood would have ceased to flow from the injury altogether, as the cold would have a tendency to contract the openings in the torn blood vessels. In all cases of such cuts or abrasions very cold water will at least reduce the amount of bleeding if it doesn't stop it altogether, and yet, singularly enough, boiling water will have the same effect.

Water below the boiling point increases the flow, but above that degree decreases it. In surface inflammations or congestions cold water ought to be used, while if the condition is situated below the surface hot water is necessary as an application because it draws the blood toward the surface and thus stimulates the circulation through the part where it is most needed.

In cases of abscesses or pimples with pus forming in them, but which have not yet come to a head, the secretion of pus can be rapidly increased and the duration of the annoyance thereby decreased by applying hot water to them at frequent intervals.

Where the eye is inflamed or smarted, after a period of eye strain, such as night work often induces, hot applications are the things for relief, but the water used should be gradually allowed to cool off toward the end. Tired eyes will invariably be rejuvenated by adopting this method of treatment, and many headaches resulting from such a condition may thereby be prevented or cured.—St. Louis Globe-Democrat.

BLEAK SHETLAND.

Its Swarms of Sea Gulls and Its Lone Tree.

Up a little lane off Lerwick's one street there is a garden. At least, it is an inclosed space. In the middle of this space there is a tree. It is not a very tall tree; you could, in fact, toss a biscuit over its branches, but still it is a tree—the only tree in Shetland. And Shetland is proud of it. Children who are brought for the first time to see the wonders of one streeted Lerwick are shown this tree. This is not fiction. It is the only tree in Shetland. As there are no trees in Shetland, there are no birds, except, of course, the sea gulls, which you can number by the thousand. The sea gulls are the sparrows of Lerwick, and, as such, they have a greater share in the town's life than have the sparrows of London. In the morning time you will note that a sea gull sits on every chimney pot. Sea gulls swoop and hover over every roof in the town.

The air is full of their strange, high, plaintive, haunting cries. Their sad, shrill, long drawn cries are to Lerwick as the chattering of sparrows or the cawing of rooks are to us in England. Every house has its own familiar sea gulls and every street its own band of sea gulls. They never mix. The children in each house have a pet name for their own particular sea gulls, and, having called them to them by those names, they feed them every day. And each sea gull knows what is meant for him. No sea gull attached to one house ever seeks to eat the food scattered from the house next door. He does not dare; the other gulls would kill him. So all day long the sea gulls hover and call over the roofs of Lerwick. The people of the town, if they come across a little pile of rice laid upon the roadway, step over it with care. They know that it is placed there for some sea gull. And at night the sea gulls leave their own appointed chimney pots and fly gracefully away to their resting places on the rocks of the Isle of Noss.—London Express.

THE UNLETTERED PHILOSOPHER.

I seen a man in Cucumville Who had never went to school, But still he done the best he could And wasn't anybody's fool. He didn't know that two times two Is six, or anything like that, But still he had a heap of sense And always knew where he was at.

He were so full of good advice It almost stuck out through his ears, And you could safely take it too; He never gave you no wrong steers. He seen, you might say, at a glance The very thing that should be did, And there was never no complaint When people done the thing he bid.

He'd tell them when to sell their hogs, He'd tell them when to cut their oats, And in the fall, as like as not, He'd tell them how to cast their votes. He wouldn't never take no pay; He only done it to be kind. To see the people get along And sort of help to lead the blind.

Which shows it ain't all in the books, That there are some few tricks outside, And so if you can read and spell You needn't be puffed up with pride, And, though you went to public school, Don't never of your learning boast, For some men have a kindly heart Who don't know grammar from a post.

Bleecough at Dinner.

Many persons are deterred from dining out owing to their liability to contract bleecough during a meal. As a rule when caused by food it comes on at once, and equally as a rule the food causing it is hot. Soups are more likely to provoke bleecough than solids are. It is a good plan to forego soup, which can be done without causing remark, says Home Notes. Or one may eat a little bread before taking it. A third plan is to drink a little cold water and to take the soup in very small sips.

The Best of the Poem.

"I don't see anything in that poet's new poem." "Of course you don't," replied the editor in chief, "because I opened it first and took a five dollar bill out of it. Give it a good place—top column, next reading matter!"—Atlanta Constitution.

Vindictive.

Naggus—What are you going to do with the hero and heroine of that magazine story you're running now? Marry them? Bonus—Certainly. They will be married in the last chapter. Naggus—I'm glad of it. It will serve them right.—Tit-Bits.

A Hard Case.

"You say you had to give the patient chloroform twice?" "Yes," replied the dentist. "I had to give it to him the second time to extract the money."—Detroit Free Press.

Must Do Something.

"Why do you think he is a great thinker?" "Well, I never could discover anything else to assign him to."

TESTS, FATHER!

The Most Patient Union Citizen Must Show Annoyance at Times.

Nothing spoils a good disposition. Nothing taxes a man's patience. Like any business of the skin. Itching Piles almost drive you crazy. All day it makes you miserable. All night it keeps you awake. Itch! Itch! Itch! with no relief. Just the same with Eczema. Can hardly keep from scratching it. You would do so, but you know it makes it worse.

Such miseries are daily increasing. People are learning they can be cured. Learning the merit of Doan's Ointment. Plenty of proof that Doan's Ointment will cure Piles, Eczema or any Itchiness of the skin.

Read the testimony of a Union citizen.

J. M. Mandis, retired farmer, a veteran of the Civil War, residing at 22 Librand street, says: "I have used Doan's Ointment with very satisfactory results. For a long time I suffered from itching piles. I lost my leg in the war, but I have suffered more from the intolerable itching than I ever did from the leg, and there seemed to be no relief night or day. It was a constant torture and the more I scratched the more it itched. I have done everything to try and relieve it, but to no purpose until I read about Doan's Kidney Pills and Doan's Ointment and procured a box of the latter at a drug store. The salve stopped the itching on the first application and I can now say entirely cured it. You are welcome to use my name as an endorser of the claims made for this remedy."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

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Better Name.

"Why does a dentist call his place of torture a parlor?" "Why not?" "Isn't it a drawing room?"

You Never Can Tell.

"Ethel says she never will marry." "Pshaw! How can she possibly know that some man won't propose to her?"

Barred Him.

"Why don't you buy an automobile?" "Can't afford it." "I believe they do require the dollar down in cash."

A Woman's Health

Is a heritage too sacred to be experimented with. For her peculiar and delicate ailments only medicines of known composition and which contain no alcohol, narcotics, or other harmful or habit-forming drugs should be employed. Such a medicine is Dr. Pierce's Favorite Prescription—a remedy with a record of over forty years of cures to recommend it; a remedy, the makers of which print its formula on every bottle-wrapper and attest its completeness and correctness under oath; a remedy devised and adapted to woman's delicate constitution by an educated physician—an experienced specialist in woman's diseases; a remedy, every ingredient of which has received the written endorsement of the most eminent medical writers of all the several schools of practice for the cure of woman's peculiar diseases; a remedy which has more bona-fide cures to its credit than any other sold by druggists for woman's special requirements. It is not given away in the form of "trial bottles" to be experimented with, but is sold at a fair price by all dealers in medicines.

If a woman has bearing down, or dragging pains, low down in the abdomen, or pelvic, backache, frequent headaches, dizzy or fainting spells, is nervous and easily startled, has gnawing feeling in stomach, sees imaginary floating specks, or spins before her eyes, has melancholia, or "traces," or a weakening, disagreeable, dried up pelvic organs, she can make no mistake by resorting to the use of Dr. Pierce's Favorite Prescription. It will invigorate and tone up the whole system and especially the pelvic organs.

No woman suffering from any of the above symptoms can afford to accept any secret nostrum or medicine of unknown composition, as a substitute for a medicine like Dr. Pierce's Favorite Prescription, which is of known composition and has a record of over forty years and sells more largely to-day than ever before. Its makers withhold no secrets from their patients, believing open publicity to be the very best guaranty of merit. Dr. Pierce invites all suffering women to consult him by letter free of charge. All letters of consultation are held as strictly confidential and an answer is returned in plain sealed envelope. Address: Dr. R. V. Pierce, Invalids' Hotel and Surgical Institute, Buffalo, N. Y.

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Union & Glenn Springs Railroad Company.

Time Table Effective May 27, 1906.

Leave Union 7:30 a. m., 12:30, 4:00 and 7:50 p. m.
Arrive Buffalo 7:45 a. m., 1:45, 4:15 and 8:25 p. m.
Leave Buffalo 8:15 a. m., 1:30, 5:00 and 8:10 p. m.
Arrive Union 8:30 a. m., 1:45, 5:15 and 8:25 p. m.
Leave Union 8:40 a. m. and 5:25 p. m.
Pass Neal Shoals 9:20 a. m. and 6:05 p. m.
Arrive Pride 9:40 a. m. and 6:25 p. m.
Leave Pride 10:00 a. m., and 6:55 p. m.
Pass Neal Shoals 10:20 a. m., and 7:15 p. m.
Arrive Union 11:00 a. m. and 7:50 p. m.
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*Saturdays and Sundays only.
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Mail for train No. 9, due here at 9 a. m., closes at 8:45 a. m.

Mail for train No. 14, due here at 11:35 a. m., closes at 11:10 a. m.

Mail for train No. 13, due here at 2:35 p. m., closes at 2:10 p. m.

Mail for train No. 10, due here at 8:53 p. m., closes at 8:15 p. m. each day.

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Feb. 1906. J. C. HUNTER, Post Master.

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