

K. of P. THANKSGIVING SERVICE

The 45th Annual Thanksgiving service has passed into history but not without learning something to think of in the future. This was without doubt one of the greatest fraternal gatherings ever assembled in this city to attend a local program. First Calvary Baptist Church was packed to capacity and then could not seat all of the friends that came to witness the service.

"Step by step since time began I see the steady gain of man." These two lines express the progress of this order, you can easily see that they are ever advancing. Each year has seen a steady gain in the local fraternal department. Step by step we are advancing to the higher ideals as expressed by Dr. Sims.

Hundreds of men, women and children were present in full regalia to witness one of the most interesting programs ever offered on such an occasion.

Everything was carried out as had been previously arranged and planned. The K. of P. met at the Odd Fellows' hall and formed line and marched two abreast to the church and there they were met by the ladies and their company. This line of Pythians headed by Co. A, extended for several city blocks and it could not help but impress those that are not already members of the order.

As soon as the order was seated by Chan. Com. W. H. Thomas the program was immediately started. Capt. W. H. Coultry acted as Master of Ceremonies and much credit is given him for the way in which he conducted the service.

Several vocal solos, one by Mrs. Bertha Foggy and one by Mrs. Corrie Brewster, were highly appreciated by the audience. Sir Keitt's cornet solo was excellent. The K. of P. quartette gave several selections that pleased every one.

The proclamation was read by Mrs. Isabel Hunt.

Sir Tom Williams delivered the address to the Knights. He impressed upon the order the need of social and material development. He stressed the idea of building a Pythian temple here.

Miss Lillian Watts addressed the ladies of the Court. She made quite an impression upon the entire congregation and held their attention from start to finish.

Dr. Sims, president of Allen University, and a Knight of high standing, delivered one of the most impressive sermons ever heard on such an occasion. He gave a full and descriptive history of Damon and Pythias and with it he linked the life of Christ showing the need of Christian Knighthood and true friendship. The entire sermon was full of thought and truth.

The church choir rendered several hymns during the collection.

The closing of this Thanksgiving service marks one step further in local interest and the possibility of inspiring the members to greater things.

Thus Far, and No Farther

By Daniel Chase.

(By The Associated Negro Press.) In New Orleans, Louisiana, there has been created an ordinance which makes it unlawful for colored persons to live in certain neighborhoods; to be specific, for white persons to live in colored neighborhoods, or for colored persons to establish residences in white neighborhoods. There may be no sanitary improvements, no school facilities, the buildings may be ramshacked, or the neighborhood may be "the red light district" or the gay white way. What matters it? If colored people live there, they must continue to do so, for

the law has said it, and the law must have its way. Thus far shalt thou go, and no farther.

The Supreme Court of Louisiana has sustained this ordinance. It now remains to be seen whether or not the Supreme Court of the United States will uphold this, or whether it will do as in a similar case in Louisville, Ky., when the Supreme Court "unanimously declared unconstitutional" a similar ordinance.

As there is a fight on this very ordinance, it is to be hoped that those interested will urge its hearing, for unless the case be advanced for hearing in the Supreme Court it may not reach a final decision for four or five years.

Speaking of this editorially, The World (New York City) dated March 7, says:

"This likelihood of delay should have made the Louisiana court more scrupulous to follow the unmistakable dictate of the Supreme Court. That court in 1880 sustained the conviction under a federal statute of a State Judge who had wrongfully excluded Negroes from a jury on account of their color. His act was said to be ministerial and not judicial. This distinction will save the Louisiana judges from liability to prosecution; but it cannot save them from deserved condemnation. Only in a highly technical sense can it be called a judicial act to fail to follow the plain decree of the Supreme Court that the pale has no place in America."

This is a theory. Far reaching is the power of a theory. To regulate the districts where one may live and rear one's children is to place a hindrance, to erect a barrier between one and one's happiness and development. And this thing called residential segregation is not only felt in New Orleans and Louisville; it is felt throughout the length and breadth of the land; in Japan, in Australia; in Egypt and in South Africa, the terrible mandate is given

"Thus far shalt thou go (or 'Thus far shalt thou go (or

Publishing Political Independence.

By William Pickens.

(By the Associated Negro Press.) Borah and Norris show more good sense of understanding the real meaning of American political liberty than most of our national legislators by opposing efforts to "discipline" Senator LaFollette and others for being independent in the last election. The smaller minds among the Senators forget that an attack upon the representatives of the people is really an attack upon the rights of the people represented. When the people get ready to discipline their representatives, they will do so by leaving those representatives at home when election times come around. A Senator from Indiana has no legal, and certainly no moral right to tell a Senator from Wisconsin how the latter should represent Wisconsin people. That is the sole right of Wisconsin people themselves.

A majority political party is certainly getting out of bounds when it thinks it owns the government of all the people. It owns only its party machinery and should control its candidates until they are elected—but once those candidates are elected, they become the officers and representatives of all the people, even of those who voted against them—yea, even of those people of the defeated parties.

All common sense and all law would hold that LaFollette and Brookhart and others have the same rights in the United States Senate that they had when they were elected to it. They may lose their standing in their party for re-election to the Senate or to any other office for which their party wishes to put up candidates. That is quite a dif-

ferent matter. But it is poor public policy, even if it is not illegal procedure, especially for their colleagues in office to seek in any way to impair their power and their turn at power to represent their states and people. And the people who elect a Senator have an interest at stake in his proper placing on committees and in his regular turn at the wheels of power. Purely political action in the government against these men would constitute a most arrogant attack upon their constituencies.

HEALTH AND WELFARE

National Medical Association Subject: The Health Week—A Sample for A Year's Supply.

Well, it seems that all radios, Romeos and Juliets, and other folks are all tuned up for the National Health Week. The Health Week isn't exactly hitting on all six yet. The dates vary some still, but we try to make it as early in the spring as possible—the earlier you spring it for the Southland where winter is mostly spring anyhow, the better. The National Negro Health Week is April 5 to 11. So lets all help to put this over right.

It is just too bad that we can't have Joshua and Jasper, the prophet and preacher of "sun stand still" and "sun do move" fame, to hold Old Sol until we learn the lessons and prefect the performances of these occasions. Oh, yes, we remember, "If at first you don't succeed,—So here goes."

Dr. M. O. Dumas, President of the National Medical Association, bespeaks cooperation for the Association, thus: Dear Dr. Donnell:

As Secretary of our Association, will you please release for me as President, the following evidence and service cooperation in the National Negro Health Week observances:

1. Request every Doctor of the Association, and others who will, to take some active part in the Health Week observance, by giving health talks and lectures making physical examinations, and conducting health demonstrations and clinics insofar as it is possible to render this service.

2. Publish for the public in general popular health instructions which will be valuable not only for the Health Week, but throughout the year.

If it is desirable to send this to the Associated Negro Press for the National Medical Association release, I will welcome this public-spirited service.

Sincerely yours, M. O. DUMAS, M. D.

Dear Dr. Dumas:

I heartily approve your suggestions for the Health Week, and am forwarding your request to the Associated Negro Press, together with "A Daily Dozen for Your Year-Round Program" prepared by our Life Extension Bureau, for the Editor's approval and use.

Fraternally yours, CLYDE DONNELL, M. D.

Doctors, you have your notice, please broadcast.

Friends, Patrons and Fellow-Citizens, lend us your ears!

A DAILY DOZEN.

1. Fresh Air. Live, work, play, rest, sleep in it. Breathe deeply—Your lungs like it.

2. Sun Light. "Let a lot of sunshine in! Disease germs love darkness rather than light, because their deeds are evil.

3. Water. Inside and outside. Drink freely. Bathe often. Wash your hands before eating.

4. Food. Mix your diet; less sweets, meats and eggs; more milk, whole grains, green vegetables and fresh fruits. Eat regularly, chew thoroughly.

5. Habits. The digestive system must dispose of its waste. Keep regular by proper

food and exercise, not "physicians."

6. Exercise. If you work outdoors, all right; if not, spend as much time out there as possible. Indoor Workers—and home folks all. Attention! Sit, stand, walk erect. Exercise will help you.

7. Clothes. How you feel is more important than how you look. Yet, you can do both well. Dress comfortably for weather and work—that's all.

8. Coughs and Other Ills.—Watch that "bark," it might "bite." A "little ill" might produce a "big spill" and your last will and testament. See to it, now.

9. Self-Doctoring and Drugging. Don't try to be your own doctor—you might lose your patient.—First Aid is all right, and you should know this. Beware "regular treatment."

10. Your Medical Doctor.—"Check up on yourself "at least once a year; oftener if you don't feel right.

11. Your Dental Doctor.—Clean your teeth and wash your mouth night and morning. Preserve their beauty and service. Do your part, and visit your dentist once or twice a year.

12. Three C's and Life. Be Clean. Be Careful. Be Cheerful and sign up for a LONG, USEFUL AND HAPPY LIFE.

"KEEP WELL" BEATS "GET WELL."

Century Life Service of The Associated Negro Press signing off. Remember to keep the Health Week,—wholly 52 times a year!

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