



**UNDER  
GOVERNMENT  
SUPERVISION**  
MEMBER BANK UNDER  
FEDERAL RESERVE ACT

—THE—

**Merchants & Planters Nat'l Bank**

**"The Old Reliable"**

**The Oldest and Largest Bank in Union County**

**NO MORE CURRENCY PANICS**

Do you remember the shut-downs, the business depression and the lack of employment which followed the currency panic of 1907?

To prevent another currency panic the Federal Reserve Banking System keeps on hand an immense supply of currency to furnish the banks which belongs to the system of which we are one so that they may at all times meet the currency requirements of their depositors.

Doesn't it appeal to you to get its protection, without cost, by becoming one of our depositors?

Send for Booklet, "How Does It Benefit Me?"  
Member Federal Reserve System.

**LOOK FOR THE BANK WITH THE CHIME CLOCK**  
And deposit your money where it will be absolutely safe

**F. M. FARR,** President.  
**J. D. ARTHUR,** Cashier.



**Make your family  
proud of their home**

Your wife and children cannot take a pride in their home if the house is faded and weather-beaten. That means no paint. And, for mansion or cottage, the best paint is

**DEVORE**  
THE GUARANTEED  
LEAD AND ZINC PAINT  
FEWER GALLONS - WEARS LONGER

We guarantee Devore Lead and Zinc Paint to be absolutely pure. When you paint with Devore you save paint-money—fewer gallons to buy; you save labor-money—fewer gallons to spread; you get a better looking paint-job—pure paint; and it will be a longer time before you need another paint-job.

Why have a shabby house when it will cost you so little to make it attractive with Devore? Stop in to-day and let us give you a color card and show you several harmonious combinations.

**STONE-JONES HARDWARE COMPANY**  
UNION, SOUTH CAROLINA  
**PAINT DEVORE PAINT**

**MR. FARMER**

Why not reduce your Fertilizer bill \$5.00 a ton? I can prove to you that it can be done and improve your soil at the same time. A remarkable discovery that I would be glad to demonstrate to you. Let me tell you of it

**L. M. JORDAN**  
UNION, S. C.

**One Pair of Eyes to a  
...Lifetime...**

Are you abusing and neglecting yours? If, so, you will pay the price later. More than two-thirds of all headaches arise from eye-strain. Dim vision, aching, burning eyes that soon tire, granulated lids and many other ills are due to some form of eye strain. In such cases there is but one remedy and that is an unfailing one—properly fitted glasses.

SCHOOL CHILDREN should have their eyes carefully examined before being taxed by study and if necessary, fitted with glasses.

An examination will cost you nothing, and if there is no need for glasses I will tell you so. My prices for glasses are very reasonable and I stand back of every pair with an absolute guarantee of satisfaction.

**F. C. DUKE, Optometrist**  
13 Main Street Union, South Carolina

**CAMPAIGN TO CONSERVE FOOD.**

Great Issues at Stake and Every Loyal American Must Do His Part. County Chairman Browning Points the Way to Aid Country.

Mr. Editors: In this great war, we now have on two home campaigns of very great importance:

1st. The subscribing, quickly and enthusiastically, for the second issue of Liberty Loan Bonds.

2nd. That every householder, from the greatest to the humblest, shall whole-heartedly pledge themselves to the stoppage of all waste in their kitchens.

These two campaigns should meet with loyal support from every patriotic American because their success will not only very greatly strengthen our cause, but will correspondingly weaken the cause of our enemy. They will realize that we, as a people, are whole-heartedly supporting our government in its great struggle for human liberty, and they will be correspondingly disheartened, their resistance will be weakened, and we will thus sooner come to a triumphant ending, and the liberties of the human race be preserved.

With all farm products selling at unprecedentedly high prices, our farmers will have more cash in hand than ever before. The investing of this surplus money wisely, is a serious problem, and its unwise or extravagant spending may make of it a calamity instead of a blessing. No wiser investment can be made than the purchase of the Liberty Bonds. They are as safe as gold dollars, and besides, pay 4% interest. Very few farmers from the one-horse cropper on up, but can invest in at least one of these bonds, they can always be converted into cash, and besides, it is our duty to support our government.

Seven years ago, a great student of history prophesied that the next great war would be won by famine, not by fighting. This prophecy is now being proven true. Our problem is to feed ourselves, our armies now in training and our allies who are now fighting our battles for us. To feed these latter, owing to the scarcity of ships, we should send the most concentrated foods. These foods are wheat, beef, pork, dairy products and sugar. Our duty is to eat less of these and more of other foods that are equally palatable and nutritious, and of which we have the greatest abundance, and also, to waste less of all foods. Let us have, at least, one wheatless meal per day, or one wheatless day each week. Use corn or other grains for these meals, and use less cake and pastry, omitting all icing on cakes.

The question is often asked, why not feed our allies on corn? The reasons are that they, like the natives of our own country, have never been educated to the eating of corn products, consequently, they have no corn mills, and meal ground in this country would become musty, on account of the long sea voyage. They do mix one-fourth potato meal with all their wheat and rye bread.

As to meat, we could very greatly increase our consumption of poultry, fish, rabbits and sea foods, and to a like extent, decrease our consumption of beef and pork. Let us not have the two last named on our tables more than once daily. Should any be left over from this meal, have it served cold or in made dishes for another meal; use soups more freely than in the past; use peas, beans, etc., they are very high in protein, which is the chief food value in meats, especially in lean. It is hardly necessary to tell our people not to waste either milk or butter, but a great many do not know that skim milk has a very high food value. As to sugar, we use almost twice as much, per capita, as any other people, we must economize in this, and I am sure we will, for there was never such a crop of sorghum grown for syrup as the present season. Every one has, or can have, an abundance of vegetables. Let us greatly increase their use; they are both palatable and healthful, and their increased use will set free large amounts of the more concentrated foods to be sent abroad. Those of our people who have been using coal as a fuel, should, wherever possible, substitute wood; this is for the purpose of relieving our overburdened railways. In fact, all commodities that have to be purchased, should be procured as near home as possible. Very probably the canning club girls and others have put up enough canned vegetables to supply the local demand, and if the merchants will purchase these supplies from home folks, they will be, not only performing a patriotic duty to their government, but will be benefitting themselves by building up their own community.

On Monday, Oct. 22, a campaign of nation-wide extent, will begin, to secure pledges from every householder in the nation, that they will eliminate all waste, and will in every way possible, conserve food. We do not want any of our people to suffer the pangs of hunger, and there is no necessity for them to do so. There is an abundance of food to feed, not only ourselves, but our allies on the other side. On Saturday, October 6th, we met in the courthouse at Union with a large number of the colored ministers of the county, and other leading men of their race, and they unanimously pledged us their patriotic and whole-hearted support in this patriotic move. During the week, beginning Oct. 22nd, we expect the head of every family to be visited by one of our voluntary workers, and we sincerely hope that they will sign the card that will be presented to them, which pledges the householder, as far as possible, to

# A Letter From Washington

The Food Administrator Writes Us:

"The use of baking powder breads made of corn and other coarse flours instead of patent wheat flour is recommended by the Conservation Division of the Food Administration. The wheat needed for export is thus conserved, and at the same time healthful food for our own people is provided. The circulation of recipes providing for these uses would be of assistance in carrying out our plans."

The following recipes for Corn Bread and Rye Rolls save wheat flour and make attractive and wholesome food for every day when made with

## ROYAL BAKING POWDER

### CORN BREAD

1 1/2 cups corn meal  
1/2 cup flour  
4 level teaspoons Royal Baking Powder  
1 tablespoon sugar  
1 teaspoon salt  
1 1/4 cups milk  
2 tablespoons shortening

Mix thoroughly dry ingredients; add milk and melted shortening; beat well; pour into well greased pan and bake in hot oven about 25 minutes.

Our red, white and blue booklet "Best War Time Recipes" containing additional similar recipes sent free on request. Address Royal Baking Powder Company, Dept. H, 136 William Street, New York.

### RYE ROLLS

2 cups rye flour  
1/2 teaspoon salt  
4 level teaspoons Royal Baking Powder  
1/2 cup milk  
1/4 tablespoon shortening

Sift dry ingredients together, add milk and melted shortening. Knead on floured board; shape into rolls. Put into greased pans and allow to stand in warm place 20 to 25 minutes. Bake in moderate oven 25 to 30 minutes.

eliminate all waste from his or her kitchen. By doing this, you will show that you are a patriot, and that you are willing to aid your government in her great struggle for the liberty of the human race. By refusing to sign this card, you will also show your self to be a slacker, if not a German sympathizer. By this refusal on your part you will encourage our enemies to more desperate resistance, and thus will be the cause of the death of more of our young men upon the blood soaked fields of Europe. Sign the card to show that you are a patriotic American, and a lover of liberty.

Lowndes Browning,  
Chairman of Council of Defense for Union County.

### Opinions from Folks Who Know

For malarial headache, Granger Liver Regulator entirely relieved my trouble.—J. H. Wright, Wetumpka, Ala. Had heavy headache. Vomited twice to six times a day. Four doses of Granger Liver Regulator made me well.—Loundas P. Brindley, Semer-ville, Ala.

Mother had sick headache. Granger Liver Regulator did her more good than all the medicine she had taken before.—Pearley Davis, Pacio, Ala. I never expect to be without it in my home.—Jennie Usey, Gadsden, Ala. It is a great saver of doctors' bills.—Louis N. Kent, Honoraville, Ala. There is none better.—Dr. T. E. Cothran, Alexis, Ala. All druggists sell Granger Liver Regulator—25c. Try it.

This is the year in which the rutabaga and the bean are more lovely than the geranium and the rubber plant.

### HANDS, ARMS, LIMBS ASLEEP

And Was Run-Down, Weak and Nervous, Says Florida Lady. Five Bottles of Cardui Made Her Well.

Kathleen, Fla.—Mrs. Dallas Price, of this place, says: "After the birth of my last child... I got very much run-down and weakened, so much that I could hardly do anything at all. I was so awfully nervous that I could scarcely endure the least noise. My condition was getting worse all the time... I knew I must have some relief or I would soon be in the bed and in a serious condition for I felt so badly and was so nervous and weak I could hardly live. My husband asked Dr. about my taking Cardui. He said, 'It's a good medicine, and good for that trouble,' so he got me 5 bottles... After about the second bottle I felt greatly improved... before taking it my limbs and hands and arms would go to sleep. After taking it, however, this poor circulation disappeared. My strength came back to me and I was soon on the road to health. After the use of about 5 bottles, I could do all my house-work and attend to my six children besides."

You can feel safe in giving Cardui a thorough trial for your troubles. It contains no harmful or habit-forming drugs, but is composed of mild, vegetable, medicinal ingredients with no bad after-effects. Thousands of women have voluntarily written, telling of the good Cardui has done them. It should help you, too. Try it.

**A. G. KENNEDY**  
Attorney at Law  
Office Over Citizens National Bank  
Union, S. C.

### QUICK LOANS.

Money to loan upon county or city real estate. Loan may be had for from one to twenty years.  
Barron & Barron.

## "You can cut down that item



and have  
a better roof

There is no use in putting on an expensive roof when you can get a better roof and save real money by using

## Certain-teed Roofing

CERTAIN-TEED is the best roof, not only because it costs less to manufacture, but also because it is weather-tight, light weight, clean, sanitary, fire-retardant, and costs practically nothing to maintain.

It is now used as the preferable type of roof for office buildings, factories, hotels, stores, warehouses, garages, farm buildings etc., where durability is demanded. CERTAIN-TEED is guaranteed for 5, 10 or 15 years, according to thickness (1, 2 or 3 ply).

There are many roll roofings on the market, but only one CERTAIN-TEED. It pays to get the best. It costs no more to lay a CERTAIN-TEED roof than it does to lay a poor roof, but there is a vast difference in the wear. You can't tell the quality of a roofing by looks or feel. Your only safety is the label. Be sure that it is CERTAIN-TEED—then you are certain of quality and guaranteed satisfaction.

Certain-teed Slate-Surfaced Asphalt Shingles are supplanting wood and slate shingles for residences. They cost less, are just as good looking, wear better, won't fall off, buckle or split. They are fire-retardant, and do not have to be painted or stained.

Certain-teed Paints and Varnishes are the best quality paint materials, ground and mixed with mechanical accuracy. Made for all uses and in all colors. With paint, as with roofing, the name CERTAIN-TEED is a guarantee of quality and satisfaction.

**CERTAIN-TEED PRODUCTS CORPORATION**  
New York, Chicago, Philadelphia, St. Louis, Boston, Cleveland, Pittsburgh, Detroit, Buffalo, San Francisco, Milwaukee, Cincinnati, New Orleans, Los Angeles, Minneapolis, Kansas City, Seattle, Indianapolis, Atlanta, Memphis, Richmond, Grand Rapids, Nashville, Salt Lake City, Des Moines, Houston, Duluth, London, Sydney, Havana.

For Sale By  
**UNION HARDWARE CO.**  
Union, S. C.

## It Is Our Delight

To please the particular housekeeper. Our best efforts are directed to the marketing of the best meats and vegetables the market affords. Phone us your wants. We are always "on the job." Tender, juicy beef steak is our "long suit."

**City Market and Cattle Co.**

PHONE 52 E. B. GODSHALL, Mgr.