

I Am Doing Business

ON THE SAME OLD PLAN

GIVING more goods for less money than anybody

Bring me your peas. I will give you \$4.20 for White Peas and \$2.40 and \$2.50 for other kinds. I pay 15c pound for hens, 20c pound for friers, up to 50c each. 40c for roosters. 25 to 30c for hams.

Yours for trade,

J. W. HENDRICKS

An Ad. in The Sentinel Brings Results

BARGAINS

THERE is very little in the line of merchandise that can be called bargains these days. We have some Real Bargains in Furniture; bought before the tremendous advance in almost everything. If you need anything in

The FURNITURE LINE

Call and see what we have. It will pay you big.

Come to See Us Anyway

CRAIG BROS. CO.
Pickens, S. C.

PORKINS HOG FARM

PICKENS

One thoroughbred Duroc-Jersey Boar, two years old, for service. Can be seen at

DR. F. S. PORTER'S
PICKENS

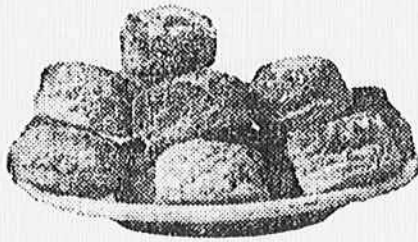
IF YOU like to do business with a concern that always gives you what you pay for, always tries to please you, and always appreciates your patronage, do business with The Pickens Sentinel when you need anything in its line. Phone No. 27.

This Is Our Winter of Test

SAVING food is a local problem for each community. Prices and definite rules for every one cannot be formulated. It is a duty for each one to eat only so much as is necessary to maintain the human body neatly and strong. This winter of 1918 is the period when is to be tested here in America whether our people are capable of voluntary individual sacrifice to save the world. That is the purpose of the organization of the United States Food Administration—by voluntary effort to provide the food that the world needs.

U. S. FOOD ADMINISTRATION

WHEATLESS BISCUITS.



Parched cornmeal is the feature of these excellent wheatless biscuits. First, the cornmeal—one-half a cup—is put in a shallow pan placed in the oven and stirred frequently until it is a delicate brown. The other ingredients are a teaspoon of salt, a cup of peanut butter and one and a half cups of water. Mix the peanut butter, water and salt and heat. While this mixture is hot stir in the meal which should also be hot. Beat thoroughly. The dough should be of such consistency that it can be dropped from a spoon. Bake in small cakes in an ungreased pan. This makes 16 biscuits, each of which contains one-sixth of an ounce of protein.

DELICIOUS CORN MUFFINS.



Here's an old fashioned recipe for corn muffins that has recently been revived and used with unusual success in several of the larger New York hotels: To make three and a half dozen muffins take one quart milk, six ounces butter substitute, twelve ounces of light syrup or honey, four eggs, pinch of salt, two ounces baking powder, one and a half pounds cornmeal and one and a half pounds rye flour. The butter and syrup should be thoroughly mixed; then add the eggs gradually. Pour in the milk and add the rye flour mixed with cornmeal and baking powder.

BRITISH GOVERNMENT HELPS PAY FOR BREAD

There has been much misunderstanding about the bread program in England. It is true that the Englishman buys a loaf of bread for less than an American can, but it is poorer bread, and the British government is paying \$200,000,000 a year toward the cost of it.

All the grain grown in Great Britain is taken over by the government at an arbitrary price and the imported wheat purchased on the markets at the prevailing market price. This is turned over to the mills by the government at a price that allows the adulterated war bread loaf of four pounds to sell at 18 cents, the two pound loaf at 9 cents and the one pound loaf at 5 cents.

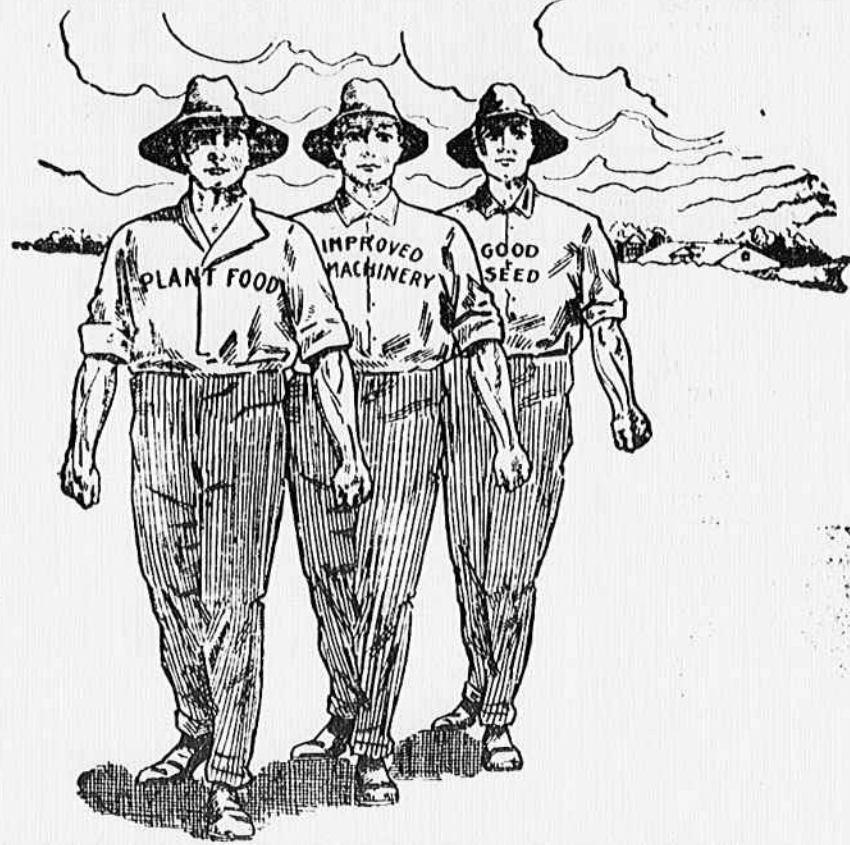
In France, under conditions somewhat similar, but with a larger extraction, the four pound loaf sells for 16 cents.

MAKING MEATLESS DAYS PERMANENT.

In the meatless menu there is a fertile field for developing new and nourishing dishes, according to E. H. Niles, writing in the Hotel Gazette, who believes that the present shortage of meat and fats will not end with the coming of peace, but may grow more acute and continue for five or six years, thus making it worth while to develop menus of grain, vegetables and fish on a more or less permanent basis. Meat can be replaced by cereals and other protein foods, or may be served in very small portions as a flavoring for other food. In making up meatless menus this author finds our American Creoles and southern cuisine a broad field for investigation.

Come to Pickens to do your trading. Our merchants have the goods and they will treat you right.

Better Farming in the South



THREE HUSKY FELLOWS READY TO HELP OUT IN THE LABOR SHORTAGE



J. N. HARPER

Common labor is today the most sought after commodity in America. It is very scarce throughout the entire country. Farmers of the South are especially worried over the situation. During war times the farmer should be doubly economical of so valuable a commodity as labor. It must not be wasted. Now is not the time to employ labor to clean out fence corners, and to do other kinds of the less productive work. There must be no lost motion. Every lick must be made to count in answering the call of our nation and her allies, who are calling out to the farmer "Give us bread! Give us clothing!"

The best way to economize labor on the farm today is to produce more per acre. The southern farmer will act most wisely if he tries to cultivate too much land with the present supply of labor. A better plan would be not to increase the acreage devoted to cultivated crops, but to produce more per acre, by the use of fertilizer, manure, good seed and improved machinery, all of which will save labor.

One ton of good fertilizer will do more work in growing crops than will

six times this amount of money expended in labor. For example, one ton of good fertilizer will now cost about \$46.00. The plant food in this quantity when applied to three acres of land will give an increase of about 750 pounds of lint cotton and 1,500 pounds of seed. The lint at 30c per pound amounts to \$225.00, and the seed at \$60.00 per ton amounts to \$60.00, making a total of \$285.00.

Few business concerns net 50 per cent increase on money invested in labor, but, granting that the farmer will net 100 per cent on his investment in labor, and supposing that he pays \$1.00 per day for labor, the \$46.00 invested in fertilizer, when invested in labor, would net him \$46.00; whereas, when invested in fertilizer, it gives him a net increase of \$239.00. Thus it can be seen the tremendous advantage of supplementing labor with liberal applications of plant food

Likewise an improved piece of machinery that makes it possible to cultivate an acre of cotton or corn with perhaps half the labor ordinarily employed, and cultivate it better, should be looked to at this time as a source of help in facing the labor shortage.

Good seed of a strain known to do well in a community will do much toward increasing yields, without an increase of acreage.

Is this not a time when the farmer should be sure to use these three crop makers, to the fullest extent, to offset the labor shortage?

The Constipation Evil

There is no ailment to which the body is subject that is so far reaching in its injurious effects as constipation. It means a congestion of the bowels and usually causes sick headache, pains in the back, sour stomach, low complexion, offensive breath or loss of appetite. When you suffer from any of these ills, take a few doses of Granger Liver Regulator. You will be surprised how quickly it restores your normal health. Granger Liver Regulator contains no coloring and produces none of its distressing effects. It has, however, all the corrective value of calomel, and may be freely given to children as well as adults. Granger Liver Regulator also free from alcohol. A box of lasts long, and a few doses relieve ordinary cases of biliousness. Granger Liver Regulator is sold by druggists everywhere at 25c a box. Refuse substitutes as there is no other medicine just like Granger Liver Regulator.

This Means You, Mr. Merchant!

Did you know that you and this paper have an interest in common? Your success helps the community as a whole which in turn is of benefit to us.

When a merchant advertises with us, he is investing his money, which is returned with interest.

Show Your Goods in the Windows and Advertise Them in This Paper

Do You Need Any JOB PRINTING Today?

If So, Send or Phone Us Your Order NOW

If you believe in home trade—in a home newspaper—in boosting your town—advertise in this paper

We can also do your job work quickly and satisfactorily

NEW SPRING GOODS

AT

EDWIN L. BOLT & COMPANY

WE ARE RECEIVING SHIPMENTS of New Goods almost every day, goods we contracted for last fall, such as Gingham, Percels, Shirtings, Cheviotts, Sheetings, etc. These goods are on sale at our store today cheaper than we could buy the same goods from the manufacturers, in many instances, so we advise you to do your spring buying early, as all kinds of dry goods are almost sure to be higher and white goods seem high today. They will probably be very much higher a little later on. By placing our contracts early last fall. We are in position to sell you goods cheaper than the store that has bought only recently. We are sure we can save you money and make it to your interest to do your trading with this store. You can come here and find what you want at the price you want to pay. Please read the few prices quoted below:

All kinds of bright new Ginghams in amoskeg, utility, three star, etc., guaranteed colors. Price per yard **20c**
Apron Ginghams 13 1-2c, 18c and **20c**
Good heavy Hickory Shirting, per yd. **20c**
Good heavy Shirting Cheviotts, per yard **20c**

Best grade LL Sheeting, 16 2-3c per yard
Best grade heavy Drill, per yard **20c**
Men's heavy Overalls, about 1.35 value. Our price **\$1.35**
Men's heavy Every Day Shirts, made of good heavy cheviott **75c**

We also have a full line of Men's and Boys' Clothing. A full line of Shoes. We probably have the largest stock of Shoes to be found in Pickens county. We appreciate your trade and will pay your railroad fare any time your purchase amount to \$10 or over

EDWIN L. BOLT & COMPANY

"The Store That's Always Busy."

PICKENS, SOUTH CAROLINA